



The Roadrunner

Published quarterly by the New Mexico Academy of Family Physicians, Inc.

NMAFP

Vol. 35, No. 1

Spring 2016

Winter Refresher in Albuquerque - A Great Success

Ask anyone that was present at the 34th Annual Winter Refresher in Albuquerque if they enjoyed this year's outstanding lineup of speakers, and the unanimous answer will be YES! Dr. John Andazola, Scientific Program Chair, did a wonderful job of organizing this stellar group of presenters. Hotel Albuquerque, Old Town, provided a great venue for the Conference, and the food was sensational as always. New this year, a Poster Session provided the attendees time to visit with Residents and Med Students regarding their research. (See Article at bottom) Thanks to all of you that

continue to support NMAFP's Continuing Medical Education Conferences.

Vendors that attended the NMAFP Winter Refresher in Albuquerque on February 20th are also appreciated: American Massage Therapy Assn. (New Mexico Chapter), BCBSNM, BioTek Labs, LLC, City of Roswell/ENMMC, Compassion and Choices, Dairy Max, First Choice Community Healthcare, Inc., HealthInsight New Mexico, IPC Healthcare, Inc., Lovelace Medical Group, Marley Drug, Mass Mutual Southwest, Mitchell's Silver & Turquoise, New Mexico Air National Guard, New

Mexico Health Resources, New Mexico Primary Care Training Consortium, Petroglyph Pathology Services, Pfizer, Inc., Presbyterian Healthcare Services, Presbyterian Medical Services, Quality Sleep Solutions, Rio Grande Medical Group, The Doctors Company, UNM Health Sciences Library and Informatics Center, UNM Locum Tenens & Specialty Extension Service, and UNM Preceptorship Program.

Thanks to the Co-Sponsors of the Winter Refresher: Luna Community College and Memorial Medical Center.



Seventeen of the twenty Past Presidents in attendance this year



Presenters sharing their research with Winter Refresher attendees during the Poster Session



Dr. Karen Phillips, Past Board Chair, thanking Dr. Melissa Garcia for her year of service as the NMAFP President



Dr. John Andazola, Scientific Program Chair, watches as Dr. Denise Leonardi wins the \$400 stone sculpture by the late Merwin Kaydabzinne, member of the Mescalero Apache Tribe, donated by Nancy Mitchell, owner of Mitchell's Silver & Turquoise in Ruidoso

Poster Session at Winter Refresher

This year at the 34th Annual Winter Refresher in Albuquerque, NMAFP hosted a Poster Session featuring scholarly projects by both UNM medical students and Family Medicine residents from around the state. Dr. Alex Rankin created and orga-

nized the submission and review process, and he was aided by volunteer reviewers from the NMAFP community. Attendees and presenters alike were energized by the session, which provided a wonderful opportunity for the next generation of Family

Physicians to share their passions with New Mexico Family Physicians. Dr. Alex Rankin stated, "The feedback from this event was positive, and we hope to continue this in future years."

President's Column



Greetings NMAFP Members,
Please accept my apology for not submitting a President's Column during the winter of 2015. This period of time was very busy for my practice, and I am certain many of you had the same challenges; implementation of ICD-10, maybe new practice management software and/or new electronic health record software. We continue to be challenged by another learning curve at every turn in our careers. Also with each new learning curve, we get farther away from direct patient care.

I had a bit of a set back with one of the tasks I shared with all of you in my first President's Column. In November, I met with the Governor's Chief of Staff, Secretary of Health, and Under-Secretary for CMS. Senator Morales joined us for the meeting. Unfortunately it was a difficult and unsatisfactory hour. For those interested and wanting more details please send me an e-mail, ziaccess10983@gmail.com.

Let's get back to a positive report. My challenge this past fall was finalizing the decision and transitioning my family practice to the direct primary care model (DPC). On October 1, ZIA Family Healthcare became ZIA Access Healthcare. I joined the national organization, Access Healthcare, that was founded by our colleague and Family Physician, Dr. Brian Forrest. The transition also included changing the practice management (PM) and electronic health record (EHR). So, I did it ALL!! The cost...was a much more affordable PM, an EHR that is FREE, a tighter budget for the time being, and that learning curve thing that required some time and effort; BUT, the benefit is that I became a Family Physician again!!! I now spend 30-45 minutes with each patient, patients can schedule their own appointments, I can accommodate the urgent care patient the same day they want to be seen, and I go home to my family at a reasonable hour each day. Result? I am happy in my career, and my patients are happy with me even when they are feeling poorly. No, this is not concierge medicine. I am the most affordable option in town when you factor in that I see patients more efficiently, wait time is less than 5 minutes, and I function as a medical home. Labs, referrals, prescriptions, and care plans are all initiated and completed at the visit. Many of my patients are Medicare and Medicaid recipients and have realized the value of belonging to a DPC practice. I am sharing this so that you understand there is a viable business model that will allow you to practice quality medicine without the regulations and bureaucracy of insurance companies and the government.

