



The Roadrunner

Published quarterly by the New Mexico Chapter of the American Academy of Family Physicians, Inc.

NMAFP

Vol. 32, No. 3

Summer 2014



President's Column

By Karen Phillips, MD

Family Medicine has changed a lot in the last 100 years. In 1995, when I was in my 2nd year of residency, I did Locums in Mountainair, New Mexico. I fell in love with that small town and started my first practice there after I graduated in 1997. I worked there for five years. I took over a very old medical practice from a Dr. Robert J. Saul. He had come on the train from the East and had not planned to stay but ended up being the Family Doctor for this small western town for many decades (1949-1994). When we cleaned out his office we found a box of 3/5 cards that were his medical records. They were often no more than a date and a few words. For example, "Patient name. 4/14/52. Pharyngitis. Penicillin." I heard stories that he would often have people bring him apples, peaches and cherries as payment when in season and that he had a box of medical bills he never sent out to patients when he died. He would carry his prescription pad and a pen in his pocket around town, and people would approach him and ask for assistance which he would readily give. He was noted to be an excellent diagnostician without the assistance of complex medical equipment. Many Albuquerque doctors knew that if Doc Saul said "that" was wrong - most likely "it" was. He was also known to disappear for days of the week so he could get some rest and not be found because he regarded himself as "on duty" if he could be found. The Mountainair community named their community center after him when he died.

The part of my practice life spent in Mountainair was more similar to the old days than my practice now. When the road was closed the ambulance would call me at home and have me meet them at the scene of the accident or along the side of the road and have me "clear the spine" of the patients

so they wouldn't have to transport them to Albuquerque. However, I would refuse to do medicine while walking around town. I would ask my patients to come and see me at clinic so we could fully address their problems and would sometimes end up seeing 45 patients in a day and documenting it all in my paper charts. My practice life in Mountainair and my 10 years at 1st Choice in Belen, New Mexico has been with paper documentation. I have been at First Choice in Los Lunas since 2012, and this Spring we transitioned to Electronic Medical Records. I can see now that we are moving into a new era of medicine.

However, the mentality of myself and some of my patients is still a bit old-fashioned. I would much rather sit and have a conversation about how a patient is doing without having to write much rather than enter complicated notes, referrals and medication orders, not to mention the billing and other paperwork. A lot of the way the documentation has been created so far is about counting and not caring. However, there are drawbacks and benefits in every way of doing things, and I certainly don't think the old way of doing medicine is sustainable at this point. With more of our population having health insurance, there is an even greater need for doing more with less. We really have to stretch ourselves and do things the most efficient way possible. This requires the doctor to release some control and only be a piece of the care puzzle. It will require us to build more functional teams that will surround the patient with care and take some of the pressure off the one-on-one relationship of doctor and patient. It is certain to be a rough transition for a lot of us; but, we are in it together, and medicine is truly becoming a team sport which is exciting and different than ever before. In this day and age when we insist on providing care without our team, it makes for harder work for us and worse care for the patient. Family Medicine Doctors will be more important than ever and will lead the team. Other members of the team will become empowered to help in the ways that they are trained to help. Patients will be a part of the care team and be active participants in their own care. Already patients are coming in prepared with lists of questions and a desire for confirmation or denial of information they have obtained on the internet as it pertains to them. A new generation of doctors is already coming out of training who has known no other kind of patient care. For them the computer in front of them is not a barrier between them

and the patient, but a powerful tool to expedite care. This is an evolutionary process, rather than a revolutionary one. Through a series of improvement plans that clinics and physicians participate in, care should improve day by day and month by month. We, as a specialty, are ready to take on the challenge. Numbers of medical students are wanting to join us in primary care. It will be exciting to see what the face of primary care looks like in ten or twenty-five or fifty years. It is likely that Doc Saul would be surprised, but would not disapprove. He was all about what was good for patients. In the end the best care for our patients is what we are all striving for.



The Mountainair Rotary Club Dedicates This Space in Honor of Robert J. Saul, MD



Born and educated in Pennsylvania, Captain Robert Saul served in the Medicine Corps of the US Army with the 75th Infantry Division in the European Theatre of Operations. After returning to the states, he was stationed at Bruns Army Hospital where he became close friends with Dr. Sidney Seid, a recovering P.O.W. After leaving Bruns, Dr. Seid decided to stay in New Mexico and came to Mountainair to practice in 1949. Dr. Saul came to Mountainair to visit Dr. Seid. He inherited the practice after Dr. Seid's death a year later and became a thoroughly dedicated, completely underpaid, but dearly loved and highly respected seven-day-a-week Doctor.

