



The Roadrunner

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AAFP Congress of Delegates Report Philadelphia 2019

Dion Gallant, MD, Delegate

It is with a tremendous sense of gratitude that I write my final dispatch from the AAFP Congress of Delegates (COD). I wish to thank the NMAFP for allowing me to represent the physicians of New Mexico at the Congress. Attending the COD has offered me a wonderful opportunity to meet Family Physicians from around the country, see emerging leaders of the national AAFP, and debate issues critical to Family Physicians. I remain ever optimistic that the national AAFP represents the varied interests of Family Physicians and speaks for us, our patients, and communities. I am also sure that the New Mexico Chapter is in excellent hands with Drs. Stephanie Benson, Bridget Lynch, and Jennifer Phillips. These thoughtful and engaged physicians will represent our Chapter and state well for years to come. I also want to express my gratitude to the physicians who have mentored and taught me about the COD, including Dr. Melissa Martinez from Albuquerque, Dr. Rick Madden from Belen, Dr. Linda Stogner from Estancia, Dr. Arlene Brown from Ruidoso, and Dr. Dan Derksen now in Arizona. These physicians represented our state incredibly well at the Congress, on commissions, and on the AAFP Board of Directors. I will miss the COD, but it is time for new ideas and new energy, and our current delegates have those in abundance. Over and out.

Stephanie Benson, MD, Delegate

This year was my first year as Delegate rather than Alternate Delegate. It is a privilege for me to continue to serve the wonderful Family Physicians of New Mexico in this way. As always, we had great dialogue about countless issues and concerns and were inspired to hear the Academy leadership talk about the actions they are taking on at national level on behalf of us, our patients, and our communities. We had the opportunity to put forth and pursue action on a couple different resolutions this year, both of which were moved forward. Our resolution on care for migrants, refugees, and asylum seekers was adopted, and our other resolution, meant to provide access to AAFP resources

-Continued on page 2



L-R Dr. Jennifer Phillips, Alternate Delegate, Dr. Bridget Lynch, Alternate Delegate, Sara Bittner, Chapter Exec., Dr. Dion Gallant, Delegate & Dr. Stephanie Benson, Delegate

2nd Annual NMAFP Member Reception During FMX in Philly By Virginia Hernandez, MD

The 2019 FMX Member Reception was well received this year in Philadelphia. The reception took place at Maggiano's Restaurant with co-hosting AAFP Chapters, including New Mexico, South Dakota, Alaska, and Montana. The NMAFP members in attendance included Physicians, Residents, and Medical Students. We had a wonderful time networking over food and drink with our NMAFP members as well as those from the other three Chapters. Dr. Cullen, AAFP Board Chair from Alaska, provided some inspiring and encouraging thoughts. The common thread of conversation was recruitment, retention, and the education of physicians to our respective states. Our work as Family Physicians continues.



Having Fun at the Member Reception during FMX in Philly



L-R Mary Hall, RN, Brandon Hall, MD, Daniel Stulberg, MD & Kyle Leggott, MD



L-R Linda Stogner, MD, Andres Gensini, MD & Andrea Gensini



L-R Nona Girardi, MD, Jennifer Phillips, MD, Butch Phillips, Karen Phillips, MD, Toby Palley, MD & Julianna Reese, MD



Dr. Valerie Carrejo with husband, Adam, Dr. Vanessa Jacobsohn, Dr. Sugar Singleton and two members from another AAFP Chapter

Delegates Report Continued

-Continued from page 1

for non-physician faculty members in Family Medicine Residency Programs, was referred to the Board for further consideration and action.

I was excited to see the continued results of a resolution we had put forth and was passed a few years ago. We wrote a resolution asking the Academy to develop a tool kit to help Family Physicians learn about and address social determinates of health and barriers to care. It passed and, in response, the AAFP developed the Every-One Project. This is an initiative to educate physicians and residents about these issues as well as provide resources to address them, including a searchable database for available resources across the country. If you have not seen this on the AAFP website, I would strongly encourage you to check it out. During this year's COD, the current president of the AMA addressed the COD and mentioned this project by name. Then, she stated the AMA was following suit and beginning to develop a similar program to address barriers to healthcare and health equity issues. I am thrilled and honored to be a part of a state Chapter that has affected the practice of medicine in such a positive way. Please continue to let us know your concerns, so we can represent you effectively!

