



The Roadrunner

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President's Column

By Karen Phillips, MD

Here we are in early 2014. Many provisions of the Affordable Care Act are now in place as law. Despite early bumps in the road, individuals who had no medical coverage are beginning to sign up for insurance. No one can be turned away due to a preexisting condition. Numerous individuals in NM who had no coverage now have Medicaid because of expansion of that program in New Mexico. Some of my patients with the new coverage have now been to the dentist for the first time in 20 years! Some practices are struggling to create meaningful use and medical homes for their patients. Other practices who are farther ahead in the process are refining and improving on systems that are creating true patient centered medical homes for their patients. My friend who had a CT done brings the printed report to dinner to show me because she could print it from the internet. The federal government is about to take action on legislation to change payment methods that will encourage quality care (See Update on SGR article)

In my own office setting, we are at the one-month mark of "go live" of our electronic medical record. Transferring information from paper charts to electronic charts is time-consuming and demanding, as providers at my clinic understand that the quality of the information we enter into the record now will affect our ability to extend quality care into the future. The learning curve is steep for those of us who have not experienced EMR in the past. The hours are long, but I think we realize how the change stands to improve care for our patients. There is great promise in terms of coordination and communication between different providers caring for the patient. One of the great disappointments of our new system is that UNM specialists will not be able to read our primary care notes as we can read their notes. The new system will allow us to manage groups of patients, such as those on warfarin or with diabetes,

in a more proactive manner. It will also allow the members of our clinic staff to do better teamwork when the chart is not diverted from one office to the next as people try to complete their various tasks to assist the patient.

For this old doctor, the initial period of EMR has been extraordinarily stressful. I have lost sleep and probably hair worrying about how it will all come together. I don't want to lose the few moments of connection that I have with patients as I focus on the computer screen. I deeply believe that this is a necessary process in the growth of medical care that has the potential to improve medicine for our patients. We all want to be sure that we keep the parts of being a Family Doctor, such as the lifelong relationships and continuity, that pulled us all to the practice of Family Medicine in the first place. I feel assured, as a number of people have tried to help me with the process, that there is a new generation of Family Doctors who have already figured out the balance. Our true value as practitioners in looking at the entire person whose mind and body and spirit are connected, will continue to be important to our patients. Our place in the health of our communities continues to be paramount.



Update: SGR Repeal

By Melissa Martinez, MD

Is it possible that the SGR (Sustained Growth Rate) Medicare payment system might be fixed in 2014, or will there be a 24.1% cut in Medicare Services starting April 1, 2014? On March 31, 2014 the temporary hold that congress placed on Medicare payment cuts will expire. Fortunately the SGR Repeal and Medicare Provider Payment Modernization Act of 2014 (H.R. 4015 / S. 2000) is making its way through both houses of congress and has bipartisan support!

As of this writing, the SGR Repeal and Medicare Provider Payment Modernization Act would stop cuts and provide

an annual "positive payment update" of 0.5%. In addition payment models would be gradually shifted from the traditional fee-for-service model to alternative payment models that reward quality care through innovations like the Patient Centered Medical Home (PCMH). It also provides some technical assistance to help small physician practices in underserved areas with practice transformation.

Although there is support in congress for this bill, one obstacle might be the projected cost. The biggest cost would be the offset of Medicare payment cuts that would occur if SGR cuts took place. One estimate, by the Congressional Budget Office, is 125 billion dollars over ten years. On the other hand, such cuts have never been realized in the twelve years that SGR has been in place and according to FixMedicare-now: "the cumulative cost of the SGR patches total 164 billion which is more than a permanent fix would cost."

The American Academy of Family Physicians and the New Mexico Medical Society have encouraged support of this act. The New Mexico Chapter of the AAFP has signed a letter in support of this bill. At this moment grass roots support is critical. Those interested in sending a message to their congressional representatives can do so easily through FixMedicarenow at fixmedicarenow.org.

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Vice President Nominees for 2014-2015 Wanted

Members, make a difference for Family Medicine in New Mexico. NMAFP is seeking nominations for the position of Vice President. All interested parties please submit a letter of interest to Sara by June 1st. The first year as an Officer of the NMAFP is spent learning how the Board works and getting to know the other members. There are four meetings a year. The winter meeting is always the night before the Winter Refresher in Albuquerque. It is held at the NMAFP Office, and dinner will be served. The summer meeting is always on Saturday during the State Conference in either Taos or Ruidoso, and lunch will be served. The fall and spring meetings are held at the NMAFP Business Office on a Saturday at Noon, lunch served. See below, a list of our current BOD.

