



The Roadrunner

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Winter 2022

President's Column

William "Mac" Bowen, MD



I would first like to begin by just simply expressing gratitude. I am so thankful to be able to provide high-quality primary care as a Family Physician every day. I am grateful to be a member of an organization that takes its responsibility to

provide value and advocate for its members very seriously. And I am incredibly grateful and humbled to be able to represent you as members and work with our amazing team at NMAFP.

As I reflect on the myriad challenges of delivering primary care in the 21st century - navigating the incoherent patchwork system of insurances, having to truly fight to provide the care that we know is right, feeling like a slave to the EHR, and in certain instances, feeling so frustrated that the system is just so woefully inadequate to help our patients on their journeys to health amidst the unbelievable burdens that they face on a daily basis, I am also greatly heart-

ened by the fact that our leaders on all levels are working hard to ensure we have the tools to do so. As we gear up towards the legislative session, our wonderful Government Affairs Committee is working hard to assess your greatest barriers to providing high-level care, so that we can take that information directly to the Roundhouse.

It is also interview season, and I have the distinct pleasure, as a program director, to meet the future of our specialty. There is such passion, vigor, empathy, and skill in the future family physicians, that despite the drain of reading applications and hours over Zoom, I leave more optimistic every time, knowing that the reinforcements are on the way with the skills to help us get this crucial work done.

Please let us know how we can help you continue to do what you do best, which is care for others. We strive consistently to provide advocacy and CME programming to help you do just that. Please reach out to us with all your ideas on how we can do that more effectively as we strive to provide ever better. I look forward to meeting many of you over the coming years at our conferences. Please take care of yourselves out there.

NMAFP Board Chair and ECHO Highlighted in the AAFP News

By Bridget Lynch, MD

I first learned about burnout at a retreat during my third year of residency. I remember thinking, "That's what I've been experiencing." I also realized that I would be fooling myself to think that I am immune to the possible detrimental outcomes that can come from burnout.

It was then that I made a commitment to understanding and addressing burnout and working to find ways to help myself and my physician colleagues to thrive. This desire to create options is what led me to serve as chair of the AAFP Resident Well-being and Burnout Prevention Project ECHO, which launched with a pilot this summer and will have a broader rollout in 2023.

This Project ECHO® (Extension of Community Health Outcomes) is just one creative approach to help us explore together and teach each other about broad lessons and learnings that can limit the effects that burnout can have on our lives and our careers.

What is Project ECHO®?

Built using the University of New Mexico Project ECHO® model, the Resident Well-being and Burnout Prevention ECHO intends to create a safe space for resident physicians around the country to come together, build community, learn from evidence-based lectures and work together through our own hardest of cases: ourselves.

As a tele-mentoring model, this Project

ECHO® provides a space for residents to interact with AAFP faculty certified in Leading Physician Well-being. Ultimately, it helps grow a network of resident physician leaders who can return to their programs with knowledge and problem-solving skills they glean from colleagues nationwide.

Start Protecting Yourself Now

Burnout is a pervasive experience among resident physicians and practicing physicians. It has been part of the conversation for a relatively short time, but we know it starts early, even in medical school. No matter when you see or feel burnout, there are ways to take action to protect yourself and your colleagues, and in this Project ECHO® these approaches are explored together.

The Project ECHO® model brings opportunities to our family medicine resident physicians and allows residents to access information and techniques to better understand and address resident physician well-being and burnout prevention. This Project ECHO® intends to equip our family medicine residents with better understanding of this phenomenon.

Project ECHO®, which is supported by a grant from the Health Resources and Services Administration, provides participants with tools and skills to keep their own well-being central in their pursuit of joy and success throughout their careers as family physicians.

We are grateful to the family medicine residents who have participated and provided feedback during the pilot and the residency programs that have blazed a trail by giving their residents the opportunity to connect and learn during our pilot.



Dr. Rick Madden Retires

By Dion Gallant, MD

After providing primary care to Valencia County and Belen for over 30 years (with a career nearing 40 years of service), Dr. Richard Madden will retire at the end of 2022. A graduate of Brown University, UNM School of Medicine and UNM Family Medicine Residency, Dr. Madden served as Chief of Staff at Presbyterian Valencia Hospital and as Lead Provider at PMG Belen.

