



The Roadrunner

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NMAFP

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President's Column

Bridget Lynch, MD, MPH



Dear fellow NMAFP members,

This article will be the last of my quarterly Presidents' articles. It has been my honor to be able to serve as your President and represent you, our members, on the many fronts that have presented themselves this year.

In this past year, our NM Chapter was strong and present on many state and local levels. One important local accomplishment was driven by our Governmental Affairs Committee, chaired by Dr. Rick Madden. Dr. Madden worked alongside many stakeholders to bring to fruition many years of hard work that culminated in our state legislature forming a Primary Care Council. Our own Dr. Jennifer Phillips was elected to lead this council. It is tasked with analyzing the primary care statewide budget, reviewing the barriers in accessing primary care services,

recommending policies, addressing primary care workforce shortages, and developing a five-year strategic plan to increase access, improve quality, and lower costs for primary care throughout the state. These council meetings are also open to non-council members, and many of our NMAFP members consistently attend and provide valuable input to the council.

Our chapter also contributed in a large way to the direction the national AAFP took this year. The AAFP formed its first ever Commission on Diversity, Equity, and Inclusion, and the groundwork for this new Commission's development was directly related to our own Dr. Stephanie Benson. Dr. Benson brought forward a resolution at the AAFP Congress of Delegates for the AAFP to create a framework for diversity, equity, and inclusion work to become a focus of the Academy. This year was the year a great step was made to make this very important focus integrated into all the work of the Academy, including reviewing and updating every AAFP policy.

On the well-being front, our Chapter also worked to inform our members about support systems and opportunities that are

available to help our members during these challenging times. The AAFP is launching a national Well-being and Burnout ECHO that will gradually incorporate more AAFP members. This phasing-in of members will take time. In the meantime, we would like to announce that the established Provider Well-being and Burnout ECHO hosted by Presbyterian Healthcare Services is now available to all providers throughout New Mexico, no matter what healthcare system you work for. We encourage all our members to consider joining this supportive, evidence-based community. The ECHO helps us to learn about the drivers of burnout, how to recognize it, how to limit its effects on our lives and careers, and how to make a difference for ourselves and our colleagues in order to help us all live out our desired, hopefully long careers in Family Medicine. To sign up, fill out the electronic form here: <https://qrco.de/bbna2O>, or email us at PWB_ECHO@phs.org.

With that I will now sign off and say I look forward to seeing all of you soon in Santa Fe at our 64th Annual Family Medicine Seminar, July 21-23, 2022! See pages 4-5 for a schedule and registration information.

Let's Learn about Health Equity By Dr. Emilia Vesper

What is Health Equity?

Is it simply allowing everyone to achieve their highest level of health? How do we achieve advocating for these goals when it feels like one more thing added to our plates? Is there more to social determinants of health and what actually affects health? So many questions.

Did you know that you can learn more about health equity all while earning CME credit? What a great way to find out more about a topic and get credit doing so when the AAFP has invested in great courses. I would like to take a moment to direct and remind everyone about the amazing resources at our disposal with the Everyone Project, as well as some more specific ways to earn CME. Through the Everyone Project you can learn more ways to advocate, as well as look for resources for our patients based on their zip codes. The Everyone Project has some of the coolest toolkits. If you have not done so already, take a moment to check out the neighborhood navigator, where entering a zip code can help connect one to available community resources to assist patients who have social determinants of health and find available resources, such as: food, housing, transportation, etc. to meet their basic needs that affect their health. (<https://www.aafp.org/family-physician/patient-care/the-everyone-project.html>)

Please see the links below to connect to CME to learn more:

AAFP Health Equity: Leading the Change: Free CME credits. <https://www.aafp.org/cme/all/online/health-equity-leading-the-change.html>

AAFP Health Equity CME: <https://www.aafp.org/cme/topic/health-equity.html>

AMA Health Equity: https://www.ama-assn.org/about/ama-center-health-equity?gclid=CjwKCAjw7leUBhBbEiwADhiEMekEYOcICVjnGYiiJ-7okYLplws1Rnv8zNiF1l5L9ZshCUVBuVG2NhoChy8QAvD_BwE

AMA Center for Health Equity CME: <https://edhub.ama-assn.org/ama-center-health-equity/>

Although the STFM Society of Teachers for Family Medicine may not offer CME credit, they also have wonderful resources for learning what it means to be anti-racist and learn about health equity. <https://www.stfm.org/teachingresources/resources/antiracism-and-health-equity-resources/>

Southern New Mexico Family Medicine Residency Program

By Jennifer Nordhauser, MD

The Southern New Mexico Family Medicine Residency Program looks forward to the inevitable changes our residents are going through as this academic year comes to a close and a new year begins.

We will miss our graduating seniors as they move onto fellowship and hospitalist positions and will enjoy having some of our third years stick around as they develop their skills in obstetrics and teaching this coming year. Congratulations to Dr. Beauchum, Dr. Kayathi, Dr. Nordhauser, and Dr. Rodríguez for making it through, passing boards and taking the next steps in their careers. In particular, thank you to Drs. Kayathi and Rodríguez for your tireless work toward making the residency program better as our chief residents over the past year.

We also congratulate our first- and second-year residents advancing to the next stage in their training and Drs. Campos and Liang for being elected to chief for the coming year. Soon, we will be joined by our incoming intern class, and we're excited to welcome you into our program's family.