His work with the "Free Well-Child Clinic" one day a week at different locations in the county as well as being called to homes within a forty-mile radius, day or night, has endeared him to the citizens of Torrance County. His constant work in the Mountainair Rotary Club, serving in all offices several times since 1950 has been outstanding. For many years, he edited a weekly newsletter in which he told of past accomplishments and future programs and entertainment all laced with timely and clever jokes.

Because of his devotion and loyalty to the

Continued on next page.

people of Torrance County and to his work and support to the standards and ideals of Rotary International we believe that no one deserves this honor more than Dr. Robert J. Saul.



9th Annual FM Med Student Reception

The NMAFP Board will host their annual UNM Med Student Reception this year on Friday September 19, 2014 in the Franciscan Room, Hotel Albuquerque, Old Town. The Reception provides a venue for medical students at all stages of education to have access to the Family Physicians of New Mexico.

The buffet dinner and cash bar will begin at 6:00 pm. We are planning a format in which there will be a 10-minute inspirational student-focused introduction with informal small group discussion to follow. The Students will remain in their original seats, and the Docs will rotate among the student tables for the first portion of the evening.

During the second portion of the evening, there will be focus groups in four different parts of the room. The topics will be: Residencies, Hospitalists/ER, Solo/Small Group, and Employed Physicians. The Docs will go to their respective area, and the Students will visit the groups they are most interested in.

The critical component lies in having plenty of Family Docs present to informally discuss their work and lives as Family Physicians. Experience with recruiting has consistently shown there is nothing more powerful for a student doctor, contemplating his or her future in medicine, than to hear from and connect with an experienced physician. You all have a wealth of amazing and powerful experiences to share, so please join us for a fun and interesting evening of developing our future Family Medicine Physicians for New Mexico.

When: Friday September 19, 2014
from 6:00 pm to 9:00 pm

Where: Franciscan Room,
Hotel Albuquerque, Old Town,
800 Rio Grande, NW

RSVP to Sara:
familydoctor@newmexico.com

Medical Cannabis Provider

By Maureen Small, MD

The State of New Mexico Medical Cannabis Program was created from the Lynn and Erin Compassion Use Act with a purpose to, “allow beneficial use of medical cannabis in a regulated system for alleviating symptoms caused by debilitating medical conditions and their medical treatments (Lynn and Erin Compassion Use Act Section 2).” Practitioners play the role of certifying that a patient has one of the nineteen approved conditions and that in the practitioners opinion the potential benefits outweigh the potential risks. This certification is not a prescription for cannabis; it is solely a medical recommendation to the Department of Health Medical Cannabis Program. Therefore, “A practitioner shall not be subject to arrest or prosecution, penalized in any manner or denied any right or privilege for recommending the medical use of cannabis or providing written certification for the medical use of cannabis pursuant to the Lynn and Erin Compassionate Use Act (NMAC 7.34.3).”

The program currently accepts the following qualified conditions: Cancer, Cohn’s Disease, Epilepsy, HIV/AIDS, Hospice Care, Intractable Nausea/Vomiting, Multiple Sclerosis, Severe Anorexia/Cachexia, Spinal Cord Damage with Intractable Spasticity, Spasmodic Torticollis (Cervical Dystonia), Huntington’s Disease, Parkinson’s Disease, Glaucoma, Hepatitis C, Inflammatory Autoimmune Mediated Arthritis, Painful Peripheral Neuropathy, Severe Chronic Pain, and Post-Traumatic Stress Disorder.

Any medical provider licensed in the State of New Mexico with a controlled substance number may complete a medical certification recommending a person for enrollment in the program. Practitioners should complete the medical certification form and medical practitioner’s notes page ensuring they include records that reflect history of diagnosis and what treatments the applicant has tried that failed to provide relief. Some conditions have very specific requirements to qualify. This is identified within the application. A more detailed description of what it means to be a certifying practitioner can be found on the website www.nmhealth.org/go/mcp

AAFP Chief Resident Leadership Development Program

Jason F. Lee, MD, MPH

The AAFP Chief Resident Leadership Development Program (CRLDP) is designed to provide leadership development for incoming chief residents. It is the only national program of its kind dedicated exclusively to family medicine chief residents. A two-part course, chief residents are provided with tools and a network of individuals to assist them and meet the challenges of their new role and excel in their new position.

