



The Roadrunner

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NMAFP

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Fall 2021

President's Column

Bridget Lynch, MD



Dear Friends and Colleagues,

In the face of a global pandemic, climate crisis, and blaring health inequities, the oath we have all committed to is ever present on our minds, as is our need to care for ourselves and each other. As our comfort levels and our abilities to learn are pushed, our skills and voices as Family Physicians are needed in the most creative of ways in helping to address the unique public health demands of our time. Our communities need us to be ready and aware, capable and willing on all fronts. Our collective wisdom to find strength, calm, and commitment to ourselves, in order to stay present and provide the best care for our patients, stands as a guiding light when times get hard.

Amid these trying times, I am proud that our community here at the NMAFP is a bedrock we can each stand upon. Relationships between mentors and friends, as well as years of experience between us, create strength we can draw from now and in the future. These relationships offer paths of hope and opportunity for positive, large-scale impacts in the areas we care most about. We are leaders who lead by example, and we listen to and learn from one another. Thank you all for reaching out to your colleagues in the ways you do. Offering that extended hand is often what makes all the difference.

Sharing this sense of community with our fellow NMAFP members, and also with medical students and residents throughout New Mexico, is an important part of our ability to grow into the future. In this time of social distancing, these relationships and opportunities for connecting with our colleagues and mentees look and feel different. By engaging in new ways of connection and communication, it is proven possible we can continue to feed forward mentorship

and teaching of the next generation.

Keeping true to these relationship-based values of the NMAFP, I would like to close by inviting each of you to join us at two upcoming NMAFP events. The NMAFP Medical Student Reception will be held on November 20th from 5:30-8:30 pm in the Eagle Room at Sandia Resort. At this event, you will get to spend time with medical students from throughout New Mexico and share with them your love for family medicine.

Additionally, please join us for the 2022 Poster Session/Happy Hour at the end of the 40th Annual Winter Refresher. This event will be held from 4:45-6:45 pm on February 19th, 2022 at the Sandia Resort Conference Center. The event is sponsored by Burrell College of Osteopathic Medicine and will be worth an additional 2 CMEs. We look forward to seeing you there.

Once more, thank you for being a part of the strong community of Family Physicians in New Mexico. Our gratitude for you is forever heartfelt.

16th Annual NMAFP Med Student Reception Rescheduled

NMAFP Members, the decision to reschedule the 16th Annual Med Student Reception this year was difficult and made with careful consideration surrounding health and safety during the COVID-19 pandemic. The Med Student Reception will now take place on Saturday, November 20, 2021, Sandia Resort, Eagle Room, 5:30-8:30 pm. It will provide a venue for medical students at all stages of education to have access to the Family Physicians of New Mexico.

The free buffet dinner and cash bar will begin at 5:30 pm. This year's Moderator will be Dr. Lisa Stolarczyk. There will be a student-focused introduction by Dr. Melissa Martinez regarding the history of Family Medicine with informal small group discussions to follow. The students will remain in their original seats, and the docs will rotate among the student tables. The docs' name badges will have a ribbon attached to inform the students whether the docs are Residency-based, ER/Hospitalists, Solo/Small Group, or Employed Physicians.

The critical component lies in having plenty of Family Docs present to informally

discuss their work and lives as Family Physicians. Experience with recruiting has consistently shown there is nothing more powerful for a student doctor, contemplating his or her future in medicine, than to hear from and connect with an experienced physician. You all have a wealth of amazing and powerful experiences to share, so please join us for a fun and interesting evening of developing our future Family Medicine Physicians of New Mexico.

WHEN:
Saturday, November 20, 2021

TIME:
5:30 pm – 8:30 pm

WHERE:
Eagle Room, Sandia Resort
30 Rainbow Road
Albuquerque, NM 87113

RSVP:
familydoctor@newmexico.com (Sara)

A peek inside...

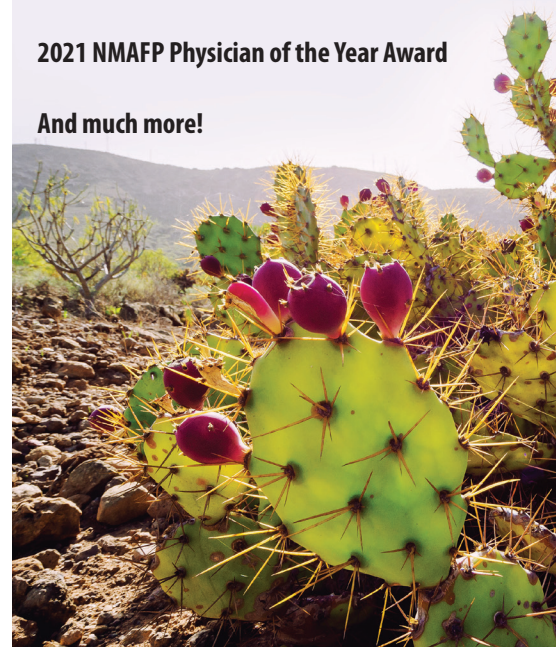
Becoming a COVID-19 Vaccine Provider

Annual NMAFP Winter Refresher

Residency and Medical School Updates

2021 NMAFP Physician of the Year Award

And much more!