Recently Access Healthcare along with the AAFP received a grant from CMS to study the DPC model and the direct patient care medical home (DPCMH). Data is already revealing that DPC practices have higher patient satisfaction, less urgent care visits, less emergency room visits, and DPC patients have less hospitalizations. This is a very exciting time for Family Medicine and primary care.

Finally, an exciting announcement in regard to DPC...Dr. Brian Forrest will be speaking at our annual conference in Taos, July 28 – 31, 2016. His presentation is on Saturday at 11:30 am. Dr. Forrest is a dynamic speaker and will bring a wealth of information to our conference. DON'T MISS IT!!! The entire conference is expected to be awesome this year. Sara, along with the Scientific Advisory Committee, has worked very hard to create a worthwhile program. Put it on your calendar today, and go to our website, www.familydoctornm.org to review the 3 1/2 day agenda. The program has been approved by AAFP for 22 Prescribed credits. Online registration will be live March 24th. Join colleagues from New Mexico and surrounding states for some great education, excellent food and effective networking in a beautiful location.

See you in Taos, July 28 – 31. Wishing you the best in 2016.

Gregory Koury, MD

The Core Content Review of Family Medicine

Why Choose Core Content Review?

- Online and Flash Drive Versions available
- Cost Effective CME
- For Family Physicians by Family Physicians
- Print Subscription also available



**The Core
Content Review
of Family Medicine**

Educating Family Physicians Since 1968
PO Box 30, Bloomfield, CT 06002

*North America's most widely-recognized program for
Family Medicine CME and ABFM Board Preparation.*

- Visit www.CoreContent.com
- Call 888-343-CORE (2673)
- Email mail@CoreContent.com

FMIG Update

By Lucia Xiong, FMIG President-Elect

The Family Medicine Interest Group kicks off this semester with four new board officers: Beverly Williams (Secretary), Tilly Ngo (Treasurer), Alyssa Mirabal (Vice President), and Lucia Xiong (President). They join continuing officers Katie Ogawa, Carmela Smith, and Michael Louie in planning exciting events to encourage students to pursue Family Medicine. This year, the group will focus on interdisciplinary events and promoting primary care. The first event featured Professor Lindsay Smith, a UNM Medical Anthropologist, who presented on narrative medicine, the negative impacts of culturalism, and the culture of biomedicine. Coming up, FMIG will host a Match Mixer for 4th year students who have matched into Family Medicine. With the mindset of collaboration, FMIG will work with several specialties to plan the Prep for PIE event that prepares first-year students for working in a rural NM setting. Finally, FMIG is building up their community outreach efforts by presenting to high school students on the importance of primary care and career opportunities in the health sciences. The FMIG officers would like to thank the continuous and generous support from the NMAFP to make our events possible and for their tremendous work toward a healthier New Mexico.

Southern NM FM Residency Update

By April Leonardo, MD

Hello from sunny Las Cruces!

Residency life is trudging along; and, while we are excited to be nearing the completion of another year of residency, we are getting nostalgic for our dear third-year residents that will soon be leaving. On a more uplifting note, we are eager to learn who our new residents will be; we had some outstanding applicants this year! We are still unsure how many new interns we will get, be it 8, 10 or 12; but regardless, we are looking forward to our first official year of partnership with HMS in Silver City, as we will be participating in their 1+2 program.

With the increasing size of our program, we are in the process of interviewing and hiring new qualified physicians to join our faculty. Also, we have decided to change our management structure with regard to the chief residency. We will have two co-chiefs instead of a chief and assistant-chief. Our co-chief residents for this upcoming year will be Dr. Minerva Medrano-Ramirez and myself, Dr. April A. Leonardo. We are both honored to be recognized in this po-

sition. Dr. Sarah Gude did a fabulous job over the past year, and it is our hope that we will be able to carry her example forward.

