



The Roadrunner

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NMAFP

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President's Column

Veneta Ianakieva, MD



Dear Members:

The holidays are here, and this year they are quite different than anything we have experienced so far. It certainly feels a lot less festive without the gatherings, travel, and hugs we are used to. I want to recognize that this holiday season will be lonely for many elderly friends, family members and patients in nursing homes; many children will miss hugging their grandparents; many families will remain physically. This holiday season, our country and the world altogether will be faced with a lot of disparities. Thankfully, technology can shorten this distance, and we can remain connected with more creativity and intention.

The challenges the world we face from the Covid-19 pandemic will be lasting for generations. The young children are growing up without seeing other faces and facial expressions except their parents and immediate family. Medical students will be graduating with a fraction of the clinical experience. Teachers are struggling with the pressures of remote learning and challenges to deliver education in novel ways. Small businesses are struggling to survive. More and more families are under financial strain. Social isolation is taking a toll on all of us, but the most vulnerable populations, the young and the elderly, are most affected. Isolation is a difficult time for families struck by poverty, domestic violence, and substance abuse.

By now, most of us have faced Covid-19 up close, whether from experiences with our patients, friends, family, or colleagues. Now, more than ever, we need to recognize the importance of self-care to prevent burn out and continue to care for our families, loved ones, and communities. I am honest with my patients that the pandemic's strain is getting to all of us, and I encourage them to share their hardships. I am humbled by the hardships I hear about on a daily basis, and I am more appreciative of the present moment.

This pandemic has highlighted that tomorrow is not promised to anyone, however, we do have today and the present moment. Our strength lies in the now, and all of us play a vital role in our resilience in providing care in these ever-changing times and influencing our family members and community. I realize that the patient visit

has become the sole social interaction of some elderly or outlet for isolated victims of abuse. We continue to be accessible to our patients to the best of our ability despite strains regarding PPE, scheduling, support staff, and uncertainties. Our patients are grateful even if they do not express it. All of us are fighting this battle!

This month, as cases soar and hospitals reach capacity, we do have promising news about vaccines and hope for the future. Our patients will look up to us for advice and our expertise regarding the safety of the vaccines. This season, I have had more patients get the flu shot for the first time in their lives than ever before, as well as many patients already enquiring about the upcoming vaccines. We are advancing in the treatment of moderate and severe Covid-19 infections and will soon have treatment for Covid-19 positive patients at risk for complications. I had a 96-year-old covid positive patient who was admitted and discharged on room air in four days after receiving convalescent plasma and Remdesivir. The infusion center and colleagues in my organization are starting an outpatient Covid-19 infusion clinic to decrease patient load in the hospital and ED and eventually administer Bamlanivimab. Physicians out of retirement are volunteering, outpatient PCPs are volunteering as hospitalists, residents are volunteering extra shifts, first responders and travel nurses are working tirelessly, and the outpatient PCPs are keeping their panels and patients afloat. All of us are holding up for each other, our patients, colleagues, families, friends and loved ones.

This holiday season, I encourage us to reach to our creative side to connect with ourselves, our families, friends, patients and communities. Try to make the holidays festive despite the grim reality of the pandemic. Shop local, give to charity, rest, create art/music/poetry, exercise, or just be. Do whatever it takes to recharge yourself in order to continue to give to others. Now, more than ever, show understanding toward the imperfections in yourself, the system, the society, the patients, as well as all around you.

15th Annual Med Student Reception Held Virtually This Year

By Dr. Mac Bowen

NMAFP hosted the 15th Annual Medical Student Reception on October 17th, successfully attended by 51 appreciative students and 15 Family Physicians generously volunteering their Saturday evenings. The meeting was conducted via Zoom, which made the logistics challenging and presented some technological glitches but allowed for participation from all corners of the state.

We were able to create breakout rooms where smaller groups of medical students could talk to physicians about their practices and the rewards of our specialty. The majority of the students in attendance were from Burrell College of Osteopathic Medicine, based in Las Cruces, so saving them a trip allowed for excellent participation. We were also pleased to hear that the technology empowered Family Physicians in private practice who had always wanted to attend but previously not been able to do so.