Our program faculty and administrators are hard at work expanding our partnerships with community organizations for early childhood intervention and other vital services. We are also continuing to have a robust OB rotation with a new team of OB/Gyn faculty including midwives enriching our training in obstetrics. Almost all of our community preceptor opportunities have thankfully resumed in the current state of COVID, giving our residents the chance to rotate in dermatology, gynecology, pediatrics, and more in the outpatient setting. Finally, we remain involved in the effort to help triage and treat asylum-seekers coming to Las Cruces via the border by maintaining a call schedule specifically for the asylum-seeker and refugee shelter.

On a personal note, since this will be my last submission on my program's behalf, I wanted to express my gratitude and appreciation for the Academy. I enjoyed working with the Board of Directors and getting to know medicine in New Mexico for the past three years, and I appreciate the opportunities this position has given me to represent my program and our state. Thank you!

Congratulations to this year's graduates and best of luck to the residents and fellows of New Mexico in the coming year.

Santa Fe Residency Program

By Alicia Gonzales, MD

Spring blooms in the Sangre de Cristo foothills as we welcome growth and beauty into our city and residency. We congratulate Dr. Koffler, faculty, and Dr. Alyssa Mirabal, chief resident, on the upcoming additions to their families. Sebas Soche, PGY3 recently tied the knot with his longtime partner, Vanessa, and the rest of our residents continue to flourish in their careers and relationships. Our PGY3s are celebrating a 100% board pass rate, and we look forward to welcoming Dr. Jen Prosser PGY3, former NNMFP Resident Representative, on as faculty at Christus St. Vincent.

Santa Fe and the current PGY2s look forward to welcoming all of NMAFP to our beautiful city for the summer NMAFP conference at the Eldorado Hotel. The summer will be full of art and festivals that have made our hometown renown.

Our PGY2s started to daydream of their futures – Dr. Tomar, our rising chief, successfully started an LGBTQ comprehensive outreach clinic in Santa Fe. Dr. Tsosie created a longitudinal clinic experience with IHS and finally sees the dust settling and a clear path back to his home. Dr. Guimaraes celebrates a tenure as winner of his fantasy football league two years in a row.

It is my pleasure to receive the nomination as Northern New Mexico Resident Representative. I look forward to attracting a group of phenomenal future family physicians to this town and inspiring our current residents to take advantage of our proximity to the Capitol. Our current intern class is an amazing group of passionate young physicians, and we look forward to a strong presence in the upcoming legislative sessions.

To live and train in the "City Different" is indeed a unique and surreal experience. We look forward to welcoming you all to our beloved home this coming July.

UNM Family Medicine Residency Program

By Kate Kollars, MD

Even though it's still May, it feels like summer is starting with hot temps and preparations heating up for our new interns to start at the end of June! We are so excited to meet and work with our new colleagues, including interns in the Shiprock and Santa Fe Programs. We also have exciting changes taking place on our Maternal Child Health Service, with UNM restructuring our labor and delivery floor so that there is more collaboration between Family Medicine, Ob-Gyn, and Midwifery services. It feels like longer days and more sunshine are helping to raise spirits after another tough pandemic winter. We are so proud of what our residents are achieving, from interns finishing their first year to our third-year residents graduating.

Hidalgo Medical Services Residency Update

By Erica Palin, MD

Dr. Palin shared that, as the academic year is coming to a close, the Silver City Residency Program is in the process of recruiting new faculty for the next academic year. The residents recently participated in a program in which they visited a local high school and did an anatomy lab. The residents also participated in the Tour de Gila bike race as part of the emergency medical staff. The third years, who are in the process of getting ready for graduation and preparing for transition to the new chief, are grateful for all the time and effort that has been given to them during their journey through residency. "Good luck to those coming after us. Continue giving your best."



Burrell College of Osteopathic Medicine

By Carl Brayton, FMIG President

The focus of this quarter at Burrell has been planning and preparation for an ambitious next quarter. Following the installation of the new FMIG board members, we decided our efforts would be best directed towards addressing the issues facing the Burrell student body and the Las Cruces community, which we are most fortunate to be a part of. Unfortunately, due to the shutdowns in the state, many of the ties to our local communities were either severely weakened or severed entirely. We are working to rebuild these relationships in conjunction with other student organizations.

Most recently we participated in a health fair put on by Burrell at the Las Cruces Farmer's Market. We provided health screenings to the public which proved very popular. The community expressed enthusiasm at the idea of us maintaining a regular presence at such events moving forward. We are also currently in talks with the Las

Cruces Unified Public School District for us to provide tutoring and career counseling to students at the high school and junior high levels. We hope to engage with elementary school students through in-class demonstrations in order to increase our interaction with children prior to clerkship and to help alleviate any apprehension young children may have toward medical professionals. Vaccine administration training is another priority. Flu season is approaching once again, and we want to help Las Cruces be prepared for it.

Becoming sedentary is an all too familiar challenge faced by many in the medical profession, and medical students are no exception. We are looking to keep the student body active with events such as a triathlon, strongman competition, and step challenge planned for later this year. We are in the process of increasing access to healthier food options through programs like an "ugly fruit and vegetable box" by working

with farmers located within the Mesilla Valley. In keeping with our Osteopathic Tenets, we must engage with mind and soul as well as the body. Therefore, we are scheduling a series of lectures and discussions led by our own Dr. Jackson focusing on Medical History and Osteopathic Philosophy to not only gain a better understanding of our place in the long tradition of medicine but also foster critical thought on its current application and direction moving forward.