Bridget Lynch, MD, Alternate Delegate

The 2019 AAFP Congress of Delegates was held in Philadelphia during the last week of September. This Congress was particularly productive; the NMAFP had one of its resolutions get adopted and another of its resolutions be referred to the board. Both outcomes are exciting; the values included in the resolved clauses of both resolutions are now affecting AAFP policy and actions. The NMAFP resolution that was adopted resolved that the AAFP opposes any US policy that separates families seeking asylum and that the AAFP supports these individuals by providing any people in detention facilities with age-appropriate food, water, personal hygiene, and healthcare. The NMAFP resolution that was referred to the board involved finding a way to provide non-physician residency faculty access to AAFP resources in order to best serve the educational needs of Family Medicine residents. Both resolutions were born of ideas generated through discussion over time and with collaboration among many NMAFP members. Our elected Delegates and Alternate Delegates were also very influential at the Congress by serving on and giving testimony in the Reference Committees, thereby ultimately helping shape and define the arguments that helped both resolutions have success on the Congress floor.

The skills utilized in AAFP policy making are teachable. The best place to learn these skills is through the annual NCCL

conference in Kansas City. NCCL stands for National Conference of Constituency Leaders and is a forum in which each state sends members from traditionally under-represented constituencies in the AAFP COD voting body: Women, LGBTQ, New Physicians, International Medical Graduates, and Minorities. One voting Delegate and one non-voting Alternate Delegate from each state may represent the state Chapter in each constituency at NCCL. If you are interested in representing the NMAFP at the 2020 NCCL from April 23-35 in Kansas City, please contact Sara Bittner. Funding support is available for a limited number of attendees each year.

Annually, for the AAFP Congress of Delegates, our NMAFP has two voting Delegates and two Alternate Delegates who serve as representative of our delegation. Throughout the year, if you have ideas of ways you would like the AAFP to improve upon or change its current policies, please be sure to connect with your Delegates or Alternate Delegates and encourage them to help you participate in these changes. Connecting with them directly, or through Sara Bittner, are both effective methods of contact. Please share your ideas and let us help you make your passions the reality of the future of AAFP.

Jennifer Karen Phillips, MD, Alternate Delegate

It was my first year serving as Alternate Delegate for New Mexico to the AAFP Congress of Delegates, and it was an incredible experience. Interacting with the community of Family Doctors from home and nationally was my favorite part. Dr. John Cullen (Board Chair to the AAFP) was right when he said you can watch the evolution of the beliefs and consciousness of American society as the Congress plays out each year. I am obviously paraphrasing, but that is my perspective as well. Family Doctors and medical students interested in social justice, reproductive rights, immigration, spirituality, and administrative burden all testified together, for and against, and there was always an effort for both sides to be heard. They spoke with love and consideration of others and for the health of their patients, rural health care, scope of practice, and primary care. It was the type of civil discourse that I believe is missing in most other parts of policy making these days. Even when people were heated and in disagreement, there was a basic respect that I appreciated. There is a YouTube video that one of my Family Doctor friends shared with me recently called "Empathy is not Endorsement." You can hear others, see where they are coming from, and understand their point of view without agreement. Let us elevate our truth by discussing things with individuals that might hold different opinions. We can all learn from this exercise and will be a better society when we are brave and speak our truth, hear others' truths, and listen for common ground.

President's Column

By Virginia Hernandez, MD



It is an honor to be serving as the 2019-2020 New Mexico Academy of Family Physicians Chapter President. Many may ask why a native of rural California and a former farm worker has planted roots in New Mexico. In reality, it was the rural physician shortage and the Hatch green chile.

Having been raised in a family of seven children with limited health care resources, I understand the burden of affording quality healthcare and access to care. Colleagues who know me well can relate to my passion for affording patients quality healthcare and can relate to the burnout associated with working in rural communities with disparities in the physician-to-patient ratio and the burden of managed care. I often question why healthcare has evolved to promoting more encounters in less time when the quality and satisfaction of the care delivered may decrease because of a lack of time.

