



The Roadrunner

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Winter 2015

10th Annual Med Student Reception, Hotel Albuquerque

By Michael Louie, FMIG Vice President

Earlier this fall, at the NMAFP 10th Annual Med Student Reception, FMIG Officers and members had the pleasurable experience of meeting and speaking with Family Medicine Physicians and Residents from around the state. This event, which centered on sharing and discovering a career in Family Medicine, is consistently

well-received by medical students, PA students and their guests each year. The FMIG officers would like to extend our thanks to NMAFP for organizing this great opportunity (thanks Sara!) and our appreciation to each physician and resident who attended. We enjoyed hearing your stories and experiences about the breadth of a Family

Medicine career and even gained some invaluable advice along the way. It was an excellent place to learn about career settings, research, and opportunities to get involved in as students. We look forward to seeing you again as we progress further into our curriculum and future careers!



Med Students asking Dr. Dion Gallant FM questions



Med Students enjoying Dr. Dan Stulberg's stories



Dr. Frank Ralls moderated this year's Med Student Reception



Dr. Donald Pichler always willing to share his FM experience at the Med Student Reception



The Med Students had many questions for Dr. John Andazola, NMAFP President-Elect and FM Residency Director in Las Cruces



*FMIG Officers (l-r)
Carmela Smith, Michael Louie, Daphne Olson, Katie Ogawa, Jimmy Le and Karissa Vasquez*



Dr. Warren Heffron sharing FM moments with the Med Students

Frequently Asked Questions: Meningococcal B Vaccine

In June, 2015 the U. S. Advisory Committee on Immunization Practices (ACIP) gave Men B vaccines a Category B recommendation, making the vaccine optional: *A serogroup B meningococcal (Men B) vaccine series may be administered to adolescents and young adults 16 through 23 years of age to provide short term protection against most strains of serogroup B meningococcal disease. The preferred age for Men B vaccination is 16 through 18 years of age.* This is an unusual recommendation, and, as a result, many physicians have questions about the vaccine. Below is a list of frequently asked questions:

Should low risk patients age 16 to 23 be advised to get one of the new Men B vaccines?

There is no clear answer to that question. Persons age 16 to 23 are at an increased risk of contracting meningococcal infections. On the other hand, the incidence of the disease is low and seems to be getting lower. There is limited information about the efficacy and safety of the vaccines. This is why the US Advisory Council on Immunization Practices gave this recommendation a B rather than an A rating.

Why did the ACIP give the recommendation for routine Men B vaccination of persons 16 to 23 years of age a category "B" recommendation instead of a category A recommendation like most vaccines?

Category B recommendations are not common and call for personalized clinical decision making between clinician and patient. In a report to the ACIP the Meningococcal Work Group noted, "key data on Men B vaccines are not yet available."

What about patients that are at greater risk of Meningococcal B infections?

The ACIP recommends use of Men B vaccines among certain individuals aged ≥10 years at increased risk for serogroup B meningococcal disease. This includes: those with complement component deficiencies, anatomic or functional asplenia, microbiologists routinely exposed to isolates of *Neisseria meningitidis*, and those at increased risk because of a serogroup B meningococcal disease outbreak. This was a category A recommendation.

How common are Meningococcal B infections?

All serotypes of Meningococcal disease are rare, and the incidence seems to be decreasing. The incidence of all Meningococcal B serotype infections in the United States is estimated to be about 200 cases per year among persons of all ages. The incidence of

Men B is highest in children age 5 or younger with an estimated 75-100 cases per year, but the Men B vaccines are not licensed in the United States for this age group. The estimated average number of cases in 11-24-year-olds in the US is 54-67 cases per year. Cases tend to occur in clusters; since 2009, seven outbreaks of serogroup B meningococcal disease have occurred on college campuses. Cases have occurred in settings outside of college campuses as well.

What is the difference between the meningococcal vaccines we have been using and the new Men B vaccines?

The first meningococcal vaccine developed was a polysaccharide vaccine. The use of the vaccine has been limited by its short duration of action.

The next vaccines developed were the quadrivalent meningococcal conjugate vaccines, composed of capsular polysaccharide conjugated to a protein, cover meningococcal strains ACWY (Men ACYW). The Men ACYW are recommended for routine use in adolescents aged 11 or 12 years, with a booster dose at age 16 years.

The polysaccharide in the B strains of meningococcus is similar to a polysaccharide found in humans making Men B vaccines more challenging to develop. The development of these vaccines required sequencing of the bacterial genome to find proteins unique to the *Neisseria* bacterial wall that could be used as antigens to stimulate immunity in humans. Using this innovative process, two Men B vaccines, MenB-FHbP (Trumenba®) and MenB-4C (Bexsero®), were developed. Each vaccine is composed of novel protein or lipoprotein antigens. Therefore, the vaccines are not interchangeable.

How effective are the Men B vaccines in preventing Meningococcal B infections?

Because the incidence of disease is low, clinical trials of vaccine effectiveness are not practical. Instead vaccine efficacy was based on "complement mediated antibody killing" detected in serum of individuals who received the vaccines, a surrogate measure of protection. In separate studies vaccines were given to different adolescent populations ranging in age from 11-65 years. Eighty-four percent of subjects who received 3 doses of Men B FHbP and 63-94% who received two doses of MenB4C were considered immune, based on immunogenicity studies to 4 strains of *Meningococcus B* that occur in the US. Other strains will be tested in the future. There was evidence of waning immunity in both vaccines over time.