He has represented Valencia County at the NM Medical Association for many years and has served in both the New Mexico and National Academies of Family Physicians. At the New Mexico Academy of Family Physicians, Dr. Madden has served as president, board chair, delegate and still chairs the governmental affairs committee. At the American Academy of Family Physicians, he has served as a delegate, served on commissions and was elected and served as a National Director.

Through all of this, Dr. Madden continued to provide primary care to his devoted and well-cared-for patients in Belen. It is a pleasure to recognize and congratulate Rick on his amazing career and all the lives he has touched. Rick has left an enduring mark on medicine in New Mexico. The NMAFP wishes him happiness in his retirement, and we all expect he will stay involved in advocacy and policy - continuing to support primary care and the patients we serve.

Meeting of the New Mexico State Primary Care Council

By Jennifer Phillips, MD

The New Mexico State Primary Care Council met again on November 9, 2022 with the 9-member council and the 13-member advisory board as well as members of the public and with representatives from the state GME residency expansion as well. Our hope is that the council will increase the investment in primary care and reduce overall healthcare costs while improving the health of New Mexico.

The focus has been our work with the HMA consultants around an alternate payment model and the transition to value-based care. The State Primary Care Council has involved the HMA consultant to design, test and evaluate a new primary care alternative payment model for NM Medicaid program in consultation with HSD, DOH and stakeholders.

The process is iterative and has the goal of meeting the different primary care practices "where they are" as the model is developed and refined. We continue to express our intention of increasing overall investment in primary care in New Mexico to improve outcomes in health overall. The council meets again in March 2023 after the winter legislative session.



[“If I have seen further it is by standing on the shoulders of giants.”
Sir Isaac Newton]

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Northern New Mexico Residency Program

By Alicia Gonzales, MD



Back Row (L->R): Abhishek Tomar, Lucinda Rios, Cameron Kilkpatrick, Carlos Martinez, Abraham Guimaraes, Ashten Duncan, Dathan Tsosie Front Row (L->R): Alex Lin, Reshmy Sandeep, Diana Cardero, Nora Kratz, Tenzin Yangchen, Silvia Santiago Morales, Alyssa Vecchio, Alicia Gonzales In spirit (L->R): Hamza Altaie, Isabel Diaz Morfin

Winter coats and snow boots have already made their debut while the smell of wood burning Kivas fill the air up here in Santa Fe. There is so much the University of New Mexico – Santa Fe Family Medicine Program is thankful for this year.

First, our new interns are really hitting their stride as they approach the half-way mark of their PGY1 year. We have met most of them as they embark in their four rotations up here in Santa Fe. The residency program recently shifted from a hotel suite to an apartment rental for our interns and they have all exclaimed how much they like the digs and appreciate its proximity to the hospital.

The majority of our ever-impressive PGY2s have celebrated their completion of STEP 3. What an amazing group of go-getters! We are also enjoying hearing about their adventures during away rotations. One just came back from Zuni where she worked with our previous graduate, Dr. Camilo Werlin-Martinez, Class of 2020 and another came full circle when she provided primary care in her home country of Tibet.

What a wonder it is to watch my cohort, the PGY3s, begin to fit into those once-perceived, too-large attending shoes. We celebrate each time we see Dathan Tsosie as he spends more time away integrating into his IHS community. The rest of my cohort exudes humble excitement as they sign contracts with various organizations. I will defer these announcements until the upcoming newsletter.

As I've exclaimed before – It is a joy to live and train in the City Different. The unparalleled beauty of our surroundings and the never-ending support of our program imbues a spark in us all.

Southern New Mexico Residency Program

By Kaela Moldowan, MD

This academic year is now in full swing. Our interns are doing very well with the new demands of residency. Our second years are becoming more comfortable in their new role as seniors on the teams, and many are taking or have recently taken their Step 3/Complex Level 3. Our third years are enjoying learning all they can in their final year of residency, have found or are looking for jobs after residency, and are preparing for their boards.