The feedback was very positive, and the students brought great enthusiasm and questions with them. In lieu of our typical buffet dinner, the student attendees were treated with GrubHub gift cards, supported by a grant from the AAFP Foundation to the Family Medicine Philanthropic Consortium. This is made possible by donations from members like you. Please help programs like our Med Student Reception continue to foster interest in Family Medicine by giving to the AAFP Foundation. Select "Chapter Grants" when making your gift online – <https://www.aafpfoundation.org/foundation/get-involved/give/donation-form.html>.

Virtual Annual Legislative Training Session, January 16, 2021

By Steve Lucero, NMAFP Lobbyist and Dr. Rick Madden, Legislative Affairs Chair

Please join us for our annual Doc of the Day and Legislative Training on January 16, 2021, 12:00 pm - 2:00 pm. This will be a virtual training. We will talk about the results of the Legislative Priorities Survey and prepare for the 2021 Legislative Session that includes an update on the Legislative Council Services' COVID-19 mitigation plan.

We encourage you to volunteer as a Doc of the Day and engage in healthcare policy work that will improve the health of our patients, our profession and specialty. Contact Sara at familydoctor@newmexico.com to get signed up and to receive the Zoom meeting invitation.

2020 AAFP Congress of Delegates – a Special Session

By Bridget Lynch, MD, MPH

This year's COD was held virtually via a "special session" allowing for the Congress to convene and conduct business. This year each state had a two-resolution limit, and the Rules Committee could deem any submitted resolution as "current policy" rendering Congress no option of extracting it on the floor. This is different than in previous years where any resolution could be extracted and debated on the floor. The Rules Committee deemed one of our NMAFP resolutions as current policy – validating as current AAFP policy that abortion care is an essential service that should not be cut, especially during a pandemic.

All resolutions that were deemed not current policy were heard and discussed in their respective Reference Committees two weeks before the COD. Our second NMAFP resolution was heard and discussed in the Advocacy Reference Committee and ultimately reaffirmed as current policy. This resolution stated that the AAFP supports a system of universal healthcare coverage for all that does not, for any individual, tie healthcare coverage solely to employment. Additional AAFP resolution outcomes were the following: the AAFP opposes the use of race as a proxy for biology or genetics in clinical evaluation and management and research. The Congress upheld the neutral stance on medical-aid-in-dying. The Congress did not accept a resolution to limit the number of resolutions a chapter can submit in normal COD sessions. The Congress approved the stance that the AAFP supports deregulation of Buprenorphine prescribing by removing the X waiver and DATA 2000 associated regulations. The Congress also adopted that the AAFP develop a position paper regarding standards of practice for policing, as it relates to the protection of public safety and health. The Congress referred to the BOD for further consideration: the AAFP supporting the creation of a national bureau of firearm safety. Congress also approved the AAFP supporting an immediate end of the detention of asylum seekers, to be replaced with proven and humane effective alternatives to detention. Your NMAFP Delegates and Alternate Delegates were proud to serve on behalf of you and your patients in this important Congress this year.

The NMAFP is sorry they did not get to have their annual Member Reception in Chicago this year, but NMAFP really looks forward to having a member reception in Anaheim, California next year during FMX on Thursday, September 30th, 2021. FMX will occur immediately following the conclusion of the Congress of Delegates.



Future Board Meetings:

Friday, February 26, 2021
5:30 pm (via Zoom)

Saturday, May 15, 2021
NMAFP Office
Noon
Lunch Served (or via Zoom)

Sunday, July 25, 2021
Ruidoso Convention Center
8:00 am
Breakfast Served (or via Zoom)

Med Student Reception & Budget Meeting:

Saturday, September 11, 2021
16th Annual Med Student Reception
Sandia Resort & Casino
Eagle Room
5:30-8:30 pm
Dinner Served

Sunday, September 12, 2021
Annual Budget Meeting
NMAFP Office 10:00 am
Breakfast Served

Our Medical Students need your help!

Our third-year medical students are heading back into clinic and hoping to work with you!

They have skills to do in-person, telephone or video appointments, so they can be working on-site or remotely during these challenging times.

Have you been hesitant to try video visits? Our students are trained to do them and our providers and patients have found them rewarding.