2021 National Conference for Family Medicine Residents and Medical Students

The AAFP's 2021 National Conference for Family Medicine Residents and Medical Students took place virtually, July 29-31. This was a one-of-a-kind event full of networking, residency programs, educational sessions, and more.

The New Mexico Chapter sponsored one student member and one resident member to serve as chapter delegates to the resident and student congresses which took place during this national conference. A total of six med students and one resident were sponsored by NMAFP this year. See below comments from these seven individuals:

Lizzet Castillo

Fourth-year Medical Student, UNM

Thanks to the scholarship provided by the New Mexico Academy of Family Physicians, I was able to attend the AAFP National Conference of Family Medicine Residents and Medical Students. During the conference, I had the opportunity to network with other medical professionals. I also had the opportunity to attend several workshops that showcased the amazing work being done by both physicians and medical students, especially when it comes to social justice and advocacy.

I am currently a fourth-year medical student, and I am in the middle of applying to residency. It was extremely valuable to be able to visit and interact with different residency programs. Several of the workshops were also dedicated to the application process with some important do's and don'ts. This was also a valuable experience.

Overall, I am excited for the upcoming year when I start my residency, because I know I will be part of the amazing field of Family Medicine.

Abraham Kisule

Fourth-year Medical Student, BCOM

I attended the AAFP National Conference in person in 2019, and I was curious about how the virtual conference would be conducted. I found this year's virtual conference to be just as effective and fun as it was in person. There were a variety of sessions to choose from, and it was very easy to schedule each of them. I was able to attend many sessions, and I enjoyed the live question and answer sessions.

What I enjoyed most were the residency programs in attendance. Being in the middle of my residency applications, having the opportunity to visit the various programs virtu-

ally was greatly appreciated. The programs had representatives such as current residents, program administrators and program directors present that were available to chat and offered to schedule one-on-one sessions. These one-on-one sessions were intended to share in-depth details about their programs that they felt would be beneficial to my decision process.

This whole experience was made possible by the scholarship I received from the NMAFP for which I am grateful. Please accept my sincere gratitude for making it possible to attend the 2021 AAFP National Conference virtually.

Rachel Baca

Fourth-year Medical Student, UNM

I would like to thank NMAFP for giving me the opportunity to attend the virtual National R&S Conference this year. I had not previously attended any of the in-person national conferences, but I was genuinely impressed by the amount of thought and organization that clearly went into putting this event together. The presentations on the "main stage" were both useful and interesting. Two of the ones I attended involved CV and interview tips which both had incredibly useful takeaways. I have found myself using answers to common questions like, "how much should you write for your experience descriptions?" already implemented into my ERAS application. It was great to be able to use the chat box to have your question answered and see all the other people across the country attend the same event.

One of the biggest advantages of this event were the "booths," where you could log into various residency programs' Zoom meetings and chat with residents and program directors. There were also features that made it easy to schedule a chat with someone from a program if their Zoom meeting didn't fit your schedule. As I am in the process of putting together a list of programs to apply to, it was valuable to talk to those amongst several programs. I find it much easier to sort through the large number of programs when I can connect them with real people and their experiences. At the end of this conference, I felt even more excited about my decision to apply to Family Medicine and more at ease having navigated a virtual experience knowing virtual interviews will be in my future.

Rebecca Rubin

Fourth-year Medical Student, BCOM

I would like to thank the New Mexico Academy of Family Physicians for making it possible for me to attend the AAFP National Conference. Thanks to your generosity, I was able to meet with residents and program directors from a variety of programs and learn more about the amazing advocacy work programs around the world. During one of the presentations, a speaker referred to Fam-

ily Medicine physicians as "specialists of relationships," which I could not agree with more.

While we are trained to establish trust and empathize with our patients, we are also encouraged to take care of ourselves and treat one another with compassion and respect. I was fortunate to meet many providers who genuinely love their career and want to inspire students, like myself, to never lose sight of why they wanted to become a doctor.

Tae-young Nam

Fourth-year Medical Student, UNM

Thank you so so much NMAFP for paving the way for me to attend the AAFP Resident and Student Conference!! It was inspiring to hear about all the incredible work of Family Medicine Physicians across the country. I was moved by the stories of Dr. Cleveland Piggott, and the challenges he faced throughout medical school, residency, and as a faculty member. I was spurred to action by Dr. Nwando Olayiwola, and student Doctors Deborah Fadoju and Rosevine Azap pioneering anti-racist work at their institution, The Ohio State University. I learned valuable clinical pearls from Dr. Steve Brown and residency interview/ERAS tips from Dr. Wendy Barr from Lawrence FM Residency.

