



The Roadrunner

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NMAFP

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Winter 2016

AAFP Congress of Delegates, Sept. 19-21, 2016, Orlando, Florida

By Delegates Drs. Dion Gallant & Melissa Martinez and Alternate Delegates Drs. Stephanie Benson & Karen Phillips

Delegates, alternate delegates and chapter leaders met in Orlando this year to elect new leaders and set policies and goals for the AAFP at the AAFP Congress of Delegates.

The Town Hall meeting was an opportunity for national AAFP leaders to share information about AAFP issues being addressed by the AAFP. This year there was discussion about:

MACRA

MACRA (Medicare Access and CHIP Reauthorization Act) a new physician payment structure that is being put in place by CMS. This is an opportunity to switch from a fee-for-service to payment for quality. Dr. Wanda Filer announced a new "pick your pace" system which gives practices some leeway in making changes to accommodate this payment program. The AAFP is working to advocate with CMS to make the MACRA process less cumbersome for Family Physicians. The AAFP has also established a web page and other systems to inform and educate members about MACRA.

Family Medicine for America and Health is Primary

Family Medicine for America's Health is a five-year strategic plan that includes a focus on practice transformation, payment reform and achieving a workforce goal. This includes a publicity campaign called Health Is Primary, which has been successful. A recent survey showed that one in three Americans has heard of the campaign. This campaign likely will pivot more of its attention to policymakers in the coming year.

Opiate Prescribing

According to the CDC, almost half a million Americans died from a drug overdose between 2000 and 2014, more than 60 percent of those deaths involved opioids. There is increasing interest in preventing deaths from prescribed opiates. Dr. Filer indicated that she has been to meetings with the surgeon general and numerous media interviews about the issue. There are a lot of misconceptions, she said, about who is to blame for this national problem. "There was a big push to say, 'It's Family Medicine's fault', and I didn't take well. I told people about the fifth vital sign. There's lots

of blame to go around." President-elect, Dr. John Meigs said that while the AAFP has taken measures to inform members about treating pain medications, treating addictions and avoiding over prescribing, the AAFP opposes regulatory actions to mandate CME on the amount of opiates that a physician can prescribe. The members had very vocal testimony about this issue. There was a COD resolution to drop "pain as the 5th vital sign".

Physician Burnout

AAFP Board Chair, Dr. Robert Wergin said that addressing physician burnout is a major priority. Many attendees suggested reasons for physician burnout including: flaws associated with electronic health records (EHRs), rules and regulations and payment models that push productivity over quality.

The following day the Congress of Delegates held committee hearings on proposed resolutions. New Mexico brought forward four resolutions:

Resolution 201: Engaging Former Officers and Directors of the AAFP in Ongoing Work After Terms Expire, was not adopted after current and former officers testified against it.

Resolution 401: Development of a Social Determinates of Health Toolkit. This resolution called for the AAFP to develop a toolkit, including education and resources for addressing social determinants of health in our patients. This resolution was well received and eight states co-sponsored this resolution. Testimony was overwhelmingly in favor of this resolution. This was referred to the Board of Directors so that AAFP could examine the toolkit in the context of other measures that the AAFP is taking to address social determinants.

Resolution 605: Student Loan Repayment for Primary Care Faculty Physicians had strong support. A substitute resolution in favor of examining the feasibility of loan repayment for teaching Family Medicine Physicians was passed by the Congress of Delegates.

Resolution 608: Reciprocity of Training Licenses. The resolution seeks to find a way for residents to do away months at out-of-state institutions without having to

get a second license in the institution's state. The Congress of Delegates approved a substitute resolution as proposed by the Committee on Education.

Several other resolutions were considered and can be viewed on the AAFP website: <http://www.aafp.org/about/governance/congress-delegates/2016/resolutions.html>

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The 2016 NM Delegation attending the AAFP Congress of Delegates (left to right) Dr. Melissa Martinez, Dr. Dion Gallant, Sara Bittner, Dr. Stephanie Benson & Dr. Karen Phillips



New Mexico Alternate Delegates (Left to right) Drs. Stephanie Benson & Karen Phillips



New Mexico Delegates (Left to right) Drs. Dion Gallant & Melissa Martinez

COD Continued

Here are a few highlights that caught the attention of New Mexico's Delegates and Alternate Delegates:

Melissa Martinez, Delegate: I was interested in the resolutions calling for the AAFP to focus on climate change as a medical issue. Resolution 403: Climate Change and Health was referred to the Board of Directors and resolution 404 Climate Policy was adopted by the Congress of Delegates.