Over 275 chief residents from all over the country started the interactive program with the spring kick-off workshop in Kansas City, Missouri, designed to help leadership potential progress. CRLDP founder Dr. Stephen P. Bogdewic and faculty members Dr. Mark Greenawald and Dr. Stacy Potts enabled participants to set specific goals for the year and build a leadership toolkit.

Chief residents regroup and recharge at the fall workshop, held at AAFP Assembly in Washington, DC, where they will further enhance their ability to lead a residency program. At Assembly—the family medicine event of the year—chief residents get valuable resources and can connect with family medicine experts.

Chief residents will have year-long support through newsletters, a listserv, and the continuous support and encouragement of a chosen mentor to allow them to gain confidence by working through issues with trusted resources and guidance. The chief resident position is an incubator for future leadership in our specialty. Recognizing and cultivating potential leaders is imperative for the future of family medicine as a specialty.



SNMFMRP chief resident-elect, Dr. Jason Lee, attended the 18th Annual AAFP Chief Resident Leadership Development Program in Kansas City, Missouri. He was selected as co-leader for a team of chief residents to collaborate on specific goals for the year and build a leadership toolkit.

Top: Dr. Jason Lee, Dr. Jade Jensen, Dr. Bryanne Robson, Dr. Jennifer Kim, Dr. Rex Paulino

Bottom: Dr. Nick Moore, Dr. Adam Henson, Dr. Dimitrina Zdravkova

Family Medicine Interest Group Update *Continued*

We also had the opportunity to engage our fellow students in a conversation about healthcare reform and our fears and hopes for the future. Dr. Morris-Singer, the founder and president of Primary Care Progress, visited our group and shared some information on direct primary care. Together with a few Internal Medicine residents, we discussed some of the joys and challenges of primary care as well as possible solutions to the issues we anticipate. This meeting provided us with lots to think about, and we are excited to continue learning about the many ways we might practice primary care in the future.

Perhaps our most exciting event this past semester was the first annual Family Medicine Match Mixer. Our group joined with Family Medicine faculty, residents, and other students in order to congratulate the fourth year students who matched in Family Medicine this year. We held the event at Amore Neapolitan Pizzeria, and we networked and celebrated over tasty pizza and appetizers. We would like to thank all of the faculty, residents, and students who took the time to celebrate with us, with special thanks to Dr. Arlene Brown, an NMAFP Board Member who traveled all the way from Ruidoso. Best of luck to the new Family Medicine matches as they enter their internship year!

As we move forward, our main focus will be our community project. We have been collaborating with several other groups in order to plan our project, including the founders of the Diabetes Class at the Southeast Heights Clinic, the local chapter of the Association for the Advancement of Minorities in Medicine, and the leaders of the Student-Run Immigration Clinic. We are very excited to work with these organizations, and we hope to make further progress in the coming months.

In closing, we would like to thank the NMAFP for their support and for the opportunity to learn more about the field of Family Medicine. Special thanks to Sara Bittner, our NMAFP contact who consistently goes out of her way to help our organization. We also could not reach our goals without the help and support of our faculty adviser, Dr. Elizabeth Grant, and our resident adviser, Dr. Kate McCalmont. Thank you all for taking the time to further our medical education and to welcome us into your field. We look forward to working with the NMAFP in the months to come, and we wish all of you a wonderful summer!

New Mexico's Physicians Boost the State's Economy Generating 39,385 Jobs New study demonstrates physicians drive \$5.5 billion in economic activity

[April 22, 2014] - New Mexico's 4,188 patient care physicians fulfill a vital role in the state's economy by supporting 39,385 jobs and generating \$5.5 billion in economic activity, according to a new report "The Economic Impact of Physicians in New Mexico" released today by the New Mexico Medical Society (NMMS) and the American Medical Association (AMA).

"New Mexico physicians provide the foundation of support for the physical, mental, and economic health of individuals and communities across the state," reports NMMS President Sambaiah Kankanala MD. "The physician community is most honored by the trust of our patients and their families, but we are also excited about the positive impact we have on the financial health of New Mexico. With so much incomplete and inaccurate data reported, it is very satisfying to help release this thorough and substantiated account of the economic role physicians play in our state."