We will be losing two very highly qualified and valued members of our faculty. Dr. Colmant, our clinical psychologist, will be joining the Ben Archer team, spending three days per week in Truth or Consequences and two days per week in Deming. Also, our own recent graduate and current attending physician, Dr. Eric Sandoval, will be leaving us for a sports medicine fellowship in Tulsa, OK. We are very excited for them both, though we will miss them.

I would like to bring attention to the fact that one of the second years, Dr. Elaina Dinallo-Escalante, is expecting a baby boy, Jordan, on April 28th. We are all so excited to meet him! A baby shower was held for her and her family at a former graduate's house last weekend. We had a great turn out from all members of the program and clinic staff.

Our program was also involved in Doc of the Day, with two attending physicians, Dr. Benson and Dr. Andazola (Program Director), at the event in Santa Fe along with two of our esteemed residents: Dr. Sarah Gude and Dr. Minerva Medrano-Ramirez. We also had a wonderful turn out at the local Run With Your Doc! Our participants included Drs. Gomez (First in category), Andazola, Lichtenfels, Mary Alice Scott (First in category), Norris (First in category), Leung, Saenz, Gude, Smith, and our program coordinator, Mr. Kutinac. Go team!

Last but not least, I'd also like to give a shout-out to Dr. Ramirez-Medrano and Dr. Roberti for recently getting their passing score reports back from the USMLE Step 3!

Medical Students Sponsored by NMAFP at the National Resident & Student Conference

Again this year, NMAFP will sponsor several Medical Students at the National Resident & Student Conference in Kansas City, July 28-30, 2016. Each year, an essay contest is held in which all interested Medical Students write a one-page paper on "Why I Want To Become a Family Medicine Physician". NMAFP feels this national conference offers a wealth of information to Medical Students and hopefully helps guide their future aspirations toward the specialty of Family Medicine.

Med Students, if you are interested in Family Medicine and want to apply for a scholarship to the Resident & Student Conference this summer, email your essay to Sara, familydoctor@newmexico.com by May 1st.

MOC/CME Credit Opportunity

WHO: Envision NM: The initiative for healthcare quality is an improvement partnership and a program of the Adolescent Medicine Division of the Pediatrics Department, University of New Mexico Health Science Center (HSC).

WHAT: A clinic based asthma quality improvement initiative. By providing quality improvement coaching and tools, Envision NM helps pediatric and primary care providers make sustainable positive changes in their practices using NHLBI guidelines and 2014 HEDIS measures for primary care asthma practice.

WHERE: At your practice/clinic site.

WHEN: New cohort launching May, 2016. Six to nine months working time, depending on your clinic.

HOW: Envision NM (ENM) practice facilitators (coaches) guide teams in developing a plan for systems change using monthly PDSAs, medical record reviews (MRR) every 4-6 weeks with data sent to ENM for data quality review. Structured feedback is provided by ENM on progress toward adherence to evidence-based guidelines. Satisfactory completion of the asthma QI initiative results in 25 CME for each participant and up to 50 MOC credits for each physician.

Contact:

Carole Conley, LMSW
Education and Outreach manager
Primary Care QI

Envision NM
cconley@salud.unm.edu
505.925.7605

or

Brandon Bell, MA
Quality Improvement Specialist
Primary Care QI
Envision NM
brbell@salud.unm.edu
505.925.7520





100 years of science shows that three servings of dairy every day supports healthy bones, hearts and bodies. Get more dairy news and science at dairymax.org/healthybites.

@DairyMAX #DairyAmazing

Call for Nominations for Vice President

Email or phone Sara: familydoctor@newmexico.com, 505-292-3113

NMAFP is looking for members interested in learning more about the Board of Directors and possibly running for the position of Vice President. See below a Fact Sheet that describes the NMAFP Committees, Annual Schedule, and Officer descriptions.

NMAFP BOD Fact Sheet

Current Active NMAFP Committees:

1. Legislative Affairs Committee, Dr. Rick Madden, Chair: Concentrates on Legislative activities throughout the year and especially during the Legislative Session. Chapter Exec works closely with the Legislative Affairs Chair.
2. Scientific Advisory Committee, Chair TBD: Meets once a year during the state conference with the intention of building a speaker data base for the following year's conferences. Chapter Exec works closely with this Committee throughout the year.
3. Scholarly Activities Committee, Dr. Dan Waldman, Chair: Concentrates on resident & student activities during the year. Also works on the Annual Resident & Student Poster Session at the NMAFP Winter Refresher in Albuquerque
4. Communications Committee, Dr. Melissa Martinez, Chair: Editor of the newsletter, Roadrunner, and responsible for accepting ads for the website. Chapter Exec works closely with the Communications Chair throughout the year.
5. Chapter Affairs Committee, Dr. Dion Gallant, Chair: Works closely with the Chapter Executive and is responsible for collecting the Chapter Executive's yearly employee evaluations and reporting the results to the Board. The Chair also oversees the Budget Meeting each year in Sept.
6. Membership & Nominating Committee, Chair TBD: Concentrates on membership recruitment and retention. Also recruits and educates potential Officers and Board Members. Chapter Exec works closely with the Committee throughout the year.