Finally, in order to help with the professional development of current students and prepare them for the residency application process, we plan to host open forum sessions with Burrell Alumni who have matched into Family Medicine Residencies. This coming quarter looks to be a busy one. We look forward to meeting the challenge and reporting our progress to you in the future.

University of New Mexico, School of Medicine

By Jenny Davis, FMIG President and Sarah Bouquin, FMIG Vice President

In April, our FMIG, Dr. Rohan-Minjares, and Dr. Elena Bissell hosted a match mixer for the newly matched FM residents. We had a wonderful time getting to know the fourth years that made it through the stressful match process and are now on their way to start their careers as Family Medicine Physicians!

We also hosted a virtual FM physician panel earlier this semester. Among the panel of FM physicians, there were many different career paths represented so the medical students in attendance were able to learn about the expansive opportunities available in the FM specialty. We hope to host another FM physician panel this coming Fall after the medical school welcomes a new class of first years.

As an FMIG, we were accepted into the Primary Care Leadership Collaborative (PCLC), a national AAFP program for medical students. Through PCLC, we are learning about the principles of relational leadership which we will later use to design and take action on a community project. We have enjoyed meeting other passionate medical students from across the country through PCLC and look forward to starting work on our community project this Summer.



L-R: Dr. Elena Bissell, Advisor, with FMIG Officers - Sarah Bouquin, Jenny Davis, Johanna Michelson, Maryssa Young



Dr. Elena Bissell and Dr. Felisha Rohan-Minjares with the graduating 4th years/newly matched FM Residents
L-R Top row- Dr. Elena Bissell, Tae-young Nam, Dylan Brownell, Katie Myers, Nardos Dawit, Heather Metcalf, Lizzet Castillo, Eliana Otero-Bell, Dr. Felisha Rohan-Minjares.
Bottom row- Robert Kolar, Jessica Valdez, Rachel Baca



64th Annual NMAFP Family Medicine Seminar

This Conference has been reviewed and approved for up to 20.50 Live AAFP Prescribed credits

Conference Schedule: July 21-23, 2022

THURSDAY, JULY 21

- 7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 7:50 a.m. Introduction & Welcome
Bridget Lynch, MD, Scientific Program Chair
- 8:00 a.m. "Re-envisioning the Family Medicine of the Future"
David Rakel, MD
- 9:00 a.m. "Identification of Alcohol Use Disorder and Treatment Options"
Valerie Carrejo, MD, FAAFP, FASAM
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "Hot Vaccine Updates - Covid Vaccine Updates"
Melissa Martinez, MD, FAAFP
- 11:30 a.m. "Ophthalmology for the Primary Care Physician"
Rachel Davis, MD
- 12:30 p.m. Lunch – Exhibit Hall
Sponsored by
Burrell College of
Osteopathic Medicine 
- 1:30 p.m. "Updates in Type-2 Diabetes Management"
Gretchen Ray, PhC, RPh
- 2:30 p.m. "Methamphetamine Use Disorder:
Here's How to Treat It"
Dan Duhigg, DO
- 3:30 p.m. "Health Equity"
James Ellzy II, MD
Past AAFP Board Member and Honored Guest
- 4:30 p.m. At Leisure
- 6-8:00 p.m. Welcome Reception - Exhibit Hall
James Ellzy II, MD
Past AAFP Board Member and Honored Guest
Announcement of the Candidates for
Office 2022-2023
Sponsored by
UNM School of
Medicine - Office for
Community Faculty 

FRIDAY, JULY 22

- 7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "Updates in Asthma Care"
Dion Gallant, MD, FAAFP
- 9:00 a.m. "Exercise Prescription for Chronic Disease"
Lisa Stolarczyk, MD, PhD
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "Seeing Eye to Eye – Improving Outcomes Among Rural Spanish-Speaking Latinx Patients with Diabetic Retinopathy or Diabetic Macular Edema"
J. Fernando Arevalo, MD, PhD

FRIDAY CONTINUED

- 11:30 a.m. "ABFM Update: What's New to Support Your Certification Journey"
Elizabeth Baxley, MD
- 12:30 p.m. Lunch – Exhibit Hall
Sponsored by
Luna Community College
Montañas del Norte
Area Health Education Center 
- 1:30 p.m. "Hands-on and Practical Dermoscopy Workshop"
Mac Bowen, MD
Sponsored by
DermLite 
- 3:00 p.m. "Pearls in Birth Control Options"
Miranda Aragon, MD
- 4:00 p.m. At Leisure
- 6-10 p.m. Awards Dinner & Dance - Exhibit Hall
James Ellzy II, MD
Past AAFP Board Member and Honored Guest

SATURDAY, JULY 23

- 7:00 a.m. Registration
Breakfast - Exhibit Hall
- 8:00 a.m. "Weighing Risks and Benefits of Cannabis in Treatment of Chronic Pain"
Brant Hager, MD
- 9:00 a.m. "Primary Care Call to Action for VTE Management: Sharpening Skills in Recognition, Treatment & Secondary Prevention"
Fadi Shamoun, MD
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "Trigger Point Injections: Lessons from the Literature"
Brian Shelley, MD
- 11:30 a.m. "Key Articles and Clinical Developments in Family Medicine"
Dan Waldman, MD
- 12:30 p.m. Lunch – Exhibit Hall
- 1:30 p.m. "Update on the Virology & Immunology of COVID SARS"
Debra Bramblett, PhD & Gabor Szalai, PhD
- 2:30 p.m. "Osteoarthritis, the Most Common Joint Problem"
Rachel Chamberlain, MD
- 3:30 p.m. "Sexual Health Update"
James Ellzy II, MD
Past AAFP Board Member and Honored Guest
- 4:30 p.m. End of Continuing Medical Education Presentations

