The American Board of Family Medicine

Maintenance of Certification (MC-FP) – 2015
Helpful Time-Saving Approaches

Joseph W. Tollison, M.D.
Senior Advisor to the ABFM President

DISCLOSURE: Dr. Tollison has nothing to disclose related to his presentation.

Opportunities Involving Your Board Certification

- **CME** – a minimum of 1/4 of your AAFP/ABFM required CME

- **Flexibility/Control** – increasing number of choices of on-line programs so that you may select and individualize your overall program – among these are many choices of Part IV alternatives, which may save duplication of effort and time

- **Exam Locations** – greatly increased availability of locations and dates for proximity and travel cost savings

- **PQRS** – a CMS-sponsored significant financial benefit available through ABFM— may be paired with a PPM quality improvement activity for a "two for"
  - National reporting system for quality of care
  - A one time "snapshot" of current practice
  - Avoid 2017 payment adjustment from CMS

ABFM Maintenance of Certification for Family Physicians (MC-FP)

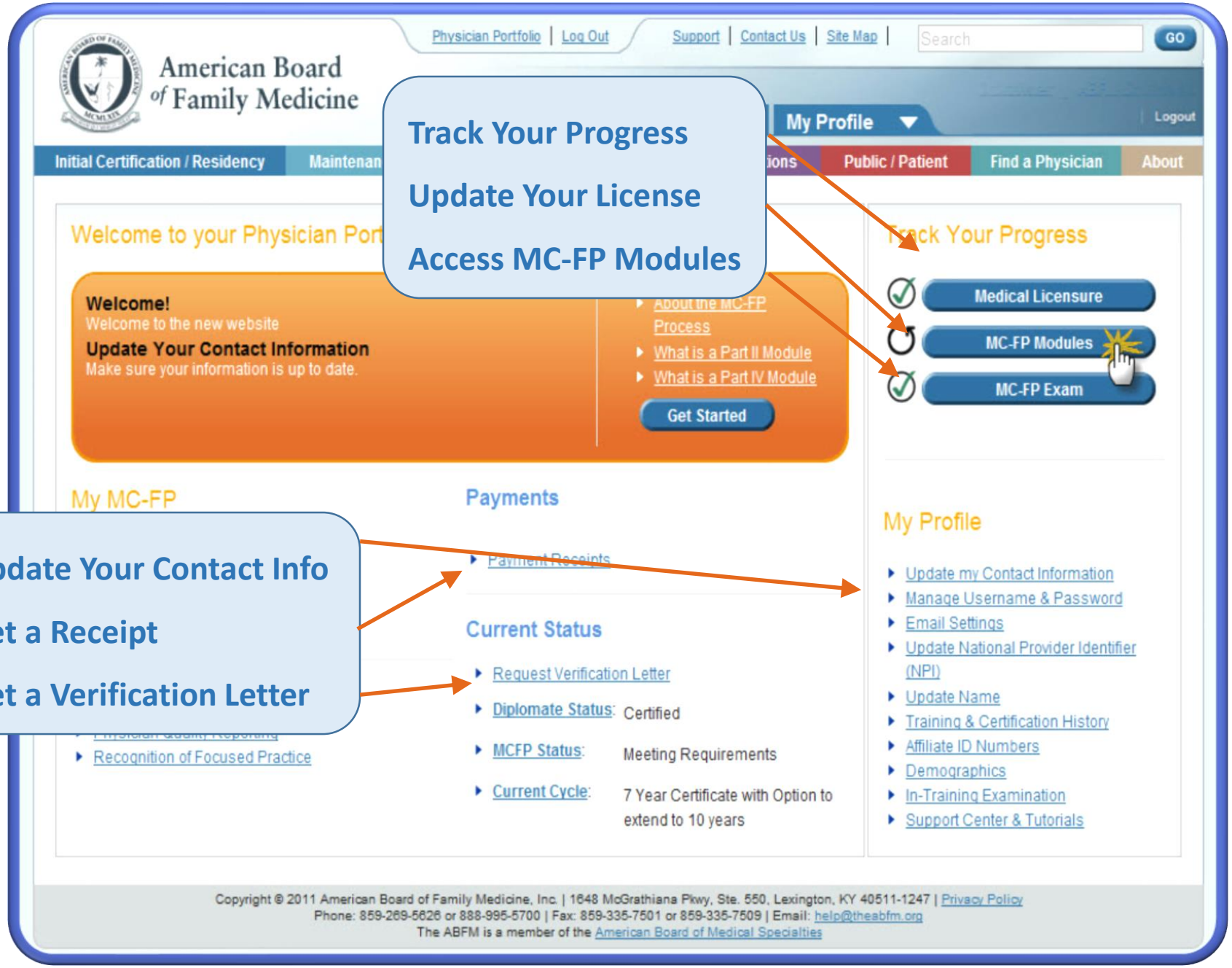
Part I: Evidence of professional standing

Part II: Evidence of a commitment to lifelong learning and involvement in a periodic self-assessment process

Part III: Evidence of cognitive expertise

Part IV: Evidence of evaluation of performance in practice

Since Our Inception in 1969



What Exactly are the MC-FP Requirements?

2003-2010 *(7 Year Option)*	7-Year MC-FP Cycle (Exam in Year 7)
	At least 3 Part II Modules (SAMs)
	At least 1 Part IV Module (PPM or Approved Alternative)
	Three additional modules (either Part II or Part IV)
2003-2010 *(10 Year Option)*	10-Year MC-FP Cycle in three 3-year MC-FP stages (Exam in Year 10)
	At least 1 Part II Module (SAM) Per 3-Year MC-FP Stage
	At least 1 Part IV Module (PPM or Approved Alternative) Per 3-Year MC-FP Stage
	Additional Part II Module or Part IV Module Per 3-Year MC-FP Stage
2011- Beyond *(Continuous)*	Continuous Process in 3-Year MC-FP Stages
	Minimum of 1 Part II Module (SAM); 15 MC-FP Points Per 3-Year MC-FP Stage
	Minimum of 1 Part IV Module (PPM or Approved Part IV); 20 MC-FP Points Per 3-Year MC-FP Stage
	Additional Part II or Part IV Module Per 3-Year MC-FP Stage
	Minimum 50 MC-FP points per 3-Year MC-FP Stage

What Exactly are the MC-FP Requirements?

7 Year Cycle

- **7 Modules Total**
- Certified/Recertified 2003-2010
- 7 Year Certificate

10 Year Cycle

- **9 Modules Total**
- Certified/Recertified 2003-2010
- 10 Year Certificate

Continuous

- **50 Points Per 3-Year Stage**
- Certified/Recertified 2011 and Beyond
- Certificate without End Date

MC-FP Deadline

Deadline:

December 31, 2015

2012 Diplomates: Complete Continuous Stage MC-FP Components

2009 Diplomates: Complete Stage II MC-FP Components

2006 Diplomates: Complete Stage III MC-FP Components

Continuous MC-FP

Beginning with those physicians successfully certifying or recertifying in 2011 and beyond.

Continuous MC-FP

NEW

Changes Effective with Continuous MC-FP

- 10-year examination requirement
- 7-year certification plan no longer available
- Point system in place - 50 points required per 3-year Stage
  - SAMs= 15 points
  - PPMs= 20 points
  - MIMMs = 15-20 points
- Certification status contingent on meeting MC-FP requirement **WITHIN** each 3-year Stage (deadline December 31st of year 3 of Stage)
- Simplified financial plan

- CME requirement per 3-year Stage – 150 credits (*Unchanged*)

Continuous MC-FP

Set a Goal of 1 Module Per Year!

Year 1:
Complete 1
Module

Year 2:
Complete 1
Module

Year 3:
Complete 1
Module

ABFM MC-FP Part II

MC-FP Self Assessment (SAMs)

Life Long Learning- *CME Requirements Same as AAFP*

ABFM MC-FP Part II

SAM Choices currently available online:

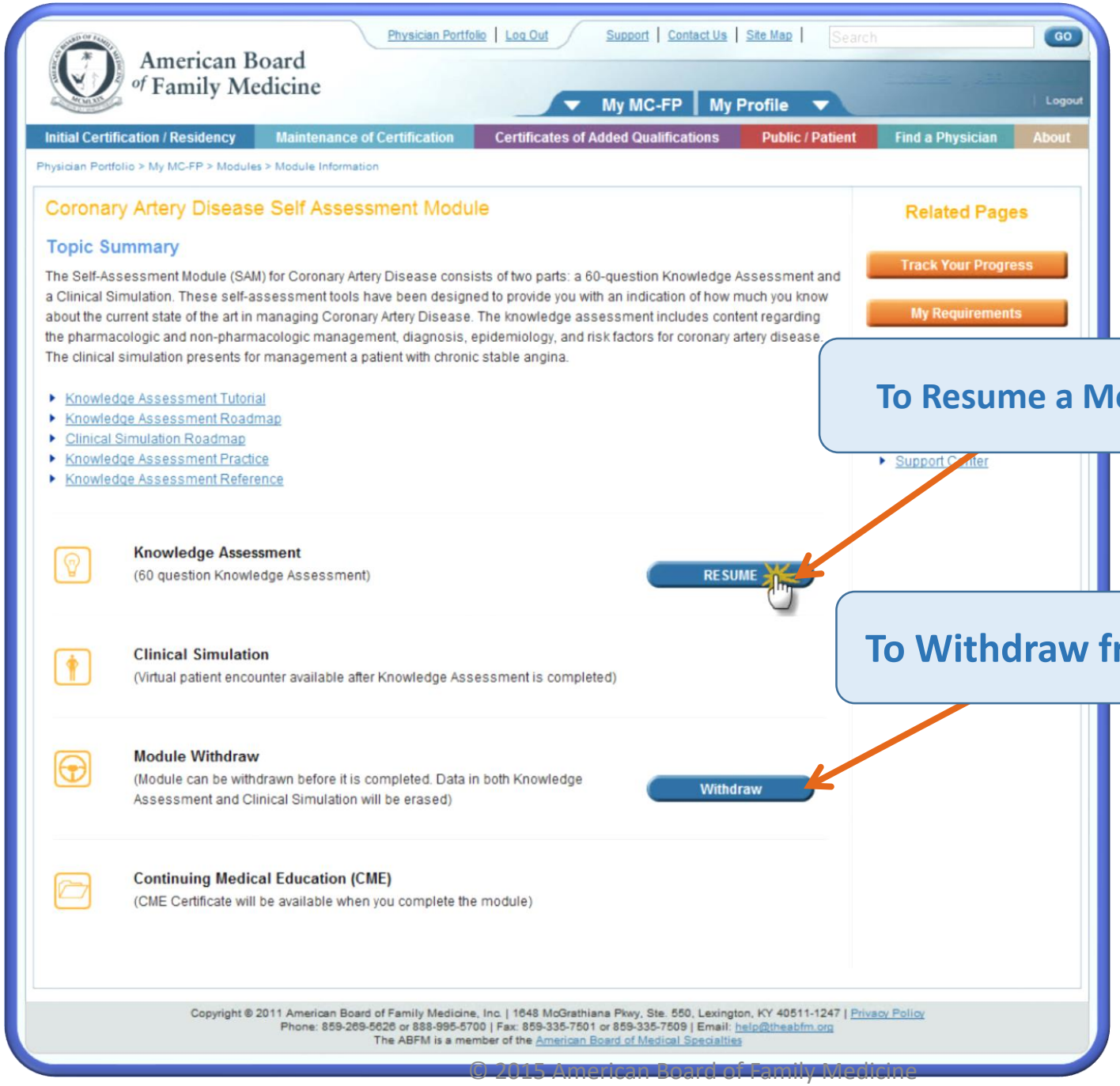
Each module is offered in a dynamic, interactive, web-based format with reference links.