BOD Yearly Schedule

There are four BOD Meetings a year. The winter meeting is always the night before the Winter Refresher in Albuquerque. It is held at the NMAFP Office in Albuquerque, and dinner will be served. The summer meeting is always on Saturday during the State Conference in either Taos or Ruidoso, and lunch will be served. The fall and spring meetings are held at the NMAFP Business Office in Albuquerque on a Saturday at Noon, lunch served.

There is one Budget Meeting a year, and it takes place this year on September 10th, the morning after the Med Student Reception at the NMAFP Office in Albuquerque. Dr. Dion Gallant, Chapter Affairs Chair, and the 5 current Officers make up the Budget Committee. The Chapter Exec works closely with this Committee throughout the year.

Officer Expectations: Attendance/Participation in at least 75% of all Board Meetings, Committee Meetings, and Special Events.

Order of Officers

1. First Year as an Officer on the Board - Vice President - Is responsible for helping to plan the annual Med Student Reception that takes place this year on Friday, September 9th, 6-9 pm. During this year, the Vice President attends the 4 Board Meetings, 2 Conferences, Budget Meeting, and has an opportunity to learn from the other officers what will be expected as he/she moves up in the ranks.
2. Second Year as an Officer on the Board - Secretary-Treasurer - Works with the new Vice President in the planning of the annual Med Student Reception which takes place this year on Friday, September 9th, 6-9 pm, attends the 4 Board Meetings, 2 Conferences, Budget Meeting and is still on a learning curve.
3. Third Year as an Officer on the Board - President-Elect - Attends the 4 Board Meetings, 2 Conferences, Budget Meeting, and is the Scientific Program Chair for the Winter Refresher. He/She is responsible for contacting speakers to present at his/her conference. Sara works closely with the President-Elect on this project, and so will the Scientific Advisory Committee.
4. Fourth Year as an Officer on the Board - President - Attends the 4 Board Meetings, 2 Conferences, Budget Meeting, and is responsible for addressing various issues that come into the NMAFP Business Office from the press, other organizations, etc. The President writes 4 articles during his/her year as President for the quarterly Roadrunner that is mailed to 950 members and posted on the NMAFP website. The President is the Scientific Program Chair for the summer conference, just as he/she is moving to the final officer position of Board Chair. There is an 18-month period in between the time the President-Elect is Scientific Program Chair for the Winter Refresher and the President is the Scientific Program Chair for the Summer Conference. Sara works closely with the President on this project, and so will the Scientific Advisory Committee.
5. Fifth Year as an Officer on the Board - Board Chair - Chairs the 4 Board Meetings and attends the 2 Conferences and Budget Meeting. Sara gets approval from the Board Chair before the Agenda and Minutes are shared with the BOD members. The Board Chair is also available for questions from the press, other organizations, etc. that come into the NMAFP Business Office.

Primary Care Sports Medicine Physician Brings Olympic Experience to Albuquerque

By, Gloria Cohen, MD



I am a primary care sports medicine physician who, after 10 years of short visits to Albuquerque, have finally relocated here in August, 2015. I have enjoyed meeting many of you over the years at NMAFP winter and summer conferences and am delighted to now be an Albuquerque physician. I am practicing primary care sports medicine at New Mexico Orthopaedics. I specialize in the non-operative treatment of musculoskeletal conditions of males and females of all ages, and levels of participation. My treatment program may include biomechanical assessment, injection, medication, physical therapy, or these treatments combined.

For a primary care sports medicine physician, the Olympics are the ultimate sports medicine practice experience. This includes not only the treatment of elite-level athletes, but also the supportive teamwork of sports medicine colleagues from many different countries of the world. I was very privileged to experience this international event first hand at four Olympics.