In addition to hearing about the inspiring work done by so many FM docs across the country, we had the incredible opportunity to connect with different residencies across the country. I was able to connect with different residents and residency directors from several FM Residencies that I've been interested in such as JPS, Contra Costa, Lawrence FM, Tacoma, Natividad, Sutter Health. It was awesome to hear about different residencies firsthand, and I was able to start building a picture of what each residency would look like. Although some interaction was lost in the transition to virtual conference, the spirit surely was not.

Eliana Otero-Bell

Fourth-year Medical Student, UNM

New Mexico Representative to the National Student Congress of Delegates

This July, with the support of the NMAFP, I was able to attend the AAFP Resident and Medical Student National Conference, which was held virtually for a second year due to COVID-19. I was fortunate enough to act as the Student Delegate for New Mexico which gave me insight into parliamentary procedure and allowed me to vote for policy and representatives on behalf of my home school. I have always been interested in advocacy and health policy, so it was very valuable for me to see exactly what goes into making policy decisions at a national level. I was reminded of the many hurdles that Family Medicine Physicians face when implementing policy, especially when there



are many voices at the table fighting to be heard, and many voices absent that need to be advocated for.

As a fourth-year medical student, this year's conference was a bit different for me too as I spent a significant amount of time in the "virtual expo hall" visiting with and learning about residency programs from across the country. I also attended many workshops helping students on the residency trail, as well as workshops about public policy, health policy, rural medicine, and the unique role of Family Medicine in society today. As always, this conference helped me to learn more about myself and my peers, increasing my commitment to Family Medicine and helping me to pursue a career as a future full spectrum, rural Family Medicine Physician. Thank you to NMAFP for their continued support along this journey!

Jennifer Nordhauser, MD, MPH, PGY-3, Las Cruces Family Medicine Residency Program New Mexico Representative to the National Resident Congress of Delegates

This year's virtual AAFP National Conference was filled to the brim with excellent programming, ranging from opioid-use treatment to bedside, ultrasound workshops to forging a fulfilling career in Family Medicine. Despite taking place via Zoom, residents and students were able to connect over research, networking activities, and the residency fair.

I was honored to represent New Mexico in the Resident Congress, where residents from across the nation authored and discussed eleven resolutions. Topics included adjusting the clinical encounter requirement to include the rising amount of telephonic and televideo encounters, improving resident financial literacy, prioritizing diversity on the AAFP BOD and creating an anti-racism committee, and increasing gun safety research. I represented New Mexico in co-authoring with representatives from other southwestern states resolutions regarding the creation of a state-based advance directive database and expedited partner therapy for patients with STIs during pregnancy. The Resident Congress also elected new leadership, which will continue to address these and other resident issues going into the coming year.

Thank you for the opportunity to represent the Land of Enchantment and our amazing residents. I look forward to continuing to work with the AAFP and within the NMAFP and invite any students or residents who are interested in entering the realm of health policy to reach out to me at jennifer.nordhauser@lpnt.net. Together, we can promote health policy changes to enhance patient care, promote primary care, and improve resident and student training.

Inaugural Meeting of the New Mexico State Primary Care Council

By Jennifer K. Phillips, MD

The State Primary Care Council met for an all-day inaugural meeting on July 24th with the nine-member council and the thirteen-member advisory board. The council was created after House Bill 67 was passed in last winter's legislative session. Secretary Scrase, from New Mexico HUD, led the meeting. Representatives Patricia Roybal-Caballero and Deborah Armstrong were in attendance as well as the Director of Medicaid, Nicole Comeaux.

Members applied and were selected by Dr. Scrase. I am one of the nine council members and represent UNM Health System. There are sub-committees that are meeting frequently to create our five-year plan and make sure we meet the objectives of the bill. The whole council meets quarterly.

It was an exciting day-long meeting with an incredible group of passionate people from different parts of health care in New Mexico. There is representation from all over the state, private practice and public sector, insurance and hospital, as well as medical doctors and advanced practice providers that provide primary care. My hope is that the council will increase the investment in primary care and reduce overall healthcare costs while improving the health of New Mexico.