- Asthma
- Care of the Vulnerable Elderly
- Cerebrovascular Disease
- Childhood Illness
- Coronary Artery Disease
- Depression
- Diabetes
- Health Behavior
- Heart Failure
- Hospital Medicine (NEW)
- Hypertension
- Maternity Care
- Mental Health in the Community
- Pain Management
- Preventive Care
- Well Child Care

Medical Genomics-
Coming in 2015

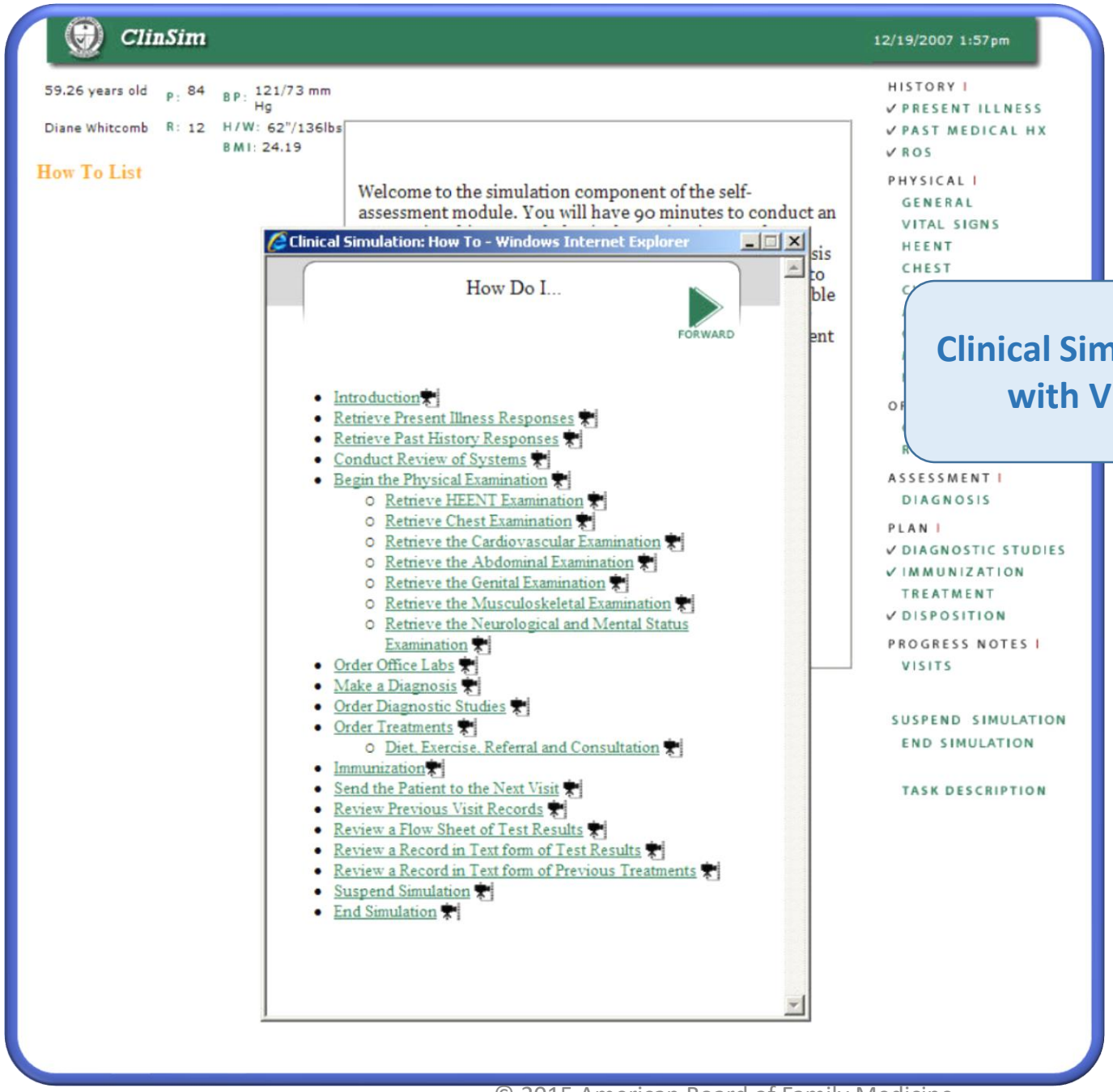
SAM Question Types

Standard Multiple Choice	Multiple Choice	Un-cued Questions
• Single Answer Questions	• Possible Multiple Answer Questions	• ar • As t on longer included



To Resume a Module

To Withdraw from a Module



Clinical Simulation Help List with Video Snip its

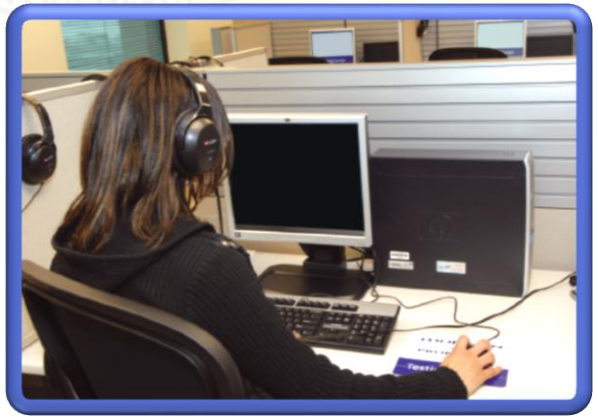
ABFM MC-FP Part III

Cognitive Exam

- **All** candidates (Certification & Recertification) take the same examination
- **All** candidates will choose **2 modules** of 45 questions each over which to be tested during the morning exam session

Ambulatory Family Medicine	Maternity Care
Child & Adolescent Care	Emergent/Urgent Care
Geriatrics	Hospital Medicine
Women's Health	Sports Medicine

2015 Exam Dates



Spring Exam Dates

April 1,2,3,4,6,7,8,9,10
11,13,14,15,16

Fall Exam Dates

November 16,17,18,19,20,21

2015 Fall Exam Deadlines

Fall 2015 Exam Deadline	Date
Registration Begins	July 24, 2015
Deadline to submit application without a late fee	August 24, 2015
Final Deadline to submit application with a $100 late fee	September 15, 2015
Exam Dates	November 16,17,18,19,20,21
Exam Results	To Be Announced

Avoid Late Fees

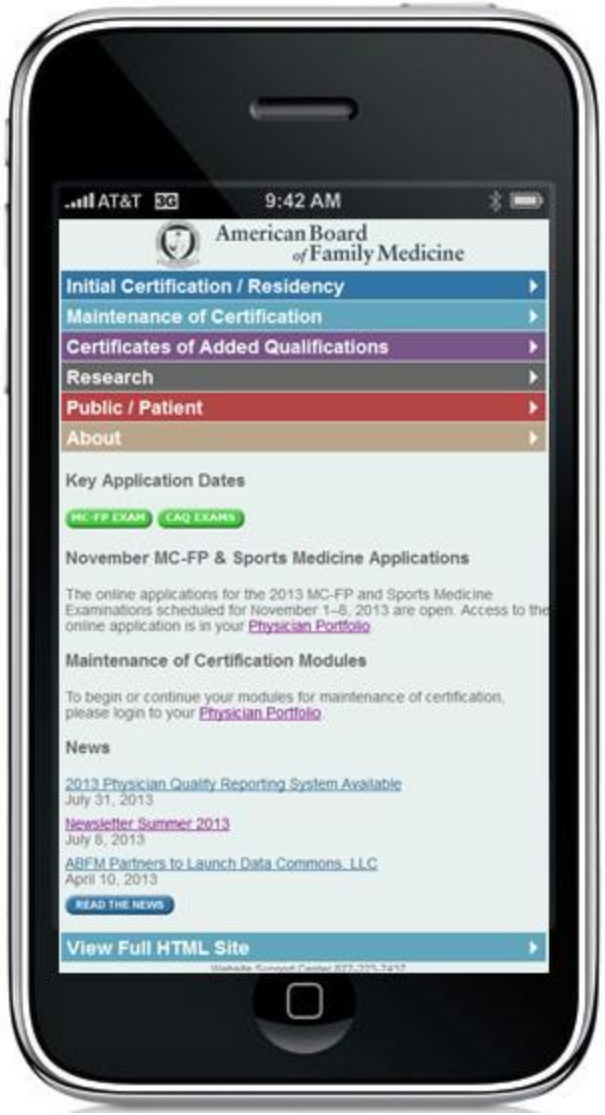
BEGIN the formal application prior to the deadline to avoid late filing fees

- --- to be able to access the application, all required modules must be paid for/and or started
  (completion of the modules is not required to start the application but all modules must be complete by the deadline for clearing deficiencies)
- --- ***IMPORTANT!!!*** **Advance beyond the payment page of the application**
- --- **go back to the application to choose a test date and test center as soon as all deficiencies are cleared (including completion of all modules)**