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Minutes - NMAFP BOD Meeting - Feb. 7, 2014

Present: Drs: John Andazola, Stephanie Benson, Dion Gallant, Melissa Garcia, Rick Madden, Melissa Martinez, Darrick Nelson, Karen Phillips, Frank Ralls, Lisa Stolarczyk, and Lourdes Vizcarra.
Also in attendance: Sara Bittner, Steve Lucero, and Daphne Olson. Dr Karen Vaillant joined in by phone.

Introductions:
Daphne Olson the new FMIG President was introduced and welcomed.
Dr. Frank Ralls was introduced as a guest who is interested in participating on our Board.

Legislative Training Session & DOD Update: Steve Lucero, NMAFP Liaison, asked the Board for a list of bills pertinent to Family Medicine that they would support:

SB 75: Emergency Medications in Schools (Sen. Moores) The bill allows schools to stock and provide or administer emergency medication to treat apparent respiratory distress or anaphylaxis. The Board voted to support.

HB 118: Gross Receipts Deduction for Certain Healthcare Services (Rep. Roberto Gonzales) This bill would allow MCO's, contract insurers, and physicians with contracts to serve insured patients to deduct receipts from patients for services provided by a healthcare practitioner from gross receipts. The Board voted to support.

HB 76: Non-Compete Limits (Rep. Donald Bratton & Nora Espinoza) & SB 46: Healthcare Contract No Compete Limits (Sen. Carroll Leavell) The Board voted to support.

HB 9: Require Newborn Infant Heart Disease Testing (Rep. Nora Espinoza) This bill would require a pulse oximeter test to screen for congenital heart disease before a newborn is discharged from a hospital or birthing center. The Board voted to refer this bill to the Legislative Affairs Committee.

HB 151: Healthcare Liability Act (Rep. Terry McMillan) This bill would enact the Health care Liability Act limiting the aggregate non-economic damages for claims against a healthcare provider that is not a participant in the state-sponsored excess insurance program pursuant to the Medical Malpractice Act to \$300,000 and limiting punitive damages to 3 times the aggregate amount of compensatory damages. The Board voted to support.

SB 58: Community Health Workers Act (Sen. Papen) This bill would create a Board of Certification for Community Health Workers. The Board voted to refer this bill to the Legislative Affairs Committee.

SB 241: Drug Overdose Prevention & Education (Sen. Neville) This bill would appropriate \$600,000 from the general fund to the DOH to fund drug overdose prevention and education and harm reduction services. The Board voted to support.

SJR 12: Land Grant Fund Balance & Education (Sen. Michael Sanchez) Senate Joint Resolution 12 proposes amendments that would:

1. Make permanent an additional distribution of 0.5 percent of the five-year average of the yearend market value of the fund to implement and maintain educational reforms as provided by law; and

2. Create an additional 1.5 percent distribution beginning in FY17 to be used for nonsectarian early childhood education programs administered by the state for the benefit of children before they are eligible to attend kindergarten. The Board voted to support.

Residency Expansion: To increase Residency Positions - must get funding and get approval from the ACCGME. Didn't think FM Residencies could get approval soon enough so the \$750,000 was lost. Dr. John Andazola shared an idea to get Human & Social Services Dept. to commit \$250,000 through Medicaid for Medical Education Training. Medicaid will match 3/1 so now it will be a million. This would take the Legislature out of the equation. Good way to organically fund the future of Family Medicine.

HB 310 & SB 306: If in favor of the plan above, NMAFP would want to advocate for these bills. NMAFP voted to support the Family Medicine Residency Expansion.

New Appointment for Dr. Jason Lee: Dr John Andazola announced that Jason has been selected by the AAFP to serve as the Resident Representative to the Tobacco Cessation Advisory Committee. Dr. Lee has also been selected by the Graham Center as a Fellow.

Multi-State Forum, Feb 22-23 - DFW: Dr Rick Madden shared his thoughts about the make-up of the Multi-State Forum since he has represented the NM Chapter many times. Each Chapter will give a short presentation on Best Practices and Legislative Updates.

Annual Leadership Forum/NCSC, April 30-May 3: Dr. Karen Phillips shared some thoughts about the value of this meeting. Dr. Phillips and Dr. Gomez may join Sara in Kansas City this year.