A summary of House Bill 67 and the tasks of the committee are as follows:

1. Develop a shared description of primary care practitioners and services;
2. Analyze annually the proportion of health care delivery expenditures allocated to primary care as stated in HB 67;
3. Review national and state models of optimal primary care investment with the objectives of increasing access to primary care, improving the quality of primary care services and lowering the cost of primary care delivery statewide;
4. Review New Mexico state and county data and information about barriers to accessing primary care services faced by New Mexico residents;
5. Recommend policies, regulations, and legislation to increase access to primary care, improve the quality of primary care services, and lower the cost of primary care delivery while reducing overall health care costs;

6. Coordinate efforts with the graduate medical education expansion review board and other primary care workforce development initiatives to devise a plan that addresses primary care workforce shortages within the state;
7. Report annually to the interim legislative Health and Human Services Committee and the legislative Finance Committee on ways that primary care investment could increase access to primary care, improve the quality of primary care services, lower the cost of primary care delivery, address the shortage of primary care providers, and reduce overall health care costs;
8. Develop and present to Secretary Scrase a five-year plan to determine how primary care investment could increase access to primary care, improve the quality of primary care services, lower the cost of primary care delivery, address the shortage of primary care providers, and reduce overall health care costs.

Themes from the meeting included a desire to:

1. Revolutionize primary care through innovation and creativity.
2. Ensure primary care data is valid, reliable, and specific to understand our system.
3. Develop equitable interprofessional teams that value and honor every member of the team equally. Teams are designed to provide person-centered care.
4. Use an intersectional approach to ensure that primary care is fairly and justly provided for all New Mexicans.
5. Primary care must be holistic factoring in a unique array of ancestral approaches to living and healing.
6. In addition to serving individuals, primary care is tasked with ensuring healthy communities through partnerships designed with the community at the center and the system of primary care built to the needs of the community.





2021 NMAFP Physician of the Year Award

By Dr. Lourdes Vizcarra, Editor

The 2021 NMAFP Physician of the Year Award was presented to Dr. Dolores Gomez during the July 22nd virtual NMAFP BOD Meeting. Dr. Gomez served as the NMAFP President in 2012-2013.

Dr. Gomez has made tremendous contributions to her community and even more so in response to the COVID-19 Pandemic. She was instrumental in the development and leadership of her hospital's COVID response, helped develop needed policies and protocols, and provided encouragement and medical updates during her daily communications to the medical staff. Dr. Gomez also assisted with the management and organization of testing and immunization drives and kept her community informed through radio time on the local public radio station.

Dr. Gomez is a board-certified Family Medicine Physician and has been the Chief Medical Officer at Memorial Medical Center since April 2016. After completing her undergraduate studies at New Mexico State University, she

received her MD from the University of New Mexico School of Medicine. She completed internship at the UNM Family and Community Medicine Residency Program in Albuquerque and her residency at the Southern NM Family Medicine Residency Program in Las Cruces. Her training beyond residency included a fellowship in Advanced Hospital Training for Family Physicians and a fellowship in Faculty Development in Arizona. In 2009, Dr. Gomez returned to Las Cruces and joined the residency faculty at the Southern New Mexico Family Medicine Residency Program. She still practices full scope family medicine, including ICU and operative obstetrics.

Dr. Gomez was the first in her family to become a physician and first for multiple generations to receive a post graduate degree. Her dad received a high school education. Her mom finished eighth grade and was a home maker who was mostly Spanish speaking. Coming from a minority culture, she had to work through it to figure it out. "Someone led me, someone put me on that path (to becoming a doctor)." Science was her favorite subject in high school, and she received encourage-

ment from her teachers who planted the seed to consider medicine. "Not many women of my background did this. It was luck and spiritual guidance. When I started down this path, the greatest thing that I learned, and part of my personal growth, was trying to figure out how to be a role model for others like me. They can do it too." Instilling this in her daughters has also been very important.

She and her husband are ardent runners, and their favorite way to travel includes traveling as a family with their three children and catching baseball games. She is proud that her children are very much aware of the social inequalities in their communities, and even more so after the past year because of the pandemic.

As for being named NMAFP's 2021 POY, Dr. Gomez describes it as "humbling"; "so many physicians have done so much...especially this past year"; "this recognition hits close, but it wasn't just me...a lot of people did a lot." "More than just a job, it's a great pathway to follow."

Congratulations, Dr. Dolores Gomez, on a well-deserved award.

HSD Graduate Medical Education (GME) Expansion Grant

New Mexico Primary Care Training Consortium is happy to announce the release of the 2021 RFA for HSD's Graduate Medical Education (GME) expansion grant! In an effort to further the State's goal in improving and advancing Primary Care, this grant will provide funds to expand and/or create Primary Care Residency Programs in New Mexico. A webinar to review and answer questions about the RFA will be held via Zoom on October 1st, 2021. If you would like to attend, please contact Nicole Mandall at nmandall@chi-phi.org for more information.

Additionally, if you would like to stay up to date on all things GME in New Mexico, please contact Mario Dozal at mdozal@chi-phi.org to receive our monthly E-News Blast!