SUNDAY, JULY 24TH

- 8:00 a.m. Breakfast BOD Meeting
- 10:00 a.m. Scientific Advisory Committee Meeting

64th Annual NMAFP Family Medicine Seminar

Bridget Lynch, MD, Scientific Program Chair

This Conference has been reviewed and approved for up to 20.50 Live AAFP Prescribed credits

REGISTRATION FORM

Online registration available at www.familydoctornm.org

Please Print Clearly

Name _____

Designation: ☐ MD ☐ DO ☐ PhD ☐ NP ☐ PA ☐ RN AAFP ID# _____

Address _____ C/S/Z _____

Phone _____ Email _____

☐ AAFP Member Practicing Physician \$600

☐ Non-Member Practicing Physician \$775

☐ PhD \$600

☐ NP/PA/RN/PharmD \$475

☐ Retired Physician \$390

☐ Family Medicine Resident (no charge)

☐ Medical Student (no charge)

☐ Yes, I want to sponsor a student attendee \$75

Your conference registration includes one free adult ticket for the Thursday Dinner and one free adult ticket for the Friday Dinner & Dance. Would you like to join either of these activities?

☐ Yes, I want to attend the Thursday Dinner. Please provide me with a free ticket.

☐ Yes, I want to attend the Friday Dinner & Dance. Please provide me with a free ticket.

Will you need to purchase any extra tickets for family members? If so, how many? (Please note children 5 and under are free.)

_____ Thursday Dinner - Adult \$40

_____ Friday Dinner & Dance - Adult \$45

_____ Thursday Dinner - Child (6-12) \$20

_____ Friday Dinner & Dance - Child (6-12) \$25

\$_____ Total from all columns above

Register online at www.familydoctornm.org.

Or mail form and check to: NMAFP, Educational Fund, 2400 Louisiana Blvd. NE, Bldg. 2, Suite 101, Albuquerque, NM 87110

Questions? Call or email Sara: (505) 292-3113, familydoctor@newmexico.com

The Eldorado Hotel & Spa is a premier Santa Fe hotel, with award-winning luxury and unexpected delights. A room block has been arranged to provide discounted rooms along with underground covered parking with free valet service and no resort fee (\$30 daily value). The temporary rate of \$180 is available for either the Deluxe King (1 king bed) or the Deluxe Double (2 full size beds).

We recommend you reserve early to get the type of room you want. The room block will be held until June 22, 2022. After this date, rooms will be on a space and rate available basis. The reservations call center is open seven days a week from 6am -10pm MST and can be reached at 505-988-4455 or toll free at 800-955-4455. Guests calling in may reference either the group name, New Mexico Academy of Family Physicians, or the group code, 220717NMAC. For more information, visit their website www.eldoradohotel.com.

Please be aware that a deposit of the first night's room and tax is required at the time of reservations. You must cancel reservations 72 hours prior to your arrival date in order to receive a full refund. Cancelled reservations after this date are subject to a room charge, including tax, for the first night's stay.



About Santa Fe, New Mexico

Santa Fe is the capitol of New Mexico and the oldest state capitol in the United States. It is beautiful any time of the year, and the warm but cool mountains provide great hiking and photo opportunities. Santa Fe is filled with museums, art galleries, history, and culture that is sure to impress.

Receive high-quality CME accredited by AAFP, visit with your peers, and bring the entire family to enjoy everything that Santa Fe has to offer.



Present: In Person: Chair Veneta Ianakieva, MD; Sara Bittner, Valerie Carrejo, MD; Alicia Gonzales, MD, Samantha Morris; Lisa Stolarczyk, MD. Virtual: Mac Bowen, MD, Carl Brayton, Jenny Davis, Steve Lucero, Bridget Lynch, MD, Rick Madden, MD, Erica Palin, MD, Dan Stulberg, MD, Karen Vaillant, MD.

Old Business:

Wrap Up 40th Annual Winter Refresher in Albuquerque: Mac Bowen, MD

Winter Refresher was a tremendous success. Feedback was very positive with all presenters receiving high scores on evaluations. Financially successful as well. It was unanimous that the Docs were very happy to be attending an in-person conference once again.

Annual Chapter Leadership Forum, April 28-30, 2022: Lisa Stolarczyk, MD

The Leadership Forum in KC was very educational with special emphasis on the speakers and topics presented. Many of the presentations were self-help related ("Caregivers can't take care of their patients unless they take care of themselves first." "Time management is mandatory in the field of medicine, but energy management should be mandatory as well.") with a very clear message. Audiences were very vocal in sharing personal experiences regarding their stress due to the COVID pandemic that has plagued the world for the last two years. The NM Delegation had two evening meals with Delegations from the Alaska, South Dakota, and Montana Chapters and were able to share experiences incurred during these last two difficult years with many similarities in the stories shared. Dr. Bridget Lynch also traveled to KC to attend this Leadership Forum and shared with the Board the importance of this particular annual event presented by the AAFP. Conference is highly recommended to the upcoming NMAFP Officers because "this conference gives attendees perspective on all different levels, local, state and national and helps one feel empowered and a valuable part of the organization." Dr. Lynch attended the President's Breakfast on the last day of the Conference and shared it was a real learning experience hearing ideas and concepts from the other Chapter Presidents.