Taos Conference, July 31-August 3: Dr. Karen Phillips, Scientific Program Chair, said that the Conference has been accredited by AAFP for 23 Prescribed Credits. She will have stretching in between presentations and an exercise class out on the lawn each morning before the conference begins.

There will also be stationery bikes in the back of the Lecture Hall for those interested in exercising during class. The Obesity Panel on Saturday will include a Pharmacist, Psychologist, Bariatric Surgeon and a Nutritionist.

NMAFP Investment Move: The Board approved a proposal to move 80% of the NMAFP reserves from CDs and Money Markets to the AAFP Pooled Investment Fund.

Resident Report: Dr. Jason Lee submitted a written report in his absence. No other Residents were in attendance. NMAFP is appreciative to Jason for the work he is doing on the NMAFP Facebook Page which is under development.

Student Report: Daphne Olson, new FMIG President, shared some of the current projects that are underway. Dr. Kate McCalmont is a Resident Sponsor and will help the Students better connect with the Residents. There will be a mixer right after match day to celebrate all the students that matched in FM on March 28 or April 4. FM Faculty, Residents, all 4th-year Students and other Medical Students will be invited. FMIG is coordinating with the Pediatric and Internal Medicine Students since they are all involved in Primary Care. The FMIG Community Project will be a class for local middle school students about health care professions on all levels. FMIG also has a Walking Project to encourage UNMH patients to get more exercise. Dr. Darrick Nelson, Residency Director for the HMS FM Residency Program, would like to have a relationship with the FMIG and suggested that all other Residencies do the same. Dr. Gallant suggested that FMIG have an event on the day of our next Board Meeting, Saturday, April 26th, prior to the Meeting and pool the Board Members coming from all over the State to present at their event.

Immunization Letter: A letter was written by NMAFP to the Governor in regard to the Universal Vaccine status in NM. On January 7th, NMAFP received a letter from the DOH about this program. It is a move in the right direction - our voices were heard.

Technology Issue: A motion was made to research the possibility of better long distance communication among the Board Members across the State. Sara will research and report back to the Board in April.

Dr. Frank Ralls: Dr. Ralls was invited to join the BOD. He is very interested in Residents and Med Students and will join the Resident & Student Affairs Committee. NMAFP is very pleased.

Updated NMAFP Website

by Dr. Jason Lee

Check out the new website of the New Mexico Academy of Family Physicians! It is found at <http://www.familydoctornm.org>.

NMAFP Executive Director, Sara Bittner, enlisted a new web designer, Leif Gregory, the chief technology and security officer of the New Mexico Department of Health, to revamp the Chapter's website. Social media is changing the nature and speed of health care interaction between consumers and health organizations. The refreshed and user friendly website serves as a portal for AAFP members to stay up-to-date with the activities of the Chapter.





Updated NMAFP Facebook Page

By Dr. Jason Lee

The AAFP welcomes and encourages the use of social media by members. "Social Media for Family Physicians: Guidelines and Resources for Success" produced by the AAFP covers tips on getting started, professionalism, patient privacy, responding to online mistakes, commenting guidelines, and more. Many physicians have turned to social media to help them keep up with new information they need to know to provide quality care. Furthermore, social media can enhance professional networking efforts.

Social media can help physicians stay up to date on news that may affect their patients or prompt patient questions. To this end, the New Mexico Academy of Family Physicians updated its Facebook page. Like us at <https://www.facebook.com/familydoctormn>! The page allows members to express their views on health care-related and advocacy topics, share general clinical or practice information, and educate their patients and their community at large. It can allow members to follow the activities of the Chapter, engage with other members about meetings or events, and provide feedback to the Chapter. Members are encouraged to submit news and share their accomplishments on the page as well.

Family Medicine Residency Programs in New Mexico have also created Facebook pages as sources of content and as platforms for the dissemination of content. The Southern New Mexico Family Medicine Residency Program's Facebook page is at <https://www.facebook.com/NMFamilyMedicine>. The Northern New Mexico Family Medicine Residency Program's Facebook page is at <https://www.facebook.com/NNMFMRP>. Family physicians should seek to contribute educational content to enable the public or their peer community to benefit from their knowledge and experience.

NMAFP Annual Winter Refresher in Albuquerque

By Melissa Garcia, M.D.