Our residency is happy to welcome Dr. Clark Alves, MD, MPH as a new faculty member. Dr. Alves was born and raised in a small town in

northeastern Arizona called St. Johns. He attended the University of Arizona as an undergraduate, where he studied Human Biology, International Economic Development and Spanish. He developed a passion for global health during medical and public health missions to Latin America and Africa, which inspired him to pursue an MPH in Global Health. He attended medical school also at the University of Arizona and completed Family Medicine residency in Phoenix. In July 2022, he graduated from an Obstetrics fellowship in north Denver. His other interests include medical education, rural and border health, all of which he is eager to pursue as a core faculty member in the Southern New Mexico Family Medicine Residency program.

The FM/OB Fellowship has officially started with Dr. Natasha Beachum and Dr. Jazmin Rodriguez being the first fellows of the program. Both Dr. Beachum and Dr. Rodriguez are recent graduates of the Southern New Mexico Family Medicine Residency Program in Las Cruces. I have asked both of our fellows to share a little bit about themselves. Dr. Beachum shares, "I'm from Clovis, NM. I went to the University of New Mexico School of Medicine as part of the BA/MD program. After fellowship, I plan to return to my home town and practice full spectrum family medicine with OB." Dr. Rodriguez shares, "I grew up in Monterrey, Mexico and went to Medical School at Universidad Autonoma de Nuevo Leon. I came to the United States initially due to the violence in my home town. It took me several years to finally be able to get into residency, but I was happy to come to an underserved community and be able to learn at a Family Medicine program that teaches full spectrum family medicine. I fell in love with OB during residency and I am excited about the opportunity to do an OB fellowship to advance my career and do what I love. I plan to practice full spectrum family medicine with OB once I finish the fellowship."

We are happy to have Dr. Alves, Dr. Beachum, and Dr. Rodriguez join our residency, and we look forward to working with them.

UNM Residency Program

By Hannah Udell, MD

It has been a busy Fall at the UNM Family Medicine Residency Program. Interviews are underway and, as always, residents from all three years play a large role: interviewing, answering questions, and hosting virtual dinners.

In the inpatient setting, there have been a large influx of patients with RSV requiring hospitalization. While some of these patients are automatically cared for by the Family Medicine service, the surge has hit the Pediatric service the hardest. Thus, we have been helping our Pediatric colleagues by taking daily transfers of patients with RSV from their service to ours. It has been a great experience in bread-and-butter pediatrics.

We continue to have diverse weekly didactics experiences, still mostly virtual, with recent sessions spanning wellness topics, article reviews, and our longitudinal Indigenous Health and Anti-oppression curricula. An upcoming in-person session will be the always much-anticipated Procedure Day, when faculty and residents lead hands-on teaching on the most common inpatient procedures. It is always great to learn from our peers in a low-stress, supportive environment.

Lastly, we are excited to welcome a new In-

patient Service Director to lead our inpatient service starting in January, anticipating continued rigorous inpatient training with new ideas and a fresh perspective to help make most of our training in the hospital setting.

UNM School of Medicine

By Jenny Davis, FMIG President and Sarah Bouquin, FMIG Vice President

In October, the four FMIG officers joined our faculty sponsor, Dr. Elena Bissell, at the Family & Community Medicine 50th Anniversary Gala. We were thoroughly entertained by the performances from local cultural groups, the Van Hanh Lion Dancers and Atrisco High School Mariachi band, and we felt honored to witness the honoring of Warren Heffron as a living legend. It was inspiring for us to see the physicians that helped found the UNM Family Medicine program, Dr. Warren Heffron and Dr. Art Kaufman, speaking alongside program graduates and current leadership, Dr. Laura Parajon and Dr. Felisha Minjares. It was clear to us that we, as prospective family physicians in New Mexico, are part of a long legacy of mentorship and service to the specialty.

We also held a Family Medicine Q&A on campus and had wonderful attendance and questions from the new MD class of 2026. Soon we will be choosing new FMIG officers, and we know that the group will be in capable hands. We are excited to continue to be involved with the NMAFP in a non-officer capacity and look forward to mentoring the 2026 officers in their new roles. Being a part of FMIG leadership has been a formative part of our medical school experience. We are so grateful for the opportunities we've had to connect with many of the folks reading this newsletter!