When: Starting Nov 9th
Length: Four-week blocks through April. Six half days of clinic per week on average.

OK to share teaching responsibilities with others in your clinic. You don't need to take a student every block.

If interested or for more information please contact:

E-mail HSC-FMClerskship@salud.unm.edu
Phone (505) 272-6607

Elena Bissell, MD, Clerkship Director & Nicole Baca, Clerkship Coordinator

Thanks much for training the next generation of Physicians!

Las Cruces Residency Report

Emilia Vesper, MD, PGY-3

Hello again! I wanted to start by first giving a shout out to each and every one of New Mexico's amazing Family Physicians who are real superheroes on the frontlines of this pandemic. So much of what we do during this time keeps people healthy and out of the hospital. Many of us feel the financial stress of trying to stay afloat, and despite barriers keep working tirelessly for our communities. Thank you, thank you, thank you!! Stay strong, we are all in this together, and the NMAFP is here for you.

As COVID-19 cases rise, our program has filed a declaration of a State of Emergency with the ACGME. In essence, this means we will suspend educational activities to meet the needs of the state and our community while maintaining the basics of Duty Hours, adequate resident supervision, and safety. We will start the COVID 2 Home (C2H) program in an attempt to free up hospital beds for more critically ill individuals. Based on this

C2H program, we plan to triage patients into mild, moderate or high risk and can provide better information on when patients need to come into the hospital versus continue home management. We all continue to hold out hope for a vaccine. Our faculty continue to step up to meet the extra demands of our community and are each filling individual roles to help meet the medical needs of our community from the stress of an influx of COVID-19 cases. Our Junior class has taken on a hepatitis C treatment quality improvement project which is much needed.

In other news, online interviews for next year's incoming class have started. Dr. Nordhauser and Dr. Vesper have been looking at ways to make our southern resident representation and involvement with the NMAFP stronger and are planning to actively recruit the next alternate resident delegate. In addition, we wanted to reach out to members who might be interested in mentorships for minority or underrepresented medical students to work with UNM and Burrell as they continue to build a pipeline into medicine. Each of us understands how it takes a

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“If I have seen further it is by standing on
the shoulders of giants.”

Sir Isaac Newton

THE UNIVERSITY OF NEW MEXICO SCHOOL OF MEDICINE
EXTENDS OUR DEEPEST **GRATITUDE TO** OUR MORE THAN
1,100 **COMMUNITY FACULTY** UPON WHOSE SHOULDERS
FUTURE GENERATIONS OF HEALERS STAND.

Thank You.

Are you interested in paying
forward the knowledge, wisdom and
encouragement you received from
your preceptors?

Contact us today to find out how you
can join the community faculty of the
UNM School of Medicine.



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Las Cruces Continued from page 2

community to raise the next generation of physicians. Here at SNMFMRP we continue to challenge our implicit biases as we work towards changing the culture of medicine, advocating for systemic changes, and practicing upstream medicine. This Pandemic has brought to light the gross inequities within our current system and has opened our eyes to the realization of how broken our current system is, and what our individual responsibility is to advocate for health equity. The AAFP has a plethora of resources for those interested in learning more. Stay safe my friends.

Silver City Residency Update

By Mason Heywood, MD

As COVID-19 has been on the rise in New Mexico, we have seen a significant increase in our corner of the state as well. While we have not seen a significant change in our rotations, some of our residents have been assisting the hospitalists and ER providers at our local Hospital who are beginning to be overwhelmed by the influx of COVID hospitalizations.

Our clinic will soon be receiving COVID-19 vaccines, and we look forward to being involved in this endeavor and await further instructions from the NMDOH on administration guidelines in this initial phase.

UNM Residency Report

By Bailee Lutz, MD, PGY-2

& Erik Unruh, MD, MPH, PGY-2

Greetings from Albuquerque!

During these trying times, we are so grateful for the Family Medicine community, and we continue to see our colleagues locally and across the country rally together to serve our communities in the on-going COVID-19 pandemic. UNMH has been operating over capacity; and, with the ever-increasing load of patients, our Family Medicine attendings and PAs have stepped up to expand the capacity of the COVID service, spearheaded by our Director of Inpatient Services, Dr. Gabriel Palley. Residents have been able to pick up moonlighting shifts to assist with the hospital which has been an opportunity for growth and fine-tuning our independent practice skills as well as an empowering experience. Our outpatient clinicians are beginning to pivot from telephone to Zoom visits, which will likely prove to be a valuable skill as we re-examine the lasting role telemedicine will play in our practices moving forward.