"Physicians carry tremendous responsibility as skilled healers charged with safeguarding healthy communities, but their positive impact isn't confined to the exam room," said AMA President Ardis Dee Hoven, M.D. "The new study illustrates that physicians are strong economic drivers that are woven into their local communities by the economic growth, opportunity and prosperity they generate."

The report notes that given the changing health care environment, it is paramount to quantify the economic impact physicians have on society. To provide lawmakers, regulators and policymakers with reliable information, the report measured the economic impact of New Mexico's physicians according to four key economic barometers. The overall findings in the state of New Mexico include:

- **Jobs:** Each physician supported an average of 9.4 jobs and contributed to a total of 39,385 jobs statewide.
- **Output:** Each physician supported an average of \$1.3 million in economic output and contributed to a total of \$5.5 billion in economic output statewide.
- **Wages and Benefits:** Each physician supported an average of \$774,000 in total wages and benefits and contributed to a total of \$3.2 billion in wages and benefits statewide.
- **Tax Revenues:** Each physician supported \$45,665 in local and state tax revenues and contributed to a total of \$191.2 million in local and state tax revenues statewide.

The study found that, in comparison to other industries, patient care physicians contribute more to the state economy than each of the following industries: higher education, home health care, legal services, nursing and residential care. To view the New Mexico report, please visit <http://www.nmms.org/news/2014/new-mexicos-physicians-boost-state-economy-drive-55b>. To view the full report and an interactive map of the United States, please visit www.ama-assn.org/go/eis.

Southern New Mexico Family Medicine Residency Program

By Jason F. Lee, MD, MPH

The Southern New Mexico Family Medicine Residency Program (SNMFMRP) was established in 1996 and since then has placed over 50% of its graduates in New Mexico and west Texas, many in the immediate area.

The mission at the SNMFMRP is to utilize our highly trained, bilingual and diverse faculty to provide high quality and comprehensive medical education. Integrated behavioral health, border health, and HIV care are some of our unique qualities. With this, the SNMFMRP

produces compassionate, outstanding board-certified family physicians, dedicated to delivering high quality comprehensive care to the patients and families of southern New Mexico.

We believe that the health of a nation is built on the foundation of primary care, and we are dedicated to making this foundation strong for our community by training highly skilled family physicians.

The Southern New Mexico Family Medicine Residency Program is dedicated to provide residents with a well-rounded, full spectrum medical education. We are a fully accredited, three-year family medicine residency program sponsored by Memorial Medical Center of Las Cruces, a LifePoint hospital.

The residency is affiliated with the University of New Mexico School of Medicine, and maintains its status as the only community based, unopposed, three-year family medicine residency program in New Mexico. We offer a strong and varied experience including border health, integrated behavioral medicine, obstetrics, and rural medicine. We are committed to improving the health of the community we serve and to educating residents to be prepared to work in any environment.

The New Mexico Primary Care Training Consortium Focuses on Increasing Resident Training Capacity Through FQHCs in New Mexico

By Charlie Alfero

Part of the mission of New Mexico Primary Care Training Consortium is dedicated to increasing capacity for training in our diverse State. These efforts have been rewarded during this past legislative session. The Legislature passed and the Governor signed a Medicaid Teaching Health Center (MTHC) measure that will allow Federally Qualified Health Centers the ability to develop capacity to train Family Medicine and possibly psychiatric residents in their primary care facilities. The measure conceived and supported by the NM Primary Care Training Consortium (NMPCTC) is unique nationally in that it allows Medicaid residency payments to be made directly to primary care providers instead of hospitals. The plan would pay \$150,000 per FTE resident per year in ACGME approved positions. This could include independent or 1+2 model residencies that are FQHC based such as the Hidalgo Medical Services Family Medicine Residency program or FQHCs which have formal full or part time residency rotations with existing training programs such as La Familia in Santa Fe or First Choice in Albuquerque.

Nationally the vast majority of physicians finishing residency, practice within 100 miles of where they completed their training. The MTHC will allow for a better distribution of training statewide as FQHCs opt to expand their training potential.

The NMPCTC and the Medical Assistance Division in the NM Human Services Department are currently working on the process and procedures for applications to allow MTHC development. When operational, this will be the first program of its kind in the nation.