I was a member of the Canadian Olympic medical team for three Summer Olympics, Seoul 1988; Atlanta 1996; and Sydney 2000. The Vancouver 2010 Olympics was my fourth Olympic Games and my first Winter Olympics. I was a member of the host medical team for long track speed skating, which I think I can venture to say is not a common sport in New Mexico. Each Olympic Games presented different enriching experiences. Sports medicine continues to evolve, and the exchange of ideas among those fortunate to practice medicine in this international arena enriches each of our respective practices at home.

As an Olympic team physician I was part of a team that included physicians, nurses, athletic trainers, paramedics, and

physical therapists. Even under the tremendous pressure to compete, the athletes' health is always my main concern. Each patient, regardless of athletic ability, strives to recover from injury and achieve whatever is their "personal best".

My Olympic Games and international sports experience have been extremely helpful to me in my practice. As in our offices, things can happen quickly at the Olympics and at critical moments, so teamwork is crucial. Each of the Games has contributed to my bank of knowledge and experiences. I take with me not only fond memories and new friendships, but also new ideas for treatment of my patients in the office. I hope to share all these experiences in my new practice.

Passage of the Medicare Access & CHIP Reauthorization Act of 2015

Dear Colleagues,

We all agree that passage of the Medicare Access and CHIP Reauthorization Act of 2015, or MACRA, is among the most significant changes to occur in medicine in decades—a positive result of family medicine's demands for payment reform, and an opportunity to improve care delivery and restore joy in practice. That said, we also understand that many of our members are not aware of or paying attention to upcoming changes to Medicare payment, or do

not know their level of readiness for MACRA implementation.

At ACLF/NCCL, the AAFP will be launching a comprehensive, multi-year member education and communications effort designed to simplify the transition and provide the guidance members need to realize the benefits of MACRA and value-based payment. Part of that effort will be to coordinate with you to share messaging and resources ensuring our shared members know the simple steps they can take to make the transition to a system that values them, and delivers better care for their patients.

While you will be receiving advance information about this campaign in April, I wanted to share one educational piece that we are releasing in advance of the campaign launch—an article in the March/April issue of Family Practice Management by Dr. Amy Mullins, the AAFP's medical director of quality improvement. I consider this article (<http://www.aafp.org/fpm/2016/0300/p12.html>) a must read and hope you will consider sharing it, and the accompanying AAFP News article (<http://www.aafp.org/news/practice-professional-issues/20160309fpmmacra.html>), with your members via your various communication channels.

Working together, I am confident that we can help our members optimize this important opportunity.

Best,

Doug

Douglas E. Henley, MD, FFAFP
AAFP Executive Vice President and CEO

UNM Locum Tenens & Specialty Extension Services

UNM Medical Group

Primary Care Providers Needed

♦ Work flexible hours ♦ Choose your work schedule

♦ Help where the need is greatest

- Travel benefits: mileage; meal allowance; paid housing; drive time compensation; distance incentive pay
- Assignments from a few days to several months
- Malpractice coverage provided
- Variety of work settings and patient populations
- Explore the Land of Enchantment

505-272-1475 or KRandall@unmmg.org



59th Annual NMAFP Family Medicine Seminar

July 28-31, 2016
Sagebrush Inn & Suites
Taos, New Mexico

Schedule and registration form on following pages.



Silent Auction at the Taos Conference, July 28 – July 31, 2016

NMAFP will have a Silent Auction during the 59th Annual Family Medicine Seminar at the Sagebrush Inn & Suites. Proceeds will go toward the support of various activities throughout the year that involve our FM Residents & Medical Students interested in FM. This also includes free registration to all of our Conferences.

Find that “very special item” that you want to donate and email or call Sara at the NMAFP Office: familydoctor@newmexico.com, (505) 292-3113 with the information about your item. It will be a lot of fun, and the proceeds will support a very important cause. The Silent Auction held in Ruidoso last year was a huge success bringing in over \$4,000. Let’s keep up the good work for our Residents and Med Students!