Dr. Laura Parajon has been spearheading community health efforts to control the spread of COVID-19 within our population experiencing homelessness, and both residents and medical students have been able to join in her efforts through

triaging patients and assisting with contact tracing at the COVID isolation hotels and the Westside shelter. We are grateful to be part of an institution willing to step up and serve these vulnerable populations. We would like to congratulate Dr. Darshan Patel (PGY-3), as he was recently elected to serve as the Executive Vice President for the Committee of Interns and Residents (our nation-wide union).

Many of our 3rd-year Residents are well into their job searches, which are mostly being conducted virtually. We wish them the best of luck in their pursuits and hope we will be fortunate enough to retain some of them within the UNM system. Our own recruitment for the incoming intern class is well underway. Between virtual interviews and hospital tours alongside Zoom dinners, it has been an unprecedented experience. This was made possible by our dedicated committee of faculty and residents who have worked tirelessly to give our applicants a taste of New Mexico (even if they can't be here to experience the green chile in person).

As we move towards the holiday season and the slower, shorter days of winter, we hope each and every one of you take time to reflect on the challenges this year has brought forth and the incredible resilience you have demonstrated. You are all an inspiration to us. While we are hopeful for new beginnings (and hopefully some rest) in 2021, know that whatever the year holds, we are grateful to call ourselves colleagues of some of the most compassionate, innovative, empathetic and ingenious people in existence.

Northern New Mexico Family Medicine – Santa Fe

By Maya Armstrong, MD, PGY-3 with

Denise Taitano-Ritter, MD, PGY-3

Even Pandemics Have Silver Linings

This update, brought to you by the resilient residents and faculty of the Northern NM Family Medicine Residency Program, is dedicated to silver linings, golden nuggets, and cautiously placed rose-colored goggles. Like everyone else, we're slogging through the daily difficulties caused by that pesky coronavirus, but for the purpose of this update (and our sanity), we wanted to focus on the little things that get us through this challenging time.

Here's just a sample:

1. Big blue skies, sunny days, and gorgeous New Mexico sunsets
2. Care packages with zinc, elderberry, honey, and rose-petal tea
3. Crafting (let's hear it for homemade holiday gifts!)
4. Backyard birdwatching
5. Wide-open spaces (not just for social distancing!)
6. Fires made with piñon wood
7. Connecting with family and friends – even if only by Zoom
8. Knowing that intern Abe's kindred spirit is the capybara (so perfect!)

9. Having sufficient PPE
10. Online yoga and guided meditation (everybody "ohm" with me now!)
11. Living room salsa dancing to a hot playlist on Spotify
12. Big belly-laughs with good tears (so good!)
13. Finalizing post-graduation plans
14. Pirate family Halloween costumes (Aaaaarrrrrgh!)
15. Naps

And of course, staying healthy and being negative where it counts (i.e., COVID-19 tests).

We'd also like to shout out to our faculty, who continue to encourage wellness in its many different forms – from EMR interventions to reduce the number of clicks and overall time spent documenting to impromptu praises for our colleagues to weekly reminders that we must first put on our own oxygen masks. In addition, we have incorporated narrative medicine exercises into some of our Wednesday afternoon didactic sessions. Inspired by these sessions (and helped by a generally delightful attitude), one of our third-year residents, Denise Taitano-Ritter, shares the following thoughts:

Amidst the pandemic, we find ourselves grasping at the little things that bring us joy. In the wee hours of the morning, I was reminded of the joy that this career has brought me.

"Come now. I think she's ready for you!" called the amazing nurse from labor and delivery. With barely enough time to get dressed in sterile attire, within what seemed like seconds, she was born: perfect and plump, full head of thick, dark hair... a vigorously crying baby girl. She was now the new person in the room; she was the most important thing, and she was beautiful.