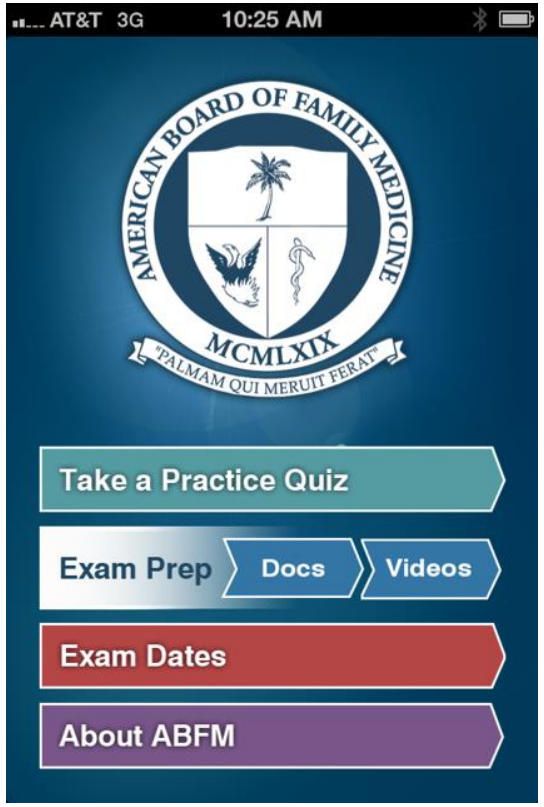
Cognitive Examination

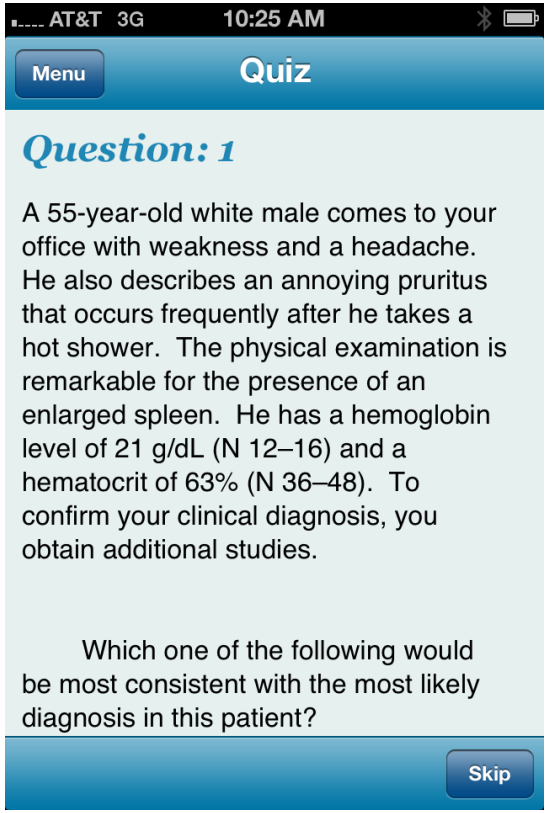
Tutorial and Practice Exam

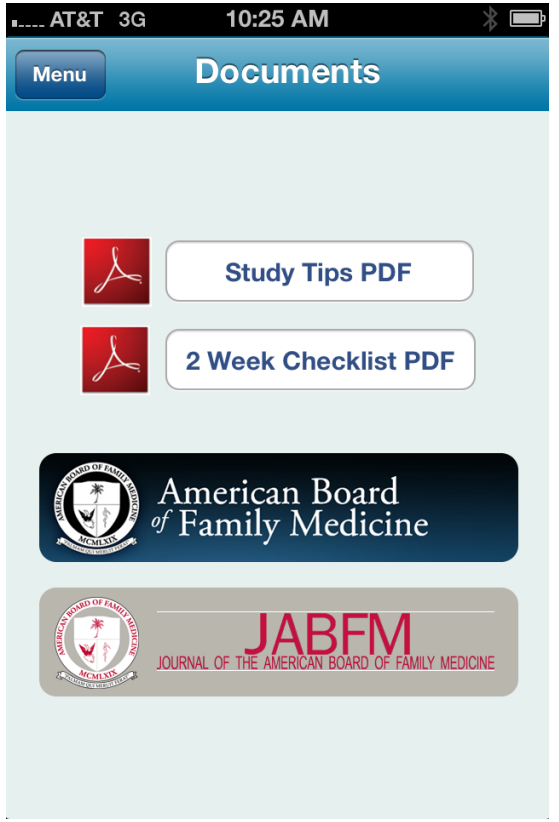
- Helpful to Diplomates
- Available online at **www.theabfm.org** under "Support Center" located at the top of the page
- Experience look and feel of actual exam
- Become familiar with navigation tools
- Answer sample questions



ABFM Exam Prep App







Exam Preparation Assistance

Exam Preparation Tools Available on ABFM Website:

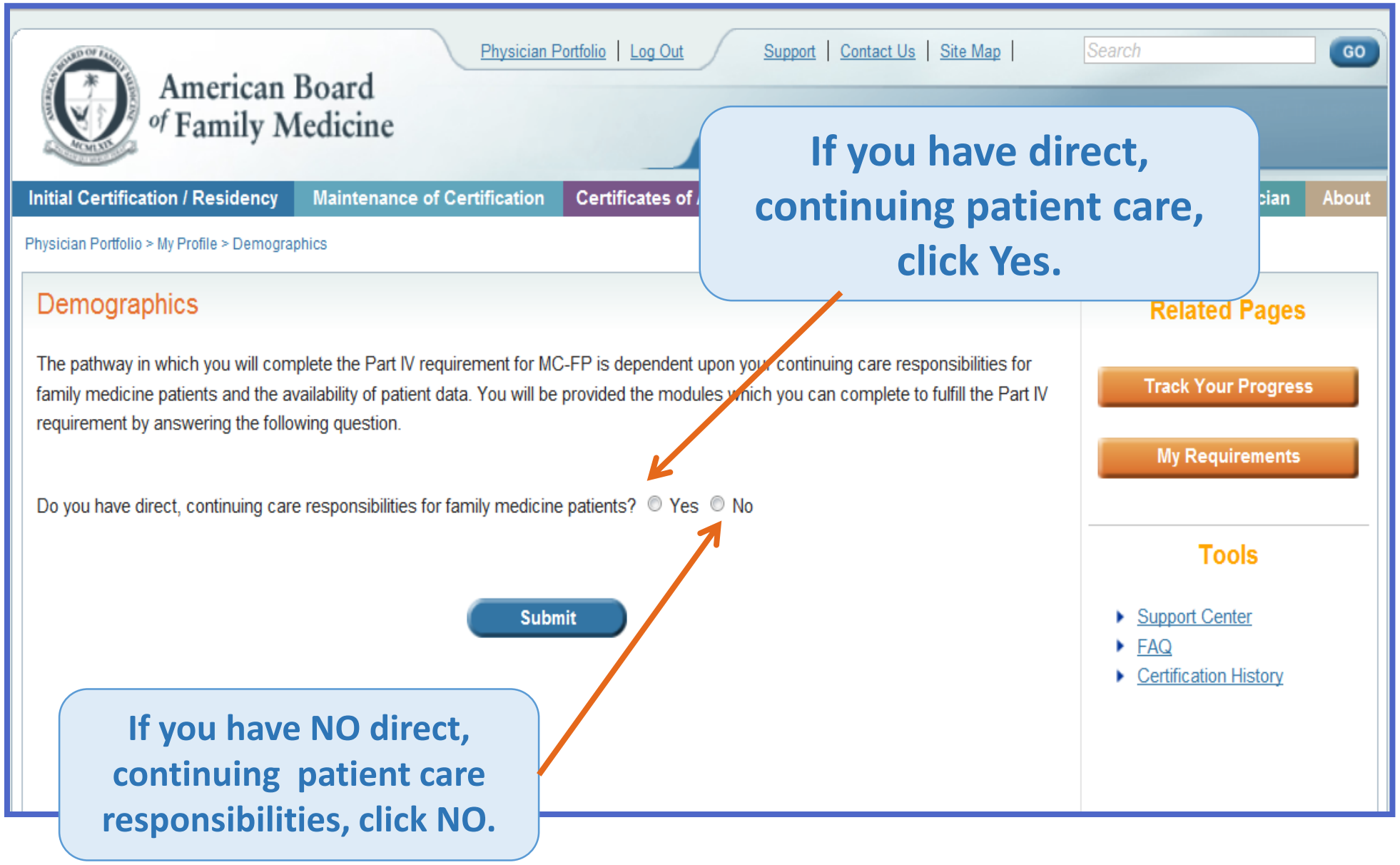
- Videos Outlining Study Plans
- Study Tips
- 2-Week Checklist
- Exam Tutorial