“The future of Family Medicine is Dependent on the Residents & Medical Students of Today”

59th Annual NMAFP Family Medicine Seminar

July 28-31, 2016 - Sagebrush Inn & Suites in Taos, New Mexico

This activity has been approved for 22 Prescribed credits by the AAFP

SCHEDULE OF EVENTS AND LECTURES

THURSDAY, JULY 28

- 8:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:50 a.m. Introduction & Welcome
- 9:00 a.m. "Medical Informatics"
Darrick Nelson, MD
- 10:00 a.m. "Prevention & Screening Recommendations"
Dion Gallant, MD
- 11:00 a.m. "Prescribing Psychologists in a Family Practice Setting"
John Andazola, MD & Marlin Hoover, PhD, MS
- 12:00 p.m. Lunch - Exhibit Hall
- 1:00 p.m. "Heart Failure Update"
Bart Cox, MD
- 2:00 p.m. "ER/LA Opioid REMS: Achieving Safe Use While
Improving Patient Care" Part I
Carol Havens, MD
- 3:00 p.m. Break – Exhibit Hall
- 3:30 p.m. "ER/LA Opioid REMS: Achieving Safe Use While
Improving Patient Care" Part II
Carol Havens, MD
- 4:30 p.m. "Management of Dementia: An Increasingly
Important Problem"
Ted Epperly, MD, FFAFP, AAFP Past Board Chair
& Honored Guest
- 5:30 p.m. At Leisure
- 6:00-8:00 Welcome Reception
Barbeque Dinner on the Patio
Ted Epperly, MD, FFAFP, AAFP Past Board Chair
& Honored Guest
Introduction of Candidates for
Office – 2016-2017

FRIDAY, JULY 29

- 7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "The Future of Basil Insulin: Improving Patient
Outcomes by Addressing Unmet Needs"
Dolores Gomez, MD
- 9:00 a.m. "Common Hepatology Questions"
Joe Alcorn, MD
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "Nocturnal Dipping"
Frank Ralls, MD
- 11:30 a.m. "Obesity & Adolescence with a Focus on Activity"
Roberta Anding, MS, RD/LD, CDE, CSSD
- 12:30 p.m. Lunch – Exhibit Hall
(Sponsored by Dairy MAX)

FRIDAY, JULY 29 CONTINUED

- 1:30 p.m. "Ophthalmology for Primary Care Physicians"
Bob Avery, MD
- 2:30 p.m. "Abnormal Uterine Bleeding in Reproductive
Age Women"
Rameet Singh, MD, MPH, FACOG
- 3:30 p.m. "Overview of Hair & Nail Disorders"
Dan Stulberg, MD
- 4:30 p.m. Leisure
- 6:00-10:00 Awards Dinner & Dance - Lecture Hall
Ted Epperly, MD, FFAFP, AAFP Past Board Chair
& Honored Guest
Jimmy Stadler, Entertainment

SATURDAY, JULY 30

- 7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "HPV Update"
Lance Chilton, MD
- 9:00 a.m. "Update on Preconception and Prenatal Care"
Mary Beth Sutter, MD
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "The Active Female - Through the Ages"
Gloria Cohen, MD
- 11:30 a.m. "Direct Primary Care"
Brian Forrest, MD
- 12:30 p.m. Afternoon at Leisure
- 12:30 p.m. NMAFP Board Meeting
Sagebrush Conference Center
Zuni Meeting Room (Lunch Served)
NMAFP Scientific Advisory Committee Meeting
(immediately following the BOD Meeting)

SUNDAY, JULY 31

- 7:00 a.m. Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "Osteoporosis Update"
E. Michael Lewiecki, MD
- 9:00 a.m. "Adolescent Angst: Diagnostic and Treatment
Algorithms for Acne"
Aimee Smidt, MD
- 10:00 a.m. Break – Exhibit Hall
- 10:30 a.m. "Update on Cervical Cancer Prevention"
Alan Waxman, MD
- 11:30 a.m. "Update on Opioid and Evidence-Based Practices"
Paul Seale, MD
- 12:30 p.m. Drawing for Door Prizes
Must be registered for the conference & present to win

REGISTRATION FORM

59th Annual NMAFP Family Medicine Seminar

You can also register online! www.familydoctormn.org

Please Print Clearly

Name _____ Designation: ☐ MD ☐ PhD ☐ DO ☐ NP ☐ PA ☐ RN
AAFP ID# _____
Address _____ C/S/Z _____
Phone _____ Email _____

How would you like to receive your handout:

☐ Electronic Version

Please note that print outs are not included with the electronic version.

☐ Hardcopy Book

_____ AAFP Member Practicing Physician \$410
_____ Non-Member Practicing Physician \$565
_____ PhD \$410
_____ NP/PA/RN \$290
_____ Retired Physician \$165
_____ Family Medicine Resident (no charge)
_____ Medical Student (no charge)
_____ Yes, I want to sponsor a student attendee \$45

Extra Tickets for Family Members

_____ Thursday BBQ Dinner - Adult \$30
_____ Thursday BBQ Dinner - Child (6-12) \$15
_____ Friday Awards Dinner & Dance - Adult \$35
_____ Friday Awards Dinner & Dance - Child (6-12) \$15

*Registration includes one Adult ticket for the Thursday BBQ Dinner and one Adult ticket for the Friday Dinner & Dance.
Children 5 and under are free.*

Take \$15 off your registration by choosing the Electronic Handout!