Will immunizing populations decrease carriage of the Meningococcal B bacteria?

So far limited studies have not shown a decrease of asymptomatic carriage in immunized populations. More studies are planned.

What are the risks and side effect of the Men B vaccines?

Both vaccines have a tendency to cause minor, self-limiting reactions such as pain at the injections site, fever, headache, fatigue, myalgia and arthralgia. The incidence of these reactions does not seem to be higher than similar reactions with other vaccines.

There is a theoretic risk that Men B vaccines could cause autoimmune disease. Both vaccines contain factor H binding protein which in animal models was noted to be cross-reactive with human factor H. It is not known if auto-antibodies are generated in humans, and the clinical significance of any antibodies is unknown.

So far each vaccine has reported one case of non-fatal anaphylaxis. Given the current low incidence of meningococcal B disease, it is theoretically possible that the risk of death from vaccine anaphylaxis is greater than the risk of death from the disease.

Initial licensing was based on three to four thousand cases. This is low compared to numbers reported in the licensing of most new vaccines because FDA approval for the Men B vaccines was granted via an accelerated process. Additional data on more cases was collected when the vaccines were used during outbreaks on college campuses.

For the MenB-FHbP vaccine 13 cases of autoimmune conditions in the 4,576 persons who received the MenB-FHbP vaccine and none in the 1,028 controls. On closer examination the reported conditions were felt to predate the vaccine, have other explanations for causation or did not have a higher rate than expected in the population. Additional information was presented at the June, 2015 ACIP including 7 creditable serious adverse events (pyrexia, vomiting, vertigo, chills, headache, anaphylaxis, and neutropenia in 4 out of 9,808 persons who received at least one dose of this vaccine. All adverse effects resolved without long-term consequences.

For the MenB no serious adverse events in 3,139 persons who received at least one dose of MenB 4C in clinical trials reviewed by the FDA. In addition, 15,351 persons received MenB 4C when it was administered during outbreaks on college campuses. Serious adverse events included two reports of juvenile arthritis, but one case had symptoms that predated the vaccine. One case of thyroiditis was also felt to have symptoms predating the vaccine. There was one case of anaphylaxis that was felt to be related to the vaccine. The ACIP also reported an additional 59,091 people received the Men 4C vaccine during outbreaks on college campuses. Only three serious adverse events occurred: rhabdomyolysis, anaphylaxis and fever.

What is the price of the Men B vaccines?

MenB-FHbP is a 3-dose series with a Centers for Disease Control and Prevention (CDC) private sector price of \$115.75 per dose or \$347 for the series. MenB-4C is a 2-dose series with a CDC price of \$160.75

per doses or \$322 for the series. Both vaccines will be covered by third-party payers in accordance with the Affordable Care Act. Assuming a birth cohort of 4,000,000 the cost of vaccinating all 16 to 23- year-olds would be over a billion dollars. The ACIP estimates the cost per Quality Adjusted Life Year (QALY) to be in excess of 4 million dollars.

Are the vaccines covered by insurance?

Under provisions of the Affordable Care Act, the vaccine should be covered by insurance. The Vaccines for Children Program should cover qualified children under the age of 18.

When will there be more information about the men b vaccines?

In the United Kingdom (UK) Men B vaccines are approved for children age 8 weeks to two years. As in the US, this age group has higher incidence of disease than the adolescent/young adult age group. As a result of experience with the vaccines in the US and UK, more information will emerge in the next few years. Until then, physicians and patients need to understand the potential risks as well as benefits on these new vaccines.

Where can I get more information?

More information is available at the ACIP Website: www.cdc.gov/vaccines/acip/ and click on Recommendations.

View this article with references included on the NMAFP website: www.familydoctornm.org

How did she do it? Melissa Martinez and the Vaccine Bill

by Rick Madden, MD

New Mexico had a problem. While we had enjoyed relative success in vaccinating children, our Vaccines for Children program had a \$2.5 million shortfall because some health insurers in the state weren't voluntarily contributing to the funding for the Department of Health project. Senate Bill 121 "The Vaccine Purchasing Act" sponsored by Senator Bill O'Neill passed the House and Senate unanimously and was signed by the governor in March, 2015.

The new law requires all insurance companies to reimburse the DOH for vaccines given to their insured children or be penalized. This allows Vaccines for Chil-

dren to stay afloat and protect our state's children.

An unlikely champion of the campaign to bring this remedy to success was Melissa Martinez, MD, a long-time leader in our NM Chapter of the AAFP. Unlikely because she had never thought she could influence legislators. "I didn't see how I could ever interact directly with government; I didn't have the confidence." How did she do it? Here are her answers.

Melissa, how did you get into working with our state government?

First I would have to say that "I" did not do it. "We did it." The "we" in this case were many people but especially Lance Chilton, Pediatrician, and Therese Hidalgo, Nurse Practitioner. These two individuals were very adept at politics and willing to bring me along. We were all part of the Immunization Practices Advisory Council (a group of doctors, nurses, health plans and the NM Health Department) with a mission to improve immunization rates in the state. Through IPAC we learned that the state might be forced to stop buying vaccines for insured children because health plans were not paying into the fund to make this happen. The IPAC is not a political committee, but Lance knew that some of us could act as private citizens. Lance contacted his senator, and Therese helped me meet with our Senator, Michael Sanchez. Michael Sanchez said, "I don't think you have a chance, but it is the right thing to do, so I am going to help you." He ended up giving us lots of guidance.