I stood there and stared at mom and baby for quite some time – enough time for the nurse to nudge me to remind me that I had a job to finish (lol). I was so honored to be part of such an intimate moment in both their lives, and this is one of the greatest joys of my job.

Lastly, we are grateful for each other and our supportive community. We understand that we cannot always have brave faces. We cannot personify compassion during every waking moment. None of us, alone, can shoulder the burden of this pandemic. But... as anyone who's ever sung in a choir knows... We're all singing together. When I need to take a breath, the person next to me is still singing. When she needs a break, my voice is strong. And together, the music continues uninterrupted.

Sing on!

UNM FMIG Report

By RayLee Otero-Bell & Connie Hu

Throughout the fall, we've continued to work with students, clinicians, and the NMAFP to build connections and increase excitement about the field of Family Medicine. While COVID has forced us to modify many of our activities, UNM's

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Dairy offers crucial nutrients your vegetarian and flexitarian patients may otherwise be missing.

Dairy accounts for:



Nearly 20% of the protein in American diets.

High-quality, complete protein, with all essential amino acids. Your patients would need up to 30% more of some plant proteins to make up for skipping dairy.



More than 50% of the calcium and vitamin D in American diets.

Dairy is also a crucial source of vitamins A and B12, which plant-based diets tend to lack.



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As of 2019, a single gallon of milk is produced with 30% less water and 21% less land than it was in 2007 – and has a 19% smaller carbon footprint.



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On behalf of our 900 dairy farm families, Dairy MAX extends our deepest gratitude for your dedication to the health of our communities and our nation.

FMIG Continued from page 4

Family Medicine Interest Group (FMIG) has been able to continue with activities online. Together with students from Burrell, UNM SOM students were able to attend the NMAFP's Virtual Med Student Reception in October. Just last week, UNM's FMIG held a virtual CV/Resume Panel for medical students to interact with match advisors and residency directors and learn how to successfully find and match into a Family Medicine Residency.

Like many things that have been impacted by COVID-19, our English for Health classes through the Primary Care Leadership Collaborative (PCLC) were also affected. We initially planned to hold sessions once a week for 6 weeks, even incorporating COVID-19 related topics into our lessons and converting everything to an online format. We were excited to hold these sessions for the Albuquerque community, but we faced many barriers especially with recruiting. As a result, we didn't receive any participants and had to cancel the course. However, we aim to try again in the spring in hopes that we can do in-person sessions again! We are now reconvening to brainstorm new ideas to attract more participants.

As we move into the holiday season, our time as FMIG officers is coming to a close. We want to thank the NMAFP for working so kindly with us, and are looking forward to mentoring our new officers through the challenges of COVID!

BCOM Update

By Jonathan Kreger

As 2020 finally closes out, the Burrell College of Osteopathic Medicine has managed to stay on its toes and successfully maneuver one of the most significant challenges medical education has seen in some time. Students are succeeding, and the Burrell FMIG had its highest membership increase in 2 years.

Moving into 2021 and beyond, I foresee continued success for the Burrell FMIG. We have partnered with the Southern New Mexico Family Medicine Residency Program to bring new opportunities to Burrell students and faculty. From resident speakers and grand rounds to clinical training, the FMIG will have access to opportunities that would not usually be available to other clubs. Through these activities, we hope to show students the breadth of Family Medicine and recruit even more students into choosing Family Medicine. Our FMIG will be having our board elections very soon, and we are thrilled for them to take the reins and continue to take this FMIG in the right direction.

November 7, 2020 Board Notes

By Dr. Lourdes Vizcarra, Editor

Present:

Chair: Virginia Hernandez, MD
Tristen Adams; Stephanie Benson MD; Sara Bittner; Cheri Blacksten, MD; Mac Bowen, MD; Valerie Carrejo, MD; Dawn Drumm, MD; Dion Gallant, MD; Veneta Ianakieva, MD; Steve Lucero; Bridget Lynch, MD; Rick Madden, MD; Molly McClain, MD; Jennifer Nordhauser, MD; Chuck North, MD; Jennifer Phillips, MD; Laura Shaw; Lisa Stolarczyk, MD; Dan Stulberg, MD; Erik Unruh, MD; Karen Vaillant, MD; Emilia Vesper, MD; Lourdes Vizcarra, MD.