Burrell College of Osteopathic Medicine

By Carl Brayton, FMIG President

The Burrell FMIG started this fall by hosting a discussion concerning the relevancy and importance of medical history amongst today's ever-evolving medical community. The need to differentiate between fact and myth in our collective history was covered, as well as the need to take opportunities to shed light on individuals and events that are normally left unseen.

The FMIG was also fortunate enough to work with Las Cruces City council member, Johana Bencomo of District 4, to put on a Health and Wellness Fair in the West Picacho neighborhood. We provided general wellness screenings and healthcare information to the public. This afforded all community members in the area the opportunity to get a general picture of their health and discuss topics such as ways to better control their blood pressure, blood glucose, and other care services.

Burrell alumni, who are currently in their Family Medicine residencies, were kind enough to come to campus, electronically, and meet with current students to share their stories and answer question about their experiences. They gave much appreciated advice on how to navigate the ERAS system, how to prepare for residency interviews, and gave general tips with which to approach the residency applications.



41st Annual NMAFP Winter Refresher in Albuquerque

Saturday, February 25, 2023

Lisa Stolarczyk, MD, Scientific Program Chair

This program has been accredited for 7 Live AAFP Prescribed credits. It will be approved for an additional 2 Live AAFP Prescribed credits if you attend the poster session at the end of the day.

Schedule of Events and Lectures

7:00 am-8:00 am

Registration/Exhibits Open
Breakfast - Exhibit Hall

7:55 am-8:00 am

Introduction & Welcome/Lecture Hall
Lisa Stolarczyk, MD, Scientific Program Chair

8:00 am-9:00 am

"Beyond the Standard of Care: Not Just Treating. Teaching Patients How to Have Better Health"
Lori Eanes, DO

9:00 am-10:00 am

"Medical Aid in Dying (MAID) in New Mexico"
Jacqueline O'Neill, MD

10:00 am-10:30 am

Break - Exhibit Hall
Sponsored by
Montañas del Norte AHEC



10:30 am-11:30 am

"Urinary Incontinence: Causes & Treatment Options"
Nickolas Rockefeller, MD

11:30 am-12:30 pm

"Current Addictions Explained: Meth and Fentanyl"
Dan Duhigg, DO

12:30 pm-1:30 pm

Lunch - Exhibit Hall
Sponsored by
UNM SOM Office
for Community Faculty



1:30 pm-2:30 pm

"Treating Latent TB in Primary Care Clinics"
Amy Robinson, MD and Kaitlyn Cano, FNP

2:30 pm-3:30 pm

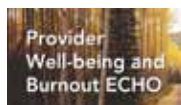
"Treatment Strategies for Basal Insulins to Manage Time-in-Range and Glucose Variability to Improve Outcomes in Patients with Diabetes"
Matthew F. Bouchonville, MD, CDCES

3:30 pm-4:30 pm

"The History of Family Medicine"
Warren Heffron, MD & Arthur Kaufman, MD

4:45 pm-6:45 pm

Poster Session/Happy Hour
Sponsored by Presbyterian Provider
Well-being and Burnout ECHO



[Register online at www.familydoctormn.org](http://www.familydoctormn.org)

Hotel Information

Sandia Resort & Casino is located at 30 Rainbow Rd, Albuquerque, NM 87113

A discounted room block rate of \$194 will be held until January 24, 2023. After this date, rooms will be on a space-available basis.

To make reservations:

Call (505) 798-3930 or (877) 272-9199 and give the group code 9420 to receive the room-block rate.

Scan this QR code to reserve online



You can also visit <https://book.b4checkin.com/chameleon/sandia/rlp/41stAnnualNMAFPWinterRefresher>, which will take you directly to the NM Academy of Family Physicians room block.