In a dramatic, unprecedented move nine former AAFP Presidents spoke to the Congress of Delegates as a unified group. They were in favor of Resolutions 510, 511 and 512, calling for the AAFP to move toward the advancement of a single payer system for the United States. The presidents stated that this was an issue each of them considered very important. At their request these resolutions were sent to the Board of Directors.

Dion Gallant, Delegate: I was impressed with the number of speakers who referenced WAC - meaning work after clinic. There seems to be a national epidemic of WAC. Speakers pointed to WAC as a cause of dissatisfaction with work and as a cause of burnout as well as a reason that students are fearful of choosing a career in Family Medicine. Potential solutions offered included working with EMR vendors to improve workflows and decreasing prior authorization requirements. I also strongly resonated with the frustration expressed by many speakers with the exploding cost of pharmaceuticals. With this in mind, the Congress passed a resolution asking the AAFP to support legislation allowing Medicare to negotiate drug prices (currently prohibited).

Stephanie Benson, Alternate Delegate: There was a considerable focus on diversity. I feel this is extremely important, as well as timely. There was a resolution calling for the Academy to develop an official Office of Diversity. This was submitted by the Colorado Chapter. This resolution received great support as other such organizations already have offices of diversity. After testimony the reference committee recommended a substitute resolution, worded slightly different, to be referred to the Board. This was then discussed on the floor and passed. I look forward to seeing what the board develops and am excited to see the impact this Office of Diversity will have on our Academy. I have seen the diversity of national leaders grow over the past several years. It is a beautiful thing.

Karen Phillips, Alternate Delegate: My favorite Resolution that passed was 406 Remove Sugar Sweetened Beverages from the Supplemental Nutrition Assistance Program. This called for the AAFP to advocate for the removal of sugar and artificially sweetened beverages including a position paper for the Department of Agriculture advocating for alignment of the SNAP program policy with Dietary Guidelines for Americans. There was some debate on this issue with concerns that

it was paternalistic. I agreed with those in favor of the Resolution because there is no nutritional value to soda and other sugary drinks.

Dr. Michael L. Munger of Kansas was elected as President-Elect. Drs. Robert Raspa, Ada Stewart and Leonard Reeves were elected to the AAFP Board of Directors.



Legislative Update

By Steve Lucero, NMAFP Legislative Liaison/Lobbyist

*P*reparation for the 2017 Legislative Session is well under way. The Legislative Committee met on November 5th. Items for discussion included loan repayment programs to improve recruitment of physicians to New Mexico, rural residency opportunities to encourage medical practice in rural New Mexico, state Medicaid spending and its impact on revenue and access to health-care, and a possible restructuring of gross receipts taxes that will affect both independent and non-profit medical groups.

Dr. Rick Madden, Legislative Affairs Committee Chair and Steve Lucero are meeting with the New Mexico Center on Law and Poverty to discuss the anticipated Medicaid budget issues that the 2017 Legislative session will face. The New Mexico Center on Law and Poverty is an organization that works on social and economic justice issues providing legal representation to vulnerable communities. They represent the vulnerable population in New Mexico defending Medicaid expansion and its funding.

The legislative training session is scheduled for Saturday January 21, 2017 12:30 PM at the NMAFP office on Louisiana. We encourage all that are interested in the NMAFP legislative agenda and the Doc of the Day Program to attend. We will talk about anticipated legislative issues facing Family Medicine, providing advocacy at the legislature, and opportunities afforded those that participate in the Doc of the Day Program. Please contact Steve Lucero, stlucero7@gmail.com or Sara Bittner, familydoctor@newmexico.com for more information.

Santa Fe Residency Update

By Kristy Riniker, MD

*O*ur residency continues to expand its influence in Northern New Mexico and beyond. This year residents have completed rotations in Guatemala, Jordan, Shiprock, and Zuni, and plan to work in Taos, Alaska, and Ecuador in the coming months. In addition to La Familia and Christus St. Vincent, the two continuity clinics in Santa Fe, some residents are working with Indian Health Services (IHS) providing prenatal care as part of their continuity experience. Several residents have recently chosen IHS for pediatric rotations, which includes seeing children at the Indian School and various satellite clinics at pueblos in the surrounding communities.

At our fall retreat, residents and faculty spent time together at Ghost Ranch in Abiquiu reflecting on the legacy of New Mexico and our residency program, which is celebrating its 20th year. We have had 55 graduates since 1996, most of whom have stayed to provide quality care in rural New Mexico.