The NMAFP Winter Refresher took place February 8th at the Embassy Suites Hotel. The conference was a great success. A number of attendees have participated in the conference for several years in a row. The course topics and speakers were quite varied and reflect the true breadth of our specialty. One of the highlights of the conference was a presentation by a local physical therapist that included a patient participant.

These conferences are a venue to share challenges and ideas with other health care professionals and colleagues, which we are often not able to do given our hectic practice environment. I would like to thank all of the presenters, many of whom were my medical school classmates, and take this opportunity to invite you all to attend the Summer Conference in Taos, July 31-August 3, 2014.

NMAFP would like to thank the Co-Sponsors for the Conference.

They are:

Atrinea Health; Luna Community College Montanas del Norte Area Health Education Center, Las Vegas, NM; and Memorial Medical Center, Las Cruces, NM.

NMAFP would also like to thank the many vendors that participated in this year's Conference. They are:

Ambercare; American Massage Therapy Association, NM Chapter; Atrinea Health; Compassion & Choices, New Mexico; Dairy Max; The Doctors Company; Gilead Sciences; La Familia Medical Center; Lovelace Medical Group; Matrix Medical Network; Millennium Laboratories; Mitchell's Silver & Turquoise; New Mexico Air National Guard; New Mexico Breastfeeding Task Force; New Mexico Health Care Takes on Diabetes; New Mexico Health Connections; New Mexico Health Resources; Presbyterian Healthcare Services; Propel PAS; REDW, LLC; TriCore Reference Laboratories;

UBS Financial Services, Inc.; United Allergy Services; UNM Health Sciences Library & Informatics Center; UNM Locum Tenens & Specialty Extension Services Program; UNM Undergraduate Medical Education, Preceptorship Office; & US Army Healthcare Recruiting.



Attendees enjoying lunch and a visit with peers in the Exhibit Hall



Past Presidents were honored at a breakfast preceding the Winter Refresher.

Left to Right: Dr. Nancy Guinn, Dr. Rick Madden, Dr. Linda Stogner, Dr. Dion Gallant, Dr. Melissa Martinez, Dr. Karen Phillips, Dr. Phil Briggs, Sara Bittner, Dr. Arlene Brown, Dr. Warren Heffron, Dr. Jim Koch, Dr. David Church, Dr. Alfredo Vigil, and Dr. Dave Holten

Medical Students Sponsored by NMAFP at the National R&S Conference

Again this year, NMAFP will sponsor several Medical Students at the National Resident & Student Conference in Kansas City, August 7-9, 2014. Each year, an essay contest is held in which all interested Medical Students write a one-page essay on "Why They Want To Become a Family Physician". NMAFP feels this national conference offers a wealth of information to Medical Students and hopefully helps guide their future aspirations toward the specialty of Family Medicine.

The UNM SOM Family Medicine Interest Group is up and running once again!

by Daphne Olson, FMIG President

The new officers are:

Daphne Olson, President, Katherine Kilgore, Vice President, Kaitlyn McCranie, Treasurer, Thomas Schelby, Secretary, Yitong Liu, Outreach Officer

As the new leaders of this wonderful student organization, we could not be more excited to learn about the field of Family Medicine and to become more connected with our community. We truly appreciate the support of the members of the NMAFP, and we would like to give a special thank you to Sara Bittner, who has welcomed us with open arms and helped us transition into our new roles. We would also like to thank Dr. Liz Grant, our adviser, for her willingness to help and interest in our organization. We would be lost without the two of you!

We have several exciting events planned for the next few months. First, we will be hosting a suturing workshop for first-year medical students at the BAT-CAVE Simulation Lab on Thursday, March 13th. We would like to thank Dr. Chris Camarata, Dr. Daniel Waldman, Dr. Byrch Williams, and their Residents for offering to help lead the workshop.

Next, we have organized a mixer to celebrate the fourth-year students who match in Family Medicine, both at UNM and elsewhere. This event will take place on Saturday, April 5th at a fun, local restaurant. We hope this event will serve as an opportunity to bring students, residents, and attendings together and to celebrate several students' next steps along their journey within the field of Family Medicine.

We have also been working together to establish and plan a community project. We are currently working on a short and interactive healthy behaviors course to share with local middle school students, likely as part of an after school program. We hope to include

information about healthy eating, exercise, and also various health careers that students may want to pursue in the future. We would like to thank Dr. Kate McCalmont, a kind and helpful second-year resident, for her guidance with this project.