For more information, please visit www.hsd.state.nm.us/gme-expansion/

Regards,
Nicole Mandall, GME Program Specialist II
Phone: 575-597-0345
Cell: 706-879-1696
Email: nmandall@chi-phi.org





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40th Annual NMAFP Winter Refresher in Albuquerque

Sandia Resort & Casino
 Saturday, February 19, 2022
 Dr. Mac Bowen, Scientific Program Chair

Schedule of Events and Lectures

7:00 am - 8:00 am
 Registration/Exhibits Open
 Breakfast - Exhibit Hall

7:55 am - 8:00 am
 Introduction & Welcome/Lecture Hall
 Dr. Mac Bowen, Scientific Program Chair

8:00 am - 9:00 am
 "Vaccine Update: COVID and More"
 Dr. Melissa Martinez

9:00 am - 10:00 am
 "Rheumatology in Primary Care"
 Dr. Suzanne Emil

10:00 am - 10:30 am
 Break – Exhibit Hall

10:30 am - 11:30 am
 "Integrating Palliative Care into Your Busy Practice:
 Practical Tips You Can Use Next Week"
 Dr. Dion Gallant

11:30 am - 12:30 pm
 "Syphilis/STI Update"
 Dr. Christopher Novak

12:30 pm - 1:30 pm
 Lunch – Exhibit Hall

1:30 pm - 2:30 pm
 "Respiratory Syncytial Virus: Protecting Older Adults
 at Risk for Serious Complications"
 Dr. Stefan Gravenstein

2:30 pm - 3:30 pm
 "Maternal Mortality in NM: Data and Recommendations
 from the Maternal Mortality Review Committee"
 Katrina Nardini, CNM

3:30 pm - 4:30 pm
 "Care of Transgender Patients"
 Dr. Molly McClain

4:45 pm - 6:45 pm
 Poster Session/Happy Hour – Exhibit Hall
 Sponsored by Burrell College of
 Osteopathic Medicine



New Mexico Department of Health

Among both the vaccinated and unvaccinated,
PCPs are identified as the most effective messenger
in NM specific polling !

Becoming a COVID-19 Vaccine Provider: Commonly Asked Questions

- 1 Is the COVID-19 vaccine free to providers?**
Yes! Providers can obtain the vaccine at no extra cost for their clinics. A provider cannot charge a patient for the COVID-19 vaccine they provide but can bill insurance for the vaccine administration fee (NM Medicaid currently reimburses \$40 per COVID injection).
- 2 Who can give COVID-19 vaccines?**
Any provider who registers as a COVID-19 vaccine provider with [NMDOH](#).
- 3 What is the minimum quantity to order for the vaccine?**
The minimum quantity to order for Pfizer is 450 doses, for Moderna is 140 doses, and for J&J is 100 doses.
- 4 What if our clinic needs a smaller amount of Pfizer?**
NMDOH has partnered with several COVID-19 vaccine providers around the state as HUB Sites to re-distribute smaller amounts of Pfizer vaccine.
- 5 Where do I find information about vaccine administration?**
Guidance can be found on the manufactures website (Pfizer, Moderna, Janssen), NMSIIS Reports, as well as on the CDC's website: [COVID-19 Vaccination Clinical and Professional Resources](#).
- 6 Who do I contact if I am having issues completing agreements or accessing NMSIIS?**
The NMDOH Immunization Program can assist with all COVID-19 Vaccine Provider agreements and NMSIIS access. You can reach them by email at covid.vaccines@state.nm.us or by phone at **833-882-6454**.
- 7 What are the storage requirements for COVID-19 vaccines?**
COVID-19 vaccines can now be stored in refrigerators. An ultra low temperature (ULT) freezer is no longer required. Each brand varies by how long it can stay in the fridge (before puncture): Janssen is 6 months, Pfizer is 31 days, and Moderna is 30 days.
- 8 How should a provider address wastage of COVID-19 vaccines?**
The CDC recommends vaccinating every eligible person, even if it means wasting doses.

For inquiries, email covid.vaccines@state.nm.us
or refer to the webpage www.takecaresnm.org





[“If I have seen further it is by standing on the shoulders of giants.”
Sir Isaac Newton]

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July 22, 2021 Board Notes

Present: Dr. Valerie Carrejo, Interim Board Chair
Sara Bittner; Cheri Blacksten, MD; Valerie Carrejo, MD; Kristen Cummings; Dion Gallant, MD; Dolores Gomez, MD; Logan Harris; Veneta Ianakieva, MD; Kate Kollars, MD; Steve Lucero; Bridget Lynch, MD; Rick Madden, MD; Phillip Manzano, MD; Jennifer Nordhauser, MD; Laura Shaw; Lisa Stolarczyk, MD; Dan Stulberg, MD; Karen Vaillant, MD; Emilia Vesper, MD; Lourdes Vizcarra, MD; and Val Wangler, MD.