New Business:

64th Annual Family Medicine Seminar, July 21-23, 2022, Santa Fe: Bridget Lynch, MD, Scientific Program Chair

Registration numbers are looking good, growing rapidly and will hopefully continue to increase as it gets closer to the July date. Room block (\$180/night) will only be available until June 22nd, so it is very important to reserve rooms before this date especially since the going rate at the Eldorado in July is around \$400/night. This will be the first summer conference

in 3 years due to COVID, and NMAFP is looking forward to presenting a stellar event.

Physician of the Year (2022):

Veneta Ianakieva, MD

Dr. Will Kaufman was nominated by Dr. Dion Gallant. Nomination was very well written and a sincere tribute to Dr. Kaufman's dedication to his patients and to his employees. NMAFP looks forward to celebrating Dr. Kaufman, the 2022 Physician of the Year recipient, during the 64th Annual Family Medicine Seminar's Awards Dinner and Dance, July 22nd, Eldorado Hotel, 6-10 pm.

41st Annual Winter Refresher, Albuquerque, Feb. 25, 2023, Sandia Resort:

Lisa Stolarczyk, MD

Tentative Agenda for 2023 Winter Refresher was shared with the Board. The topics have been chosen, and the majority of speakers have committed.

Health Equity & Racial Justice Committee

Update: Veneta Ianakieva, MD

Highlights from the May 4th Health Equity virtual meeting:

Reviewed past/legislative updates:

Dr. Emilia Vesper met with a member of Mayor Keller's office, Holly. Was provided with updates on all the programs they have going on in regard to unhoused individuals. Office is also working with community partners to help unhoused individuals. Dr. Vesper shared some ideas. Overheard on NPR that they will be working on creating encampments throughout the city. Mayor's office recommended NMAFP consider partnering with ABQ Healthcare for the Homeless for further advocacy ideas. Dr. Veneta Ianakieva had mentioned possibility of doing a survey on needs of the unhoused individuals. Could pass out small toiletry bags for participation in the survey.

Gun-violence, have not heard back if the task force is being formed. Consider partnering with NM Coalition to End Gun Violence for future advocacy or legislative efforts.

Questions to think about:

How much do we want to focus on environmental health, and does this relate to public health? Climate issue, and the recent reversal of the plastic bag ban the mayor had in place. Should we consider writing a statement of support for the mayor given how plastics affect the environment and our health? Maybe table for further discussion at a later date.

Given the recent supreme court leak, should NMAFP make a statement of support for reproductive rights? Do not know the final outcome. NM is stable, given the recent support of the governor. This may create an influx of need from border states. Will wait until know the final outcome. The AAFP has made statements of support in the past. NMAFP's state-

ment is not going to change a supreme court decision. Will likely need to focus future advocacy levels on the state and national level as this was the #1 priority on NMAFP's December 2021 Survey.

Have not had time to ask anyone about whether feminine hygiene products are in the public schools, are free and readily available. Another future advocacy statement should ensure they are free and available in restrooms to prevent embarrassment for the women to go out of their way to seek out products at a nurse's office. Holly mentioned she will ask a colleague in the Alamogordo school system to see what they know about it and let us know. Dr. Ianakieva will try to connect to the APS director. As last resort can ask the secretary of education what they know. If female hygiene products are not free and readily available, next steps may be to draft legislation to see if this can be passed.

Should NMAFP consider some implicit bias training and links on NMAFP's website? Dr. Ianakieva reminded the board of our own implicit bias and how the things we do affect health and our interactions with patients. An example was how we discuss contraception starting with IUDs and can lead to possible coercion when we don't also stress alternative options like OCPs. It was a welcome reminder of how we all have our own biases we are working on and how they may affect patient care.

Suboxone. Discussed the success of Harm reduction passed and the need for further Suboxone prescribers. What is holding up providers from prescribing Suboxone? Discussed attitudes, maybe hesitancy with the patient population given the complex psycho-social aspect. How can NMAFP support providers in NM to start prescribing? Presbyterian has an ECHO module where NMAFP can try to connect providers for education.

Thanks to Dr. Stephanie Benson:

Dr. Bridget Lynch

Dr. Benson has accepted a position at West Virginia University as Family Medicine Program Director and will be leaving NM and the NMAFP Chapter in July. NMAFP is extremely grateful and indebted to Dr. Benson for her leadership and guidance for over a decade on all levels – local, state, and national. She has served in all the NMAFP Officer Positions as well as representing the NM Chapter at the AAFP Congress of Delegates, beginning with Alternate Delegate, as Delegate and also serving on AAFP Commissions and has been a wonderful roll model. We are very sad to see her leave the Land of Enchantment but happy for Dr. Benson since she is returning to her roots. Dr. Vaillant also shared her admiration for Dr. Benson during her tenure at the Las Cruces FM Residency Program. Dr. Benson was also very proactive in helping train the Med Students at the Burrell



College of Osteopathic Medicine in Las Cruces. Dr. Dan Stulberg shared that Dr. Benson has been very helpful in the training of the UNM Med Students as well. Dr. Lynch will be presenting this year's President's Award to Dr. Benson who will hopefully be in Santa Fe for the Awards Dinner & Dance on July 22nd.