How was the experience for you?

It really renewed my faith in politics. I hate all the partisan politics. It was amazing to see people, throughout the political spectrum, join together to do what was right for children. Bill O'Neill, Michael Sanchez, Terry McMillan and Don Tripp were the leaders, but many Legislators were very supportive. We had some amazing behind-the-scenes support from the folks in the Legislators' offices and the Executive Branch. I am so impressed with how open the NM Legislators are to talking with citizens and learning about their concerns.

What was the most important thing you learned?

There were several lessons:

1. Do your homework. I thought I understood the issues. Then I went to a meeting with the Superintendent of Insurance who opposed our bill and really took me to task for not understanding Medical Loss Ratios. (I won't bore you with the details but I now understand them.) Therese, Lance and I spent a lot of time researching Universal Purchase and what was happening in other states as well as information about the costs of vaccine-preventable disease.

2. It's a team sport. So many people helped in so many different ways. I was deeply touched by the support of the NMAFP, Steve Lucero and all the Doc of the Day Volunteers. My step-mother, Tamar Coombs, helped me write a press release, and Sara Bittner helped me send it out. The New Mexico Pediatric Society, New Mexico Medical Society, New Mexico Nurses Association and the New Mexico Nurse Practitioner Council all lobbied on behalf of the bill. It was a lot of work to coordinate everyone, but the work paid off.

3. Work with those opposed to your bill. It took more than one meeting, some compromising and a lot of patience. Somehow we got support from most of the insurance plans and the pharmaceutical companies. These groups have deep pockets and brought in lobbyists to look out for their interest. They could have really caused problems had we not worked with them.

4. Messaging is important. This was a complex bill, and we had to find ways to explain the issues that were short and to the point. This was important, not only for speaking to Legislators but for getting public support.

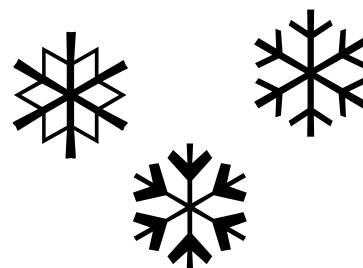
Would you do this again?

It is a lot of work and very anxiety provoking. Some people really like "getting in the mix of things," not me. I would do it for a really important cause. Mostly I would like to support others as they champion important legislation. I think Doctor of the Day is a great way to join in.

What can you say to help others follow this path?

Find a cause you believe in. Learn the facts. Spend time thinking about all the stakeholders and their point of views. Also legislation is not always the best answer; think about non-legislative fixes to problems. Find like-minded people and work together. Don't be afraid to jump in and don't get discouraged.

It is the hope of the NM Chapter that more of you will become inspired by Melissa's example and join us for Doctor of the Day at this year's state legislature. We will have a training session at noon on January 23rd at the Chapter headquarters in Albuquerque. Please contact Sara at familydoctor@newmexico.com for more information.



The 2015 AAFP Congress of Delegates

The 2015 AAFP Congress of Delegates was held in Denver, Colorado during the last week of September. New Mexico was represented by Delegates Dion Gallant and Melissa Martinez, Alternate Delegates Karen Phillips and Stephanie Benson and Chapter Executive Sara Bittner. Dr. Richard Madden was also present for some of the proceedings. At the Town Hall Meeting, held the night before the official COD, members expressed concern to AAFP leaders on topics ranging from troubles with electronic health records, the burden of prior authorizations, the lack of Medicaid expansion in some states and challenges in solo practices. A big topic was The Medicare Access and CHIP (Children's Health Insurance Plan) Reauthorization Act (MACRA). It includes 0.5 percent annual increases in physician payments for the next few years, and the option of pursuing payments through alternative models (such as the PCMH) or by staying in the fee-for-service system. As with most regulations, the devil is in the details. The AAFP is developing resources to help Family Physicians prepare and will work to influence the regulatory and rule-making process as MACRA is implemented. ICD 10 implementation was



NMAFP Delegate Dion Gallant was asked to serve on the Reference Committee on Advocacy

mentioned with a reminder that the Academy has resources to help.

The next day the Congress of Delegates started. This year New Mexico submitted a resolution, calling for AAFP to offer model legislation to chapters to promote formation of a mandated panel of qualified reviewers to recommend appropriate action to state legislatures for all requests for expansion of scope of practice from all health care provider groups. This is based on the legislation that was passed but pocket vetoed in New Mexico. It was sent to the Board of Directors for review.

Several resolutions touched on social issues and called for the AAFP to support policies that will limit climate change, promote the elimination of nuclear arms, take a stand against discrimination and address disciplinary policies in primary and secondary school. The debate around these issues was very interesting.

Several resolutions called for more research on marijuana as well as e-cigarettes

use. A resolution to improve the amount of buprenorphine education was sent to the Board of Directors as were resolutions to streamline the Maintenance of Certification process and make federal loan repayments prorated based on full-time equivalents (FTE).

Expanding Vaccine Programs to Include all ages, which was called Expansion of the Vaccines for Children Program to Adults was adopted.