Lastly, we are hoping to plan a few lunch talks for the coming months in order to showcase the different facets of Family Medicine. If you are interested in talking with medical students (and receiving a free catered lunch) please contact me at daphne@salud.unm.edu.

Thank you all for your support and also for forging a path for us to follow within the field of Family Medicine. We look forward to the months ahead and to getting to know all of you.

■■■■■■■■■■ Communication Delays: Common Misconceptions

By Pathways.org

Popular misconceptions regarding communication delays in boys, bilingual children, and younger siblings may prevent these groups from getting the help they need. All children who show early warning signs of a delay should immediately be referred for a developmental screening by a speech-language pathologist. Developmental screenings are typically free and last approximately 15 minutes. Early detection and treatment give children with communication delays a greater chance of improving with speech therapy.

Misconception #1: It is normal for boys to show delays in speech and language. While boys tend to acquire communication skills at a slower rate than girls, they should still fall within the typical age range for major milestones. Any signs of a communication delay in both boys and girls should be addressed in a timely manner.

Misconception #2: Bilingual children talk later than monolingual children.

Bilingual children will reach communication milestones at the same pace as their monolingual peers, with first words appearing around 11 to 14 months. Total vocabulary growth is the same between typically developing bilingual and monolingual children when every language is taken into account.

Misconception #3: Younger siblings talk later because their older siblings talk for them. All children are motivated to communicate their own needs and wants as soon as they can. Studies have shown that there are no differences in general communication development between first-born children and later-born children.

Communication delays, ranging from hearing and oral-motor issues to difficulties with language comprehension and production, can be detected within the first year. If an infant does not seem to respond to sounds or faces, or is not producing age-appropriate coos, babbles, or words, refer him or her for a screening. Pediatric therapy clinics typically offer free developmental screenings to help all children reach their fullest potential. For additional information on early communication development, please visit Pathways.org.

Pathways.org is a national not-for-profit organization dedicated to providing free resources and information for health professionals and families on children's motor, sensory, and communication development. The Pathways.org Baby Growth and Development Chart has been recognized and endorsed by the American Academy of Pediatrics, and additional educational materials are available online to download, copy, and share freely. For more information, please visit Pathways.org, email friends@pathways.org, or call our toll-free parent-answered hotline at 1-800-955-CHILD (2445).

NMAFP 2014 Doc of the Day Program Very Successful

The NMAFP would like to thank the many volunteers that participated in this year's Doc of the Day Program during the 2014 State Legislative Session at the Round House in Santa Fe. The Program is growing in leaps and bounds thanks to the Legislative Affairs Committee and to our Legislative Liaison, Steve Lucero. Steve led a Legislative Training Session/Luncheon at the NMAFP Office on Saturday, January 25th. For the first time, NMAFP had a DOD Volunteer present every day of the 30-day session. Thanks again to all that donated their valuable time to this worthy cause. (See below final Legislative Update)

Legislative Update February 27, 2014 Steve Lucero, NMAFP Legislative Liaison

Who said the Santa Fe Downs is closed? The horse races have moved to the Round House. As with every legislative session, there are bills that start out quick only to lose steam on the far turn: House Bill 76. Others stumble out of the gate, gain steam through the stretch and finish with a great deal of momentum: House Bill 9. For those that crossed the finish line, the Governor has 20 days to sign, veto, or neither (pocket veto). Below are some healthcare bills that finished the race during this year's session:

HB 9: Require Newborn Infant Heart Disease Testing (Rep. Nora Espinoza)

HB 9 would require a screen for congenital heart disease by a test performed using a pulse oximeter before a newborn is discharged from a hospital or birthing center.

HB 152: Medical Practice Act Sunset (Rep. Terry McMillan)

HB 152 would repeal the sunset provision in the Medical Malpractice Act.

SB 58: Community Health Workers Act (Sen. Papen)

SB 58 would create the Community Health Workers Act. The DOH would develop procedures to provide the voluntary certification of Community Health Workers. The bill would create a Board of Certification for Community Health Workers. There would also be a requirement to conduct criminal background checks on certification applicants.

SB 75/165: Emergency Medications in Schools (Sen. Moores & Sen. McSorely)

Senate Bill 75/165 would allow public, charter, and private schools to stock and provide or administer emergency albuterol or epinephrine to treat apparent respiratory distress or anaphylaxis.