The New Mexico Primary Care Training Consortium (NMPCTC) brings together all of the family medicine residency programs in New Mexico to increase the quality and capacity of the State's primary care training, while maintaining the individuality of each program. All of our four FM residencies share the goal of training family physicians who fill a special role in medicine: Meeting the challenge to bridge economic, cultural and language barriers in order to provide accessible, appropriate and effective care to our communities. The programs in New Mexico offer a unique combination of tertiary care training with broad experiences in urban communities like Las Cruces and Albuquerque, while also decentralizing the training experience to more rural and frontier settings like the 1+2 model in Santa Fe and Silver City. Together we believe that the health of a nation is built on the foundation of primary care.

ER/LA OPIOID REMS: Achieving Safe Use While Improving Patient Care

FDA statistics indicate that more than 33 million Americans, teens and older, misused extended-release and long-acting (ER/LA) opioids during 2007, up from 29 million in 2002.

Yet these drugs have long been a major tool in the management of chronic pain or to help those who suffer from a painful injury or surgery.

Highly effective yet highly addictive, the challenge posed by ER/LA opioids—patient assessment, prescribing guidelines, managing treatment and addressing alternatives when opioids fail—are the critical issues addressed by the California Academy of Family Physicians.

CO*RE ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care live Webinar

Activity	EST	CST	PST	REGISTRATION LINK
June 23 – Monday	6:00-7:30 pm	5:00-6:30 pm	3:00-4:30 pm	http://bit.ly/1m5JgUW
June 24 – Tuesday	12:30-2:00 pm	11:30 am-1:00 pm	9:30-11:00 am	http://bit.ly/1n9sSmH
September 23 – Tuesday	1:30-3:00 pm	12:30-2:00 pm	10:30 am-12:00 pm	http://bit.ly/1kY9g4S
September 25 – Thursday	7:00-8:30 pm	6:00-7:30 pm	4:00-5:30 pm	http://bit.ly/1l3Djnu
November 11 – Tuesday	3:30-5:00 pm	2:30-4:00 pm	12:30-2:00 pm	http://bit.ly/1qFc862
November 13 – Thursday	9:00-10:30 pm	8:00-9:30 pm	6:00-7:30 pm	http://bit.ly/1n9t0T8



Growing Influence of Family Medicine

By Jason Lee, MD, MPH

Sponsored by AAFP and the Council of Academic Family Medicine (CAFM), the Family Medicine Congressional Conference (FMCC) educates participants on family medicine's legislative priority issues, trains attendees on how to lobby on Capitol Hill, and allows participants to put these skills to use with federal legislators and their staff.

On April 7-8, 2014, over 250 family medicine residents and medical students convened at FMCC in Washington, DC, to better understand federal advocacy, receive practical, hands-on experience with the legislative process, and discuss the issues with AAFP lobbyists and then address Congress on incentives for primary care, workforce development, and other topics. Participants learned about updates from the FamMedPAC and the activities of the Robert Graham Center for Policy Studies in Family Practice and Primary Care. Various legislators, including Congresswoman Michelle Lujan Grisham (D-NM), shared their views on the importance of physician involvement in the legislative process.



New Mexico reunion! NMAFP Resident Representative Dr. Jason Lee met with AAFP Commission on Governmental Advocacy Chair Dr. Dan Derksen at the Family Medicine Congressional Conference. Dr. Derksen is the Walter H. Pearce Endowed Chair & Director of the Center for Rural Health, and Professor and Chair of the Public Health Policy and Management section at the University of Arizona's Mel and Enid Zuckerman College of Public Health.

Advocacy is a high priority of AAFP and the CAFM organizations. The AAFP has urged Congressional legislators to co-sponsor and approve the bipartisan legislation that would replace the Medicare fee-for-service system with quality-based payments; extend the increased Medicaid payment for primary care services; reauthorize the Teaching Health Center (THC) program to prevent a disruption in the pipeline of primary care physician production; and support legislation to implement a budget-neutral pilot project to test locally based, innovative models for distribution of Medicare graduate medical education funding for the training of primary care physicians.

According to the Annals of Family Medicine, political advocacy is essential in residency education for the next generation of family physicians to learn about health promotion for patients and their communities. The Association of Family Medicine Residency Directors (AFMRD) has assisted residency programs to provide residents with the opportunity to participate in political advocacy by offering annual scholarships to attend FMCC. The Southern New Mexico Family Medicine Residency Program in Las Cruces, New Mexico, was one of 10 programs in the country that received the prestigious award this year. Selected residents learned aspects of community health and acquired leadership skills to effect change in health systems. Every family physician and educator can learn how to be effective in Washington and at home.