All resolutions can be viewed at <http://www.aafp.org/about/governance/congress-delegates/2015.html>

Slate of officers was elected. John Meigs, former Speaker of the COD, was selected as President-Elect. Javette Orgain and Alan Schwartzstein were elected to be Speaker and Vice-Speaker of the COD. John Bender, Gary LeRoy and Carl Olden were elected to the Board of Directors. Wanda D. Filer, a Family Physician in York, Pennsylvania, was sworn in as President of the American Academy of Family Physicians.



NMAFP Delegate Melissa Martinez testifying in the Advocacy Reference Committee



The New Mexico Delegation (l-r): Dr. Dion Gallant, Sara Bittner, Dr. Melissa Martinez, Dr. Stephanie Benson and Dr. Karen Phillips



Dr. Rick Madden defending the NMAFP Resolution on Expansion of Scope of Practice Review Panel


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Package	Member	New Physician	Resident
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Family Medicine Update	795-895	745-845	495-595
Geriatric Medicine for the FP	395-495	345-445	245-325
Infant, Child, and Adolescent Medicine	495-595	445-545	295-395
Prac Adv in Musculoskeletal and Sports	395-495	345-445	245-325
Selected Topics and Internal Medicine	595-695	545-645	375-465
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Women's Health	595-695	545-645	375-465



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37th Annual Advances in Primary Care Conference

April 22, 2016
Sheraton Airport Hotel
Albuquerque, NM

<http://som.unm.edu/cme/2016/advpc.html>

Happy New
Year from
NMAFP!

HMS Residency

Dr. Rachel Seltzer, Hidalgo Medical Services (HMS) Family Medicine Residency Program in Silver City, shared that they are doing well, and their two interns are settling in nicely at UNM. Starting next year, they will be collaborating with the Las Cruces Residency. They are in interview season now and received over 1,100 applications this year for 2 slots. One of their residents was awarded the Warren B. Heffron Scholarship. Last year, their Residency was one of 16 Residency Programs to be awarded the AAFP Foundation Immunization Improvement Grant, and Dr. Seltzer was one of the Residents that presented it at the National Resident & Student Conference this past summer in Kansas City.

Hello from the UNM Family Medicine Interest Group!

We would like to share a brief update on our recent activities and, more importantly, thank the members of the New Mexico Academy of Family Physicians for their continued support. These last few months have been very busy for our group, and we are now moving into another transition period. At the start of this semester, the second year officers coordinated an event to welcome the first year medical students and provide additional exposure to the diversity of Family Medicine. Three different Family Medicine Physicians presented at a lunch meeting targeted at the newest medical students. The presenters provided information on various Family Medicine fellowships as well as subspecialties that may be accessed through a residency in Family Medicine.

Later in the semester, the second year officers coordinated a second lunch meeting for all medical students with Dr. Unverzagt as the guest presenter. Dr. Unverzagt shared stories from his career in order to highlight the unique benefits of Family Practice. He also discussed a variety of practice models that he has experienced via Family Medicine, including rural medicine, academic medicine, and private practice.

Now, as we move to the end of this semester, a new set of Family Medicine Interest Group officers has been elected and is learning about the logistics of our organization. We are excited to welcome them into our group and to introduce them to the New Mexico Academy of Family Physicians.

As we come to the conclusion of this term, we would like to give a special thank you to Sara Bittner, Jennifer Montoya, and our faculty advisers, Drs. Elizabeth Grant

and Elena Bissell. From helping us secure funding to assisting with events, these individuals have made the Family Medicine Interest Group what it is today.

In closing, thank you all for your support and for paving the way for future Family Physicians in our state. We look forward to the opportunity to learn from you and serve alongside you in the diverse and unique communities across our state. Please remember that you provide important guidance and inspiration as we prepare for our careers in medicine, and we are very grateful!

Thank you,
Daphne Olson and the Officers of the UNM Family Medicine Interest Group

Southern Family Medicine Residency Report

by April Leonardo, MD

Greetings from “the South” and Happy Holidays!

I am now almost 6-months in to my role of “senior” as a second year resident, a simultaneously intimidating and wonderful experience. (It sure beats first year!) This position emphasizes how challenging, but rewarding, the practice of Family Medicine can be, particularly in the era of the ACA. As Family Practitioners, we play the central role in managing the health and care of our patients, regardless of race, background, culture, age, gender, or disease process. It’s a time to be thankful of the influences that brought us here and for the patients that entrust their care to us.

Regarding our program as a whole, not much has changed since my last submission. However, instead of expanding to 12 interns from six, we are expecting only 10 (8 Las Cruces + 2 Silver City). Also, the Masters of Public Health (MPH) course work we had required has been changed to optional status, which allows our residents to tailor their residency goals to their individual needs and/or interests. We do continue to have an incredible selection of other students rotating through our clinic – social work, behavioral health, anthropologists, nursing, etc. – providing much-needed resources for our patients!

Also, our interns have truly been a blessing to our program. They are ALL fantastic and great additions to our team. I am honored to have them with us. They are going to leave big shoes to fill for our upcoming class! Speaking of which, we have begun the interviewing process, which is always an exciting time of the year. We look forward to what the next half-year has in store for us and to meeting more awesome prospective residents. In the meantime, we wish the rest of you a happy El Niño winter!

Albuquerque Doctor Appointed to Prestigious National Leadership Role



Dr. Arthur Kaufman, vice chancellor for community health and distinguished professor of family and community medicine at the University of New Mexico, has been recognized for his long, accomplished career with an appointment to the prestigious National Academy of Medicine.