SB 268: Sole Community Provider Federal Compliance (Sen. Rodriguez)

SB 268 provides a one-twelfth increment of gross receipts tax (or equivalent) will be transferred to the "Safety Net Care Pool Fund" to make payments to hospitals. This transfer would expire after 3 years (July 1, 2019). The bill provides the counties with additional gross receipts taxation authority for general purposes of one-sixteenth percent or one-twelfth percent. See the Fiscal Impact Report at the link below for a more detailed explanation of this bill. <http://www.nmlegis.gov/Sessions/14%20Regular/firs/SB0268.PDF>.

SB 306: Create Primary Care Residency Slots (Sen. Morales)

SB 306 would appropriate \$250,000 from the general fund to HSD specifically to be spent on creating primary care residency slots through Federally Qualified Health Centers. An amendment to the General Appropriations Act of 2014 (SB 313) added the appropriation. Refer to page 107 of SB 313 to view the language in the Act pertaining to this appropriation.

Update Universal Vaccine Purchase by Melissa Martinez, MD

It appears that New Mexico's system of Universal Purchase of vaccine for children age 0-18 will continue at least in the short run. The long-term prospects are less clear.

Background: New Mexico is one of only six states that offers universal purchase to medical practices in the state. The Department of Health (DOH) uses funds from the CDC's Vaccines For Children program to buy vaccines for children who are on Medicaid or uninsured. The DOH purchases and supplies vaccines for children with health insurance. The cost of vaccines for insured children is supposed to be reimbursed by the health plans. Only three of the health plans in New Mexico are reimbursing the state for the vaccines leading to a shortfall in funds. Late last year it appeared that the state would have to stop purchasing vaccine for children with health insurance, and Universal Purchase would be no more. Even before the loss of Universal Purchase, the CDC sent forth a new requirement that medical practices keep two separate vaccine inventories, one for children who qualify for VFC and one for children with health insurance.

Along with other medical organizations, the Board of Directors of the New Mexico Chapter of the AAPF wrote to Governor Martinez and Retta Ward (Secretary of Health). The board expressed concern that the requirement of two inventories would cause additional time and cost. The other major area of concern was that the loss of Universal Purchase would add another barrier to getting children immunized.

Update: In December the DOH announced that it had found funds to cover the Universal Purchase until July 2014 when the new fiscal year starts. This gives the DOH time to determine the best way to get reimbursement of vaccine for insured children and hopefully continue Universal Purchase. In addition the DOH has applied to the CDC for a waiver to the two inventory requirement.

The NMAFP and the New Mexico Pediatric Society are monitoring the situation as the DOH works to come up with a long-term plan.



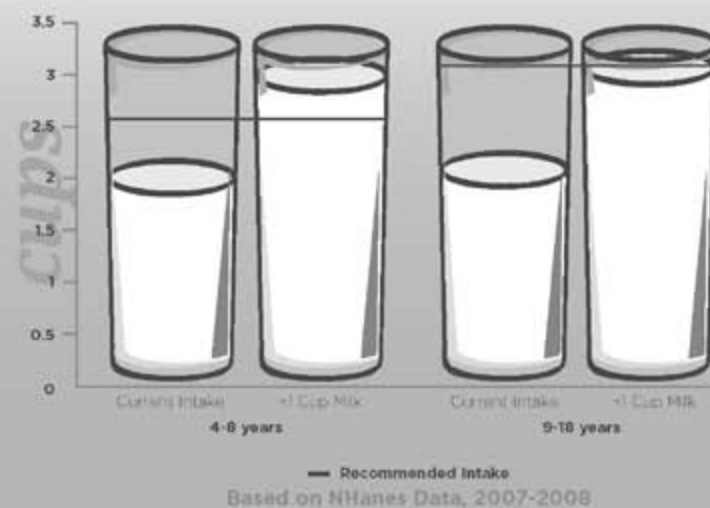
Kids are drinking What?!

Kids are drinking **soda** and **fruit drinks** as early as

7 MONTHS
Based on NHanes Data, 2007-2010

When kids miss out on **Milk**, they miss out on **Nutrition**.

Pour **one more** to close the **nutrient gap**



Dairy delivers **major nutrition**



What does the American Academy of Pediatrics Recommend for kids?
Milk at meals and **Water** in between.

The Roadrunner

is published quarterly by the New Mexico Chapter
for the purposes of informing members and those
interested in Chapter activities.