Replacement of Alternate Delegate to the AAFP COD in 2022:

Dr. Bridget Lynch shared when Dr. Benson leaves NM, NMAFP will need a second Delegate to the AAFP Congress of Delegates. Dr. Carrejo will move up to Delegate along with Dr. Lynch. This will leave an opening for Alternate Delegate. Nominations were asked for from the current members of the NMAFP Board of Directors, and the Executive Committee determined that Dr. Ianakieva, current president, will be the new Alternate Delegate along with Dr. Jennifer Phillips. These four individuals make up the NM Delegation and will attend the Annual Congress of Delegates in Washington D.C., Sept. 19-21, 2022. NMAFP is very grateful to Dr. Ianakieva for stepping up to the plate and accepting this very important role. A big thank you to Dr. Valerie Carrejo for her years of service as Alternate Delegate and for now stepping up to the role of Delegate for the NM Chapter.

Nominations for Vice President: Dr. Veneta Ianakieva

Dr. Molly McClain is this year's nominee for Vice President of the NMAFP. Dr. McClain has served on NMAFP Board as the UNM FM Residency Program Liaison for the last couple of years. NMAFP is very happy to welcome Dr. McClain as an Officer and an Executive Committee member.

Agenda Item Added: AAFP Well-being and Burnout ECHO:

Dr. Bridget Lynch

The AAFP Well-being and Burnout ECHO will focus first on Resident Physician Members. It will be a slower process for integrating AAFP Physician Members. Dr. Lynch would like for the NMAFP Chapter to use the President Funds to support spreading the word that the Presbyterian Well-being and Burnout ECHO (which the national one is modeled after) is now open to all physicians in New Mexico, no matter what healthcare system they work in.



By Dr. Bridget Lynch

Stephanie Benson, MD, NMAFP Past President, long-time NMAFP Delegate to the AAFP Congress of Delegates, and Assistant Residency Program Director in Las Cruces, NM is moving back home to West Virginia this Fall to be the Family Medicine Residency Director at West Virginia University. Congratulations, Stephanie! You will be sorely missed here in our Academy.

It has been a real pleasure to get to know and work with you. Many a student and resident identified you as their mentor that has made all the difference in their lives, and as Dr. Dion Gallant said, "it has been awesome getting to be a delegate with you." We could always look to you, and we looked up to you. As a leader in our Academy and our Delegate, you blazed the trail as a representative of our chapter and state in many areas in the AAFP, including Diversity, Equity, and Inclusion. You continue to do so serving on Commissions and speaking at national AAFP policy conferences such as this year's Family Medicine Advocacy Summit. Thank you, Stephanie.

You have been supportive of us all, and our chapter has grown so much because of you being here. We all truly admire your dedication to Family Medicine, to education, to patient care, and to policy. We wish you and your family the very best with this upcoming move.

By Dr. Rick Madden:

A cheerful, willing volunteer showed up to help my campaign for national office of the AAFP Congress of Delegates in 2008. She was new to New Mexico as I recall, and she was in San Diego for the Congress, attending out of her own interest. My wife, Molly, and I found her to be a delightful, willing supporter. This is the first image I have of Stephanie Benson. It turned out to describe her generosity, as well as a consistent engagement in health care advocacy.

Steph, as we called her, grew into a leader of the NMAFP as officer (all levels), AAFP Delegate, then member, and eventual Chair of the national AAFP governmental advocacy commission. She also contributed her watchfulness and keen insight to our state governmental affairs efforts. I was particularly struck when she urged inclusion of primary care as a core principle, not as an afterthought, in the development of a NM single payer health care program.

Steph has been a pleasure to work with in our state chapter. She cares for people deeply: her patients, her colleagues, her family. We frequently heard about her many contributions to the Southern NM Family Medicine Residency, where she has taught for years.

Being busy raising a fine family hasn't slowed her down the entire time I have known her. We will miss Stephanie and wish her the best in West Virginia. She is leaving us, but leaving much to us. May she carry New Mexico in her heart.



Future NMAFP Dates

Board Meeting

Sunday, July 24, 2022

Eldorado Hotel

8:00 am

Breakfast Served

(Scientific Advisory Committee Meeting immediately following the Board Meeting)

Annual Med Student Reception

Friday, September 9, 2022

Sandia Resort & Casino, Eagle Room

5:30-8:30 pm

Dinner Served

Annual Budget Meeting

Saturday, September 10, 2022

NMAFP Office

10:00 am

Breakfast Served

Board Meeting

November 5, 2022 (tentative)

NMAFP Office

Noon

Lunch Served



Family Medicine Advocacy Summit 2022

By Alicia Gonzales, MD

The Family Medicine Advocacy Summit (FMAS) was alit with energy as a conglomerate of motivated medical students, residents, and attending physicians joined together in Washington D.C. to talk about policy and lobby at the Capitol. There were four attendees from New Mexico: past president of NMAFP, Dr. Stephanie Benson, her newly board-certified PGY3, Dr. Yazmin Rodriguez; Los Alamos physician, Dr. Nona Girardi, and myself – rising PGY3 with the NNMFM.

The first day of the conference was dedicated to education on policy and advocacy tips. We learned how to approach legislators and their staff, what to talk about during a meeting, and how to follow up! Most invaluable, we had extensive lectures on the history of each bill we would be presenting and important data to know when discussing. We then got together to practice our ‘asks.’ We worked on coming up with a personal narrative and stories to support the bills we would be lobbying for.