Dr. Kaufman has been influential in his 40 years at UNM as clinician, professor, researcher, administrator, advocate and policy-maker. He helped spearhead changes in medical training that have become standard at medical schools worldwide. He also helped introduce “Beyond Flexnor,” a national effort to change how academic health centers address the social factors that affect health.

“There is no greater distinction for medicine,” Paul B. Roth, UNM’s chancellor for health sciences and dean of the School of Medicine, said in a statement. “Dr. Kaufman has dedicated his entire career to this cause and allowed us to expand our vision in ways we never could have anticipated. Academic medicine is stronger because of his work.”

The newly elected members of the National Academy of Medicine — Dr. Kaufmann is among 80 members appointed this year — represent some of the nation’s, and the world’s, brightest and most influential people in health, science and medicine. Those elected volunteer their service to the Academy’s activities.

Dr. Kaufman has received the Primary Care Award from the Association of American Medical Colleges and an achievement award from the Society of Teachers of Family Medicine.

He came to New Mexico from New York and joined the faculty at UNM. With several colleagues, he developed the school’s Primary Care Curriculum and the Department of Family and Community Medicine. Recently, he instituted UNM’s Health Extension Rural Offices program. This model is now being used in 18 states under the Affordable Care Act.

34th Annual NMAFP Winter Refresher in Albuquerque

February 20, 2016 • Hotel Albuquerque, Old Town • Albuquerque, New Mexico

John Andazola, MD - Scientific Program Chair

(This program has been approved for 7 Prescribed Credits by the AAFP)

Schedule of Events and Lectures

7:00 am – 8:00 am Past President's Breakfast Fireplace Room	10:00 am – 10:30 am Break - Exhibit Hall	3:00 pm – 3:30 pm Break - Exhibit Hall
7:00 am – 8:00 am Registration/Exhibits Open Breakfast - Exhibit Hall	10:30 am – 11:30 am "Evidence-Based Parenting" Heather Kovich, MD	3:30 pm – 4:30 pm "Medication Issues in the Elderly" Patrick Leung, PharmD Davena Norris, PharmD, PhC, BCPS
7:55 am – 8:00 am Introduction & Welcome John Andazola, MD Scientific Program Chair	11:30 am – 12:30 pm "Quality Improvement in Your Clinic" Darrick Nelson, MD	4:30 pm – 5:30 pm "Upstream Medicine" Stephanie Benson, MD Stephen Colmant, PhD Iván de la Rosa, PhD
8:00 am – 9:00 am "Screening and Brief Intervention for Risky Alcohol Use in Primary Care" Jennifer Hettema, PhD	12:30 pm – 1:30 pm Lunch - Exhibit Hall	5:30 pm Drawing for Door Prizes (Must be registered for the conference and present to win)
9:00 am – 10:00 am "Key Articles & Clinical Developments of 2015 in Family Medicine" Dan Waldman, MD	1:30 pm – 2:30 pm "Patient Rights Versus Social Needs in a Measles Outbreak" Nina Ahmad, MD	
	2:30 pm – 3:00 pm Poster Session - Lecture Hall	

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Handout material is provided for you to follow along with each speaker and for future reference. How would you like to receive your handout?

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Questions? Call or email Sara:

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Hotel Information

Hotel Albuquerque in Old Town is located at
800 Rio Grande Blvd. NW, Albuquerque, NM 87104
(I-40 to Rio Grande, South)

A room block will be held until January 29, 2016. After this date, rooms will be on a space-available basis

To make your reservation, call 505-843-6300 or toll free at 800-237-2133 or go to this website: <http://bit.ly/1Vc5RkI> and use the Group Code 1602NMACAD to receive the room block rate by January 29th.



About Albuquerque

The Southwest awaits you in the heart of Albuquerque. Our city has a rich culture and heritage, rooted in centuries of history. Enjoy our blue skies and sun that shines 310 days per year, perfect for outdoor activities. Take a minute to breathe in high desert air scented with sage and piñon, and you'll understand why Albuquerque is a destination like no other.

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NMAFP Board Notes

Nov. 7, 2015

Las Cruces, NM

Chaired by Dr. Melissa Garcia

Present: John Andazola, Kresta Antillon, Stephanie Benson, Sara Bittner, Arlene Brown, Valerie Carrejo, Dion Gallant, Melissa Garcia, Shelbee Geyer, Virginia Hernandez, Greg Koury, Rick Madden, Melissa Martinez, Michael McKinney, Darrick Nelson, Karen Phillips, Frank Ralls, Rachel Seltzer, Linda Stogner, Lisa Stolarczyk, Dan Stulberg, & Lourdes Vizcarra.

Ruidoso Conference Wrap-Up: Dr. Melissa Garcia shared the Final Evaluations and Financial Statement from the July Ruidoso Conference. It was a great success financially as well as otherwise. The speakers were all very well received.

Budgets for 2015-2016: Dr. Dion Gallant shared information from the Budget Committee Meeting that was held Sept. 19, 2015. It was a very strong year for NMAFP. The budget committee identified social media as a topic of special interest and approved an increase in the amount to be spent on it during the next year.

Med Student Reception: The 10th Annual Med Student Reception was very well received. There were 120 in attendance, including the students and FMP's. Also in attendance were 7 Co-Sponsors, bringing in \$2,100 to help offset the cost of the dinner. The students were very interested in what the FMP's had to share about their practices and life in general as an FMP.