Introduction:

Welcome, Dr. Molly McClain. Dr. McClain has been faculty at UNM for several years and is transitioning into the position of UNM FM Residency Program Director. Current Residency Program Director, Dr. Dan Waldman, will be taking on roles in state primary care GME development and support, including working in partnership with the NM Primary Care Training Consortium (NMPCTC) and helping support the creation of the UNM Shiprock FM Residency Program.

Old Business:

Virtual 2020 Annual Budget Meeting, Sept. 26, 2020:

Dr. Dion Gallant, Budget Committee Chair, shared the 2020-2021 Budget figures. Despite COVID, NMAFP had a good year financially. NMAFP depends on their CME events for the majority of their non-dues revenue.

Virtual AAFP COD, Oct. 12-14, 2020:

2020 NM Delegates: Dr. Stephanie Benson, Senior Delegate (Las Cruces); Dr. Bridget Lynch, Junior Delegate (Albuquerque); Dr. Jennifer Phillips, Senior Alternate Delegate (Albuquerque); & Dr. Valerie Carrejo, Junior Alternate Delegate (Albuquerque). All represented NM well.

2020 COD was held virtually. Format was similar to previous years with some differences. State chapters were limited to two resolutions. Rules Committee was allowed to deem any submitted resolution as "current policy" rendering the Congress as having no option of extracting it on the floor. In previous years, any resolution could be extracted and debated. The Rules Committee deemed one of NMAFP's resolutions as current policy – validating as current policy that abortion care is an essential service that should not be cut, especially during a pandemic. NMAFP's second resolution went through the Advocacy Reference committee and was reaffirmed by the COD as current policy stating that the AAFP supports a system of universal health-care coverage for all that does not, for any individual, tie healthcare coverage solely to employment.

All resolutions that were deemed not current policy were discussed in their respective Reference Committees two weekends before

the COD.

Some interesting additional resolution outcomes were:

- AAFP opposition of the use of race as a proxy for biology or genetics in clinical evaluation and management and in research
- Upholding of the neutral stance on medical-aid-in-dying
- Nonacceptance of a resolution to limit the number of resolutions submissions per chapter in normal COD sessions
- Approval of the stance that the AAFP support deregulating Buprenorphine prescribing by removing the X waiver and DATA 2000 associated regulations
- Adoption for AAFP developing a position paper regarding standards of practice for policing, as it relates to the protection of public safety and health
- Referral to the BOD for further consideration of AAFP supporting the creation of a national bureau of firearm safety
- Approval of AAFP supporting an immediate end of the detention of asylum seekers, to be replaced with proven and humane effective alternatives to detention

Virtual 15th 2020 Annual Med Student Reception, Oct. 17, 2020: Dr. Mac Bowen, Moderator

Was attended by 51 students and approximately 15 FMPs. Dr. Melissa Martinez presented an excellent slide presentation depicting the history of Family Medicine. Break-out rooms were used so students were able to have one-on-one conversations with the FMPs. NMAFP purchased \$25 Grubhub e-gift cards for the students in attendance.

BCOM med students had larger representation than UNM med students. UNM med students have many more mentors than BCOM med students. Dr. Molly McClain will assist with gathering data on this. Suggestion for consideration of a NMAFP survey UNM FMIG to identify needs from the partnership with NMAFP. It was noted that breakout room discussions were dominated by 4th-year med students around interviews, matching, etc. and may benefit by having specific plans for this in the future.

Virtual Reception opens up possibility of having it on a weeknight, potentially increasing participation. NMAFP currently contracted with Sandia Resort for Saturday, Sept. 11, 2021. Will look into the possibility of changing it to a Wednesday. Suggestion to check with the FMIG at both schools to make sure their schedules would allow participation. Another consideration is if having the Reception on a Wednesday would be to have an in-person as well as a virtual, on the same evening if possible, vs having two Receptions in 2021 – a virtual for the out-of-towners and an in-person for the locals. Other possibilities: providing bus services for Las Cruces students to provide in-person networking opportunities for students from both schools but may need to keep reception on a weekend day.

Suggestion for a reminder with meeting link be sent day before reception

to encourage further participation for future NMAFP Zoom meetings.