When we treat patients that have not seen a physician for twenty years because of the cost and distance to care, it is not a fifteen-minute visit. Juggling time constraints, addressing the social determinants of health and mental health, and promoting healthy lifestyles takes more time and compassion than we are afforded. As committed Family Physicians, I believe we carry the primary care charge. Networking, advocating, and volunteering personal time to health promotion in our communities takes a village of physicians committed to creating positive and progressive changes in our state.

Addressing burnout by recruiting physicians to our state and educating our own "home-grown" physicians is promising. Assessing the practice needs of our colleagues, promoting self-care awareness, and addressing "burnout" are just a few key solutions in retaining and maintaining the quality of healthcare in our state. Together, we can collectively address these issues through education, advocacy, and promotion of solutions during our legislative sessions. Who better to educate our state legislators than the physicians that live the challenges of healthcare?

If possible, I would challenge company CEO's, legislators, CMO's, board members, and insurance company stakeholders to "walk in our shoes" for a week and truly understand the resources and time constraint challenges that we experience. I look forward to the coming year, and I challenge Family Physicians to give some time to improving healthcare promotion through advocacy or participation in community events and voting to bring about positive changes in the status of New Mexico health.

Doc of the Day Volunteers Needed for 2020 Legislative Session

Members, the Doc of the Day Program is our NMAFP community service to the New Mexico State Legislature, and we need your help. Each volunteer serves a day (or more) in providing medical services to the legislators during the legislative session. NMAFP volunteers work in cooperation with the New Mexico Medical Society (NMMS) and provide medical evaluation and care; when indicated, the NMMS provides pharmaceutical support. Volunteers will provide a cell phone number to the Round House operator and be "on call" during the day. Medical services will be provided in the privacy of the legislator's office. During the day, volunteers can observe the legislative sessions, provide testimony on behalf of the New Mexico Academy (only on issues of direct relevance to the Academy), and generally learn about the legislative process.

A lunch training session is planned for Saturday, January 18th, 12:30 pm at the Academy office. The session will review anticipated legislation and the Academy policy regarding current issues. Steve Lucero, NMAFP Lobbyist, will lead the training session. The 30-day session begins January 21st and ends February 20th. The DOD Schedule will begin on January 22nd.

If you are interested in participating - email or call Sara at family-doctor@newmexico.com or 505-292-3113.



UNM School of Medicine Annual Alumni Association Reunion

By Jennifer Phillips, MD



L-R Dr. Jennifer Phillips and Dr. Valerie Carrejo

Dr. Valerie Carrejo and Dr. Jennifer Phillips, seen in photo, attended the UNM School of Medicine Annual Reunion on October 26th with a table of ten representing the NMAFP. The table consisted of NMAFP members who are alumni from UNM School of Medicine or Residency or both: Dr. Susan Muraida, Dr. Veneta and Dr. Dessy Ianakieva, Dr. Bridget Lynch, Dr. Jennifer Phillips (and husband, Jack), Dr. Valerie Carrejo (and husband, Adam), and Dr. Karen Phillips (and husband, Butch).

The Alumni Association gave out several service awards, including "The Distinguished Alumnus Award", "The Visionary Site Award", and "The Napolitano Award". It was an evening to celebrate the future, present, and past of medicine in New Mexico. The Alumni Association raises money to give scholarships to medical students who plan to stay and serve in New Mexico. Dr. Jennifer Phillips is the President of the UNM School of Medicine Alumni Association Board for the next two years. Please, contact her if you are interested in giving.

Future Board Meetings

February 7, 2020
Sandia Resort Conference Center
Roadrunner Room
5:30 pm
Hors d'oeuvres Served

May 2, 2020
NMAFP Office
Noon
Lunch Served

July 26, 2020
Eldorado Hotel, Room TBD
8:00 am
Breakfast Served

November 7, 2020
NMAFP Office
Noon
Lunch Served

Med Student Reception & Budget Meeting

September 26, 2020
15th Annual Med Student
Reception
Sandia Resort & Casino
Eagle Room
5:30-8:30 pm
Dinner Served