Med Student Reception in Las Cruces: A motion was made and seconded to have a Med Student Reception for the DO students beginning their first year in the fall of 2016 at NMSU, in conjunction with the fall Board Meeting. Dr. John Andazola offered to represent the NMAFP and take this recommendation to the new Medical School at NMSU.

AAFP Congress of Delegates, Denver, Sept 28-30, 2015: Dr. Rick Madden's resolution, asking to improve the process of informed decision making by state governments about health care professional scope of practice expansion requests, was sent to the Board of Directors. Dr. Karen Phillips felt that AAFP is being asked to respond to more national issues than in the past. Dr. Stephanie Benson said there was a really big emphasis on the social determinants of health which has not been the case in the past. Drs. Benson, Gallant and Martinez have resolution ideas for the future and will present to the Board on Feb. 19, 2016.

Scholarly Activities Committee: Dr. John Andazola shared with the Board that the

Poster Submission for the 34th Annual Winter Refresher in Albuquerque is now live on the NMAFP website. Residents and Med Students are invited to present during the 30-minute, stand-alone, poster presentation during the Winter Refresher at Hotel Albuquerque, Feb 20, 2016.

Leadership Communication: Dr. Greg Koury addressed the Board about leadership within our rank and file and being able to bring people up into Board positions which also includes succession planning for the Board Members as well as the Executive Director. He suggested that we have all our practices listed on our website. He also wants NMAFP to be more involved in our Facebook page. He would like the Board to raise the goal for our conference attendance from 175 to 225. A motion to enlist the Executive Committee to develop a board orientation for mentorship and leadership passed unanimously.

Chair, Communications: Dr. Melissa Martinez announced that, after serving for several years on the Communications Committee alone, she will step down this time next year.

Resident & Student Committee: Drs. Linda Stogner & Lourdes Vizcarra addressed the Board about their presence on the R&S Committee. Currently this committee does not have a Chair. They would like to have someone more connected to the students and residents to be involved in this committee. Dr. Dan Stulberg suggested several possible candidates. Dr. Linda Stogner made a motion that the President identify the chair and all members of each Committee on the NMAFP Board and report back at the next Board Meeting which passed.

Future AAFP Conferences: According to the Policy Statement, NMAFP will pay for any two officers to attend the Multi-State Forum in Dallas every year in Feb. and the Annual Chapter Leadership Forum (ACLF) in Kansas City every year in May. It was suggested that the Executive Committee determine who will go to each of these 2016 Conferences.

2016 Winter Refresher Update: Dr. John Andazola is the Scientific Program Chair for the upcoming WR. Dr. Gallant suggested a gift during the Free Raffle at the end of the conference to be directly connected with this year's stand-alone poster session.

Town Hall Meeting at State Conference in Taos, 2016: A Town Hall Meeting was suggested by Dr. Stephanie Benson to engage the general membership more in the future. Dr. Benson is an Alternate Delegate from NM to the AAFP Congress of Delegates and shared her experience at the Town Hall Meetings the night before the Congress convenes as very informative. The Officers sit in the front of the room as a panel, and there is an open mic for members to ask questions. It was determined that the time and location could be set at a later date by

Sara and the Officers. A vote was taken, and it passed unanimously.

Bylaws Policy: Dr. Karen Phillips reminded the Board Members that during our Strategic Planning Session, just prior to the BOD Meeting, we learned that AAFP is revising their Bylaws. Nancy Laughlin, our SPS Facilitator, will share the revised AAFP Bylaws when they are complete as well as some of the other Chapters' revised Bylaws. Dr. Benson made a motion that once we receive this information, the President, Dr. Greg Koury, will appoint an ad hoc committee to review and revise our Bylaws including the revisions from AAFP. This passed unanimously.

Academy visits to the Residency Programs: In the past Sara has visited each NM Residency to share the benefits of membership. Dr. Benson motioned that this should happen every spring. The motion passed.

2016 Legislative Session: Dr. Rick Madden, Legislative Affairs Chair, informed the Board that the DOD Legislative Training Session will take place at Noon, Jan. 23, 2016 at the NMAFP Office, lunch served. The Legislative Session will run January 19th - Feb. 18th. The DOD Schedule will run Jan. 26th - Feb. 18th. Steve Lucero, NMAFP Legislative Liaison, will conduct the Training Session on the 23rd. Dr. Madden gave the following summary of the legislative topics that were discussed during the Strategic Planning Session that took place before the Board Meeting: Key contacts and Speak Out where we make a concerted effort as a group to identify people around the state that are willing to contact their State Legislators on key issues; State Legislative Committee Meetings that happen in the time between the annual Legislative Session is key for us, and we need to beef it up, asking local members if they would be able to attend some of these Committee Meetings; Consider having a dinner for legislators when they are in town; Possibility of recruiting Charlie Alfero to the Board; Newsletter articles about successful legislative efforts by Melissa Martinez and John Andazola; How to better employ Steve Lucero and a work group, consisting of Drs. John Andazola, Melissa Garcia and Melissa Martinez, was formed to help Dr. Madden with this process.

Residency Reports:

Dr. Kresta Antillon, UNM Residency, shared her experience as Delegate to the National Resident Congress of Delegates. Five months into the year, the Interns have transitioned well. Material Child Health had a record-breaking number of deliveries in Sept. North Valley clinic is in full swing now. They just started the interview process.