_____ Total Enclosed

Payment Information:

☐ Check

Credit Card (See below also): ☐ Visa ☐ Mastercard ☐ Discover ☐ American Express

Cardholder Name: _____

Billing Address (if different): _____

Card Number: _____ Expiration: _____ CVC (3 or 4 digit code): _____

I authorize NMAFP to charge the amount indicated to my credit card provided herein. I agree that I will pay for this purchase in accordance with the issuing bank cardholder agreement.

Signature: _____ Date: _____

Please mail form & payment to:

NMAFP, Educational Fund
2400 Louisiana Blvd. NE
Bldg. 2, Suite 101
Albuquerque, New Mexico 87110

Questions? Call or email Sara: (505) 292-3113 • familydoctor@newmexico.com

New Mexico Legislative Update 2016

Steve Lucero, Legislative Liaison, and Rick Madden, MD, Legislative Affairs Committee Chair

First, a big thank you to all who participated in the Doctor of the Day program this year. You provided a valuable service to our legislators, while learning the mechanics of and influences facing our legislative process.

The 2016 legislative session adjourned February 18th at noon. The Governor has until March 9th to act on bills that have been sent to her desk. The Governor can either sign a bill into law, veto the bill (requiring a message), or not act on a bill by the March 9th date (pocket veto, not requiring a message).

Unfortunately the Scope of Practice HB 102 bill died on the Senate Floor. This bill would have established a panel of legislators to hear all requests for expansion of scope of practice and submit non-binding recommendations to the legislature. This bill was intended to help lawmakers make more informed decisions on these requests. It is highly likely to be submitted again next year, as it has for many years now.

Below are outcomes of healthcare related bills we followed during the session.

The Out of State Healthcare Provider Access HB 270 bill was signed by the governor. This is designed to allow patients to continue to receive out of state health care. A current court case has resulted in out-of-state doctors refusing to care for referred patients from NM for fear of liability action based in New Mexico, even though the care was provided entirely out of state. The implications are obviously huge for our many of our patients who necessarily seek care in Texas, Colorado, Arizona, and elsewhere. This may not be the end of the story because the NM Supreme Court will

be judging the Montano v Frezza case later this year.

Administration of Opioid Antagonists HB 277 (and identical SB 262) put forth by the Department of Health passed both chambers unanimously. The governor signed them, allowing standing orders with approved training to store, dispense, and administer naloxone in emergency treatment of opioid overdose, without risk of civil liability.

SB 113 assisted outpatient mental health treatment mandate passed and was signed by the governor. This will require up to one year of treatment for qualifying mental health disorders.

SB 137 Student Athlete Brain Injury Protocols lengthens the waiting period from seven to ten days after a concussion, signed by the governor.

Licensing boards will be required to enforce practitioners to consult the Prescription Monitoring Program registry when prescribing opioids by SB 263, which the governor did sign.

HB 103 osteopathic student loan for service was signed by the governor. This is to encourage new DO grads at the med school opening in Las Cruces to practice in NM.

HB 158 additional funding for Medicaid family planning was never heard in committee.

HJM 4 pharmaceutical pricing task force to study how pharmaceuticals are priced died in a House committee.

SJM 2 Child Fitness, PE and Obesity Task Force passed to study how to encourage more physical activity and other strategies in schools to reduce obesity.

Exemption of gross receipts taxation on copays and deductibles went nowhere in this very tight budget year, but will be back next year.

Finally, marijuana legalization HB 75 and SJR 6 gained a toehold, but did not pass this year. It almost certainly will be back next year.