We are now halfway through our interview season. This year we have added interview dinners at residents' homes to give applicants a better sense of our wonderful community, and we have changed our interview day so applicants have more time to explore the unique sites and history of Santa Fe.

Residents continue to balance professional and personal lives. On occasion, several residents' children join us at didactics and other events, and now there are three residents who have had babies delivered by other residents!

This is our second year of having a chief resident, who is now responsible for planning didactics, scheduling call, and serving as a liaison between residents, faculty, and administration. We are excited about how our program has grown and evolved over the past 20 years, and we continue to work hard to maintain our place at the forefront of Family Medicine.

Happy New
Year from
NMAFP!

Doc of the Day Volunteers Needed for 2017 Legislative Session

Members, are you interested in the legislative process? Do you want to understand how our legislature works? Want to do some real community service? Then volunteer as a Doctor of the Day. The Doctor of the Day Program is our New Mexico Academy of Family Physicians (NMAFP) community service to the New Mexico State Legislature, and we need your help. Each volunteer serves a day (or more) to provide medical services to the legislators during the legislative session. NMAFP volunteers work in cooperation with the New Mexico Medical Society. NMAFP volunteers provide medical evaluation and care, and the NMMS provides pharmaceutical support when indicated. Volunteers will provide a cell phone number to the Round House operator and be "on call" during the day. Medical services will be provided in the privacy of the legislator's office. During the day, volunteers can observe the legislative sessions, provide testimony on behalf of the New Mexico Academy (only on issues of direct relevance to the Academy) and generally learn about the legislative process.

A lunch training session is planned for Saturday, January 21st, 12:30 pm at the NMAFP office. The session will review anticipated legislation and the Academy policy regarding the issues. Steve Lucero, NMAFP Legislative Liaison/Lobbyist, will lead the training session. The 60-day session begins January 17th and ends March 18th. The DOD Schedule will begin on Tuesday, January 24th. If you are interested in participating, email or call Sara: familydoctor@newmexico.com or 505-292-3113.

President's Column

By John Andazola, MD



I am writing my second president's column on the day before Thanksgiving. It's been 15 days since the U.S. presidential election, and there has been a lot of discussion in the newspapers, on TV, and on social media regarding such topics as racism, sexism, and xenophobia. There are discussions about building walls, about global warming, and about the Affordable Care Act. I find it very interesting given the focus of my year as president is on the social determinants of health and upstream medicine. Every topic being discussed today will have a direct impact on the health of our nation, on the health of our communities, and on the health of our patients. Every topic being discussed today will have a significant downstream effect on health!

As I said in my previous president's column, a person's ZIP code has a greater

impact on their health than does their genetic code. Recently, the Institute of Medicine stated "It is unreasonable to expect that people will change their behavior easily when so many forces in the social, cultural, and physical environment conspire against such change." Some of the "forces" that conspire against our patients include those of racism, sexism, and xenophobia. These forces put pressure on our patients which cause actual physical changes and produce changes in our patients' genetic expression through increased allostatic load and epigenetic processes.

Today, I would like to discuss three dimensions of health care disparities. In order for us to more effectively be able to address the upstream issues that affect our patients, we first must understand all the factors that affect the health of our patients and their communities. The first of the three dimensions of health disparities is what I have talked about in the previous paragraph. Due to an individual's living and working conditions, issues such as racism, nutrition as well as other factors, determine an individual's health risk. This includes simple factors such as where they were born and where they live and work. The second dimension is access to healthcare. As we all know, health care is poorly distributed. Certain regions of the country, including rural and inner-city America, have fewer doctors and fewer resources. The third dimension is the discrepancy of care provided to individuals of different backgrounds. Numerous articles have shown that individuals from ethnically marginalized populations are likely to receive lesser care than those

who are not from such populations. These studies have shown that marginalized individuals receive less pain medication when needed, less timely treatment, and overall lower quality care.

I understand that all of the things that I am talking about are big issues. I understand that as a Family Physician it feels impossible to tackle these issues head on. However, I believe that physicians must have a basic understanding of these issues in order for us to move our care "upstream". Just having the basic vocabulary and background does move these items in a positive direction!