Access these tools on the ABFM website www.theabfm.org

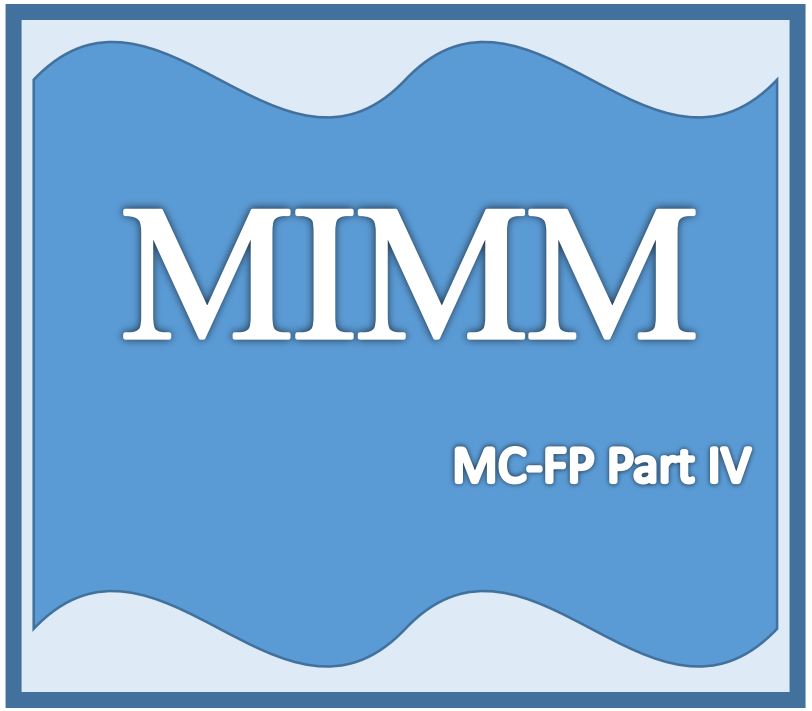
ABFM MC-FP Part IV

PPM
PPM Alternative
MIMM

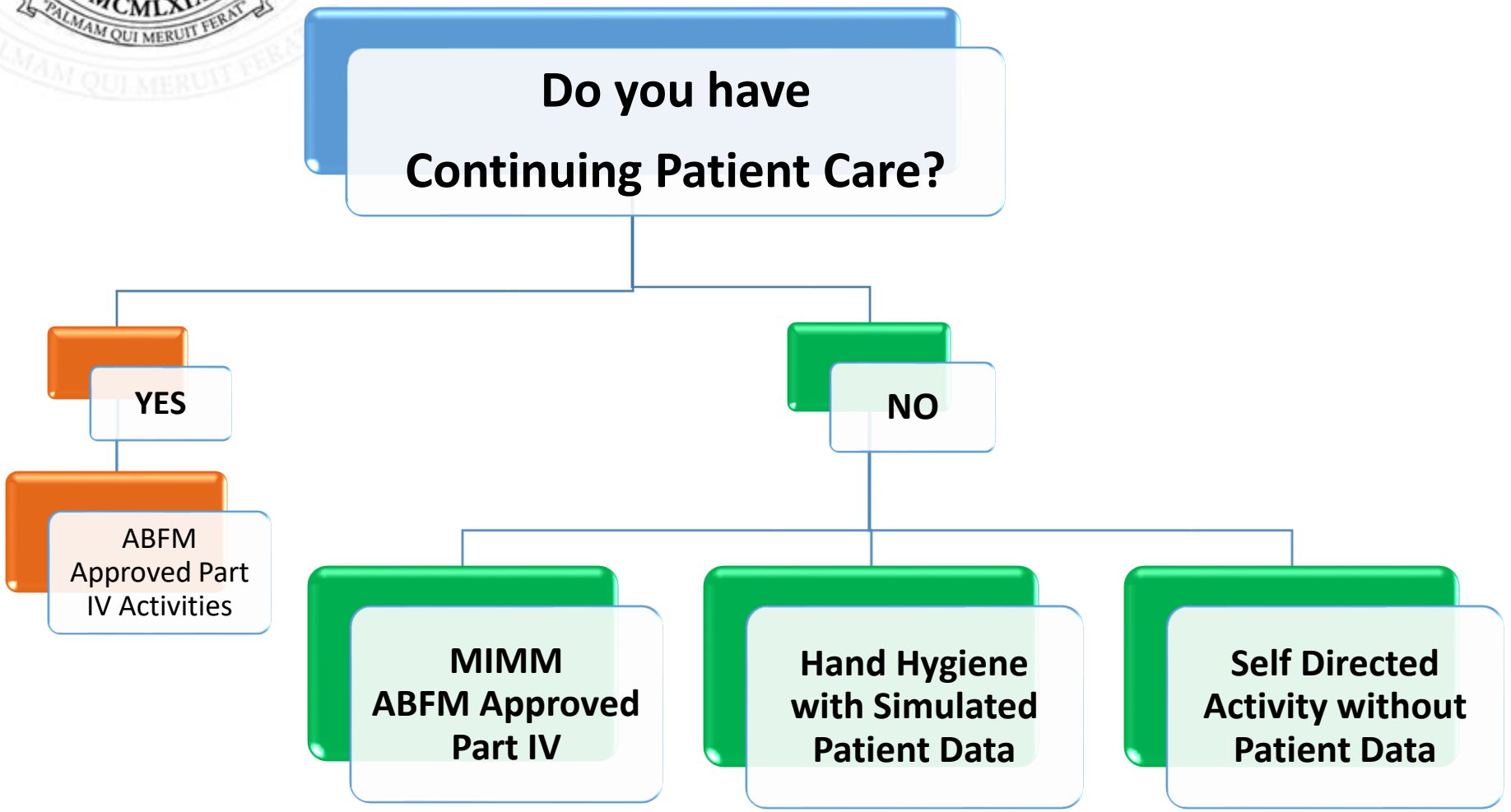
MC-FP Part IV



ABFM MC-FP Part IV



ABFM MC-FP Part IV



ABFM MC-FP Part IV

NO Access to Continuing Patient Care?

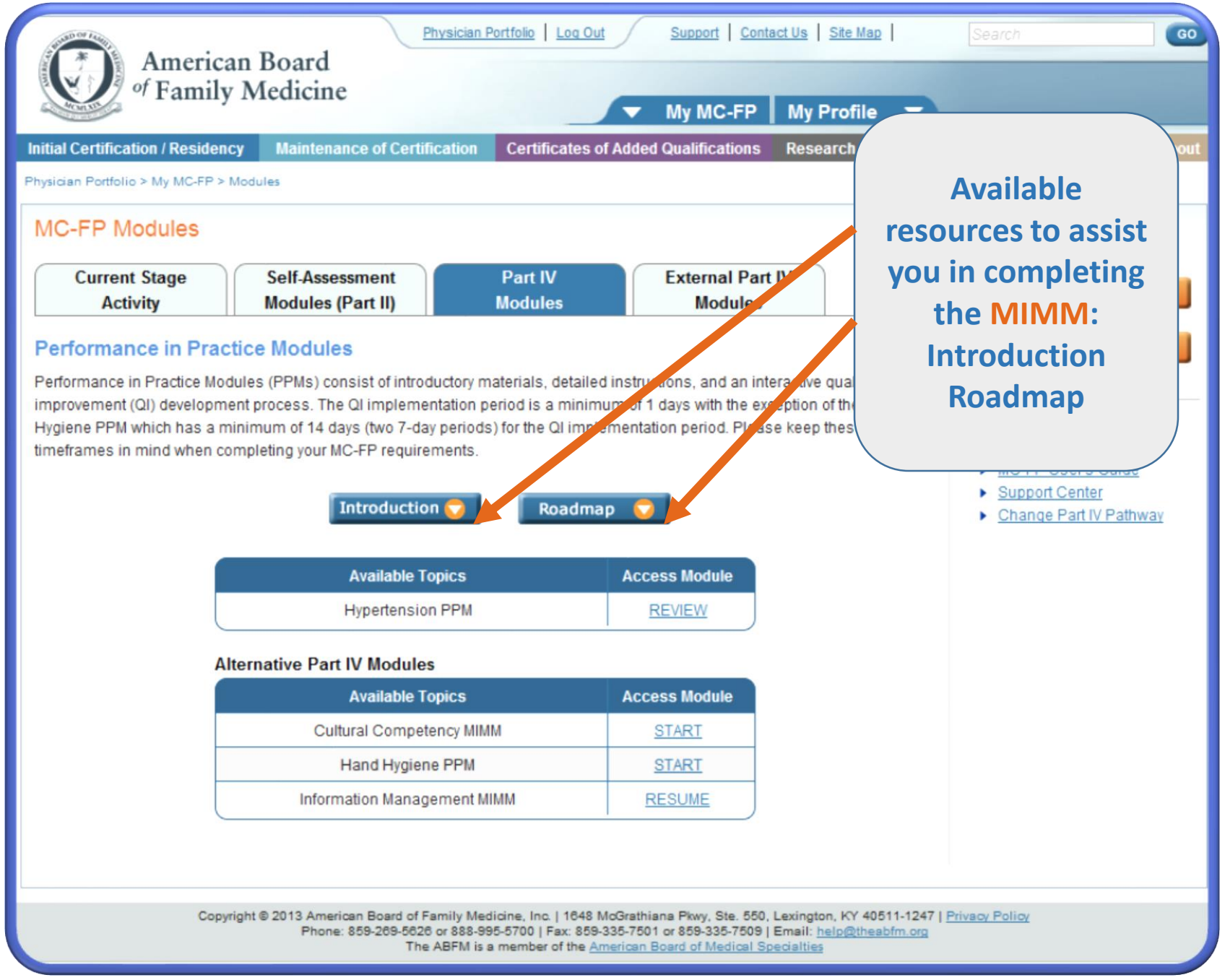
Methods in Medicine Modules (MIMMs)

ABFM Products

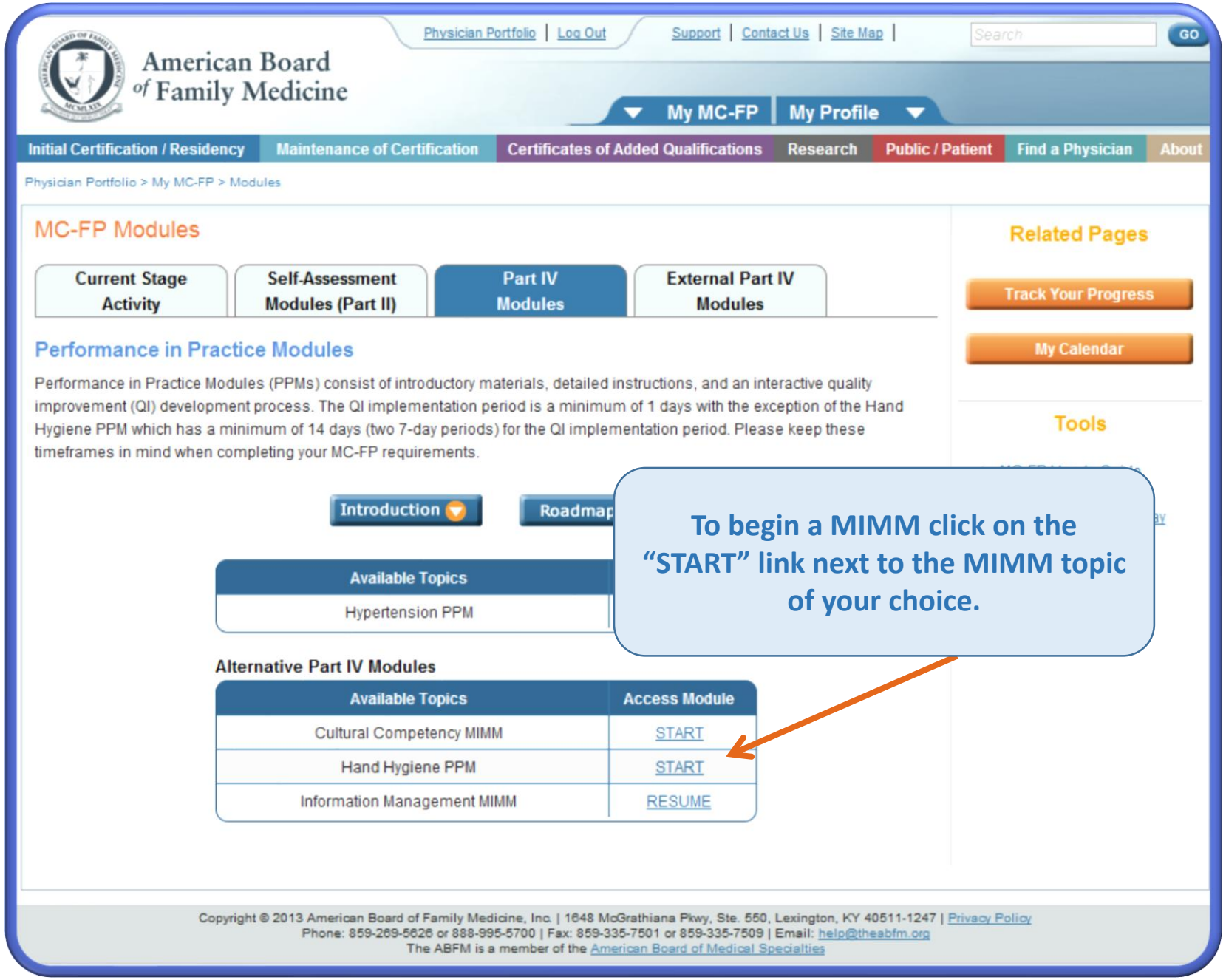
no additional charge beyond the cost of MC-FP

Current Topics:

- Clinical Information Management MIMM
- Cultural Competency MIMM
- Hand Hygiene PPM (with simulated patient data)
- ABFM Self-Directed Activity