Registration Form

Register online at www.familydoctormn.org

Please Print Clearly

Name: _____

Designation: ☐ MD ☐ DO ☐ NP ☐ PA ☐ RN ☐ PharmD ☐ PhD ☐ Resident ☐ Student

AAFP ID: _____

Full Address: _____

Phone: _____

Email: _____

_____ AAFP Member Licensed Practicing Physician \$210

_____ Non-member Licensed Practicing Physician \$340

_____ PhD \$210

_____ NP/PA/RN/PharmD \$165

_____ Retired Physician \$165

_____ Family Medicine Resident (no charge, must include AAFP ID)

_____ Medical Student (no charge, must include AAFP ID)

_____ Yes, I want to sponsor a student attendee \$60

_____ Total enclosed

Your registration includes breakfast, break, lunch, and snacks during the Poster Session at the end of the day. Handout materials will be provided online the night before the conference. You may download materials in advance to follow along, or during the conference.

Save a stamp and register online at www.familydoctormn.org! Or mail form & check to:
NMAFP, Educational Fund, 2400 Louisiana Blvd. NE, Bldg. 2, Suite 101, Albuquerque, NM 87110

Questions? Call or email Sara: (505) 292-3113 • familydoctor@newmexico.com



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Z-codes for Social Determinants of Health

By Emilia Vesper, MD, Chair, Health Equity & Racial Justice Committee

Hello Colleagues,

Now that we are learning about Social Determinants of Health (SDOH), what are some things we can do? Have you heard about using specific Z-codes to help track and identify SDOH? These Z-codes can be uploaded by any member of our care team and used with billing and also tracked to help with referrals to social workers, or community health workers and organizations. See the CMS website for this helpful guide: <https://www.cms.gov/files/document/zcodes-infographic.pdf>

As an example, if we are seeing a patient in our clinic who is a refugee from the Ukraine war, we could use Z65.5 Exposure to disaster, war and other hostility, as a way to identify this social determinant that affects their health. We could connect them to resources and community should we know others in their situation.

Another example, say we are seeing a transgendered individual for gender affirming care and they identify that they are being threatened at work that they may lose their job given their gender identity, we could use Z56.2 Threat of job loss, Z60.4 Social exclusion and rejection, Z60.5 Target of (perceived) adverse discrimination and persecution to identify their social concerns that are related to and affecting their health. Taking it a step further, if we are fortunate to have a community health worker or social worker in our office, they can help connect this individual to legal aid or discuss their options with them.

Another example, say we identify Native American individuals who were forced to attend boarding school, we could use Z62.22 institutional upbringing, as a way to identify this aspect that affects their health. There is a lot of historical trauma that comes from this aspect of their life so we can provide culturally mindful and appropriate care. I like to use the following list as a resource I found from John Hopkins to help with billing and coding of Z-codes for SDOH: https://www.hopkinsmedicine.org/johns_hopkins_healthcare/providers_physicians/resources_guidelines/provider_communications/2021/PRUP135_ICD10-km.pdf

Governmental Affairs Committee Report: Legislative Survey for NMAFP Members & Doc of the Day Program

By Steve Lucero, NMAFP Lobbyist & Rick Madden, MD, Committee Chair

Your Government Affairs Committee is actively preparing for the 2023 Legislative Session and asks for your input on the Legislative Survey available on a link from the NMAFP website. You can also find the link on an email that was sent out in early December. Your input on the survey is crucial to our legislative agenda.

Interested in community service? The Doctor of the Day Program is our New Mexico Academy of Family Physicians' community service to the New Mexico State Legislature, and we need your help. Each volunteer serves a day (or more) to provide medical services to the legislators during the legislative session. Doc of the Day volunteers provide medical evaluation and care. The NMMS provides support for medications when indicated. Doc of the Day volunteers can observe the legislative sessions, attend committee hearings, provide testimony when appropriate, and generally learn about the legislative process.

The Doctor of the Day legislative preparation session and lunch are scheduled for Saturday, January 21st, Noon, at the NMAFP office located at 2400 Louisiana Blvd., NE. The Training Session will also be offered virtually via Zoom and will review Doctor of the Day protocols, anticipated legislation, and the Academy's policy regarding the issues. To RSVP for the training session/lunch, email Sara at familydoctor@newmexico.com.

The 60-day session begins January 17th and ends March 18th. The DOD Schedule will begin on Monday, January 23rd. Email Sara if you would like to participate as a Doc of the Day volunteer at the Round House.