Our schedule on the Advocacy Day was bustling with meetings lined up for Rep. Yvette Herrell, Sen. Ben Ray Lujan, Rep.

Teresa Leger Hernandez, and Sen. Martin Heinrich. For each of the meetings we met with the legislative staff. Our receptions were warm and welcome with each, and we even had the opportunity for some photo ops that were promptly tweeted!

Each meeting took about 30 minutes, and we discussed AAFP official support on bills related to Telemedicine expansion, Medicaid coverage, and Behavioral Health support and integration. Each meeting felt a little bit easier, a little less scary, but all equally productive. We were relieved to note that the New Mexico legislation largely has our back on these bills.

The few days spent in Washington D.C. were amazing. It felt so rejuvenating to speak up for my patients that I care for in Santa Fe in a different way than our typical patient encounters. The title of “doctor” is an honor and privilege that we worked so hard for, but it is also a golden ticket into doors and conversations that our patients don’t get. More often than not, advocating for our patients involves little to no controversy and only the sharing of very basic medical knowledge. As Family Medicine doctors we have a broad knowledge base which makes us perfect contact people for legislators with little to no medical background. All in all, I encourage every Family Medicine doc to stand up and get involved advocating for our patients and communities!



L-R: Dr. Stephanie Benson, MD; Dr. Jazmin Rodriguez, PGY3; Dr. Nona Girardi, MD; Dr. Alicia Gonzales, PGY2 in front of the U.S. State Capitol in between lobbying meetings with the U.S. Members of Congress.

Annual Chapter Leadership Forum – A Collection with Purpose

By Dr. Bridget Lynch

This year’s AAFP Annual Chapter Leadership Forum was held in-person in Kansas City at the Sheraton Kansas City Hotel at Crown Center, right alongside the simultaneous AAFP National Conference of Constituency Leaders. The NM Chapter was well represented by our chapter president, Dr. Bridget Lynch; our chapter secretary-treasurer, Dr. Lisa Stolarczyk; and our chapter executive, Sara Bittner.

Ideas were shared from chapters around the nation, and high-quality speakers were brought in to help our team think about many of the finer details of running a high performing chapter. The Townhall and Chapter Presidents’ Gathering was an opportunity for leaders to hear the most relevant and pressing of today’s concerns for our chapters, as well as next year’s priorities for the AAFP.

Importantly, a take-home message the Academy shared is that the AAFP is the second most trusted medical association on the hill, and many mechanisms and staff have been poised and are ready to help any member in pursuing and contributing to the

matters they care most about. AAFP created the tool known as SpeakOut, which gives us immediate access to learning about today’s most pressing legislative and regulatory topics, as well as direct access to writing to our representatives to have a meaningful impact. SpeakOut can be accessed through this link: <https://www.aafp.org/advocacy/fight/speak-out.mem.html>.



L-R Dr. Bridget Lynch, NMAFP President, and Dr. Joy Muller, South Dakota President-Elect, enjoying dinner with the New Mexico, South Dakota, Montana and Alaska Chapters at Jack Stack’s in Kansas City during the AAFP Annual Chapter Leadership Forum in late April.

NMAFP Slate of Officers 2022-2023

Members, please see the 2022-2023 NMAFP Slate of Officers below. If you have any objections to the uncontested positions, please respond to familydoctor@newmexico.com

Board Chair will be elected from among the current Board members during the July 24th BOD Meeting

President Bridget Lynch, MD will become Immediate Past President

President-Elect Mac Bowen, MD will become President by automatic ascension

Nominations are:

President-Elect

Lisa Stolarczyk, MD

Secretary-Treasurer

Lourdes Vizcarra, MD

Vice President

Molly McClain, MD

The newly-elected NMAFP Officers will be inducted by Dr. James Ellzy II, Past AAFP Board Member, during the Awards Dinner & Dance at the 64th Annual Family Medicine Seminar, July 22, 2022, Eldorado Hotel, Santa Fe.