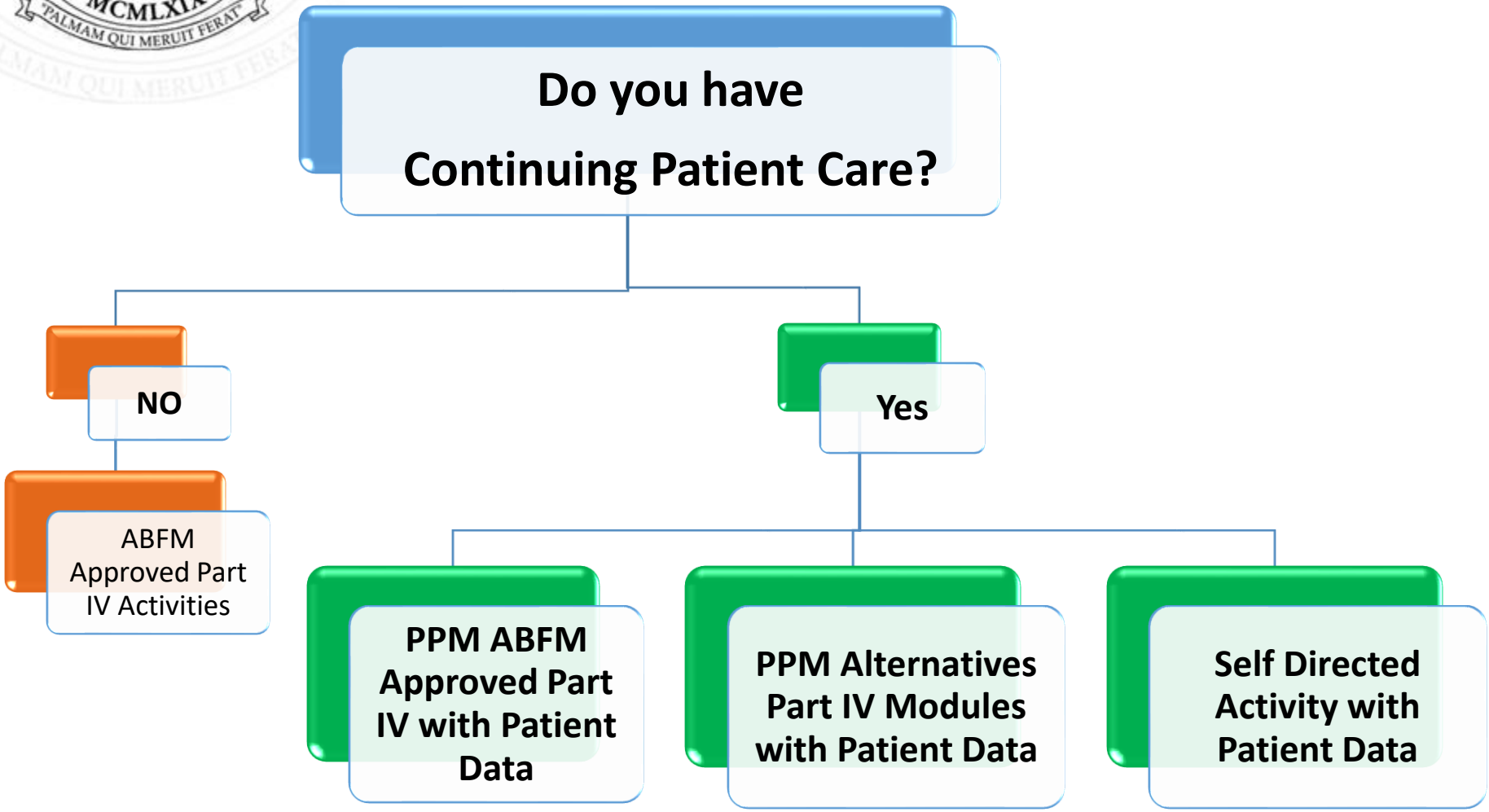


Available resources to assist you in completing the MIMM: Introduction Roadmap



ABFM MC-FP Part IV

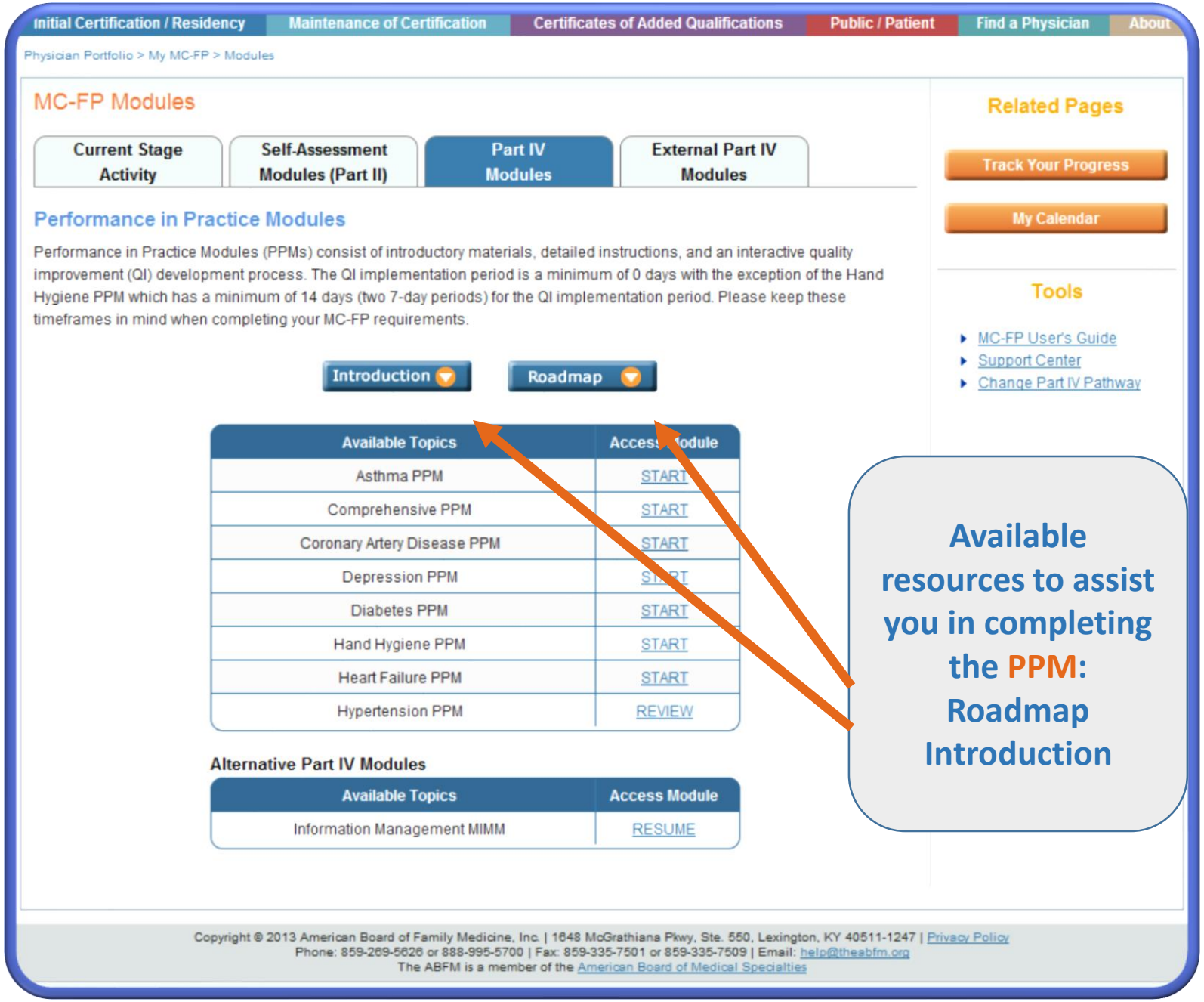
ABFM MC-FP Part IV



Important Benefits of the PPM

1) Applied to **your** practice and **your** patients
2) Provides performance-based overview of your practice
3) Directed and controlled by **you**
4) Data available **only** to you (non-discovery)

Physician Quality Reporting System (Diabetes) – avoid CMS payment adjustment



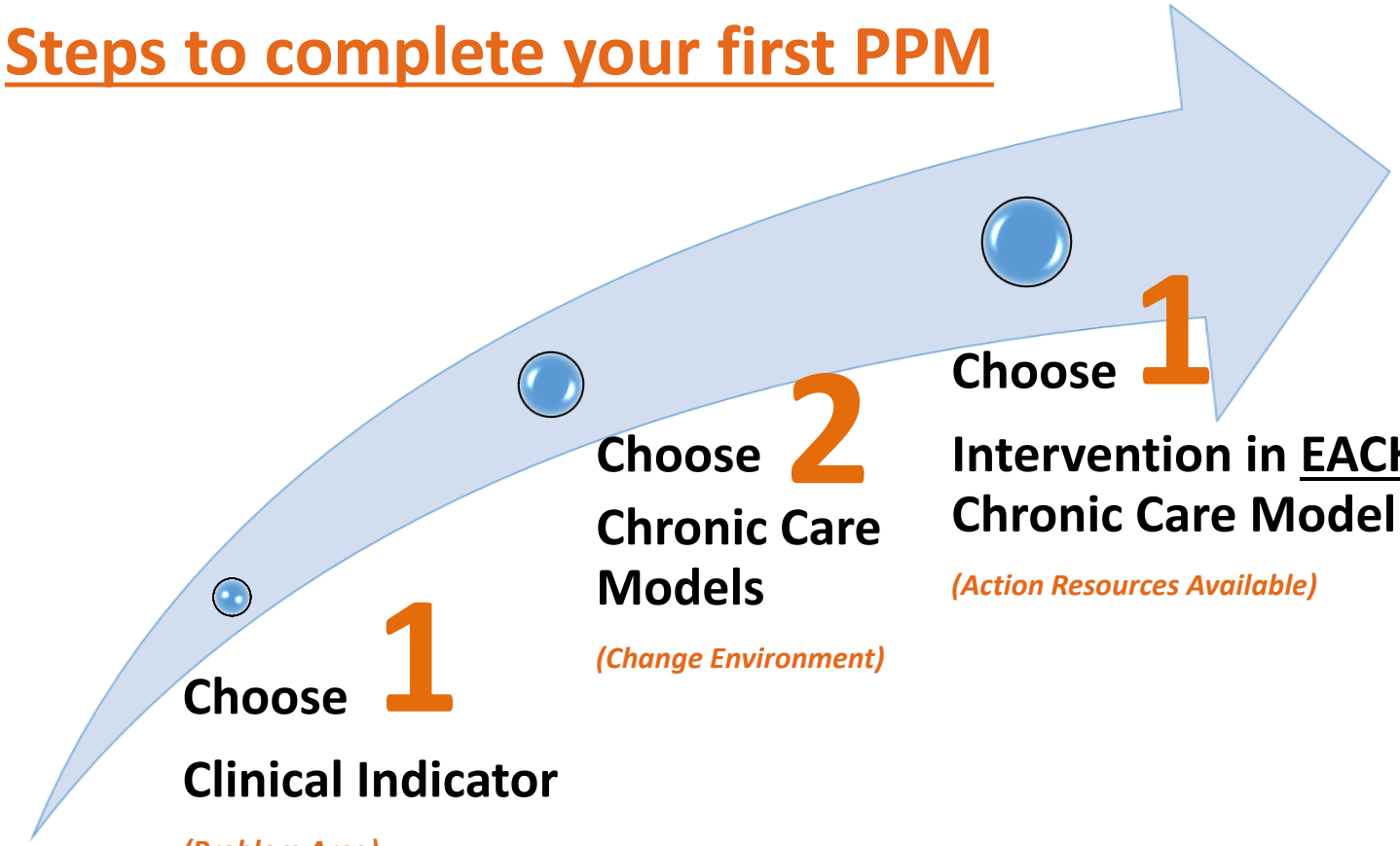
ABFM MC-FP Part IV

PPM Choices currently available online:

- Asthma
- Comprehensive
- Coronary Artery Disease
- Depression
- Diabetes
- Hand Hygiene
- Heart Failure
- Hypertension
- Self-Directed

ABFM MC-FP Part IV

Steps to complete your first PPM



ABFM MC-FP Part IV

Let Your Staff Help IMPORTANT!!!