Installation of New NMAFP Officers: Dr. Rick Madden, Past AAFP Board Member

Dr. Madden was asked to install the new NMAFP Officers according to the AAFP guidelines. Dr. Madden asked the following individuals to please come to the virtual podium:

- Dr. Mac Bowen, President-Elect
- Dr. Lisa Stolarczyk, Secretary-Treasurer
- Dr. Lourdes Vizcarra, Vice President

Dr. Madden installed the three Officers who were then congratulated by the Board. Dr. Madden asked Dr. Bridget Lynch to come to the virtual podium to be installed as the new NMAFP President who was then presented with a framed President's Creed, President's pin, and congratulated by her fellow Board Members. NMAFP is very appreciative to Dr. Madden for helping make our virtual officer inductions possible.

New Past President: Dr. Valerie Carrejo

Dr. Veneta Ianakieva was congratulated on now being the NMAFP Past-President and thanked for the great job she did as the NMAFP President this past year.

Nomination and Vote for BOD Chair: Dr. Valerie Carrejo

Request made for nominations for the position of Board Chair. Dr. Dion Gallant nominated Dr. Veneta Ianakieva. No further nominations were made. The Board congratulated their newly elected Board Chair, Dr. Veneta Ianakieva who was elected by unanimous vote.

Health Equity and Racial Justice Committee Update: Dr. Emilia Vesper, Chair

Next meeting will be Tuesday, July 27th, 6:00 pm. Committee will focus on identifying issues that will most benefit the community and bring these ideas back to the board for approval of these priorities.

NM Resolutions for AAFP Congress of Delegates, Sept. 27-29, 2021, Kansas City: Dr. Bridget Lynch

The two Resolutions to put forward for our Chapter by the NM Delegation:

1. Gun Safety Question Inclusion on Medicaid EPSDT forms and Medicare AWV questionnaires
2. Remove Caps on Prescribing Buprenorphine for Opioid Use Disorder.

Scientific Advisory Committee Update: Dr. Bridget Lynch, Chair
Annual committee meeting will be held virtually on Thursday, August 5th, 5:30 pm to plan next year's Conferences. Dr. Lynch asked the entire Board to be thinking about topics/speakers for the Feb. 19th, 2022 Winter Refresher and the July 21-23, 2022 Summer Conference.

2021 Award Presentations: Dr. Veneta Ianakieva

2021 Physician of the Year Award presented to Dr. Dolores Gomez who was nominated by Dr. Stephanie Benson. Nomination letter was read to the Board. Dr. Gomez was congratulated and thanked for all her hard work, especially during COVID. A Physician of the Year Award trophy was presented to Dr. Gomez.

President's Award presented to Dr. Dion Gallant from the NMAFP President, Dr. Veneta Ianakieva. Dr. Ianakieva shared with the Board that Dr. Gallant has been an integral part of the NMAFP for over 20 years as well as being her mentor, colleague, boss, and inspiration, and the Board congratulated Dion and presented him with a President's Award trophy.

Chapter Service Award presented to Dr. Valerie Carrejo from the Chapter Exec, Sara Bittner. Congratulations extended to Dr. Carrejo for all she has done for the Chapter. She was elected Vice President in 2015 and served in all the Officer positions, finishing as Board Chair in July 2020, but stepped up to the plate and became Interim Board Chair when needed this past winter. Dr. Ianakieva presented Dr. Carrejo with a Chapter Service Award trophy.

Governmental Affairs Committee Update: Dr. Steve Lucero, NMAFP Lobbyist, Rick Madden, Chair

Committee will meet virtually on Monday, July 26th, 5:30 pm to plan for next year's survey. Update provided on the Health Security for New Mexicans effort to switch from the Legislature to the Office of Superintendent of Insurance, led by Russell Tohl. The authority was turned over to the office of Superintendent of Insurance to actually implement the intent of HB 203 and form an Advisory Committee to work on planning and development of Health Security over a two-year period. It was funded under a junior bill which legislators voluntarily donated discretionary funds that they are awarded each year. \$575,000 sits with Russell Tohl to assemble the Advisory Committee as well as to assemble experts to provide content and proposals over the two-year period. NMAFP has written a letter to the Superintendent encouraging him to move right along, and we would like to offer a name or two to be representative from Family Medicine to the Advisory Board. He wrote back asking who can provide what skills and content expertise. We do not have any volunteers yet from the Governmental Affairs Committee, but Dr. Madden would like to open it up to the Board. The idea is that we would help develop it in a way that is a sustainable beneficial product, a Health Security Plan for all New Mexicans. The initial funding is for the first year.

Primary Care Council: Dr. Jen Phillips and Dr. Val Wangler were elected to this Council, and the inaugural meeting will take place on Saturday, July 24th.