Lastly, as I have discussed previously, the New Mexico Academy of Family Physicians is working hard to provide the physicians in New Mexico with the tools required to address the social determinants of health. I'm proud to say that our delegates to the American Academy of Family Physicians have carried a resolution to the national Congress of Delegates that was co-sponsored by Indiana, Iowa, Maryland, Massachusetts, Montana, North Dakota, Oregon and Rhode Island! The resolution was to ask the Academy to develop a social determinants of health toolkit. It was accepted and referred to the Board of Directors for action! How exciting! I am very excited to see the fruits of the efforts that our state academy are producing to help the physicians in the state address the social needs of their patient and improve the health of our communities. I hope everyone has a good holiday season, and thank you for all the hard work you do to make New Mexico a better place to live.

Happy Holidays from Las Cruces!

by April Leonardo, MD

I hope everyone is having a great start to their holiday season (...not too many HgA1Cs spiking from all the Halloween candy...)!

Here in Las Cruces, we have officially started the interview season. I always look forward to the shared evening meals – at one of our homes – with the current residents, attendings, and staff, together with the prospective residents, on the Mondays before the interviews. It is a great opportunity to spend time outside of work with friends and to meet the new generation of Family Medicine Physicians. We have had a really great turn out this year from all classes of residents at these events. As chief, especially since I will likely be leaving next year, it is encouraging for me to see the residents motivated and involved in helping to pick out their upcoming residency-mates. Thank you to all of the attendings, Brenda Emerson, John Kutinac, and Donna Madrid, for their hospitality and help in coordinating these events!

On the horizon, we are working to complete the contracting process to bring La Clinica de Familia, and their physicians, into closer professional proximity with us. This will allow for increased hospital, clinic, call, and didactics coverage. We already currently have some affiliation with the new DO school in town and house several of the DO residents in our didactics. In addition to the behavioral health and social work teams that are running full-steam in our clinic, we are in the process of bringing on board a public health professor to really help strengthen the social determinants of health component of our education. As a residency, we are also very fortunate to have a CEO, Mr. John Harris, interested in the opinions and perspectives of residents: he has asked to meet, one-on-one, with each of us to hear any feedback or suggestions we may have to offer.

Don't forget: The Doc of the Day in Santa Fe and the NMAFP Winter Refresher in Albuquerque are coming up. I hope to see you all there!

FMIG Update

By Lucia Xiong, President

The Family Medicine Interest Group has been very active in spotlighting the variety of practices that family medicine offers. To kick off the school year and welcome the Class of 2020, we invited Dr. Melanie Baca, Dr. John Bettler, Dr. Saverio Sava, and Dr. Christopher McGrew to represent practices ranging from adolescent medicine, working at IHS, working at First Choice, rural medicine, and sports medicine. We used an interactive website to allow the audience to submit questions to the panel using their electronic devices. Students enjoyed hearing about future career paths, the routes to fellowships, and each physicians' focus on addressing social determinants of health. This panel peaked many students' interest in family medicine.

Students also expressed interest in learning about joint injections. In October, we asked sports medicine fellows, led by Dr. Shane Cass, to prepare a workshop for us. After a presentation on the reasons for joint injections, students were able to identify landmarks on each other and then practice on plastic knee models. They may now apply these skills in the continuity clinic should the opportunity arise with further instruction

Coming up, FMIG will be hosting Christine Barber, founder of Street Safe, an organization that provides outreach to women who live on the streets and those who conduct street-based sex work. She will be teaching about the environment of street-based sex work and human sex trafficking and teaching communication methods to engage with women of this background. We will be organizing a fundraiser to support this group as well. If you would like to contribute, please visit the website: <http://www.streetsafenm.com/donations>

In November, the FMIG board will have an officer transition, as we see Beverly Williams, Tilly Ngo, Carmela Smith, Alyssa Mirabal, and Lucia Xiong enter into their Step 1 studying cave. Before we go, we would like to thank the tremendous support from the NMAFP, in particular our advisor Dr. Elizabeth Grant. Without your work, we would not be able to have such a successful year and an active presence on campus.

Top Family Medicine Programs in 2015

The American Academy of Family Physicians released the top 11 medical schools in the U.S. who have the highest number of graduates pursuing Family Medicine Residencies post-medical school.

Grand Forks-based University of North Dakota came in first with 20.8%. UNM came in 11th with 15.8%.