Print Forms

Hand Out Forms

(Individual Entry Mode Only)

Input Data

ABFM MC-FP Part IV

ABFM MC-FP Part IV

There are 2 ways to submit patient data in a PPM

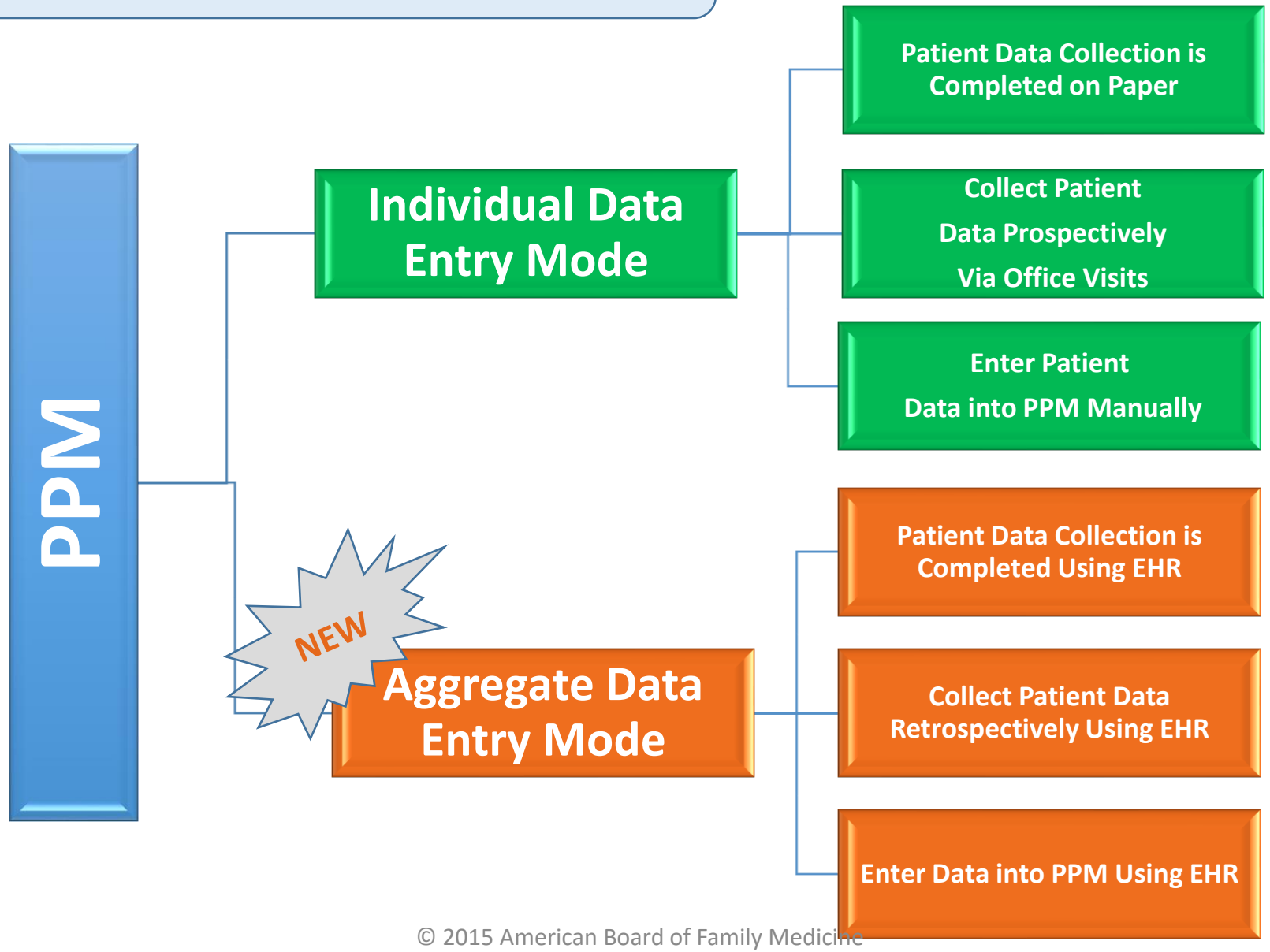
Individual Entry Mode

- Enter your data prospectively based on individual patients

Aggregate Entry Mode

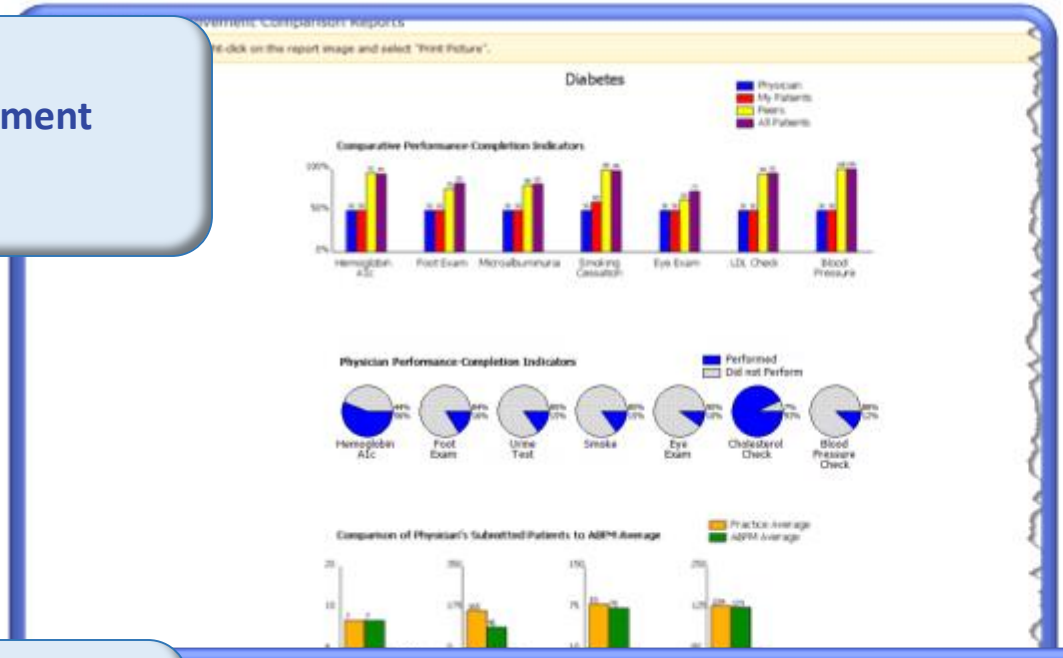
- Enter data retrospectively for multiple patients
- Most commonly used for physicians who have Electronic Health Records (EHR)

What is the Difference Between Individual and Aggregate Data Entry Mode?