16th Annual Med Student Reception: Dr. Lisa Stolarczyk, Event Moderator

The 2021 Reception has been rescheduled for November 20th, at Sandia Resort, Eagle Room, 5:30-8:30 pm. Dr. Melissa Martinez will once again share a history of Family Medicine with the Medical Students and FMP's.

40th Annual Winter Refresher, Feb. 19, 2022, Albuquerque: Dr. Valerie Carrejo

One speaker has been secured for this conference. The Scientific Advisory Committee will work on this Agenda as well as next summer's Santa Fe Agenda when they meet virtually on August 5th, 5:30 pm.

2021 AAFP Public Health Award: Dr. Valerie Carrejo

Dr. Laura Parajon, NMAFP member, is the recipient of the 2021 AAFP Public Health Award. This award was developed to recognize individuals who have made or are making extraordinary contributions to the health of the American public. This award will be presented to Dr. Parajon at the AAFP Congress of Delegates February 5-7, 2022 in Kansas City. NMAFP is very happy for Dr. Parajon and proud to have her as one of our members.



New Mexico Family Medicine Residency Reports

UNM Family Medicine Residency Program

By Kate Kollars, MD & Ricardo Galicia, MD

Greetings! The new academic year is in full swing which means the new interns have started! They have already completed their orientation month which includes doing mini one-week rotations in all of the family medicine run services: inpatient, maternal child health, and outpatient clinic. They started their first official rotations on July 20th. The second years have also jumped right in and started their new roles as seniors. They are all very excited and nervous to start their new chapters. They were also recently able to attend their annual retreat, which had to be placed on hold last year due to COVID. As the newly minted third years embark on their search for career choice and place of employment, we wish them the best of luck!

We would also like to congratulate Dr. Rohan-Minjares for being selected to be the interim department chair for the Family and Community Medicine Department! She has taught for many years at the UNM School of Medicine, and we are all very excited and look forward to her ideas and management of the department.

Shiprock-University of New Mexico (SUNM) Family Medicine Residency Program

By Heather Kovich, MD, Program Director

We are excited to announce that the SUNM Family Medicine Residency Program will be accepting applications for our first class of Family Medicine residents for the 2022 match.

We are the first federal Indian Health Service (IHS) residency program in the country, and the only residency located on Navajo Nation (Diné Bikéyah), serving the Diné and other tribal members.

Our rural training track with the University of New Mexico will equip new physicians with skills to work in any setting after graduation. Residents will spend

their first year working at UNM's hospital and affiliated sites, getting the intensity and variety that comes with an academic tertiary care setting. During the 2nd and 3rd years, they will join us on Diné Bikéyah, the Navajo Nation, learning the independence and self-sufficiency required in our busy rural clinic, hospital, and community sites. At Northern Navajo Medical Center (NNMC) in Shiprock, family doctors take care of patients in every stage of life, from preconception care to the nursing home.

We are a small training program with two residents per year; residents will partner closely with faculty, who are role models practicing full-spectrum care. Whether interested in population health, substance abuse treatment, musculoskeletal medicine, hospital procedures, and more, residents will find mentorship and expertise in our Family Medicine Department.

SUNM Family Medicine Residency Program is working with community partners to develop a Native health curriculum. The curriculum will be integrated over the three years of residency training through both didactic sessions and real-life experience at continuity clinics in communities on Navajo Nation.

Southern New Mexico Family Medicine Residency Program

By Jennifer Nordhauser, MD

The Southern New Mexico Family Medicine Residency Program is excited to welcome our 17 new first-year residents! The class is composed of 10 PGY-1 residents who will complete all three years of their residency in Las Cruces, 5 PGY-1 residents who plan to complete their first year in Las Cruces and their subsequent years in Alamogordo or Silver City, and 2 pharmacy residents. Our 12 senior residents in the second and third-year classes look forward to mentoring the new residents through our mentorship program and helping them explore Las Cruces and the surrounding areas.

We are also pleased to continue including community-focused rotations in Community Medicine, Burrell Teaching Rotation, Border Health, Health Policy, Care of

the Older Adult, and Care of Marginalized Populations in the curriculum for the 2021-2022 academic year. These rotations help provide a rich context and systems-based focus to our residents.

Our program has enjoyed welcoming back medical, pharmacy, social work, and psychology students to rotate with our teams in the inpatient and outpatient settings. We hope that as the COVID-19 Pandemic continues to develop, we will be able to remain flexible but still allow for as many learning opportunities as possible for residents and students alike.

Northern New Mexico Family Medicine Residency Program

By Jennifer Prosser, MD

Here in beautiful Santa Fe, we are eagerly transitioning into our next phase of growth while wishing our recent graduates well in their new careers as addiction medicine fellow, hospitalist, and outpatient physicians.