Dr. Michael McKinney, Santa Fe Residency, shared that he was elected Chief Resident. They are gearing up for interview season.

Dr. Rachel Seltzer, HMS Residency, shared that they are officially full with 6 Residents.

Two are at the UNM Residency this year. Starting next year, the interns will be at Las Cruces Residency. They got over 1,100 applications this year for 2 slots. One of their residents was awarded the Warren B Hefron Scholarship. Last year, their Residency was one of 16 Residency Programs to be awarded the AAFP Foundation Immunization Improvement Grant, and Dr. Seltzer presented it at the National Resident & Student Conference.

Sponsor Request: Dr. Linda Stogner addressed the Board regarding a sponsorship for the Nook, located in the Alumni Assn. Office at UNM. This is where Students gather to have coffee, fruit, snacks, etc. in between classes all during the day. Sponsors would be invited to advertise their organizations during the month they sponsor the Nook. Dr. Stogner made a motion that NMAFP donate \$1,000 to this student effort. A vote was taken, and it did not pass. Dr. Stogner was asked to bring more information about this Sponsorship to the Feb. 19th BOD Meeting.

Support Request: Dr. Arlene Brown shared information about *Montano v. Frezza* which is an issue currently before the New Mexico State Supreme Court. Her concern involves patient care consequences. Family Physicians from around the state frequently refer patients to physicians outside of the state of New Mexico. Frequently the Newborn ICU at both Presbyterian Hospital and University of New Mexico Hospital are filled, requiring that at-risk mothers or babies be transferred out of state. Similarly specialty services and trauma patients frequently require transfer to nearby trauma centers in El Paso, Lubbock, Tucson or Durango. Many of our specialty referrals are made to physicians in El Paso, Lubbock, Tucson or Durango.

If the *Montano* decision stands and the courts rule that physicians practicing in nearby states are subject to the malpractice laws and the malpractice act of New Mexico, our referral sources may, for their own protection, decline to accept transfers or referrals from within our state. This would have catastrophic consequences for the citizens of New Mexico.

There is a website detailing the public policy implications if this goes through. Dr. Brown made a motion that the Board write a letter and send to the website which passed.

Future Board Meetings:

Feb. 19, 2016

NMAFP Office - 5:30 pm (dinner served)

Night before Winter Refresher

April 23, 2016

NMAFP Office - Noon (lunch served)

July 30, 2016

Sagebrush Inn - 12:30 pm (lunch served)

A Leader in Global Healthcare Social Entrepreneurship

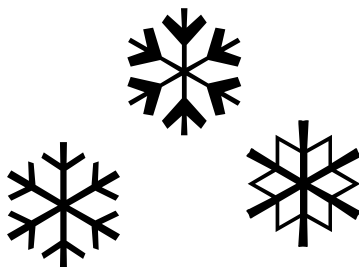
The Society of Physician Entrepreneurs (SoPE) New Mexico Chapter hosted a presentation by Dr. Sanjeev Arora, from the University of New Mexico, an internationally renowned healthcare social entrepreneur and a leader in the high impact effort to transform patient care. Dr. Arora's work has been featured in publications throughout the world including the New York Times and has received global recognition.

The presentation titled "Transforming Patient Care Through Global Healthcare Social Entrepreneurship" was held on Tuesday, November 10, 2015 between 6 – 8 PM at the First Citizens Bank NM Corporate Office, 4701 Lang Ave NE, Albuquerque, NM.

Dr. Arora discussed his globally transformative disruptive innovation, Project ECHO (Extension for Community Healthcare Outcomes) that improves capacity and access to specialty care for rural and underserved urban populations. This low-cost, high-impact intervention is accomplished by linking expert inter-disciplinary specialist teams with primary care practitioners, including physicians, nurse practitioners, physician assistants, social workers and community health workers. Using video-conferencing and case-based learning, experts mentor and share their expertise with primary care clinicians, allowing them to offer a level of specialty care, typically only seen at major academic medical centers, locally to patients with complex health conditions.

Founded in 2003, Project ECHO located at the University of New Mexico Health Sciences Center now operates in 64 hubs for nearly 40 diseases and complex conditions in 26 states and 11 countries outside the U.S.

The Society of Physician Entrepreneurs (SoPE) New Mexico Chapter is a global and dynamic non-profit that fosters healthcare innovation by all medical and healthcare entrepreneurs. They provide mentorship, relationship building, and a platform for sharing ideas, resources, best business practices and access to information, capital and other resources.



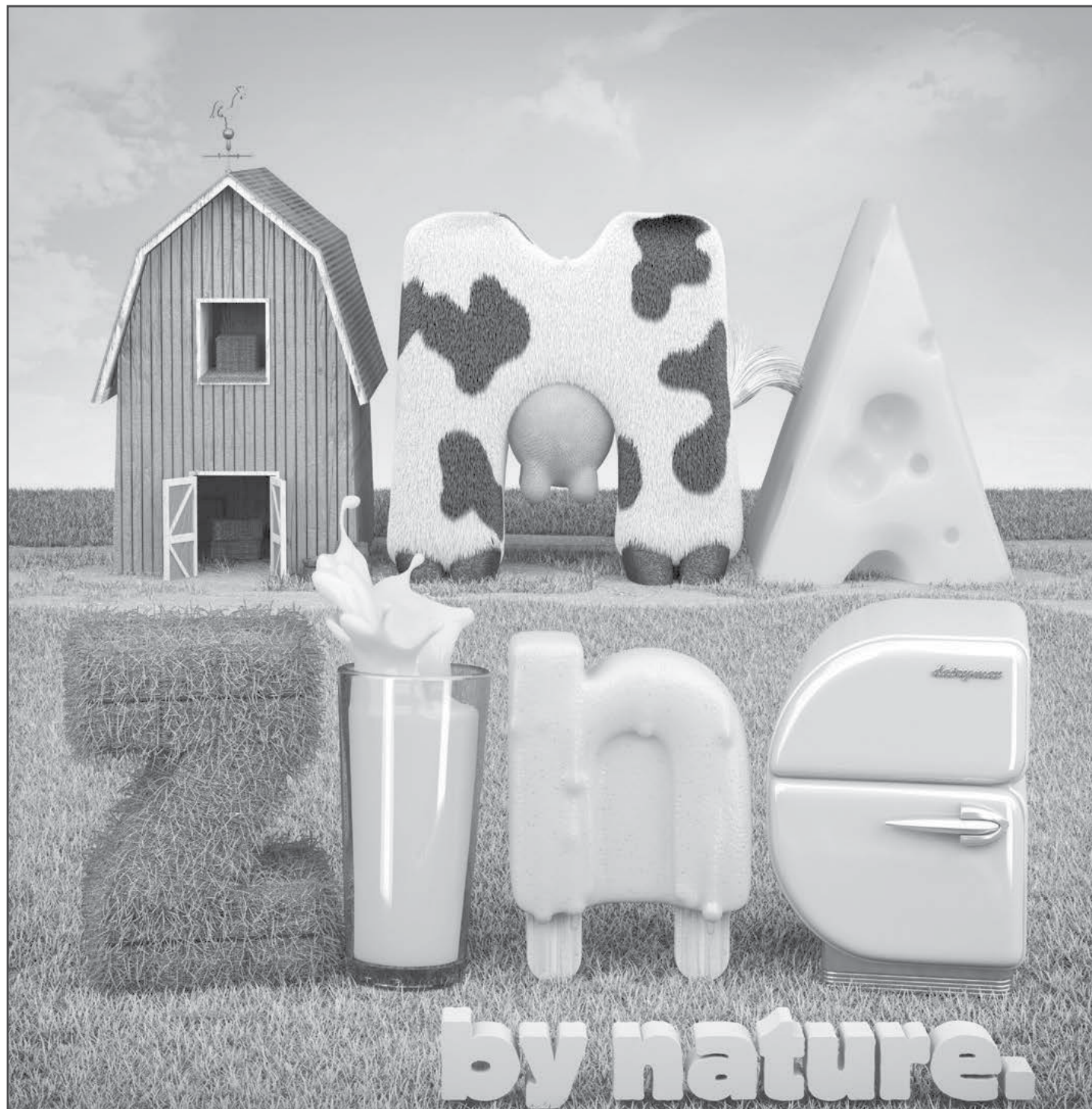
Help the NMAFP Communicate

We are seeking a new Chair of Communications to manage the Newsletter, Website and other communication issues within the NMAFP. It is fun and rewarding work. No experience necessary but knowledge of information technology a plus. This is a great opportunity for new faculty or others who would like to serve their fellow Family Doctors and be part of the NMAFP. If interested, contact Sara at the NMAFP Office - 505-292-3113 or familydoctor@newmexico.com.

A New MOC

Recently the University of Pittsburgh Department of Family Medicine has developed a Maintenance of Certification Performance in Practice Module (Part IV) titled "Maximizing Adult Vaccinations with the 4 Pillars™ Immunization Toolkit" that was approved by the American Board of Family Medicine and funded by the CDC. Development of the concepts and strategies within this activity's self-learning modules are the compilation of two decades of research on the barriers and facilitators of adult vaccination. The need for this module is shown by the low national adult vaccination rates. Visit <http://www.4pillarstoolkit.pitt.edu/abfm> for more information.





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Strategic Planning Session, November 7, 2015, Hotel Encanto, Las Cruces, NM

On a Saturday morning in early November, 20 members of the NMAFP Board of Directors met with Facilitator, Nancy Laughlin, from the AAFP. Nancy was the facilitator for the NMAFP Strategic Planning Session in 2012 as well. The Session, including a working breakfast, was extremely intense yet very productive, lasting 4 hours without a break. Immediately following the SPS, the eager Board Members jumped right into their quarterly Board Meeting with a working lunch. NMAFP is grateful to those Board Members that spent the weekend in Las Cruces working to better their Academy.



L-R Front Row: Kresta Antillon, MD; Linda Stogner, MD; Melissa Garcia, MD; Arlene Brown, MD; Lourdes Vizcarra, MD

L-R Middle Row: Rachel Seltzer, MD; Greg Koury, MD; Valerie Carrejo, MD; Sara Bittner; Melissa Martinez, MD; John Andazola, MD; Stephanie Benson, MD

L-R Back Row: Rick Madden, MD; Frank Ralls, MD; Michael McKinney, MD; Dion Gallant, MD; Karen Phillips, MD; Nancy Laughlin, Facilitator; Virginia Hernandez, MD; Dan Stulberg, MD; Lisa Stolarczyk, MD; Rick Madden, MD



Your Academy Board setting the plan for the next 3 years