New Business:

Annual Holiday Card for Members: Dr. Virginia Hernandez
2020 NMAFP Holiday card will be focused on wishing members well. Decision for NMAFP to not advertise their 2021 Conferences in the card due to the unpredictability of COVID pandemic.

Virtual 39th Annual Winter Refresher in Albuquerque: Feb. 27, 2021 Dr. Bridget Lynch Agenda presented. The seven speakers have confirmed they are willing to present virtually. Has been accredited by AAFP for seven prescribed credits. Online registration to go live by Dec. Registration cost for AAFP members will be \$100. Anticipating good attendance. Poster Session to be postponed until the summer conference, anticipating an in-person event. Save the Date card, including Agenda, will be sent to NMAFP active members.

Possibility of recording the meeting for individuals that would like to view the course at later date with or without live CME credit. NMAFP will contact AAFP regarding what the accreditation process is for videotaped presentations vs live presentations.

Concerns regarding postponing the Poster Session until the Ruidoso Conference in July 2021, which is after the 3rd-year Residents have graduated. Many Residents rely on the annual NMAFP Winter Refresher Poster Session to fulfill their scholarly activity requirement for graduation. Consideration for a stand-alone Poster Session to be held before graduation. The Scholarly Activities Committee Chair, Dr. Bridget Lynch, will work with the Residency Program Directors, and with Dr. Valerie Carrejo & Dr. Dan Stulberg to set this up. Dr. Lourdes Vizcarra will be participating in a virtual Poster Session in December with the Centers to Advance Palliative Care and will share her experience with NMAFP.

CME Opportunities for Members Report from Scientific Advisory Committee: Dr. Virginia Hernandez

- Presbyterian: has a two-hour weekly CME through ECHO on "Provider Well-Being and Burnout". Dr. Lynch working on availability to individuals outside of Presbyterian for free.
- Medicine Center in Las Cruces Grand Rounds: working on obtaining a NMAFP link to provide access.
- Dr. Valerie Carrejo's video/documentary, "The Providers" is AAFP accredited for 2 Prescribed hours and is available on their website. It is about medical providers in Northern New Mexico treating addiction in underserved populations.

Scientific Advisory Committee to have a virtual meeting to continue work with this project implemented at the July 25, 2020 BOD Meeting. Information regarding CME opportunities will be posted on NMAFP's website.

Open Letter to Legislators Regarding the

Health Securities Act: Dr. Rick Madden

Letter written by the Health Securities Act Campaign in support of the Single Payer Bill was presented to Board for consideration of adding NMAFP's signature in support. Currently 7 organizations have signed. Letter will be sent to Legislators. This topic comes up annually. Per discussion more information will be provided to board given complexity and that entire membership should participate in decision.

While the Single-Payer Bill fiscal analysis was supported by both NMMS and NMAFP, universal agreement among FMPs in the state is very different.

Motion to withhold NMAFP's support until survey of membership for input on the Health Securities Act can be made. Motion carried without opposition.

Virtual Doc of the Day Program, Virtual Legislative Training Session and Annual Member Legislative Survey: Dr. Rick Madden, Steve Lucero

This year's Legislative Survey is almost complete. Survey is sent to the membership each year to identify priorities and would like to have the survey out by Nov. 15th to give the members six weeks to response. Reminders will also be sent. Legislative Committee uses results in preparation for the 2021 Legislative Session.

The Legislative Session will be quite different in 2021 due to COVID. Legislators considering virtual Session or some form of Hybrid. Consideration given to use the Santa Fe Convention Center to provide space needed for safe health practices. Legislative Affairs Committee will be better able to plan the Doc of the Day effort once decision made regarding how to hold session. A small ad hoc committee may be needed to plan for a virtual Doc of the Day while also meeting HIPPA requirements to provide medical services to Legislators and staff.

Annual NMAFP Legislative Training Session scheduled for January 16, 2021. Will be virtual.