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May 22nd
August 22nd

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2014 NMAFP PHYSICIAN OF THE YEAR NOMINATIONS REQUESTED

Members, please send nominations to Sara for the 2014 POY. This is a very prestigious honor! Give it serious thought and nominate a peer that you know is deserving of this award.

All nominees must be an active member of the NMAFP. Email a paragraph telling why your nominee should be the 2014 POY to Sara: familydoctor@newmexico.com by April 15th.

The winner will be acknowledged and presented a Nambe plaque and certificate at the Awards Dinner and Dance on Friday, August 1, 2014, during the 57th Annual NMAFP Family Medicine Seminar at the Sagebrush Inn & Conference Center in Taos.

Multi-State Forum

The Multi-State Forum, held at the Westin DFW on Feb. 22-23, 2014, proved to be very beneficial again this year. Drs. John Andazola and Dolores Gomez, along with Sara Bittner, represented the New Mexico Chapter.

The Multi-State Forum provides participants an opportunity to discuss current topics of interest in their Chapters, including patient centered medical home implementation, legislative issues, and changes to medicine and how these changes affect their practices. NMAFP Board Chair, Dr. Dolores Gomez, provided a best practice update, and NMAFP Vice President, Dr. John Andazola, reviewed legislative issues in New Mexico affecting Family Medicine.



Left-Right, Sara Bittner, Dr. Dolores Gomez
and Dr. John Andazola at the Multi-State Forum



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57TH ANNUAL NMAFP FAMILY MEDICINE SEMINAR

July 31 - August 3, 2014 Sagebrush Inn & Conference Center - Taos, NM

Karen Phillips, M.D. – Scientific Program Chair

This activity has been reviewed and is acceptable for up to 23 Prescribed credits by the American Academy of Family Physicians

Thursday, July 31st

8:00 a.m. Registration, Exhibits n Open
Breakfast (Exhibit Hall)

8:50 a.m. Introduction & Welcome
Karen Phillips, M.D.
President
Scientific Program Chair

9:00 a.m. "The Learning Connection:
Physical Activity, Nutrition,
Cognition and Academic
Performance"
Joseph Donnelly, EDD., FACSM

10:00 a.m. "Special Needs Populations"
Toni Benton, MD

11:00 a.m. "Contraception Update"
Larry Leeman, MD

12:00 p.m. Lunch - Exhibit Hall

1:00 p.m. "Immunizations: Big and Small
Changes in Protecting our
Patients"
Melissa Martinez, MD

2:00 p.m. "Integrating Advance Care
Planning Discussions into
Routine Patient Care"
Nancy Guinn, MD & Lorrie
Griego, Program Manager of
Advanced Care Planning

3:00 p.m. Break - Exhibit Hall

3:30 p.m. "Congestive Heart Failure"
Bart Cox, MD

4:30 p.m. "Professional Burnout and
Resilience: Maintaining
Humanity, Compassion and
Excellence in an Ever More
Challenging Practice
Environment"
Damian Bello, MD

5:30 p.m. At Leisure

6:00-8:00 p.m.

Welcome Reception
- Barbecue Dinner on the Patio
Introduction of Candidates
for Office - 2014-2015
Honored Guest - Lori Heim,
MD, Past AAFP Board Chair

Friday, August 1st

7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall

8:00 a.m. "ABFM's Part IV (PPM;MIMM) -
The Best Approach for the
Best Results"
Joe Tollison, MD

9:00 a.m. "Has the Affordable Care Act
Made Progress in Reforming
Health Care in America?"
Rick Madden, MD

10:00 a.m. Break - Exhibit Hall

10:30 a.m. "Parasomnias and Sleep-Related
Movement Disorders"
- Frank Ralls, MD

11:30 a.m. "Treatment of Major
Depressive Disorder in the
Patient-Centered Medical Home"
Dion Gallant, MD

12:30 p.m. Lunch - Exhibit Hall

1:30 p.m. "Keeping Current with COPD
Management"
Fernando Martinez, MD, MS

3:30 p.m. Break - Exhibit Hall

4:00 p.m. "Providing Culturally Effective Care
to the People of New Mexico"
Felisha Rohan-Minjares, MD
& Jessica Goodkind, PhD

5:30 p.m. Leisure

6:30-10:30 p.m.