EMERGENCY AND URGENT CARE LIVE COURSE IN ALBUQUERQUE, NM

In an emergency, you have two hours to assess, test, and stabilize a patient. Knowing the latest treatment options during evaluation is crucial. Learn the newest information at the AAFP's Emergency and Urgent Care live course in Albuquerque, NM (Santa Ana Pueblo), Sept. 17-20.

REGISTER NOW AT WWW.AAFP.ORG/NEWMEXICO-COURSE

Challenge yourself to a round of golf, go horseback riding, or enjoy the mountain views from a hot air balloon. Earn up to 28.5 AAFP Prescribed credits, and learn best practices and evidence-based information on:

- Clinical topics that include managing the dying patient, hypotension, new drugs of abuse, billing and coding the encounter, and more
- Emergency processes to quickly move from assessment to stabilization
- Effective treatment plan prep for patients who may require inpatient care or referral
- Diagnosis, treatment, and management of patients who present with any number of conditions

Learn from leading experts in emergency and urgent care and family medicine on topics that include neurologic emergencies, pediatric emergencies, trauma, environmental emergencies, respiratory emergencies, cardiovascular emergencies, urologic emergencies, OB emergencies, pain and sedation, suturing, abuse presenting, vascular emergencies, and a lot more.

Save when you register by Aug. 18 at www.aafp.org/newmexico-course or call (800) 274-2237.

BONUS OPPORTUNITY

Stay for SAM Working Group sessions, Hypertension on September 20 and Health Behavior on Sept. 21.



**** Family Medicine Providers Needed ****

☞ Work flexible hours ☞ Choose your work schedule ☞ Help where the need is greatest

- Travel benefits: mileage; meal allowance; paid housing; drive time compensation; distance incentive pay
- Assignments from a few days to several months
- Malpractice coverage provided
- Variety of work settings and patient populations
- Explore the Land of Enchantment

505-272-1475 or KRandall@unmmg.org



3-EVERY-DAY

for Healthy Bodies and Strong Bones

Enjoying three daily servings of low-fat or fat-free milk, cheese or yogurt, as recommended by the Dietary Guidelines for Americans, is a delicious way to improve your overall diet, get more nutrients and improve bone health.

How much is a serving?

Milk, cheese and yogurt can help us meet our dairy needs.



8 OZ. (1 cup)
of milk



1 ½ to 2
ounces of
cheese



6-8 oz.
(1 cup)
of yogurt

How much dairy do we need each day?

2-3 years old
700 milligrams
of calcium



2 eight-ounce servings

4-8 years old
1,000 milligrams
of calcium



2.5 eight-ounce servings

9 years old & up
1,300 milligrams
of calcium



3 eight-ounce servings

For recipe ideas using milk, cheese and yogurt, visit www.dairymax.org.

The Roadrunner

is published quarterly by the New Mexico Chapter for the purposes of informing members and those interested in Chapter activities.

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Albuquerque, NM 87102
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Deadline for submission of articles for
upcoming issues:
August 22nd
November 22nd

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The American Academy of Family Physicians
website address: www.aafp.org

New Mexico Chapter website address:
www.familydoctornm.org

Design/layout/printing:
Print Express, LLC
505-881-2821

New Mexico Chapter
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Albuquerque, New Mexico 87110

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NMAFP SLATE OF OFFICERS 2014-2015

Members will vote for their 2014-2015 Officers during the 57th Annual Family Medicine Seminar, July 31-August 3, 2014 at the Sagebrush Inn & Suites in Taos, New Mexico

Nominations are:

- **President Karen Phillips, MD** will automatically move to the position of Board Chair
- **President-Elect Melissa Garcia, MD** will become President Melissa Garcia, MD by automatic ascension
- **PRESIDENT-ELECT:**
Greg Koury, MD
- **SECRETARY-TREASURER:**
John Andazola, MD
- **VICE PRESIDENT:**
Frank Ralls, MD

On Friday, August 1st, there will be a call for nominations from the floor, and voting will take place during the 10:00 am break. The results will be announced during the Awards Dinner & Dance that evening, and Dr. Lori Heim, Past AAFP Board Chair, will induct the new NMAFP Officers.

If you would like to register for the Conference, please go to: www.familydoctornm.org
or call Sara: 505-292-3113.