September 27, 2020
Annual Budget Meeting
NMAFP Office
10:00 am
Breakfast Served



HAPPY NEW YEAR

NM Family Medicine Residency Reports

Las Cruces Residency Program

Emilia Vesper, MD, PGY-2

Interview season has kicked up, and we are welcoming a diverse group of candidates! The most exciting development is that the 1+2 program in Alamogordo will be interviewing to welcome their first class in July 2020. This year, the Residents participated in a well-being retreat held in Cloudcroft, which was a huge success. The smores shared over a bonfire made lasting memories. The current curriculum is being re-vamped to make room for the increasing number of Residents, which will allow for more weekends to focus on family and personal well-being. We have gotten approval and funding from the state of New Mexico to expand the number of Residents in the Las Cruces Program from 6 to 10. The additional 4 Residents will have their home base at LCDF (La Clínica's De Familia), a federally-qualified health care center.

Santa Fe Residency Program

Kavitha Kirubanandan, MD

Season's Greetings to all from Santa Fe! As we are halfway through this academic year, I am happy to share some exciting updates.

We had our annual Resident-Faculty retreat earlier this fall at Glorieta, NM. We had a fun time rock climbing and zip lining with our friends and Faculty. We also worked on some team-building activities to strengthen our team bonds.

We are also officially halfway through the interview season. We got to meet some

really wonderful applicants and spent time with them during the interviews as well as during the dinners. We look forward to meeting more enthusiastic applicants through the rest of the interview season and hope to match some of them to our great program. It has been so rewarding to see how our Residents have been proactive and working together as a team to make the interview season more streamlined. Special kudos to all my co-Residents!

As we dive into the winter, some of our Residents are heading to Taos for their Orthopedic rotation at the Ski Basin Urgent Care clinic. It is one of our favorite rotations; we are trained to address injuries from ski accidents to management of altitude sickness, etc. Residents also get fun skiing experience during their down time.

Our second-year Residents are also looking forward to a unique legislative rotation in January, when they learn to follow healthcare-related bills, meet their legislators, and attest in committees. This is a great opportunity to learn about advocacy, which I feel is important as primary care providers.

We are truly a family here, and I am so grateful for that at this time of the year. Stay blessed! Wishing you all a safe and warm holiday season and a successful year ahead!

UNM Residency Program

Brianna Muller, MD

At UNM, interview season is in full effect. We have had over 1,000 applicants and will interview about 100 people for 14 spots. There is increasing discussion in the residency, both among Residents and Faculty, about trying to expose Residents to their specific areas of interest. To this end, some Residents have created novel electives, in-

cluding a "Border Health" elective in which they are supporting Medical Screening Exams for asylum seekers coming to Las Cruces and Deming. We are eager to work in various practice settings across the state, so if you are interested in hosting a Resident, please let us know!

Silver City Residency Program

Roberto Agüero, MD

Greetings from Silver City! Since our last meeting, things have been fairly calm. We have had excellent third-year medical students from Burrell College of Osteopathic Medicine, University of Arizona, and even one from my alma mater, the University of New Mexico, come for their third-year clerkships, several of which have expressed a strong interest in Family Medicine. We were impressed with their performance, and we see great potential for their future.

Given the interest in the program from BCOM students, we will be holding spots in the academic year for fourth-year students to come for a Sub-I; please, let your students know that we will be working to accommodate those requests. They should contact our program coordinator, Amanda Castillo, for additional information.

We have begun the process of interviewing applicants for the 2020 Match. We have received many applications from BCOM, and we have interviewed several strong candidates. Our interns and second-year residents are well into their rotations and getting into the routine of their training.

Family Medicine Opportunity in Santa Fe

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2019 Primary Care Leadership Award Recipient

NMAFP Member, Dr. Leslie Hayes, of Santa Fe was one of the recipients of the 2019 Primary Care Leadership Award during the Patient Centered Primary Care Collaborative held in Washington D.C. in early November. Congratulations Dr. Hayes for receiving this auspicious award!