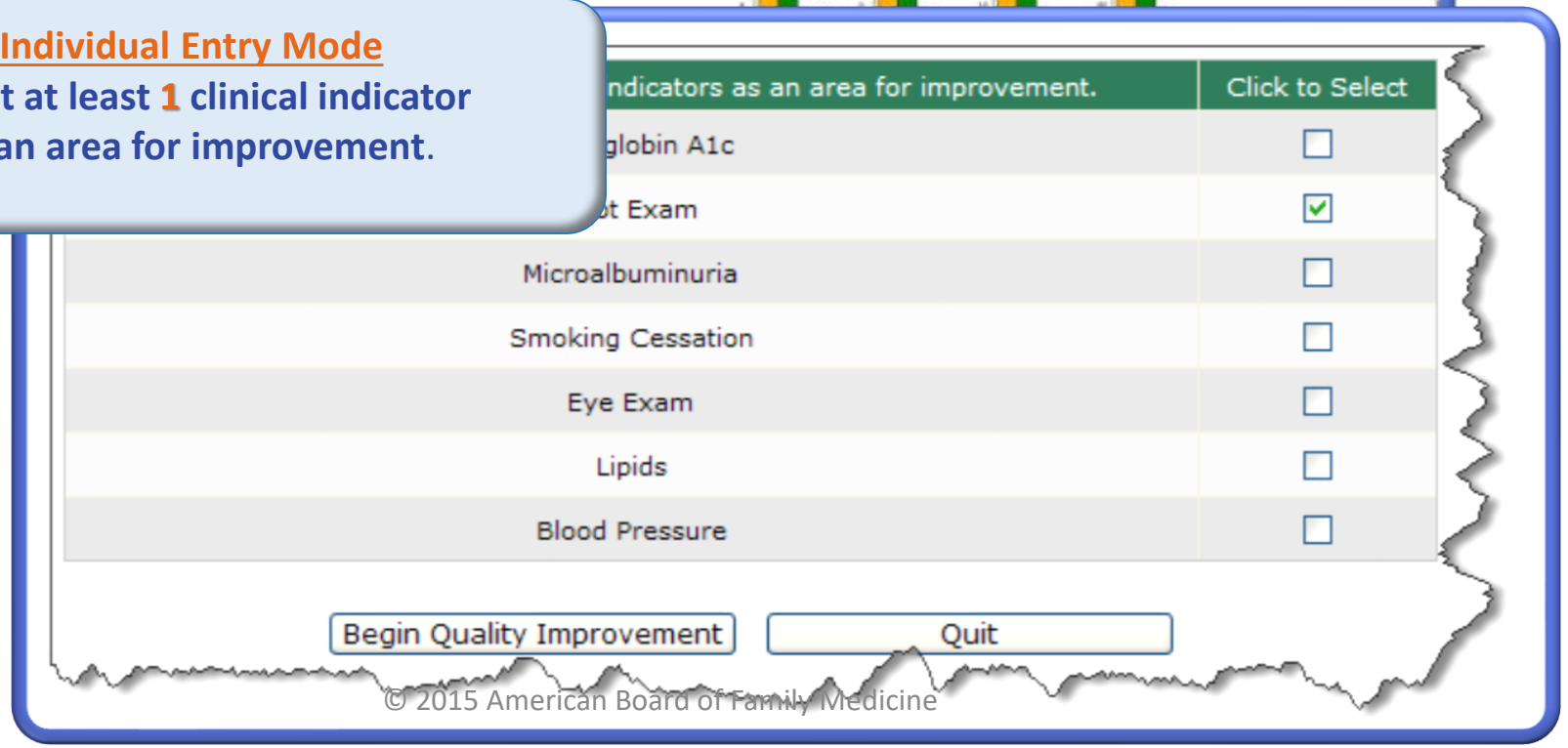
Individual Entry Mode

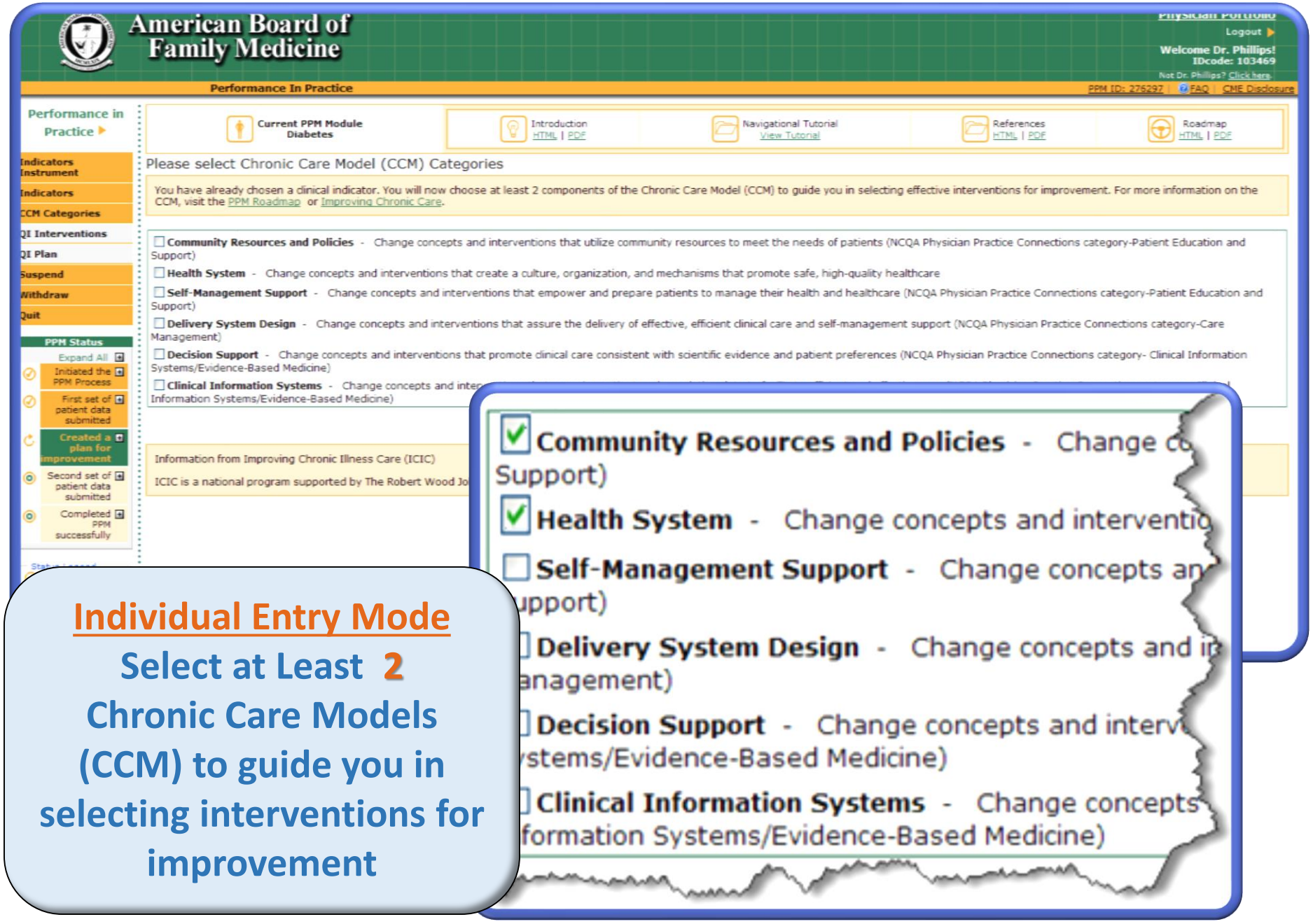
Review the Pre-Quality Improvement Comparison Reports



Individual Entry Mode

Select at least 1 clinical indicator as an area for improvement.





Individual Entry Mode

Select at Least 2 Chronic Care Models (CCM) to guide you in selecting interventions for improvement

Choose 2 of 6 Chronic Care Model (CCM) Categories

1. Community Resources and Policies	• Change concepts and interventions that utilize community resources to meet the needs of patients (NCQA Physician Practice Connections category-Patient Education and Support)
2. Health System	• Change concepts and interventions that create a culture, organization, and mechanisms that promote safe, high-quality healthcare
3. Self-Management Support	• Change concepts and interventions that empower and prepare patients to manage their health and healthcare (NCQA Physician Practice Connections category-Patient Education and Support)

Choose 2 of 6 Chronic Care Model (CCM) Categories

4. Delivery System Design

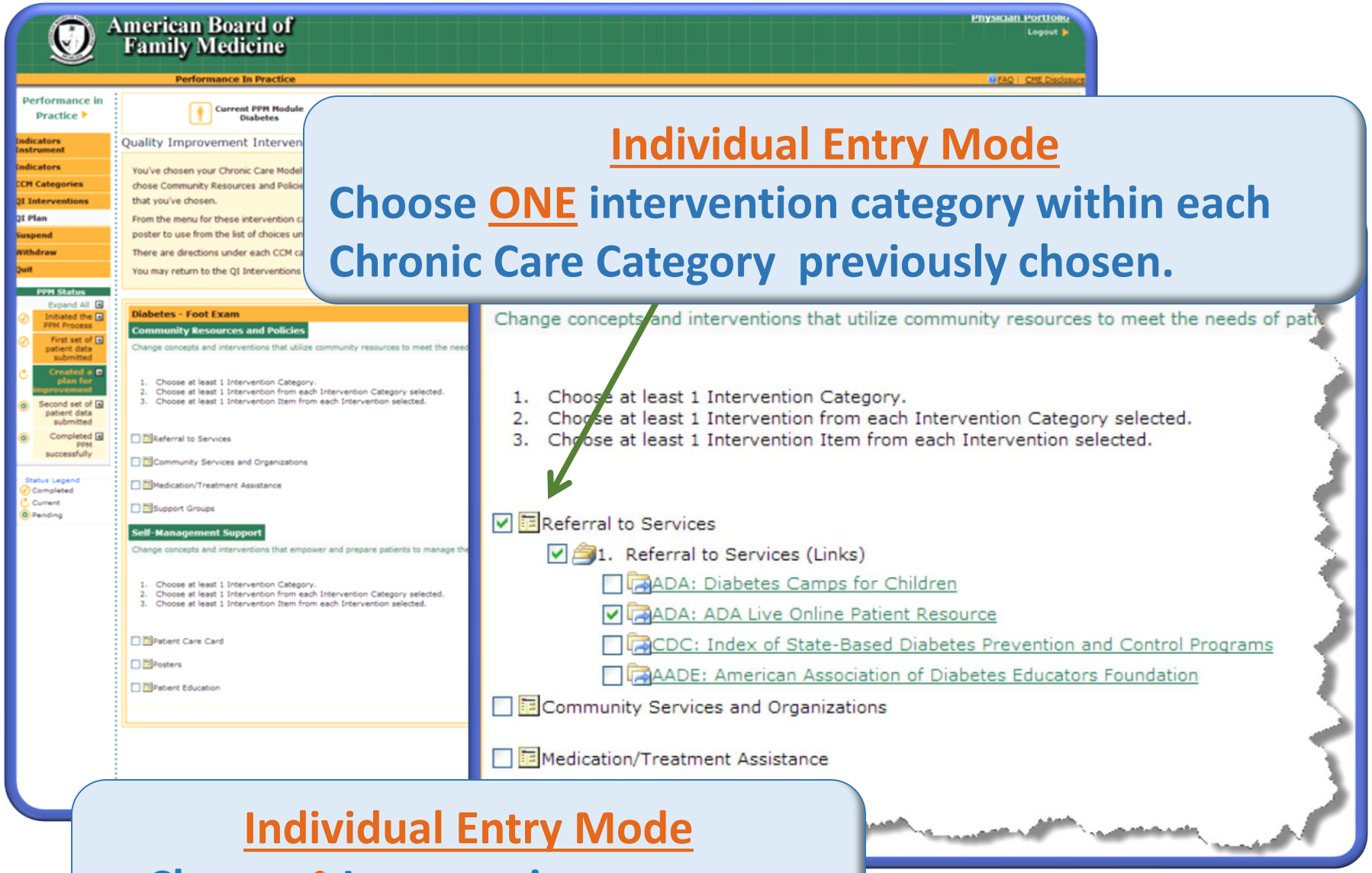
- Change concepts and interventions that assure the delivery of effective, efficient clinical care and self-management support (NCQA Physician Practice Connections category-Care Management)

5. Decision Support

- Change concepts and interventions that promote clinical care consistent with scientific evidence and patient preferences (NCQA Physician Practice Connections category- Clinical Information Systems/Evidence-Based Medicine)

6. Clinical Information Systems

- Change concepts and interventions that organize patient and population data to facilitate efficient and effective care (NCQA Physician Practice Connections category- Clinical Information Systems/Evidence-Based Medicine)



Individual Entry Mode

Choose ONE intervention category within each Chronic Care Category previously chosen.