Primary Care Council is a Sub-Committee in the Legislative Affairs Committee. Dr. Chuck North is the Chair, and Dr. Jen Phillips, Dr. Bridget Lynch, Steve Lucero, Dr. Emilia Vesper and Dr. Stephanie Benson are members. This Committee has designed a new bill that will form a new Council within the Human and Social Services Department. Bill will empower the Secretary to appoint 9 members which may include Primary Care Representatives, payors etc. A 13-member Advisory Group would meet at the same time and have the same voice though unable to vote. Bill was presented to the Legislative Health and Human Services Interim Committee on Oct. 21st with favorable results.

Motion in support of the Primary Care Council Bill as an organization passed.

Health Equity & Racial Justice Committee Report: Dr. Veneta Ianakieva, Committee Chair

Committee met virtually on Nov. 4. Key points

from the meeting are:

1. Continued building of the pipeline into health-related careers
2. Student engagement in the Legislative process through the Doc of the Day Program
3. Health Policy 101 Class: Burrell Med Students by Dr. Emilia Vesper
4. Possibility partnership with Department of Health to identify current health disparities in NM to help target efforts in assisting underserved community physicians.
5. Consideration for Hub/Information page for students and community members of current programs across NM for opportunities to engage in community service
6. PPE Access in minority communities

Copy of minutes from the Nov. 4 Meeting will be made available to BOD. Committee will focus efforts on tangible goals. NMAFP will be posting the Committee's information on the NMAFP website.

Town Hall via Zoom on Saturday, Nov. 14, 2020 Dr. Virginia Hernandez

In place of another Zoom meeting Town Hall, NMAFP will place Town Hall information and Legislative Affairs information for the 2021 Legislature on its website.

Fact Sheet & Board Orientation Documents: provided for informational purposes only

Resident Reports:

Erik Unruh, MD (UNM) shared that Dr. Molly McClain is new incoming Residency Program Director. Virtual interviews have begun via Zoom. Residents have been volunteering to pick up extra shifts both on the floor and ICU to help with the COVID pandemic and will continue to plan for the upcoming surge.

Emilia Vesper, MD (Las Cruces) shared that COVID is on the rise with one out of every four men in El Paso testing positive for COVID. Working on a contingency plan to meet the demands of the surge. May have to call the ACGME for a state of emergency. Residents will be pulled from their electives to cover the extra surge of the patients.

Dr. Anthony Cohn (Alamogordo) per Dr. Emilia Vesper – Interns are getting along well with each other, and he is looking forward to being a member of the first class in Alamogordo.





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American Academy of Family Physicians**
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The Roadrunner

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Virtual 39th Annual NMAFP Winter Refresher Saturday, February 27, 2021

Bridget Lynch, MD, MPH, Scientific Program Chair

(This program has been approved for 7 Prescribed Credits by the AAFP)

Conference Schedule (Live streamed in real time with presenter and learner interactive Q&A)

7:50 am - 8:00 am	Introduction & Welcome Bridget Lynch, MD, MPH Scientific Program Chair	11:15 am - 12:15 pm	"Osteoporosis Screening and Treatment" Sheila Acheson, DNP, FNP, ONP
8:00 am - 9:00 am	"COVID-19 Updates: Where We Are Now" Jason Mitchell, MD	12:15 pm - 1:00 pm	Lunch
9:00 am - 10:00 am	"Reflective Writing in Medicine" Ariel Scott, MD	1:00 pm - 2:00 pm	"Skin Exams, Treatments, and Prevention in this New Period" Dan Stulberg, MD
10:00 am - 10:15 am	Break	2:00 pm - 3:00 pm	"Healing Trauma and Addiction with Psychedelic-Assisted Psychotherapy" Larry Leeman, MD, MPH
10:15 am - 11:15 am	"Innovations and Advancements in Reproductive Health" Miranda Aragon, MD	3:00 pm - 4:00 pm	"Exploring Continuous Glucose Monitoring – Essentials for Primary Care" Armand Krikorian, MD

Registration Information

Online registration now open on our website: www.familydoctornm.org

AAFP Members \$100 Non-Members \$150 PhD \$100 NP/PA/RN \$75 Retired Physician \$75
Family Medicine Resident (no charge) Medical Student (no charge)

Your registration includes an electronic handout. All slides will be posted as PDFs on the NMAFP website under Presentations.

Questions? Email Sara at familydoctor@newmexico.com