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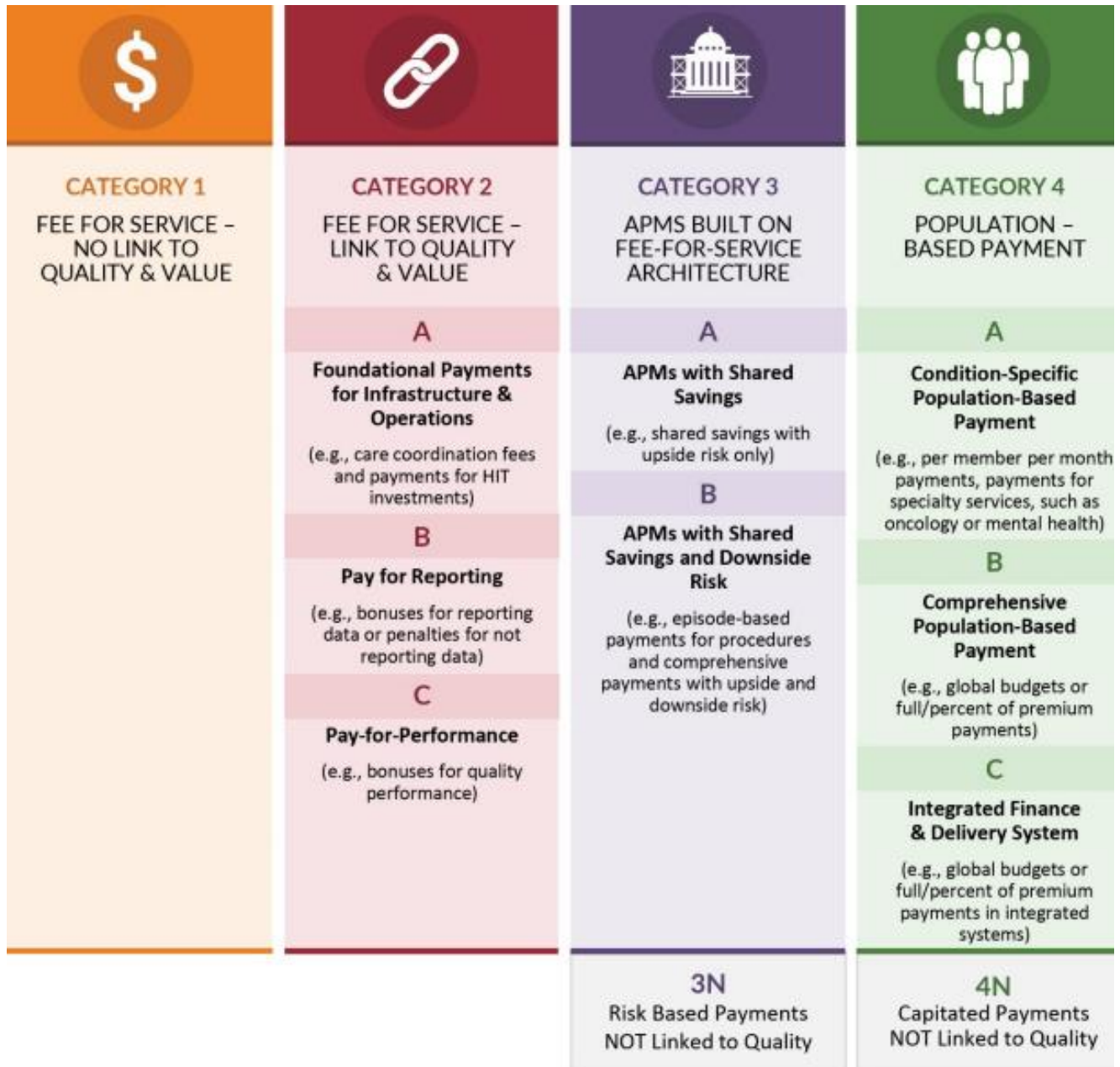
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Burrell College is dedicated to improving the health of the Southwestern United States and its border with northern Mexico through culturally respectful, undergraduate, graduate, and continuing medical education, research, and its support of clinical service to the community. Burrell College is focused on increasing diversity in the physician workforce and fostering a practice of life-long learning, compassion, respect, and excellence in its students.



The New Mexico State Primary Care Council met again on May 20th, 2022 with the 9-member council and the 13-member advisory board as well as members of the public. The council was created after House Bill 67 was passed. There is representation from all over the state, private practice and public sector, insurance and hospital, as well as medical doctors, advanced practice providers, and nurses that provide primary care. Our hope is that the council will increase the investment in primary care and reduce overall healthcare costs while improving the health of New Mexico.

We introduced our new project manager from HSD, Elisa Wrede. The content focused primarily on payment reform strategy and moving Medicaid to Value Based Care where primary care teams are paid for high quality care as opposed to volume. HSD will submit a new 1115 waiver with new pilot projects for Medicaid in 2022. The new Primary Care Alternative Payment Models will be built into future contracts. Reaching Category 4 (see chart from HCP-LAN= Health Care Payment Learning and Action Network) is the ultimate goal for NM Primary Care alternative payment model and will be achieved over time. The State Primary Care Council will also involve a consultant to design, test and evaluate a new primary care alternative payment model for NM Medicaid program in consultation with HSD, DOH and stakeholders.





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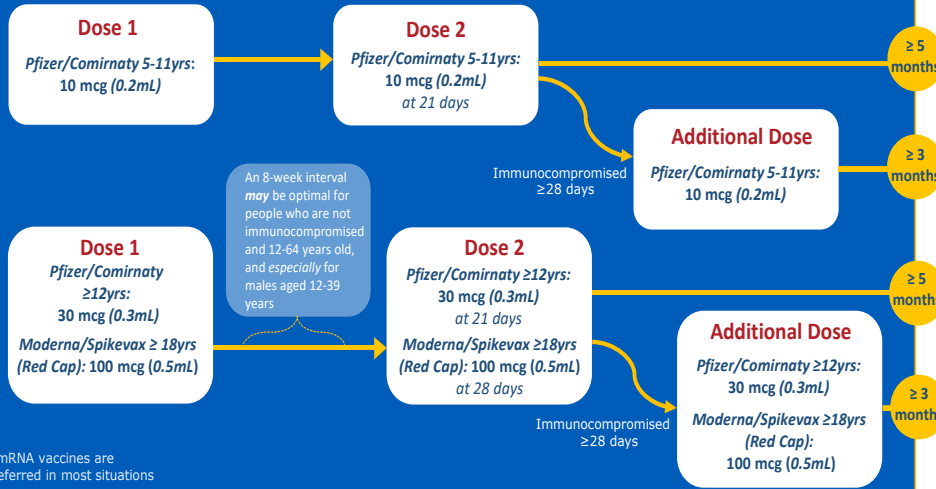
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COVID-19 Vaccine Recommendations With Additional and Booster Doses

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