38th Annual Winter Refresher in Albuquerque

Saturday, February 8, 2020

Sandia Resort & Casino Conference Center

Dr. Veneta Ianakieva, Scientific Program Chair

This program has been approved for 9 Prescribed Credits by the AAFP

Online Registration at www.familydoctormn.org will be available in October

Schedule of Events and Lectures

7:00 am - 8:00 am

Registration/Exhibits Open
Breakfast - Exhibit Hall

7:55 am - 8:00 am

Introduction & Welcome
Lecture Hall
Dr. Veneta Ianakieva
Scientific Program Chair

8:00 am - 9:00 am

"Cardiovascular Disease Screening"
Allen Adolphe, MD

9:00 am - 10:00 am

"Update on Management of Migraine
Headaches"
WeiWei Dai, MD

10:00 am - 10:30 am

Break - Exhibit Hall

10:30 am - 11:30 am

"Medical & Surgical Management
of Obesity"
William Rice, MD

11:30 am - 12:30 pm

"The Diabetic Kidney...What to Do"
Stephen Brunton, MD, FAAFP

12:30 pm - 1:30 pm

Lunch - Exhibit Hall

1:30 pm - 2:30 pm

"Insomnia for the Primary Care Provider"
Fouad Reda, MD

2:30 pm - 3:30 pm

"Unintended Teen Pregnancy Prevention"
Jennifer Hettema, MD

3:30 pm - 4:30 pm

"Clostridium Difficile - Beyond
Pharmacotherapy"
Frank Czul-Gurdian, MD

4:45 pm - 6:45 pm

Poster Session/Happy Hour
Exhibit Hall

Hotel Information

Sandia Resort & Casino is located at
30 Rainbow Rd, Albuquerque, NM 87113

A room block will be held until January 8, 2020.
After this date, rooms will be on a space-
available basis.

To make your reservation, call (505) 798-3930
or call (877) 272-9199 and give the group code
7064 to receive the room-block rate. You can
also visit <https://bit.ly/2kayWSN> which will
take you directly to the NMAFP room block for
NM Academy of Family Physicians.

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Name: _____ ☐ MD ☐ DO ☐ NP ☐ PA ☐ RN ☐ PhD ☐ Resident ☐ Student

AAFP ID: _____

Address: _____ C/S/Z: _____

Phone: _____ Email: _____

_____ AAFP Member Licensed Practicing Physician \$195

_____ Non-member Licensed Practicing Physician \$325

_____ PhD \$195

_____ NP/PA/RN \$150

_____ Retired Physician \$150

_____ Family Medicine Resident (no charge, must include AAFP ID)

_____ Medical Student (no charge, must include AAFP ID)

_____ Yes, I want to sponsor a student attendee \$50

_____ Total Enclosed from Both Columns Above

Your registration includes a free electronic handout on a USB so you can follow along with each speaker and for future reference! All speaker slides will also be posted on the NMAFP website.

Save a stamp and register online at www.familydoctormn.org!

Or mail form & check to: NMAFP, Educational Fund, 2400 Louisiana Blvd. NE, Bldg. 2, Suite 101, Albuquerque, NM 87110

Questions? Call or email Sara: (505) 292-3113 • familydoctor@newmexico.com

November 2, 2019

BOD Notes

Present: Sara Bittner; Mac Bowen, MD; Valerie Carrejo, MD; Dion Gallant, MD; Virginia Hernandez, MD; Veneta Ianakieva, MD; Steve Lucero; Bridget Lynch, MD; Rick Madden, MD; Jamie Majdi, MD; Brianna Muller, MD; Jen Nordhauser, MD; Chuck North, MD; Frank Ralls, MD; Meagen Twyeffort; Erik Unruh, MD; Lourdes Vizcarra, MD; Dan Waldman, MD. The meeting was chaired by Dr. Valerie Carrejo.

Ruidoso Conference: Dr. Valerie Carrejo shared the Financial Statement and the Final Evaluations with the Board. The speaker evaluations and financial statement indicated it was a very successful conference.

14th Annual Med Student Reception, Sept. 14, 2019: Dr. Veny Ianakieva shared that the Med Student Reception will move to a new location next year because of hotel issues that occurred this year. The lights were out in the meeting room where the Reception was held for over an hour, but the Reception continued without missing a beat. That evening was a tribute to the specialty of Family Medicine.

Annual Budget Meeting, Sept. 15, 2019: Dr. Dion Gallant, Budget Chair, shared the Proposed Budgets for the upcoming year. Our organization is doing very well, meetings are well attended, and we continue to make money. Dr. Carrejo shared that our dues payments for the month of September are up by \$5,000+.