Board Notes, Nov. 5, 2016

Present: Tristen Adams; Estevan Apodaca, MD; Stephanie Benson, MD; Sara Bittner; Arlene Brown, MD; Dion Gallant, MD; Eric Gregory; Virginia Hernandez, MD; April Leonardo, MD; Bridget Lynch, MD; Rick Madden, MD; Melissa Martinez, MD; Chuck North, MD; Katie Ogawa; Karen Phillips, MD; Dave Rakel, MD; Frank Ralls, MD; Luis Rigales, MD; Lisa Stolarczyk, MD; Linda Stogner, MD; Dan Stulberg, MD; and Lucia Xiong. Guests, Tristen Adams & Dr. Chuck North, were invited to join the Board. The meeting was chaired by Dr. Phillips.

Old Business:

The Final Evaluations and Financial Statement from the 59th Annual Family Medicine Seminar, July 28-31, 2016 at the Sagebrush in Taos was included in each packet. It was another successful conference with speakers being well received and financial outcome positive.

Dr. Virginia Hernandez gave a report on the 11th Annual Med Student Reception, Sept. 9, 2016 at the Nativo Lodge, Albuquerque. There were over 100 in attendance!

Drs. Melissa Martinez, Dion Gallant, Karen Phillips & Stephanie Benson gave a report on the AAFP Congress of Delegates, Sept. 19-21, 2016 in Orlando. Three out of four NM Resolutions were passed. Social Determinants of Health and Reciprocity of

-Continued on page 6



35th Annual NMAFP Winter Refresher in Albuquerque

February 11, 2017 • Hotel Albuquerque, Old Town • Albuquerque, New Mexico

Frank Ralls, MD - Scientific Program Chair

(This program has been approved for 7 Prescribed Credits by the AAFP)

Hotel Information

Hotel Albuquerque in Old Town is located at 800 Rio Grande Blvd. NW, Albuquerque, NM 87104 (I-40 to Rio Grande, South)

A room block will be held until January 20, 2017. After this date, rooms will be on a space-available basis. To make your reservation, call 505-843-6300 or toll free at 800-237-2133 or go to this website: <http://bit.ly/1S6W2OG> and use the Group Code **1702NMAC** to receive the room block rate by January 20th.

Schedule of Events and Lectures

7:00 am - 8:00 am Past President's Breakfast Rendering Room	10:00 am - 10:30 am Poster Session - East Atrium Outside of Lecture Hall	2:30 pm - 3:00 pm Break - Exhibit Hall
7:00 am - 8:00 am Registration/Exhibits Open Breakfast - Exhibit Hall	10:30 am - 11:30 am "Hot Topics in Pediatric Psychiatry" Anilla Del Fabbro, MD	3:00 pm - 4:00 pm "Key Articles & Clinical Developments of 2016 in Family Medicine" Dan Waldman, MD
7:55 am - 8:00 am Introduction & Welcome Dr. Frank Ralls Scientific Program Chair	11:30 am - 12:30 pm Lunch - Exhibit Hall	4:00 pm - 5:00 pm "Psychiatric Corner: Ripping the Veil" Shanna Diaz, DO & Anilla Del Fabbro, MD
8:00 am - 9:00 am "Hypersomnia, Solving the Mystery of the Sleepy Patient" Lana Wagner, MD	12:30 pm - 1:30 pm "The Top 5 Outpatient Pediatric Infectious Disease Questions" Walter Dehority, MD, MSc	5:00 pm Free Raffle Drawing <i>Must be registered for the Conference & present to win</i>
9:00 am - 10:00 am "Preserving Yourself in a Busy Practice" Pamela Arenella, MD	1:30 pm - 2:30 pm "Recognition of Diarrhea-Predominant Irritable Bowel Syndrome: Advancing Accurate Diagnosis and Appropriate Treatment" Lucinda A. Harris, MD, FACP	

Register online! www.familydoctormn.org

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Name: _____

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Address: _____ C/S/Z: _____

Phone: _____ Email: _____

Handout material is provided for you to follow along with each speaker and for future reference. How would you like to receive your handout?

☐ Hardcopy ☐ Electronic Version on USB (hardcopy not included)

_____ AAFP Member Practicing Physician \$190

_____ Retired Physician \$120

_____ Non-Member Practicing Physician \$315

_____ Family Medicine Resident (no charge, must include AAFP ID)

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_____ Medical Student (no charge, must include AAFP ID)

_____ NP/PA/RN \$130

_____ Yes, I want to sponsor a student attendee \$30

Take \$15 off your registration by choosing the Electronic Handout!