UNM Family Medicine Residency Update

By Kate McCalmont, MD

The UNM Family Medicine Residency Program will graduate fifteen Family Medicine physicians this June, the majority of whom plan to stay and work in New Mexico. Our graduates will be working in the First Choice Clinic system, joining the UNM Faculty, working at Presbyterian as a hospitalist, doing the Sports Medicine Fellowship at UNM, practicing full-spectrum Family Medicine at Crownpoint IHS, and joining the Albuquerque IHS clinic to work with residents.

As this impressive group of physicians leaves UNM, we will be welcoming 19 new interns into the program. There will be 13 interns in the Albuquerque program, 4 in the Santa Fe 2+1 program, and 2 starting in the Silver City 2+1 program. There are 5 graduates from UNM School of Medicine in the incoming intern class, and their colleagues will be coming from all over the country and world, from University of Rochester to Ben Gurion University of Negev to University of Washington.

Additionally, we applied for and received ACGME approval to expand by one resident per year, a position funded by the state in an effort to continue to increase primary care access in New Mexico.

The UNM Family Medicine Residency program is also working to build a curriculum around Community Engagement and Scholarly Activity. Residents will have dedicated time and increased mentorship for these activities. Currently residents are evaluating the effectiveness of community health workers in patient care, assisting with cooking classes in the South Valley, organizing prenatal group visits, and setting up school health fairs.

57TH ANNUAL NMAFP FAMILY MEDICINE SEMINAR

July 31 - August 3, 2014 Sagebrush Inn & Conference Center - Taos, NM

Karen Phillips, M.D. – Scientific Program Chair

This activity has been reviewed and is acceptable for up to 23 Prescribed credits by the American Academy of Family Physicians

Thursday, July 31st

8:00 a.m. Registration, Exhibits n Open
Breakfast (Exhibit Hall)

8:50 a.m. Introduction & Welcome
Karen Phillips, M.D.
President
Scientific Program Chair

9:00 a.m. "The Learning Connection:
Physical Activity, Nutrition,
Cognition and Academic
Performance"
Joseph Donnelly, EDD., FACSM

10:00 a.m. "Special Needs Populations"
Toni Benton, MD

11:00 a.m. "Contraception Update"
Larry Leeman, MD

12:00 p.m. Lunch - Exhibit Hall

1:00 p.m. "Immunizations: Big and Small
Changes in Protecting our
Patients"
Melissa Martinez, MD

2:00 p.m. "Integrating Advance Care
Planning Discussions into
Routine Patient Care"
Nancy Guinn, MD & Lorrie
Griego, Program Manager of
Advanced Care Planning

3:00 p.m. Break - Exhibit Hall

3:30 p.m. "Congestive Heart Failure"
Bart Cox, MD

4:30 p.m. "Professional Burnout and
Resilience: Maintaining
Humanity, Compassion and
Excellence in an Ever More
Challenging Practice
Environment"
Damian Bello, MD

5:30 p.m. At Leisure

6:00-8:00 p.m.

Welcome Reception
- Barbecue Dinner on the Patio
Introduction of Candidates
for Office - 2014-2015
Honored Guest - Lori Heim,
MD, Past AAFP Board Chair

Friday, August 1st

7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall

8:00 a.m. "ABFM's Part IV (PPM;MIMM) -
The Best Approach for the
Best Results"
Joe Tollison, MD

9:00 a.m. "Has the Affordable Care Act
Made Progress in Reforming
Health Care in America?"
Rick Madden, MD

10:00 a.m. Break - Exhibit Hall

10:30 a.m. "Parasomnias and Sleep-Related
Movement Disorders"
- Frank Ralls, MD

11:30 a.m. "Treatment of Major
Depressive Disorder in the
Patient-Centered Medical Home"
Dion Gallant, MD

12:30 p.m. Lunch - Exhibit Hall

1:30 p.m. "Keeping Current with COPD
Management"
Fernando Martinez, MD, MS

3:30 p.m. Break - Exhibit Hall

4:00 p.m. "Providing Culturally Effective Care
to the People of New Mexico"
Felisha Rohan-Minjares, MD
& Jessica Goodkind, PhD

5:30 p.m. Leisure

6:30-10:30 p.m.