Congress of Delegates Resolution Wrap Up, Sept. 23-25, 2019: Dr. Bridget Lynch informed the Board that our Chapter submitted two resolutions this year at the AAFP COD in Philadelphia. The Family Separation Resolution No. 407 had some language change after much testimony, and the COD voted to accept this substitute resolution. The Non-Physician Faculty Membership Resolution No. 210 was not adopted, but it was referred to the AAFP BOD. Dr. Lynch and Dr. Jennifer Phillips provided handouts for the Board packets on these two NMAFP Resolutions.

2nd Annual Member Reception, FMX in Philly, Sept. 26, 2019: Dr. Virginia Hernandez shared that we had another well-attended Member Reception this year with the Montana, South Dakota, and Alaska Chapters. NM had 34 in attendance; the other chapters had 20, 17 and 16 in attendance.

38th Annual Winer Refresher in Albuquerque, Feb. 8, 2020: Dr. Veny Ianakieva shared that the Winter Refresher has been moved to Sandia Resort & Casino Conference Center. Brochures have been mailed and online registration is live on the NMAFP updated website.

Thanks to Dr. Dion Gallant for serving as Alternate Delegate/Delegate to AAFP COD: Dr. Bridget Lynch thanked Dr. Gallant for his

16 years of service (8 years as Alternate Delegate and 8 years as Delegate). His work has helped set policy for all members of the AAFP.

Replacement of Alternate Delegate to the AAFP COD in 2020: Since Dr. Gallant has stepped down from his position as Delegate to the AAFP COD, Dr. Bridget Lynch will move up to Delegate and there will be a position as Alternate Delegate to fill before the AAFP COD meets in Chicago, Oct. 12-14, 2020. An email will be sent to the NMAFP Board inviting current members interested in filling this position to send a "blurb" about why they would like to serve as Alternate Delegate. A CV can be included, but it is not mandatory. The Executive Committee will make the decision after reading all the nominations, and the winner will be announced during the Feb. 7, 2020 Board Meeting at Sandia Resort & Casino.

Updated NMAFP Website: Dr. Valerie Carrejo shared that NMAFP finally went live with its new website design. It looks better, is updated, and allows staff to post things from the office and not rely on outside support.

DOD & Legislative Affairs Committee Report, Dr. Rick Madden & Steve Lucero: Dr. Rick Madden and his Legislative Committee met before the Board Meeting to work on a membership survey that Dr. Lynch is spearheading as well as a new initiative in conjunction with UNM called, "Valuing Primary Care". The intent is to ask the State to create legislation to mandate higher payment for Primary Care. Dr. Madden also shared that the Committee is preparing for the 2020 Legislative Session, and there will be a Training Session held in the NMAFP Office on Saturday, Jan. 18th, 12:30 pm, lunch served.

3rd Annual NMAFP Holiday Card: Dr. Virginia Hernandez shared what our holiday card will look like this year. It will include the dates for our two 2020 Conferences and will be mailed on Dec. 2nd.

63rd Annual Family Medicine Seminar, July 23-25, 2020: Dr. Virginia Hernandez, Scientific Program Chair for the Santa Fe Conference, shared a draft Agenda with the Board. Many of the Board Members have offered to speak and/or contact speakers for Dr. Hernandez. A conversation ensued, and several more speakers were located and confirmed.

Fact Sheet & Board Orientation Documents: (for informational purposes only)

Point of Interest: Dr. Carrejo shared with the Board that Dr. Valory Wangler, Chief Medical Officer of the Rehoboth McKinley Christian Health Care Services in Zuni, NM, submitted an ACGME application for their upcoming Family Medicine Residency Program this week. Dr. Wangler is interested in attending our Board Meetings.

RESIDENT REPORTS:

Brianna Muller, MD, Second-year Resident at UNM, shared that interview season is underway, and she has met a lot of wonderful people so far. Due to the program's diverse cross section of Residents, she stated that Dr. Waldman, UNM Residency Director, has begun to talk about areas of concentration in their Residency Program, so Residents can hone their interests. Before Residency, Dr. Muller was in Oregon.

Jamie Majdi, MD, Second-year Resident at UNM, informed the Board that she was in Washington D.C. before coming to NM.