UNM School of Medicine 2022 Lobo MD Reunion, October 29th

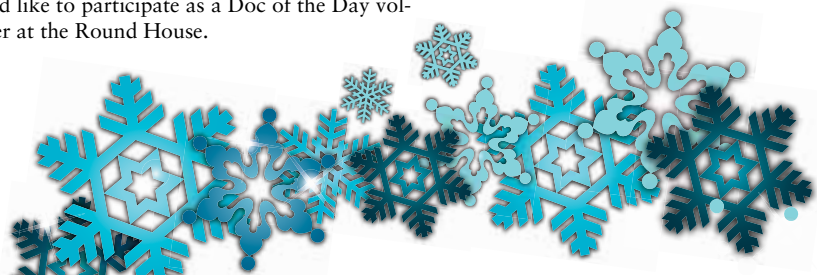


NMAFP Members, Dr. Warren Heffron, Dr. Jennifer Phillips, and Dr. Dion Gallant, Award Recipients at the 2022 Lobo MD Reunion Alumni Awards Dinner on October 29th

Three NMAFP Members received prestigious awards during the 50th Reunion. Dr. Dion Gallant, Class of 1999, was awarded the Leonard M. Napolitano, PhD Award; Dr. Jennifer Phillips, Class of 2001, was awarded the Distinguished Alumna Award, and Dr. Warren Heffron, one of the UNM, SOM, Department of Family & Community Medicine's founding faculty members, received the 2022 Living Legend Award. Congratulations to these very deserving NMAFP Members. NMAFP was also pleased that the UNM School of Medicine Department of Family & Community Medicine received the Visionary Site of the Year Award.



Celebrating the 50th Anniversary of the University of New Mexico School of Medicine, L-R Drs. Rick Madden, Veneta Ianakieva, Valerie Carrejo, Dion Gallant, Melissa Martinez, Jennifer Phillips, Bridget Lynch, and Molly McClain.



New Mexico Academy of Family Physicians was proudly represented in Washington, D.C. at the American Academy of Family Physicians Congress of Delegates this year on September 19th and 21st. Dr. Valerie Carrejo and Dr. Jen Phillips served as delegates and Dr. Dion Gallant and Dr. Veneta Ianakieva served as alternate delegates. Dr. Valerie Carrejo brought forward what turned out to be a very popular resolution that was suggested by our members about bringing back the Global Health Conference that had previously been sponsored by AAFP. It was received with a lot of enthusiasm and positive testimony in reference committee and ultimately approved by the Congress of Delegates.



New Mexico Delegation during the 2022 AAFP Congress of Delegates in Washington D.C., L-R Dr. Jennifer Phillips, Dr. Veneta Ianakieva, Dr. Dion Gallant, Sara Bittner, and Dr. Valerie Carrejo



Dr. Valerie Carrejo speaking in support of Resolution 204 (New Mexico A) - Global Health as a Continued Priority for AAFP



Once again, our great state of New Mexico has been confused with the country of Mexico. Instead of providing a New Mexico State Flag for our Member Reception during FMX in Washington DC on Sept. 22nd, our chapter was presented with the official flag of Mexico. Fortunately, NMAFP was able to get a color print out in time to tape it on the wall for photos.

Annual Med Student Reception Well Attended

By Lourdes Vizcarra, MD

The 17th Annual NMAFP Med Student Reception was held on September 9, 2022, at Sandia Resort. A total of 61 Medical Students, from UNM School of Medicine and Burrell College of Osteopathic Medicine, spent three hours learning what it is like to be an FMP and practice in NM from the 24 Docs in attendance. The evening provided the Medical Students with an opportunity to speak one-on-one with Docs who are passionate about their calling to FM.

This year's reception, like last year's, included an activity in which students also got to actively participate in learning about the rich history of Family Medicine in NM, including UNM's Family & Community Medicine's history. This is one of NMAFP's favorite events with both FM Docs and Medical Students alike looking forward to it every year!



Dr. Valerie Carrejo sharing what it is like to be a Family Medicine Physician at the 17th Annual Med Student Reception.