Awards Dinner & Dance -
(Lecture Hall)
Special Guest - Lori Heim, MD,
Past AAFP Board Chair
Entertainment - Jimmy Stadler

Saturday, August 2nd

7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall

8:00 a.m. "Adverse Childhood Events"
Andy Hsi, MD

9:00 a.m. "ACO Implications on Wellness"
Lori Heim, MD
Past AAFP Board Chair

10:00 a.m. Break - Exhibit Hall

10:30 a.m. "New Perspectives in Diabetes:
New Targets, New Therapies, and
a New Approach to Patient
Management"
George Bakris, MD

11:30 p.m. "Tools for Helping Control Obesity
from a Pharmacist, Psychologist,
Bariatric Surgeon and Nutritionist
Point of View"
Larry Georgopoulos, PharmD, PhC;
Marlin Hoover, PhD, MS;
Duc Vuong, MD;
& Sara Perovich, MPH, RD, LD, CDE

1:00 p.m. Afternoon at Leisure

1:00 p.m. NMAFP Board Meeting
Sagebrush Conference Center,
Zuni Meeting Room
(Lunch Served)

Sunday, August 3rd

7:00 a.m. Exhibits Open
Breakfast - Exhibit Hall

8:00 a.m. "Keeping the Population of
New Mexico Healthy Using the
ECHO Model"
Arthur Bankhurst, MD

9:00 a.m. "Enlightened Well Woman
Care" - Jennifer Phillips, MD

10:00 a.m. Break - Exhibit Hall

10:30 a.m. "Enlightened Well Man Care"
Alfredo Vigil, MD

11:30 a.m. "Primary Care and Prevention for
the Addicted Patient"
Valerie Carrejo, MD

12:30 p.m. Drawing for Door Prizes
Must be registered for the
conference & present to win

Registration Form:
57TH ANNUAL NMAFP
FAMILY MEDICINE SEMINAR IN TAOS, NM

You will also be able to register online at www.familydoctornm.org in the Spring

PLEASE PRINT CLEARLY

Name: _____

Designation: ☐ MD ☐ DO ☐ NP ☐ PA ☐ RN

Address: _____

City/State/Zip Code: _____

Phone #: _____

Email: _____

AAFP ID#: _____

Would you like to receive your handout material:

☐ Electronic Version

☐ Hardcopy Booklet

_____ AAFP Member Practicing Physician \$390

_____ Non-Member Practicing Physician \$510

_____ NP/PA/RN \$260

_____ Retired Physician \$125

_____ Family Medicine Resident (no charge)

_____ Medical Student (no charge)

_____ Extra Thursday BBQ Dinner – Adult \$25

_____ Thursday BBQ Dinner Child (6-12) \$10

_____ Extra Friday Awards Dinner & Dance – Adult \$30

_____ Friday Awards Dinner & Dance – Child (6-12) \$15

Registration includes one Adult for the Thursday BBQ Dinner &
 one Adult for the Friday Dinner & Dance. Children 5 and under are free.

_____ Yes, I want to sponsor a student attendee \$40

\$ _____ Total Enclosed

Payment Information: ☐ Check ☐ Credit Card (See below)

Credit Card: ☐ Visa ☐ Master Card ☐ Discover ☐ American Express

Cardholder Name: _____

Billing Address (if different): _____

Card Number: _____

Expiration: _____ CVC (3 or 4 digit code): _____

I authorize NMAFP to charge the amount indicated to my credit card provided herein. I agree that I will pay for this purchase in accordance with the issuing bank cardholder agreement.

Signature: _____ Date: _____

Please mail form & Payment to:

NMAFP, Educational Fund

2400 Louisiana Blvd NE, Bldg. 2, Suite 101

Albuquerque, NM 87110

Questions? Call or email Sara: (505) 292-3113 / familydoctor@newmexico.com

SILENT AUCTION
AT THE
TAOS FAMILY
MEDICINE CONFERENCE,
JULY 31ST-AUGUST 3RD

NMAFP will have a Silent Auction during the 57th Annual Family Medicine Seminar at the Sagebrush Inn & Conference Center in Taos. Proceeds will go toward the support of FM Residents & Medical Students interested in FM. This includes free registration to all of our Conferences, as well as financial help with their projects throughout the year.

Find that “very special item” that you want to donate and email or call Sara at the NMAFP Office: familydoctor@newmexico.com, (505) 292-3113. It will be a lot of fun, and the proceeds will support a very important cause. The Silent Auction held in Ruidoso last year was a huge success bringing in over \$4,500. Let’s keep up the good work for our Residents and Med Students!

*“The future of Family Medicine is
 Dependant on the Residents &
 Medical Students of Today”*