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Save a stamp and register online at www.familydoctormn.org! Or mail form & check to:

NMAFP, Educational Fund, 2400 Louisiana Blvd. NE, Bldg. 2, Suite 101, Albuquerque, NM 87110

Questions? Call or email Sara: (505) 292-3113 • familydoctor@newmexico.com

Board Notes Continued

Training Licenses and Student Loan Repayment for Primary Care Faculty Physicians.

New Business:

Dave Rakel, MD, New Chair of Family & Community Medicine at UNM: Dr. Dave Rakel introduced himself to the Board and shared his vision for the future of the Department.

2016-2017 Budgets: Budget is met and spending some of the Chapter's reserves in order to increase member benefits is important.

Dr. Rick Madden suggested that the Chapter support representatives from the Legislative Affairs Committee to attend the Annual State Legislative Conference. Motion made and passed unanimously.

A Med Student Reception in Las Cruces for the students of the Burrell School of Osteopathic Medicine was discussed and funding will be included in next year's budget.

Dr. Melissa Martinez agreed to spearhead the rewriting of the Bylaws and will present the first draft at the Feb. 10, 2017 BOD Meeting.

Dr. Frank Ralls: Every effort should be made, by whatever method, for speakers to increase audience participation with a goal of providing value to all NMAFP Conference attendees

Alternate Delegate Replacement: Alternate Delegate to the AAFP Congress of Delegates nominations were requested and a vote will be taken to fill the open position.

Communications Chair Nominations: Dr. Frank Ralls will be Editor of Communications, following an exceptional previous editor, Dr. Melissa Martinez. NMAFP is very grateful to Dr. Ralls.

Legislative Update: Our Lobbyist, Steve Lucero, will increase his time in representing the goals of the NMAFP.

Feb. 11, 2017 Winter Refresher Update: Dr. Frank Ralls is the Scientific Program Chair for this Conference that leans toward the subject of taking care of yourself as a physician.

July 27-30, 2017 Family Medicine Seminar: Dr. John Andazola is the Scientific Program Chair for our 60th State Conference.

New Venue for 2018 State Conference: The summer conference has been moved from the Sagebrush in Taos to the Eldorado Hotel in Santa Fe.

Resident Reports:

Santa Fe: Residents are actively involved in recruiting medical students into family medicine.

Las Cruces: The number of quality applicants continue to increase.

Student Report:

Lucia Xiong, FMIG President-Elect, continues to work hard to promote the goals of the NMAFP.

Point of Personal Preference:

Dr. Jennifer Karen Phillips was recently elected Chief of Staff at UNM.



Future Dates

Board Meetings:

Feb. 10th, NMAFP Office, 5 pm, Dinner Served (night before Winter Refresher)

April 22nd, NMAFP Office, Noon, Lunch Served

July 29th, Ruidoso Convention Center, 12:30 pm, Lunch Served

Nov. 4th, NMAFP Office, Noon, Lunch Served

Med Student Reception

& Budget Meeting:

Oct. 6, 2017, 12th Annual Med Student Reception, Nativo Lodge, 6-9 pm

Oct. 7, 2017, Annual Budget Meeting, NMAFP Office, Noon, Lunch Served



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Med Student Reception By Lucia Xiong, President

FMIG supported NMAFP's 11th Annual Medical Student Reception. The event was held at the Nativo Lodge in Albuquerque, and we welcomed 75 students and 25 physicians. Students always remark this event is a huge hit. Physicians rotated to several tables to share their favorite and most challenging parts of their career. In this intimate setting, students were able to learn more about unique paths in family medicine, such as setting up residency programs abroad, working with the Milagro Clinic, or serving on admissions or ethics committees. Many spoke on their work-life balance, especially as a parent, or on their thought process in choosing a specialty as well.



Dr. Donald Pichler, sharing words of wisdom with the Med Students at his table



Dr. Warren Heffron enjoying the evening with NMAFP Board Member, Dr. Lisa Stolarczyk, FMIG Past President, Daphne Olson, Santa Fe Residency Director, Dr. Luis Rigales, and many other Med Students and Family Medicine Physicians



Dr. Stephanie Benson sharing information about the Family Medicine Residencies with the Med Students



Dr. Valerie Carrejo moderating the slide show she put together depicting what a typical day in the life of a Family Medicine Physician is like. (Thanks to all the members who shared their photos with NMAFP)



*Front Row: Alyssa Mirabal (Co-VP), Beverly Williams (Secretary), Tilly Ngo (Treasurer), Carmela Smith (Outreach Coordinator)
Back Row: Michael Louie (Co-VP), Sara Bittner, Lucia Xiong (President)*