UNM FMIG Vice President, Sarah Bouquin, UNM FMIG President, Jenny Davis, NMAFP Chapter Exec, Sara Bittner, NMAFP Sec-Tres and Moderator, Dr. Lourdes Vizcarra, and NMAFP Board Chair, Dr. Bridget Lynch

Financial support for this program is provided by the FMPC which is funded by members like you! Help programs like this continue to support family medicine by giving to the FMPC. Select "Chapter Grants" when making your gift online at <https://www.aafpfoundation.org/donate.html>. Thank you!

November 5, 2022 Board Notes

Present: Chair: Dr. Bridget Lynch; In-Person: Sara Bittner; Dr. Mac Bowen; Dr. Valerie Carrejo; Dr. Dion Gallant; Dr. Alicia Gonzales; Dr. Veneta Ianakieva; Dr. Rick Madden; Dr. Molly McClain; Dr. Kaela Moldowan; Samantha Morris; Dr. Jennifer Phillips; Dr. Lisa Stolarczyk; Dr. Hannah Udell; Dr. Emilia Vesper; Dr. Lourdes I. Vizcarra. Virtual: Dr. Jennifer Phillips, Jenny Davis.

Old Business:

July 21-23, 2022, Santa Fe Conference: Dr. Bridget Lynch
Financial Statement and final Speaker Evaluations were shared.

17th Annual Med Student Reception, Sept. 9, 2022: Dr. Lourdes I. Vizcarra, Moderator
Reception was well received. The physicians were very involved in conversations about their roles as an FMP, and the students welcomed the stories about their practices.

Budget Meeting, Sept. 10, 2022: Dr. Dion Gallant, Budget Committee Chair
2022-2023 Educational & Administrative NMAFP Budgets were shared. The 2022 Conferences were very successful. NMAFP depends a great deal on non-dues revenue every year to balance the budget.

AAFP Congress of Delegates (COD), Sept. 19-21, 2022: Delegates: Drs. Valerie Carrejo & Jennifer Phillips; Alternate Delegates: Drs. Veneta Ianakieva, and Dion Gallant.

Dr. Valerie Carrejo wrote a Resolution regarding the AAFP Global Health Initiative that Dr. Warren Heffron spent many years of his career creating. The 2022 GHS was cancelled and reduced from a 2.5-day conference to a half-day preconference workshop. Substitute Adopted. Resolution 204 (New Mexico A) – Global Health as a Continued Priority for AAFP. The reinstated GHS will be an AAFP dedicated summit each year and will last at least two days. This Resolution got the attention of the COD and was discussed more than any other Resolution. Dr. Carrejo did an amazing job in response to all the commentary regarding the GHS.

NMAFP Member Reception during FMX, Sept. 22, 2022:

Took place in conjunction with the South Dakota, Alaska, and Montana Chapters. This is the third year that NMAFP has participated in this joint venture. Provides an opportunity for the NMAFP BOD to visit with members that they might not ordinarily communicate with and learn from them how NMAFP can better serve their needs. It was determined that NMAFP will continue to hold Member Receptions during FMX.

New Business:

President's Project: Dr. Mac Bowen

Looking for an idea for his President's Project that would engage our base. Suggested that NMAFP take advantage of what technology has afforded us and engage our membership once a month on Zoom with a Board Member. It could be informal, no Agenda, jump in and see what develops. He feels this would give NMAFP more of a presence. A discussion ensued, and some of the BOD liked the idea but thought it might be difficult to get the members to sign up. It was also suggested that once a month is to often. Dr. Bowen feels this would be an opportunity to engage the members in a novel fashion. Dr. Bowen will send an email to the Board Members asking who is willing to participate and take it from there.

41st Annual Winter Refresher, Feb. 25, 2023, Sandia Resort: Dr. Lisa Stolarczyk, Scientific Program Chair. Agenda was shared. Brochures have been mailed and online registration has begun.

Peer-Reviewed Poster Session, Winter Refresher, Feb. 25, 2023:

Dr. Bridget Lynch
Board members are invited to review submissions for the scholarly project poster presentations during the Winter Refresher. The deadline for poster submissions is Nov. 21st, and poster abstracts will be distributed to reviewers on Nov. 26th. The deadline for reviewer comments is Dec. 9th. A sign-up sheet was passed around the room.