Thank you to all who participated in the Doctor of the Day Program:

Larry Shandler, MD

Magda Ramirez, MD
(HMS Residency)

Thomas Betjeman, MD
(Santa Fe Residency)

Elisa Gutierrez, MD
(Santa Fe Residency)

Kristi Riniker, MD
(Santa Fe Residency)

Rick Madden, MD
Virginia Hernandez, MD

Dan Stulberg, MD

Darrick Nelson, MD

Rachel Seltzer, MD
(HMS Residency)

Tom Longley, MD

Laura Boyd, MD

Melissa Garcia, MD

Carl Friedrichs III, MD

Ronald Sautter, MD

Carol Red, MD

Stephanie Benson, MD

Sarah Gude, MD

Karen Phillips, MD

John Andazola, MD

Minerva Medrano de Ramirez, MD
(Las Cruces Residency)

2016 NMAFP Physician of the Year Nominations Requested

NMAFP Members, nominate a peer that you know is deserving of the 2016 Physician of the Year Award. This is a very prestigious honor! A Plaque is kept in the NMAFP Office with all POY recipient names and the year they were honored.

All nominees must be an active member of the NMAFP. Include a paragraph telling why your nominee should be the 2016 POY. Email your nomination to Sara, familydoctor@newmexico.com by April 15th.

The winner will be acknowledged and presented a Nambe plaque and certificate at the Awards Dinner and Dance on Friday, July 29, 2016, during the 59th Annual NMAFP Family Medicine Seminar at the Sagebrush Inn & Suites, Taos, New Mexico. An article featuring the 2016 POY will be included in the fall issue of the Roadrunner that is mailed to 950 NMAFP members and posted on the NMAFP website.

I WOULD LIKE TO NOMINATE: _____

THE REASON I BELIEVE THIS INDIVIDUAL SHOULD RECEIVE THE POY AWARD: _____

NOMINATION MADE BY: _____



Join our Primary Care Team

Presbyterian Healthcare Services is seeking BE/BC Family Medicine trained physicians to join our group. Innovation is the unique difference that working in our group will provide you. Our medical group employs more than 600 primary care and specialty providers and is the fastest growing employed physician group in New Mexico. Presbyterian Healthcare Services is a locally owned, not-for-profit organization based in Albuquerque, New Mexico with openings in Albuquerque, Espanola, Clovis, and Socorro. Our integrated healthcare system includes eight hospitals in seven New Mexico cities, a medical group, multi-specialty clinics and a health plan. Each primary care clinic offers on-site clinical pharmacists, behavioral health clinicians, care managers, and case managers through the Level III NCQA Accredited Patient Centered Medical Home (PCMH) Team. Proudly serving New Mexico for 106 years.

Physician Benefits:

- Flexible work schedules (36 hours of scheduled patient care)
- Call in rotation with group (limited to telephone call)
- Incentive Bonus/Panel Management Pay
- Medical/Dental/Vision Benefits
- 403(b) and 457(b) Retirement
- CME and Relocation allowance
- Medical Malpractice and Tail Coverage
- Reimbursement for NM License, DEA, CSR
- **\$30,000 sign-on bonus or residency stipend**
- **Loan Forgiveness & Rural Tax credits available in certain locations**

Albuquerque thrives as New Mexico's largest metropolitan center and has been listed as one of the best places to live in the United States by several major publications. A truly diverse and multicultural city, Albuquerque offers you and your family a wide variety of experiences, activities and entertainment.



For more information contact:

Kelly Herrera
Physician Recruiter
505-923-5662
505-923-5007 fax
kherrera@phs.org

 **PRESBYTERIAN**

www.phs.org



**New Mexico Chapter
American Academy of Family Physicians**
2400 Louisiana Blvd. NE, Bldg. 2, Suite 101
Albuquerque, New Mexico 87110

PRSRT STD
US POSTAGE
PAID
ABQ., NM
PERMIT NO. 674



Like us on Facebook
www.facebook.com/familydoctornm

The Roadrunner

*is published quarterly by the New Mexico Chapter
for the purposes of informing members and those
interested in Chapter activities.*

Editor: Melissa Martinez, MD
1101 Medical Arts Ave. NE, Bldg. 4, Suite A
Albuquerque, NM 87102
505-272-3935

Deadline for submission of articles for upcoming
issues: May 22, Aug 22, and Nov 22

NMAFP Office Address:
2400 Louisiana NE, Bldg. 2, Suite 101
Albuquerque, NM 87110
505-292-3113 • Fax 505-292-3259

The American Academy of Family Physicians
website address: www.aafp.org

New Mexico Chapter website address:
www.familydoctornm.org

Design/layout/printing:
Print Express, LLC • 505-881-2821

IN THIS ISSUE

Legislative Update

Registration for 59th Annual NMAFP Family Medicine Seminar

2016 NMAFP Physician of the Year Nominations Requested

New Mexico Legislative Update 2016

And more!