Awards Dinner & Dance -
(Lecture Hall)
Special Guest - Lori Heim, MD,
Past AAFP Board Chair
Entertainment - Jimmy Stadler

Saturday, August 2nd

7:00 a.m. Registration, Exhibits Open
Breakfast - Exhibit Hall

8:00 a.m. "Adverse Childhood Events"
Andy Hsi, MD

9:00 a.m. "ACO Implications on Wellness"
Lori Heim, MD
Past AAFP Board Chair

10:00 a.m. Break - Exhibit Hall

10:30 a.m. "New Perspectives in Diabetes:
New Targets, New Therapies, and
a New Approach to Patient
Management"
George Bakris, MD

11:30 p.m. "Tools for Helping Control Obesity
from a Pharmacist, Psychologist,
Bariatric Surgeon and Nutritionist
Point of View"
Larry Georgopoulos, PharmD, PhC;
Marlin Hoover, PhD, MS;
Duc Vuong, MD;
& Sara Perovich, MPH, RD, LD, CDE

1:00 p.m. Afternoon at Leisure

1:00 p.m. NMAFP Board Meeting
Sagebrush Conference Center,
Zuni Meeting Room
(Lunch Served)

Sunday, August 3rd

7:00 a.m. Exhibits Open
Breakfast - Exhibit Hall

8:00 a.m. "Keeping the Population of
New Mexico Healthy Using the
ECHO Model"
Arthur Bankhurst, MD

9:00 a.m. "Enlightened Well Woman
Care" - Jennifer Phillips, MD

10:00 a.m. Break - Exhibit Hall

10:30 a.m. "Enlightened Well Man Care"
Alfredo Vigil, MD

11:30 a.m. "Primary Care and Prevention for
the Addicted Patient"
Valerie Carrejo, MD

12:30 p.m. Drawing for Door Prizes
Must be registered for the
conference & present to win

Registration Form:
57TH ANNUAL NMAFP
FAMILY MEDICINE SEMINAR IN TAOS, NM

You will also be able to register online at www.familydoctornm.org in the Spring

PLEASE PRINT CLEARLY

Name: _____

Designation: ☐ MD ☐ DO ☐ NP ☐ PA ☐ RN

Address: _____

City/State/Zip Code: _____

Phone #: _____

Email: _____

AAFP ID#: _____

Would you like to receive your handout material:

☐ Electronic Version ☐ Hardcopy Booklet

_____ AAFP Member Practicing Physician \$390

_____ Non-Member Practicing Physician \$510

_____ NP/PA/RN \$260

_____ Retired Physician \$125

_____ Family Medicine Resident (no charge)

_____ Medical Student (no charge)

_____ Extra Thursday BBQ Dinner – Adult \$25

_____ Thursday BBQ Dinner Child (6-12) \$10

_____ Extra Friday Awards Dinner & Dance – Adult \$30

_____ Friday Awards Dinner & Dance – Child (6-12) \$15

Registration includes one Adult for the Thursday BBQ Dinner
 & one Adult for the Friday Dinner & Dance. Children under 5 are free.

_____ Yes, I want to sponsor a student attendee \$40

\$ _____ Total Enclosed

Payment Information: ☐ Check ☐ Credit Card (See below)

Credit Card: ☐ Visa ☐ Master Card ☐ Discover ☐ American Express

Cardholder Name: _____

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I authorize NMAFP to charge the amount indicated to my credit card provided herein. I agree that I will pay for this purchase in accordance with the issuing bank cardholder agreement.

Signature: _____ Date: _____

Please mail form & Payment to:

NMAFP, Educational Fund

2400 Louisiana Blvd NE, Bldg. 2, Suite 101

Albuquerque, NM 87110

Questions? Call or email Sara: (505) 292-3113 / familydoctor@newmexico.com

SILENT AUCTION
AT THE
TAOS FAMILY
MEDICINE CONFERENCE,
JULY 31ST-AUGUST 3RD

NMAFP will have a Silent Auction during the 57th Annual Family Medicine Seminar at the Sagebrush Inn & Conference Center in Taos. Proceeds will go toward the support of FM Residents & Medical Students interested in FM. This includes free registration to all of our Conferences, as well as financial help with their projects throughout the year.

Find that “very special item” that you want to donate and email or call Sara at the NMAFP Office: familydoctor@newmexico.com, (505) 292-3113. It will be a lot of fun, and the proceeds will support a very important cause. The Silent Auction held in Ruidoso last year was a huge success bringing in over \$4,500. Let’s keep up the good work for our Residents and Med Students!

*“The future of Family Medicine is
 Dependant on the Residents &
 Medical Students of Today”*