Erik Unruh, MD, UNM Intern, shared that he moved to Albuquerque from Kansas with his wife and son, and they are excited to be here.

Jen Nordhauser, MD, Las Cruces Intern, shared that interview season is also underway at Memorial Medical Center. They are interviewing for the Silver City 1+2 Program as well as the Alamogordo 1+2 Program. They are focusing on wellness, and they also have a mentorship program where Residents adopt younger Residents. She was in Texas before she joined the Las Cruces Residency Program.

Virginia Hernandez, MD, Associate Program Director for the HMS Silver City Residency, shared that their Residency had Medical Students from BCOM, University of Arizona, and UNM come for their third-year clerkships and several expressed a strong interest in Family Medicine. HMS has begun the process of interviewing applicants for the 2020 Match. They have received over 1,000 applications for 2 spots.

Mac Bowen, MD, Program Director for the Northern NM FM Residency Program, shared that they are a 1+2 Program with UNM. They are in the interview season as well. Santa Fe sees applicants on Monday and UNM sees them on Tuesday. Santa Fe has 1,000 applications for the 4 spots; they are seeing a number of strong applicants this year. They are trying to institute more wellness into their weekly didactics. They are working on expanding their inpatient teaching service and hope to expand their Residency class size as well.

STUDENT REPORT:

Meagen Twyeffort, FMIG President, UNM, shared that the FMIG has held lunch panels for the first- and second-year Med Students. Meagen shared that the four FMIG Officers attended the AAFP Resident & Student Conference this past summer in KC thanks to the NMAFP's scholarship program. They participated in the Primary Care Leadership Program with other FMIGs around the country, which was a beneficial experience. They were paired with a Resident mentor from Iowa. Their FMIG will transition to their new officers soon.

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Serving Size 1 cup (8 fl. oz.)

	1 serving	3 servings
	% Daily Value	% Daily Value
Calories 130		
Total Fat 5g	8%	24%
Saturated Fat 3g		
Trans Fat 0g		
Cholesterol 15mg	4%	12%
Sodium 130mg	5%	15%
Total Carbohydrates 12g	4%	12%
Dietary Fiber 0g		
Sugars 12g		
Protein 9g	16%	50%
Calcium	23%	70%
Vitamin A	15%	45%
Riboflavin (B2)	33%	100%
Niacin (B3)	12%	35%
Pantothenic Acid (B5)	16%	50%
Vitamin B12	46%	140%
Vitamin D	15%	45%
Phosphorus	20%	60%



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The Roadrunner

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38th Annual Winter Refresher in Albuquerque Information **www.familydoctornm.org**

Agenda and registration information available online or inside on page 5.

14th Annual Medical Student Reception

By Veneta Ianakieva, MD

The 14th Annual Medical Student Reception was held on September 14, 2019 at the Nativo Lodge. The event was well attended with approximately 86 students from UNM School of Medicine and Burrell College of Osteopathic Medicine, 23 Family Medicine Physicians, and 7 Sponsors. Dr. Arlene Brown and Dr. Melissa Martinez welcomed the students with an inspirational talk about the history and breadth of Family Medicine.

This year's event was special and unique in an unexpected way! Due to a thunderstorm, there was a power outage in the middle of the event. The students and physicians were so engaged with each other that conversations about the specialty of Family Medicine continued in the darkness. Students and physicians turned on the flash lights on their cell phones, and the event continued for another hour. This was a tribute to the versatility, persistence, and passion that each future and current Family Medicine Physician embodies.

It is an honor to be a Family Medicine Physician. Although challenging, this specialty is rewarding in the connections we build with our patients and their families and, just as importantly, our colleagues. I am thankful for all of the Family Medicine Physicians and Sponsors that attended the event to inspire the next generation of physicians to pursue our wonderful specialty.



Dr. Arlene Brown & Dr. Bridget Lynch sharing stories with the Med Students



Dr. Veneta Ianakieva did an excellent job as Moderator even when the lights went out during the last hour of the Reception.



Dr. Karen Vaillant, Regional Assistant Dean, BCOM, and some of her students enjoying the Med Student Reception



Dr. Melissa Martinez did a great job again this year sharing the History of Family Medicine with the Med Students



Dr. Warren Heffren sharing a Family Medicine moment with a student at the Med Student Reception