UNM School of Medicine 2022 Lobo MD Reunion, October 29th:

Three NMAFP Members received prestigious awards during the 50th Reunion. Dr. Dion Gallant, Class of 1999, was awarded the Leonard M. Napolitano, PhD Award; Dr. Jennifer Phillips, Class of 2001, was awarded the Distinguished Alumna Award, and Dr. Warren Heffron, one of the UNM, SOM, Department of Family & Community Medicine's founding faculty members, received the 2022 Living Legend Award. Congratulations to these very deserving NMAFP Members. The UNM School of Medicine Department of Family & Community Medicine received the Visionary Site of the Year Award.

Governmental Affairs Committee Update:

Dr. Rick Madden, Chair,
Committee met today. Agenda was focused on planning the NMAFP member survey on legislative advocacy for the 2023 NM Legislative Session. The survey will be sent to NMAFP members in December. Dr. Emilia Vesper, a member of the Governmental Affairs Committee and Chair of the Health Equity and Racial Justice Committee, will be writing an educational column in each of the NMAFP quarterly newsletters about issues that come up and need to be addressed by the Governmental Affairs Committee. An example is the Health Security for New Mexicans issue.

Scientific Advisory Committee Update for 65th Annual Family Medicine Seminar, August 3-5, 2023, Ruidoso Convention Center:

Dr. Mac Bowen
Draft Agenda shared. Dr. Valerie Carrejo has been very effective in recruiting speakers. Discussion regarding other potential presentations and opportunities for activities during breaks, i.e. Yoga, walks, run, mindfulness meditation, etc. Agenda needs to be completed ASAP for the AAFP accreditation application.

Health Equity and Racial Justice Committee Update:

Dr. Emilia Vesper
Dr. Vesper shared information about the survey questions that her committee and the Governmental Affairs Committee are collaborating on. She feels they are in a holding pattern until after the Nov. 8th Election. Dr. Vesper hopes her new column in the newsletter will become an educational tool for the members.

Resident Reports:

UNM Residency: Dr. Hannah Udell
Interview season is 3 weeks underway and will continue until the middle of January with lots of resident involvement, interviews, hospital tours and Q&A sessions. They are expanding on the feedback among the residents and trying to keep the discussion going as to how to keep the program great for the residents and incoming students.

Santa Fe Residency:

Dr. Alicia Gonzales
A 100% pass rate on STEP 3 for the PGY2s who have thus taken it. Two of the PGY2 Residents are doing away rotations – one is in Tibet and one in Zuni. PGY3s are starting to sign on. One signed on with IHS, one with Christus, one has a deal in the works.

Las Cruces Residency:

Dr. Kaela Moldowan
She is the only PGY2 that has taken STEP 3. The FM Fellowship for OB has officially started with two new OBs, Drs. Rodriguez & Beachum. Another new faculty member, Dr. Alves, has been added to take Dr. Stephanie Benson's place.

Student Reports:

UNM Med School, FMIG: Jenny Davis, FMIG President

Focus is on drumming up the interest in FM for the new Med Students. The current FMIG Officers will be passing off their duties to the new officers of FMIG, and there will be a new community project for the incoming FMIG Officers. Thanks to Jenny and Sarah, the 2021-2022 FMIG officers for a job well done.





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Future NMAFP Dates

Board Meeting

Friday, February 24, 2023
Sandia Resort (night before the Winter
Refresher)
5:30 pm hors d'oeuvres served

41st Annual Winter Refresher in Albuquerque
& Poster Session
Saturday, February 25, 2023
Sandia Resort & Casino
Board Meeting
Saturday, May 20, 2023
NMAFP Office, Noon, Lunch Served

65th Annual Family Medicine Seminar
August 3-5, 2023
Ruidoso Convention Center

Board Meeting
Sunday, August 6, 2023
Ruidoso Convention Center

18th Annual Med Student Reception
Friday, September 8, 2023
Sandia Resort, Eagle Room, 5:30-8:30 pm

Annual Budget Meeting
Saturday, September 9, 2023
NMAFP Office, 10:00 am, Breakfast served



*Happy Holidays
from
the New Mexico
Academy of
Family Physicians*