The PGY-2's report that they are enjoying being in Santa Fe, having their own patient panels in clinic, increasing their autonomy on our overnight L&D/Peds call shifts, and enjoying specialty clinic rotations such as with our pain and spine clinic.

We are excited to welcome 5 new interns, remembering with compassion those first few months of residency, learning to navigate many new environments with new responsibilities. The PGY-3's are excited to start imagining life after residency, and are embracing the increased demands and responsibilities of clinic while growing our skills as mentors and teachers to our visiting learners and new interns.

Some of us have enjoyed a brief respite from social and travel restrictions with a much-postponed graduation trip to Hawaii, an Indian wedding, and a night at Salsa Under the Stars. The year ahead may be uncertain, but our resilience in recent times lends us strength and the confidence that we will continue to succeed in juggling the demands of home and work, while learning to become community physician leaders and providing thoughtful care to our patients.



Silver City Family Medicine Residency Program

By Philip Manzano, MD

We are currently undergoing a transition from HMS in regard to being the sponsoring institution due to current personnel changes as decided by HMS administration. It is the focus of the residency program to stay in Silver City and support the community, including all counties that rely on the residency program for their health-care needs.

We are working closely with Memorial Medical Center, Gila Regional Medical Center, and NM Primary Care Training Consortium to help ensure that this happens. In contrast to the previous update, Dr. Nelson will be assuming leadership full time as program director to help with this process and beyond.

RMCHCS Family Medicine Residency Program

By JayLyn Ellis, Residency & Medical Education Coordinator

RMCHCS Family Medicine Residency Program welcomed their inaugural class of Family Medicine Residents in July 2021. The residents started their residency with an in-depth orientation on the hospital and surrounding community. They toured the Navajo reservation, Zuni Pueblo, and Gallup Metro area with local community members. They also dedicated time to local non-profits such as the Community Food Pantry so they could understand their patients and new community more. They have started continuity clinic, with great success in patient care. The RMCHCS FMRP is ready to watch their residents excel in caring for such a beautiful rural community.



Welcome Home Doctors Adam Bray, Mylan Panteah, Yuliya Tsebriy, and Tenzin Yangchen."

New Mexico Medical School Updates

Burrell College of Osteopathic Medicine

By Logan Harris, FMIG President

This past month at Burrell has been full of excitement and lots of in-person introductions for both the first- and second-year classes. It is hard to believe we haven't had in-person classes for almost a year and a half! The anticipation of finally being on campus and working side-by-side with classmates and faculty could not have been more fulfilling.

It was especially exciting to see the turnout at the first FMIG meeting this last week with over fifty of our first-year students signing up as members! A big thanks to the FMIG Advisors, Dr. Vaillant, and Dr. Dodson, for coming in and sharing their excitement for Family Medicine and exposing us to the unique influence DOs can have in this field!

We have successfully transitioned the new board members of the FMIG into their respective positions and have had several board meetings to determine how to best continue our involvement within the Las Cruces and Burrell Community. To meet these goals, we have decided to host an election in the next few weeks for a Vice-President position, with the hope of bringing a first-year student onto the board to further encourage class involvement. We are also planning on collaborating more with the different Burrell clubs as we host future events in the Las Cruces Community.

University of New Mexico, School of Medicine

By Kristen Cummings, FMIG President & Kaleb Stevens, FMIG Vice President

The Family Medicine Interest Group (FMIG) of the UNM School of Medicine is excited to welcome the incoming class of 2025 to campus. We look forward to promoting and spreading information regarding family medicine to this new crop of promising physicians-in-training. These efforts have already begun, and we are preparing to advertise our group at UNM SOM Welcome Back Days. Welcome, new Lobos!

In addition to these efforts, we have recently held a couple of incredible group meetings in the last couple months. In July, former UNM SOM family medicine faculty member Dr. Rakel hosted a talk about new diets and nutritional counseling, a key component of many family medicine practices. Most recently, our group organized a physician panel of 10+ Family Medicine Physicians and Residents. This gracious group talked about their path to family medicine, fellowships they pursued, and challenges in the field. These conversations were incredibly valuable and honest, and we cannot thank the participants enough for the wisdom they shared with all medical students who attended. FMIG looks forward to taking part in the annual medical student reception hosted by NMAFP on November 20th, and we hope to see many of you there!





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NMAFP Upcoming Activities

2021 Budget Meeting: Wednesday, September 22
5:30 pm, NMAFP Office, Dinner Served

2021 Board Meeting: Saturday, November 6
Noon, NMAFP Office, Lunch Served

16th Annual Med Student Reception: Saturday, November 20, 2021
5:30-8:30 pm, Sandia Resort, Eagle Room, Dinner served

2022 Board Meeting: Friday, February 18
5:30 pm, Sandia Resort (night before Winter Refresher)