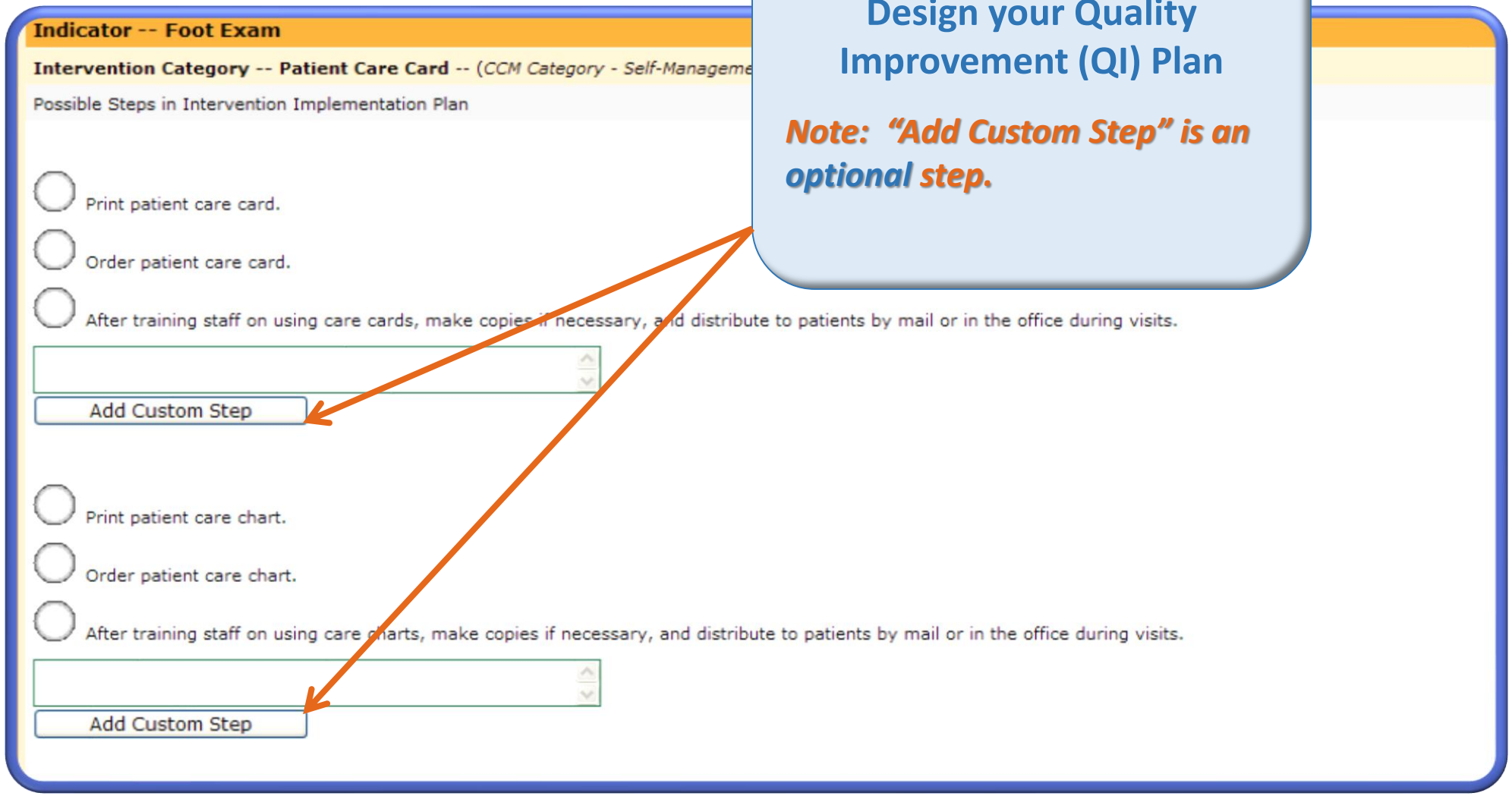
Individual Entry Mode

- **Choose 1 Intervention.**
- **Choose 1 Intervention Item.**

Individual Entry Mode

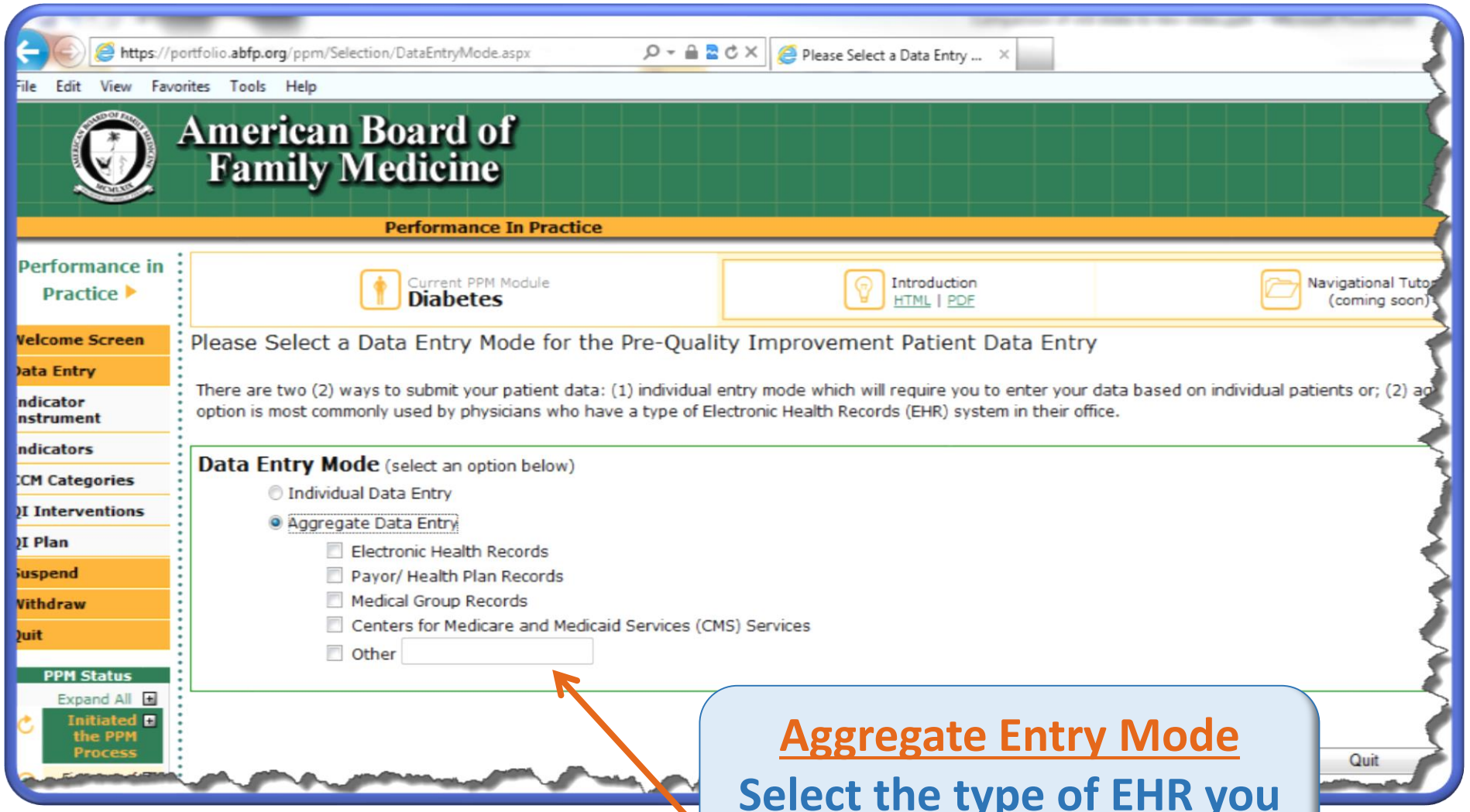
Design your Quality Improvement (QI) Plan

Note: "Add Custom Step" is an optional step.



Implement your QI Program for at least 1 week

Repeat Physician and Patient Questionnaires



Aggregate Entry Mode

Select the type of EHR you use in your practice

Self-Directed PPM

- The required attestation form can

  be accessed through the physician portfolio
- Submission of an attestation form does not guarantee Part IV credit
- Approval occurs on a case-by-case basis
- Allow up to 8 weeks for the review process

Specific Information about the Self-Directed activity

can be found in your Physician Portfolio

Part IV Alternatives Support

- **Nichole Lainhart, Program Manager MC-FP Alternatives Activities**
  - Phone: 877-223-7437, ext 1230
  - Email: NLainhart@theabfm.org
- **Support Center**
  - Phone: 877-223-7437
  - Email: help@theabfm.org
  - Live Chat

PPM Alternatives

MC-FP Part IV

ABFM MC-FP Part IV

Approved Part IV Alternatives

(Examples of Approved Part IV Alternatives)

- American Academy of Family Physicians (METRIC)
- Multi-Specialty Portfolio Approval Program (MSPP) Sponsor organization activities
  - Reach Out and Read, Inc. module Improving Early Literacy Intervention
  - New Jersey Academy of Family Physicians (NJAFP) module Performance in Practice Colorectal Cancer Screening
- National Committee for Quality Assurance (NCQA)
  - Physician Recognition Programs
  - Approved programs: Diabetes, Heart/Stroke, Back Pain, Patient Centered Medical Home
  - Individual-level certificates of recognition in Heart/Stroke, Diabetes, Back Pain, or PCMH (only 2011, Level 3) can be submitted for Part IV credit
  - Organization-level certificates of recognition require additional physician attestation to be considered for Part IV credit

ABFM MC-FP Part IV

Visit the ABFM website for the complete current list of

Approved Outside Vendor Activities

www.theabfm.org

(listed under the Maintenance of Certification Section– click the Part IV Performance in Practice)

Part IV Alternatives Support

- **Nichole Lainhart, Program Manager MC-FP Alternatives Activities**
  - Phone: 877-223-7437, ext 1230
  - Email: NLainhart@theabfm.org
- **Support Center**
  - Phone: 877-223-7437
  - Email: help@theabfm.org
  - Live Chat

Support Center Assistance

877-223-7437

Extended Hours Available!

8:30 am - 9:00 pm
(eastern)
Monday - Friday
&
9:00 am - 5:00 pm
(eastern)
Saturday

- Manned by ABFM Staff located IN the ABFM home office
- Able to answer questions regarding all phases of ABFM business

Live chat available from ABFM Home page

2 Minute Rule

Have a Question after 2 minutes?
Contact our Support Center!!

CME

Awarded by the American Academy of Family Physicians

SAM = **12** CME Credits

PPM = **20** CME Credits

MIMM = **20** CME Credits

Cultural Competency MIMM = **9** CME Credits

ABFM Superstars

- **Oldest Diplomate:**
  95 years young

- **Diplomates 70 years young and beyond:**
  1,447

2015 Fall Exam Deadlines

Fall 2015 Exam Deadline	Date
Registration Begins	July 25, 2015
Deadline to submit application without a late fee	August 24, 2015
Final Deadline to submit application with a $100 late fee	September 15, 2014
Exam Dates	November 16,17,18,19,20,21
Exam Results	To Be Announced

Contact the ABFM

- **Support Center**
  - Phone: 877-223-7437
  - Email: help@theabfm.org
  - Live Chat
- **Website**
  - www.theabfm.org
- **ABFM**
  - Phone: 888-995-5700
  - Fax: 859-335-5701

Take the Leap

ABFM Goal: