



The Roadrunner

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NMAFP

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President's Column:

By Melissa Garcia, MD

Spring has finally arrived. I am hopeful that this season provides us with a renewed sense of optimism and purpose. I recently attended the AAFP's Annual Chapter Leadership Forum (ACLF). These national meetings provide education to our elected leaders but also instill inspiration and validation to our chosen specialty. It was refreshing to hear what Family Physicians are doing to shape policy decisions at the state and national level. While we have made strides in payment reform and repeal of the SGR, there seems to be little attention given to the increasing rate of provider burnout and dropout. In a time where burnout among primary care physicians is at an all-time high and our role in the healthcare delivery system is being challenged, we must begin to have a dialogue of how we support one another in a more meaningful way.

In our day-to-day practice, it is a challenge to remain optimistic in the face of constant uncertainty and change. We become very adept in our training and in our socialization as physicians to ignore our own needs to serve the needs of others. In her book "How Doctors Feel," Danielle Ofri examines the role that physicians' emotional health impacts their care of patients. It should come as no surprise that when physicians are emotionally and physically exhausted, patient care is adversely affected. There are few mechanisms in place to allow physicians and other medical providers to openly share their struggles and anxieties and provide support to one another. There are fewer and fewer opportunities to engage with one another on a social level. Many of us are so busy and caught up with our professional and family lives we even lack the self-awareness to realize there are problems.

I was pleased to find in the recent UNMSOM Alumni magazine that the school is instituting learning communities where first year medical students are paired with faculty mentors for their entire medical school training. Formal educational programs for mindfulness and stress reduction would also prove beneficial in increasing the resiliency to burnout for our future generation of physicians.

It would be refreshing to see our organization advocate for physician wellness in a more meaningful way and for our health care organizations to realize that physician wellness is integral to patient safety and healthcare outcomes.

Family Medicine for America's Health is Making Health Primary

We are just weeks away from our 58th Annual NMAFP Family Medicine Seminar—happening July 16-19th at the Ruidoso Convention Center and Lodge at Sierra Blanca—and this year, we have an all-star line-up of events, exhibits, and speakers including Dr. Glen Stream, President and Board Chair of Family Medicine for America's Health.

Family Medicine for America's Health is a new collaboration between the nation's eight leading family medicine organizations aimed at driving continued improvement of the U.S. health care system and demonstrating the value of true primary care. A critical component of this new collaboration is Health is Primary, the multi-year national campaign to demonstrate the value of primary care.

Since its launch in October 2014 in front of more than 5,000 people at the AAFP Assembly in Washington, D.C., Health is Primary has been traveling to cities around the country to demonstrate the value of primary care. With recent stops in Seattle, Raleigh, and Chicago, the city tour is convening physicians and health care stakeholders to showcase primary care innovations that are revolutionizing health care delivery in communities around the country.

In addition to its ongoing city tour, Health is Primary is also running quarterly initiatives on a variety of disease prevention and health promotion topics. The campaign

kicked-off in January with a focus on fitness and nutrition and recently released patient education materials on chronic disease prevention and management, including hypertension, diabetes and heart disease. Over the next few months, Health is Primary will be highlighting immunizations in August—just in time for back to school—and smoking cessation in November.

If you and your practice want to help share the commitment of family medicine—Family Medicine for America's Health has created a toolkit that includes materials, ranging from videos to printable posters and social media content, to help spread the word about the importance of primary care. Materials can be customized and are open and available for download at no cost.

Dr. Stream and the entire family medicine team are looking forward to joining forces and getting the word out about how family medicine and primary care can help create an America where health care works for everyone: delivering better care and better outcomes at a lower cost.

For more information and to download the Health is Primary campaign toolkit, visit <http://healthisprimary.org/make-health-primary>.

UNM Med School Receives Top Ten Award

Congratulations, University of New Mexico School of Medicine, on receiving a Family Medicine Top Ten Award from the American Academy of Family Physicians! The 2015 award winners were announced and recognized on April 27, at the Society of Teachers of Family Medicine Annual Spring Conference in Orlando.



NM Faculty receiving the award from AAFP President Robert Wergin, MD

L to R - Drs. Stephanie Benson, Rob Williams, Robert Wergin, Dan Stulberg, and Shahnaz Kazi

Epic Change in Physician Payment: Good Riddance SGR, Hello MACRA

By Melissa Martinez, MD

Sometimes change is gradual, sometimes it is sweeping. The repeal of SGR and its replacement with MACRA was both gradual and sweeping. This April, after twelve years of effort on the part of AAFP leaders, Congress repealed SGR and replaced it with the Medicare Access and CHIP Reauthorization Act (MACRA).

SGR: SGR stands for Sustained Growth Rate and was a formula that the US Congress gave the Center for Medicare/Medicaid (CMS) to calculate physician payments. The idea was that using the formula would save money. The reality was that every year there was an unrealized threat to cut payments to doctors and no real savings. For twelve years leaders of the American Academy of Family Physicians (AAFP) and other physician groups lobbied to repeal SGR. The efforts often came close and led to “doc fixes” in which cuts to payment were delayed but not stopped.

MACRA: The Medicare Access and CHIP Reauthorization Act (MACRA) is a sweeping bill which provides changes to physician payments and provides for many other programs important to family medicine.

Payment Changes: Under MACRA, physician payments will go up by 0.5% in July 2015 and an additional 0.5% each year until 2020. This will be a marginal but predictable increase in fee-for-service payments. From 2020-2025 there are no plans for increase in fee-for-service payments, but practices could get an additional 5% in value based care. This is because Congress has charged CMS with developing “value based” payment models that reward innovations like the Patient-Centered-Medical-Home. It will be important to watch what CMS does as this could have a major impact on how doctors get paid!

Other Programs: MACRA also

- extends the Children’s Health Insurance Program (CHIP) for two years.
- provides funding to continue Community Health Centers and the National Health Service Corps for two more years.
- gives 60 million dollars to Teaching Health Centers Graduate Medical Education Programs which funds resident training outside of academic centers.

The support for this bill was bipartisan with large majorities in both houses

and support from the White House. Not everyone is happy, however. There is a clause to raise Medicare Premiums to the wealthier users – a clause opposed by the AARP. In addition to finance, this bill does require that the debt ceiling be raised which frustrates fiscal conservatives. Most physician leaders, however, consider this bill to be a major victory and a big step in the right direction. As Robert Wergin, AAFP President, put it “The passing of this bill ignites an important pivot of the nation’s health delivery system to one built on strong primary care.”

Physicians Honor Legislators O’Neill, Sanchez, McMillan, and Tripp with President’s Award

By Melissa Martinez, MD

Melissa Garcia, MD, President of the New Mexico Academy of Family Physicians announced that she has selected Senator Bill O’Neill (D), Senator Michael Sanchez (D), Representative Terry McMillan, MD (R), and Representative Don Tripp (R) as recipients of the 2015 NMAFP President’s Award. According to Garcia, “This award is to honor these legislators who worked together in a bipartisan manner to pass the Vaccine Purchasing Act which protects New Mexico’s children.”

The Vaccine Purchasing Act requires all health companies to pay for the vaccines that are administered to children insured by each of them, with provisions for penalties for failure to pay the assessments. This streamlines the distribution of childhood vaccines to medical practices throughout New Mexico and eliminates barriers to children getting the vaccines they need, unquestionably preventing a lower rate of immunizations and more illness in New Mexico. According to Steve Lucero, NMAFP Legislative Liaison, “Senator O’Neill and Representative McMillan introduced the bill, and Senator Sanchez and Representative Tripp offered critical support to get this bill through committees as well as the Senate and House floors. It was amazing to see the bipartisan support that these leaders inspired for this bill.”

“As physicians who care for children, we really appreciate their effort; clearly, they care about the children of New Mexico,” said Dr. Garcia.

FMIG Update

First year students of the UNM Family Medicine Interest group partnered with the Pediatric and Internal Medicine Interest Groups to put on a “Prep for PIE” session. PIE is a six-week, clinical experience in rural New Mexico that all students participate in between their first and second year. The “Prep for PIE” session provided six stations for students to learn applicable knowledge and practical skills that have not been delivered yet in the curriculum. Stations ranged from diabetes control to HIV/AIDS information.

FMIG also hosted the second annual Match Mixer for fourth years that matched in Family Medicine. We had a great turnout, including current Family Medicine residents, physicians, fourth years, and the FMIG officers. It was wonderful to talk to people passionate about Family Medicine and to celebrate those that have made a recent commitment to Family Medicine.

At least two of the FMIG officers are looking forward to attending the NMAFP July 16-19 State Conference in Ruidoso. We are also excited to attend the National Resident & Student Conference in Kansas City and are so thankful for the NMAFP scholarships to make this a reality.

Thanks for your ongoing support, Katie Ogawa, FMIG Co-President

NMAFP Slate of Officers 2015-2016

Members will vote for their 2015-2016 Officers during the 58th Annual Family Medicine Seminar, July 16-19, 2015 at the Ruidoso Convention Center.

Nominations are:

Board Chair: President Melissa Garcia, MD will automatically move to the position of Board Chair

President: President-Elect Greg Koury, MD will become President by automatic ascension

President-Elect: John Andazola, MD

Secretary-Treasurer: Frank Ralls, MD

Vice President: Valerie Carrejo, MD

On Friday, July 17, there will be a call for nominations from the floor, and voting will take place during the 10:00 am break. The results will be announced during the Awards Dinner & Dance that evening, and Dr. Wanda Filer, AAFP President-Elect will induct the new NMAFP Officers.

If you would like to register for the Ruidoso Conference, please go to: www.familydoctornm.org or call Sara: 505-292-3113.

Reflections on the Constituencies

By Tatyana Guerrero, MD

At the end of April I attended my first AAFP National Conference of Constituency Leaders (NCCL) as a first year delegate from our Chapter representing the New Physician constituency of the Academy. Coincidentally, the NCCL was also making its debut as the born-again convention of Leaders, previously known as the Special Constituencies, despite actually celebrating what were already 25 years of convening the perhaps more progressive members of the Academy. Yet, despite a new last name to accompany its ever-innovative spirit, the conference was merely marking another year doing what it does best: inspiring leadership and developing forward-minded policy amongst its most active and interactive members.

There were two things that came to my mind as I sat down to the welcoming remarks of the Conference Convener that Thursday morning. Actually, maybe three: 1) What exactly is a constituency to the Academy, and what makes it so special; 2) Why are we representatives and members of these special constituencies so poised to be the next leaders; and 3) When they picked me to represent as one of those leaders, did they realize I get terrible stage fright and a baseball-sized knot in my throat when I have to speak in public? (And did becoming a leader mean I would indeed have to speak in public?)

Okay, so maybe my third question was actually more of a rhetorical self-commentary, and I didn't really want anyone to answer that. I decided I would use my first experience as just a step in the bigger process of becoming a leader. To answer the first of my questions, however, I turned to history.

Since its inception, the mission of the Constituencies Conference of the AAFP has been to give democratic voice and agency to what has been historically the underrepresented and less-understood members of our professional community. This, the Academy believes, is one way to ensure both a necessary and constant progress generated from within, and has defined its constituencies, therefore as women, GLBT, minorities, IMG, and new physicians. As I looked around me in the ballroom that morning, and then repeatedly throughout the conference, it became clear to me who the constituencies were and their role and significance both as individual entities in this conference, as well as diverse collectivities between which there is a natural and logical overlap of interests and values. From reproductive rights and human rights, to attaining more cultural and social competence, to addressing Social Determinants of Health and standardizing transgender and LGBT care, it became clear that the concerns

of underrepresented groups within the organization easily and naturally morph into those of the Academy at large. What's important for and benefits the less-represented communities, the Academy wants us to know, is important to the entire organization, and it is within this sacred space of a conference that we constituencies have our platform to effect change in this regard.

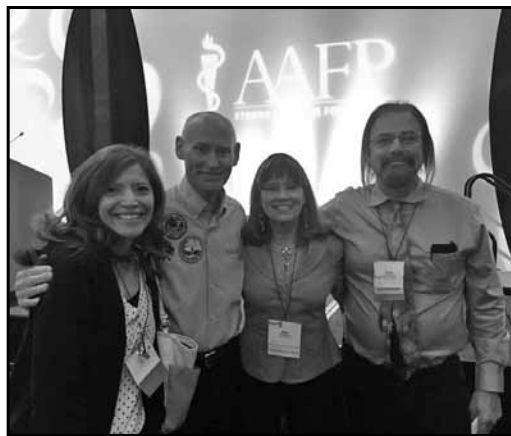
For those of you who know me and are familiar with my personal and professional background, it comes as no surprise that of the five constituencies represented at the conference, I can directly identify with four of them; indirectly, I can empathize with all. Initially, I wondered how I could possibly pick which constituencies I felt I could contribute to the most, especially if I was there officially just representing one, until I realized that the fluidity and accessibility of the conference was deliberate and I would be able to wear all my hats at once and participate only to the extent that I wanted to via the Resolution. After all, the meat of the conference, and how it proposes change and develops leaders, is through the famous parliamentary resolution writing. Yet, while the ultimate goal is to create resolutions toward policy change within the Academy, the NCCL is not so much about getting a resolution passed, but the process of discussing, drafting, and defending a resolution in the area(s) in which many of us have stake as constituencies. Which leads me to why, as special constituents, we are poised to make good leaders.

I know I'm preaching to the choir when I say that as Family Physicians, we play an integral role in maintaining and regaining the health of our patients, as we are often regarded, respected, and remembered for the relationship and rapport we establish with the people we meet and treat along the way. Because of the diversity of the populations we serve, both in- and out-patient, as well as often being the first potentially sustainable contact patients have with the healthcare community, we tend to be more in touch with the everyday barriers to health (the Social Determinants) that define who our patients are and where their needs lie on the dynamic spectrum of sickness and health. This is perhaps more obviously how we are positioned to lead our communities in all ways in which we interact with them. Yet, perhaps equally important, albeit not quite as obvious, is the responsibility we have to ourselves and our colleagues to stay informed of the ever-changing needs of our communities and how we can adapt our training and development as practitioners to meet those needs. Just as belonging to a special constituency or more helps inform us as leaders amongst our patient communities, so, too, does it serve in our training and teaching of one another, and gives us the medium to collaborate and innovate with each other where our interests have potential to overlap, even if our backgrounds do not.

National Chapter Leader Forum

By Frank Ralls, MD

Greetings. The ACLF experience was outstanding. Among the many exceptional speakers was Mike Mullane, former space shuttle astronaut. He likened our lives as Family Physicians to the Space Shuttle Columbia disaster. He showed the audience data that was known and available prior to the disaster. However people were convinced that a lower set point, a lower standard, would be "ok." It was a small thing anyway, a little piece of foam, no one will notice. The lower set point became the "new standard" resulting in the disaster of February 1, 2003. He emphasized that we are Family Physicians because we believe in touching lives. We believe in "little things." We believe people are important. We believe in providing good medical care to our patients. There are voices "out there" continually trying to convince us to settle for less, that a "new standard" is really "ok." At the end of his talk I held two words in my heart: I believe.



L to R – Dr. Melissa Garcia, Colonel Mike Mullane, Sara Bittner, Dr. Frank Ralls



L to R – Dr. Tatyana Guerrero, Sara Bittner

Board Notes

NMAFP BOD Meeting

April 18, 2015

Present: Mike Armstrong, AAFP Foundation, Sara Bittner, Veronica Galaviz, & Daphne Olsen. Doctors present: Dion Gallant, Melissa Garcia, Larry Leeman, Bridget Lynch, Rick Madden, Melissa Martinez, Michael McKinney, Karen Phillips Rachel Seltzer, Linda Stogner, Dan Stulberg, and Lourdes Vizcarra. The meeting was chaired by Dr. Phillips.

Introductions:

Mike Armstrong, AAFP Foundation, gave a brief report about the Foundation and shared some new projects they are involved in.

Bridget Lynch, MD, former UNM Med Student and now an Attending practicing in Albuquerque, is interested in being more involved with NMAFP.

Rachel Seltzer, MD, a Resident in Silver City, is interested in becoming the Resident Rep when the two current Resident Reps from SC graduate in June.

Veronica Galaviz, second-year Med Student at UNM, is also interested in learning more about FM and getting involved with NMAFP.

Winter Refresher Final Report: The Final Evaluations and the Financial Statement were included in the Board Packets. Dr. Dan Stulberg and Dr. Dan Waldman, both NMAFP Board Members, received the 2 highest scores on the Speaker Evals. Finances were very satisfactory as attendance was high. A discussion took place as to whether or not to charge for the hard copy Speaker Handout that costs considerably more than the thumb drive. It was determined that the Registration Form for the Winter Refresher, Feb. 20, 2016, will include the following: electronic version of Speaker Handout - free; hard copy Speaker Handout - \$15.

2015 Legislative Report: Dr. Rick Madden, Legislative Affairs Chair, gave a final report of the 2015 Legislative Session. Under the leadership of Dr. Melissa Martinez, NMAFP Board Member, and Dr. Lance Chilton, New Mexico Pediatric Society, Senate Bill 121 "The Vaccine Purchasing Act" passed the Senate and House unanimously. According to Dr. Madden, this bill was one of the biggest successes of the Session, although there were other successful healthcare bills.

Twelve-Month Presbyterian Co-Sponsor Proposal: Dr. Dion Gallant presented to the Board a proposal by Presbyterian Healthcare Services to sponsor NMAFP activities and pay for advertisements. A lengthy discussion ensued, a motion was made, vote taken, and it passed unanimously.

Ruidoso Conference Update: Dr. Melissa Garcia, Scientific Program Chair, shared in-

formation about the upcoming July 16-19, 2015 NMAFP Conference. Online registration has been in place for a few weeks. Dr. Garcia has planned a very well-rounded agenda, and it is expected to draw large numbers.

Silent Auction in Ruidoso: Dr. Karen Phillips passed around a sign-up sheet for donations from the Board. The Silent Auctions during the summer conference are a lot of fun and generate \$4,000-\$5,000 in non-dues revenue.

Scientific Advisory Committee Update: This committee will meet for the first time immediately following the July 18th BOD Meeting in Ruidoso. This committee is charged with bringing 4 confirmed speakers with presentation titles to the meeting so NMAFP can start building a data base of potential speakers for the next summer's state conference.

Scholarly Activity Committee Update: This Committee is made up of the four Residency Directors and Drs. Frank Ralls and Dan Stulberg. The Committee would like to have a Poster Session at the one-day, Winter Refresher in Albuquerque each year. The AAFP will accredit the Session for .5 Prescribed credits. A motion was made and passed to contract the extra needed space in the Lecture Hall at Hotel Albuquerque that will provide room for the Poster Session.

Reduced Fee: There was a discussion about offering a reduced registration fee to the attendees in Ruidoso this summer for the Winter Refresher on Feb. 20, 2016, if they sign up during the summer Conference. It will be added to the WR Registration Form in the Ruidoso attendee packets.

Call for Resolutions for AAFP COD, Sept. 28-30, Denver: Dr. Dion Gallant, Delegate to the COD, asked the Board to be thinking about Resolution topics for this year's COD.

Registration Waiver for Officers: Dr. Dion Gallant addressed the Board regarding the Board Chair, President, President-Elect, Secretary-Treasurer and Vice President receiving a discounted rate for conference registration fees during their tenure as an Officer. After a lengthy discussion there was a decision to give the five officers an option to pay or have their full registration fee waived. This will help the self-employed Officers. A second motion, that a report be given to the Board after each Conference on the fiscal impact also passed. A final motion, stating that with the new incentive for officers to have their registration paid for, they have the option to donate back to the Chapter also passed.

Vote for Physician of the Year: The Board voted Dr. Phil Briggs as the 2015 POY. He will be honored at the Awards Dinner & Dance on July 17th during the Ruidoso Conference.

Strategic Planning Session/Board Meeting, Nov. 6-8, 2015, Hotel Encanto, Las Cruces: Dr. Karen Phillips addressed the Board

about the success of the Strategic Planning Session held in 2012, and that it was determined a SPS should be held every three years. The Board voted at the Nov. 8, 2014 Meeting to have a SPS in conjunction with the Fall BOD Meeting, Nov. 6-8, 2015.

Outstanding Chapter Awards: AAFP gives awards to Chapters every year at the ACLF Conference held in KC. This year, NMAFP won second place in Medium Chapters for the highest percent increase in student membership as of Dec. 31, 2014. Dr. Karen Phillips thanked Daphne Olson, FMIG President, for her part in this award. Daphne shared with the Board that Dr. Dan Stulberg implemented a Quality Improvement Project as part of the Med Students Practical Immersion Experience, and a lot of students did a project through the AAFP. Thanks goes out to Dr. Stulberg as well.

Student Report: Daphne Olson shared with the Board that the FMIG's had their Second Annual Family Medicine Match Mixer which was very well attended. NMAFP offers scholarships for Med Students wishing to attend the Resident & Student Conference in KC every year. She suggested to the Board that they add a Med Student to the Scientific Advisory Committee, which meets once a year during the State Conference. Med Students get exposed to so many new lectures and new material that, perhaps, they could be a new source for ideas for future lectures. A motion was made to include a student on the Scientific Advisory Committee, vote taken, and it passed unanimously. Daphne will let the Board know who that individual will be.

Resident Report: Dr. Michael McKinney reported that the Santa Fe Residency successfully matched all four spots. Rotations are being restructured. Dr. Stulberg will go to Santa Fe to facilitate faculty development with the Residency Staff. Dr. McKinney mentioned the possibility of a new Residency in Farmington, and the Santa Fe Residency is sending two Residents to Farmington as away rotations to test the waters.

Dr. Jason Lee submitted a written report from the Las Cruces Residency. Their program has obtained dual accreditation by ACGME and AOA. They filled and matched their class of 2018. Burrell College of Osteopathic Medicine is being built in Las Cruces with planned opening in 2016.

Dr. Rachel Seltzer informed the Board that the Silver City Residency Program is still recruiting to fill their one empty spot. They matched two individuals for next year's interns who will be at UNM.

Upcoming BOD Meetings:
July 18, 2015, Ruidoso Convention Center, 12:30 pm, lunch served

Nov. 6-8, 2015, Strategic Planning Session/Board Meeting, Hotel Encanto, Las Cruces

Feb. 19, 2016, NMAFP Office, 5:30 pm (night before Winter Refresher), dinner served

58th Annual NMAFP Family Medicine Seminar

July 16 -19, 2015 Ruidoso Convention Center & Lodge at Sierra Blanca

Melissa Garcia, MD – Scientific Program Chair

This activity has been approved for 21. 5 Prescribed credits by the AAFP

SCHEDULE OF EVENTS AND LECTURES

Thursday, July 16th

- 8:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:50 a.m. Introduction & Welcome
Melissa Garcia, MD, President, Scientific Program Chair
- 9:00 a.m. "End of Life Decision Making in New Mexico: Then and Now"
Revathi A-Davidson, MA, MPH;
Joan McIver Gibson, PhD; Terrence Meyer, MD;
Robert Schwartz, BA, JD; Traci White, PharmD, PhD
- 10:30 a.m. "Keeping Track of our Smallest Patients:
Premature Infant Follow-Up"
Lance Chilton, MD
- 11:30 a.m. Lunch - Exhibit Hall
- 12:30 p.m. "Family Medicine for America's Health Initiative Update"
Glen Stream, MD, MBI, President and Board Chair,
Family Medicine for America's Health
- 1:30 p.m. "Diabetic Foot"
Attlee B. Benally, DPM
- 2:30 p.m. Break - Exhibit Hall
- 3:00 p.m. "Sodium-Glucose Cotransporter 2 (SGLT2) Inhibition in
Type 2 Diabetes Management: A New Therapeutic
Option in Primary Care"
Dolores Gomez, MD
- 4:00 p.m. "The Lifetime Impact of Child Sexual Assault"
Wanda Filer, MD, MBA, FAAFP, AAFP, President-Elect
- 5:00 p.m. At Leisure
- 6-8:00 p.m. Welcome Reception
Barbeque Dinner on the Patio
Introduction of Candidates Running for Office, 2015-2016
Honored Guest Wanda Filer, MD, MBA, FAAFP - AAFP
President-Elect

Friday, July 17th

- 7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "Maintenance of Certification (MC-FP) 2015 - Helpful,
Time-Saving Approaches"
Joe Tollison, MD
- 9:00 a.m. "New Mexico Department of Health Medical
Cannabis Program"
Maureen Small, MD, DOM
Kathryn Riter, Health Educator, NMDOH
- 10:00 a.m. Break - Exhibit Hall
- 10:30 a.m. "Circadian Rhythms - When Insomnia is Not Insomnia"
Frank Ralls, MD
- 11:30 a.m. "State Innovation to Meet Health Workforce
Demand in a Reformed System"
Daniel Derksen, MD
- 12:30 p.m. Lunch - Exhibit Hall
- 1:30 p.m. "AAFP Chapter Lecture Series: Barriers to Adult Immunizations"
(This CME activity is funded by an educational grant to the AAFP from Merck)
David G. Weismiller, ScM, MD, FAAFP

Friday, July 17th Continued

- 2:30 p.m. "Creating Value from the EMR Investment"
Kevin Maben, MD
- 3:30 p.m. Break - Exhibit Hall
- 4:00 p.m. "Screening, Diagnosing, and Treating Hepatitis C in Primary
Care: A Patient-Centered Approach"
John Andazola, MD
- 5:00 p.m. At Leisure
- 6-10:00 p.m. Awards Dinner & Dance
Honored Guest: Wanda Filer, MD, MBA, FAAFP - AAFP
President-Elect
Entertainment - Jim Dixon

Saturday, July 18th

- 7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "Abnormal Uterine Bleeding: Evaluation & Management
for Ovulatory Dysfunction"
Amy Garcia, MD
- 9:00 a.m. "Family Approaches to the Treatment of Substance Use
Disorders"
Brandi Fink, PhD
- 10:00 a.m. Break - Exhibit Hall
- 10:30 a.m. "Patient Centered Medical Home - What It Can Do for Your
Patients and You!"
Jennifer Phillips, MD
- 11:30 a.m. "JNC Hypertension Guidelines"
Dion Gallant, MD
- 12:30 p.m. Afternoon at Leisure
- 12:30 p.m. NMAFP Board Meeting
Ruidoso Convention Center
(Lunch Served)

Sunday, July 19th

- 7:00 a.m. Exhibits Open
Breakfast - Exhibit Hall
- 8:00 a.m. "Making Sense of the New Cholesterol Guidelines"
Robert DuBroff, MD
- 9:00 a.m. "It's Time to Change How We View Child Health:
The Importance of the Family Physician in Developmental/
Behavioral Screening of Young Children"
Nancy Lewis, MPA, MS, CCC-SLP
- 10:00 a.m. Break - Exhibit Hall
- 10:30 a.m. "Dementia Update - How to Diagnose, Treat
and Manage Symptoms of Cognitive Decline"
Janice Knoefel, MD, MPH
- 11:30 a.m. "Practical Guide to the Use of Urine Drug Screens in
Primary Care"
Valerie Carrejo, MD
- 12:30 p.m. Drawing for Door Prizes
Must be registered for the conference & present to win

Register Online: www.familydoctormn.org

REGISTRATION FORM FOR 58TH ANNUAL NMAFP FAMILY MEDICINE SEMINAR

(Please Print Clearly)

Name _____ Designation: ☐ MD ☐ DO ☐ NP ☐ PA ☐ RN
AAFP ID# _____
Address _____ C/S/Z _____
Phone _____ Email _____

How would you like to receive your handout:

☐ Electronic Version (*Printouts are not included with electronic version*) ☐ Hard Copy Book

_____ AAFP Member Practicing Physician \$390
_____ Non-Member Practicing Physician \$510
_____ NP/PA/RN \$275
_____ Retired Physician \$175
_____ Family Medicine Resident (no charge)
_____ Medical Student (no charge)
_____ Yes, I want to sponsor a student attendee \$40

Extra Tickets for Family Members

_____ Thursday BBQ Dinner - Adult \$25
_____ Thursday BBQ Dinner - Child (6-12) \$10
_____ Friday Awards Dinner & Dance - Adult \$30
_____ Friday Awards Dinner & Dance - Child (6-12) \$15

_____ Total Enclosed from Both Columns

Registration includes one adult ticket for the Thursday BBQ Dinner and one adult ticket for the Friday Dinner & Dance. Children 5 and under are free.

Payment Information: ☐ Check Credit Card: ☐ Visa ☐ Mastercard ☐ Discover ☐ American Express (See below)

Cardholder Name: _____

Billing Address (if different): _____

Card Number: _____ Expiration: _____ CVC (3 or 4 digit code): _____

I authorize NMAFP to charge the amount indicated to my credit card provided herein. I agree that I will pay for this purchase in accordance with the issuing bank cardholder agreement.

Signature: _____ Date: _____

Please mail form & payment to:

NMAFP, Educational Fund
2400 Louisiana Blvd. NE, Bldg. 2, Suite 101
Albuquerque, New Mexico 87110

Register Online:
www.familydoctormn.org

Questions? Call or email Sara: (505) 292-3113 • familydoctor@newmexico.com

Silent Auction at the Ruidoso Conference

NMAFP will have a Silent Auction during the Ruidoso Conference. Proceeds will go toward the support of FM Residents and Medical Students interested in Family Medicine. This includes free registration to all NMAFP Conferences, an annual Med Student Reception, scholarships to the National Resident & Student Conference in Kansas City and other projects throughout the year.

Find that "very special item" that you want to donate and bring it with you to the Conference. Email Sara (familydoctor@newmexico.com) to let her know what you are bringing and the approximate value so she can have the bid sheet ready.

It will be a lot of fun, and the proceeds will support a very important cause. The Silent Auction held in Taos last year was a huge success bringing in over \$4,500. Let's keep up the good work for our Residents and Med Students!

Tar Wars Update

by Anthony Fleg, MD

Tar Wars, a national program of the AAFP, took a different direction this year with the elimination of the national conference. In its place, grants of \$4000 were offered for programs across the country to support their anti-smoking efforts. NMAFP, in coordination with the Native Health Initiative partnership, were selected for one of the 10 awards.

New Mexico's project was run by health profession students who focused on creating curricula on two issues

- Teaching about e-cigarettes
- Breathe Tradition, Not Addiction: A Culturally-Based Approach to Teaching about Tobacco

Both of these curricula will be published on the web for others in NM and across the country to use in their efforts.



Tar Wars NM reached approximately 1,000 students this school year and the team of students coordinating the program continued the popular Tar Wars poster contest. Pictured here is our state's first place winner Steven Sena from Longfellow Elementary School in Albuquerque. His poster uses a spider/cigarette in a spider web and reads "Don't Get Caught in the Web of Smoking." He says that he was inspired to create this art because of family members he is hoping to convince them to quit smoking. As his 1st place prize, he will be throwing out a first pitch at an upcoming Isotopes baseball game.

The Native Health Initiative, a community-led partnership, has coordinated the Tar Wars NM program over the past six years, inviting clinicians from around the state to get involved with this program, by organizing Tar Wars sessions into their local schools. We have not been able to effectively get to many of NM's rural communities, so clinicians in rural NM are especially needed to become Tar Wars champions! You can get more information from Anthony Fleg (afleg@salud.unm.edu) and at the 2015 NMAFP Annual Conference at the Tar Wars table.

Leadership Development Program

By Irene Gutierrez, MD

The AAFP puts together a chief leadership development program dedicated to Family Medicine chief residents. The program is intended to give incoming chief residents the resources and skills they need to succeed in this leadership position. The University of New Mexico Family Medicine Residency Program was able to send three of the four incoming chief residents to this event in early May held in Kansas City. The Southern New Mexico Family Medicine Residency Program was able to send their chief resident as well. The chief residents from the two programs were excited to get a chance to meet and become "local" resources for each other.

The program was a three-day workshop in early May with a second part in September to regroup and recharge at the Family Medicine Experience in Denver, CO. The program hosts 290 chief residents from around the country, with groups formed to develop fellow chief resident longitudinal support, ideas, and networking.

As part of the program, chief residents will have a year-long support system through newsletters, listservs and the support of a locally chosen "coach" to provide guidance in the year of growth as a chief resident. The belief of the program is that chief residents are the future leaders of Family Medicine and the cultivation of these leaders is important to the future of Family Medicine. Our incoming chiefs were delighted to have this skill set added to their roles as we begin the new academic year!

UNM FM Residency Update

By Irene Gutierrez, MD

We are looking forward to the new Interns that begin in June. They have a wide breadth of backgrounds and past experiences this year that should make for a strong and dynamic class. It's always exciting to spend time getting to know the newcomers and fit them into our UNM family. Congratulations to the 3rd years that are graduating in June! We are excited that some are staying on as faculty at UNM, while others are headed to other academic institutions, rural sites across New Mexico, FQHCs, international work, or furthering education in fellowships.

We have added a new rural rotation site in Shiprock. Residents are excited to rotate at this new site and have great learning experiences as we expand our residency's coverage throughout rural New Mexico.

We are looking forward to a great year!



Green Chile Chiefs (L to R) - Drs. Irene Gutierrez, UNM; Sarah Gude, Santa Fe; Dessislava Ianakieva, UNM; and Evelinda Gonzales, UNM



L to R - Drs. Irene Gutierrez, Dessislava Ianakieva, and Evelinda Gonzales

Vaccine Fellowship

By Melissa Martinez, MD

I am thrilled to announce that I am an AAFP Vaccine Fellow for 2015. The intent of the fellowship is to “develop a cadre of family physicians interested in and knowledgeable about vaccine issues. This cadre will assist the AAFP in providing effective input into the deliberations and decisions for federal and state public health agencies that set vaccine policies as well as educating practicing Family Physicians about advances in vaccines.” The fellowship includes “hands on” experience through participation in meetings of leading experts in public health and immunizations, federal and vaccine policy groups, and vaccine manufacturers.

This far, I have been scheduled to attend the next Advisory Council on Immunization practices in Atlanta and have had some conference calls with the AAFP experts. I am doing a lot of reading about vaccine policy. I was a reviewer for the AAFP Residency Program grants that were similar to the one that was awarded to Hidalgo Family Medicine Residency last year. It was amazing to see all the great ideas these programs put forward. The other fellow is Dr. Nina Amhad who has worked with the CDC during measles outbreaks and works for the New York Public Health Department in Albany, New York. I hope she will speak at an NMAFP Conference in the near future.

New Mexico is lucky to have great family docs throughout the state who care about getting their patients vaccinated. The leadership of family docs is critical to improving our vaccine rates and fighting disease. If anyone is interested in future fellowships, please let me know.



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Save the Date!

NM Primary Care Training Consortium (NMPCTC) is convening a Summit!

When: Monday, August 10th & Tuesday, August 11th

Location: TBD – Albuquerque

Purpose: To understand the interest in and demand for primary care physician training in rural New Mexico; to design residency training expansion opportunities & explore healthcare workforce development across New Mexico.

Agenda includes: Expert technical assistance advisors, opportunities for regional sharing, workforce innovation design

Invitees include: Primary Care Providers, Hospitals, State Legislators, State and Federal Government Officials

Space is limited. For more information, please email: deborah.weiss@outlook.com

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Editor: Melissa Martinez, MD
1101 Medical Arts Ave. NE, Bldg. 4, Suite A
Albuquerque, NM 87102
505-272-3935

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NMAFP Office Address:
2400 Louisiana NE, Bldg. 2, Suite 101
Albuquerque, NM 87110
505-292-3113 • Fax 505-292-3259

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2400 Louisiana Blvd. NE, Bldg. 2, Suite 101
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