



# The Roadrunner

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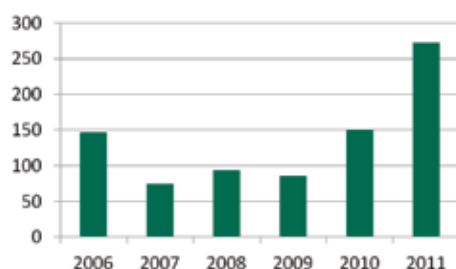


## President's Column: Pertussis on the Rise in New Mexico

By Stephanie Benson, MD

Pertussis is on the rise in the US. Over the last few years we have seen reports of outbreaks in multiple states, including 9,143 cases and ten infant deaths in California in 2010. New Mexico has also seen a rise in cases.

Pertussis Cases in New Mexico



In 2011, the Department of Health reported 272 confirmed and probable cases. In Bernalillo County there was a cluster of 191 confirmed and probable cases(1). This rise in pertussis is multifactorial, causes implicated include, but are not limited to: resistance of some parents to childhood immunizations, waning immunity in adults, and poor compliance with adult Tdap booster recommendations.

Some interesting and important immunization recommendations have been made over the last year:

**1. Tdap immunizations in pregnancy.** We all know that pertussis is most serious for the very young and the very old. Previous recommendations call for moms to receive a postpartum Tdap booster. We now know that Tdap immunization is safe in pregnancy and even preferable. The Advisory Council on Immunizations Practices (ACIP) recommends a Tdap booster sometime after 20 weeks gestation. This induces immunity in the mother and allows passage of maternal antibodies to the fetus during pregnancy. This then provides some protection for the first few months of the neonate's life.

Of course it is still important to recommend boosters to infant caregivers as well.

**2. Tdap to Health Care Workers.** In February 2011 ACIP released recommendations stating all healthcare personnel should receive Tdap if they have not already had it. They should receive it as soon as possible regardless of the interval since receiving Td.

**3. Immunize Adults over 65.** In 2011 the ACIP recommended that adults age 65+ who have close contact with infants should receive a Tdap. In February 2012 they went further and said that anyone age 65+ should receive a Tdap if they have never had one, and even if the patient is not due for a Td booster.

As Family Physicians, we are poised to deal with these issues on all levels. We can vaccinate children, pregnant mothers, infant caregivers, and the elderly. We have an excellent opportunity, seeing generations, sometimes all in a single day.

In summary the current guidelines are listed below:

- Vaccinate all children younger than 7 years of age with the complete series
- Vaccinate adolescents 11 to 18 and adults 19 to 64 years of age with Tdap
- Adults aged 65 and older should be vaccinated with Tdap
- Pregnant women should receive Tdap, after 20 weeks gestation
- Anyone who will be in contact with infants less than one year of age
- Healthcare workers should have Tdap, even if they are not due for the Td portion

1. [http://ibis.health.state.nm.us/query/result/idepi/IDEpi2\\_H-R/PertussisCount.html](http://ibis.health.state.nm.us/query/result/idepi/IDEpi2_H-R/PertussisCount.html)

## NMAFP Loses a Founding Member



### Randall W. Briggs, MD 1921-2011

By Philip Briggs, MD

Dr. Briggs grew up in Deposit, NY, on a dairy farm with 7 brothers and sisters. After attending Cornell University and Medical School, he served in the Air Force as a flight surgeon for 8 years. He married Sarah Dabbs of Roswell, and started a family practice there in 1957. In 1958 he was one of the founding officers of the New Mexico Academy of General Practice at our first meeting in Ruidoso, NM, at the Navajo Lodge. He practiced in Roswell until his retirement at age 70.

He is survived by his son Philip Briggs, MD, who has continued his legacy in Family Medicine and activity in the NMAFP and AAFP.

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## Reducing Prescription Drug Misuse & Abuse: Another Chance for Family Medicine to Lead the Way

By Jaye Swoboda, MD

Back in the '70s it was a rebellious act to go into family practice. Then, we were the original health reformers. At the Winter Refresher this year, I did notice some graying and thinning of hair, but none the less, minds remain crisp and curious, always looking for a better way—yes, even a more evidence-based way—to relieve suffering and “achieve better outcomes.”

Primary care clinicians are increasingly called to assume leadership roles in medical home evolution and patient-centered or community-oriented approaches to health care delivery. Today, there are few issues where our energy and talent is more critically needed than addictive disease and prescription drug abuse.

In November, the CDC reported that New Mexico had the highest rate of drug overdose in the nation. Across the country, the 2008 death rate from drug overdoses nationwide is three times that of 1990. Deaths, due to opiate pain reliever overdose, now exceed deaths from heroin and cocaine overdose combined(1). In addition, overdose emergency department visits nationwide have doubled in just five years due to the misuse and abuse of prescription painkillers.

Here in New Mexico, public awareness has been raised by several news stories relating to physicians who are accused of over-prescribing. In January, bills to address the problem were debated in the New Mexico Legislature.

Most Family Physicians have been aware of the problem for years; we deal with the direct and indirect consequences of addiction in our patients and their families. We understand the complexities of prescription drug abuse:

- In the past, we undertreated pain. Measures were taken to correct this problem, including treating a pain scale as a “vital sign.”
- Due to advances in medicine, more patients are living with chronic and sometimes painful conditions.
- Insurance companies will pay for pills, but in many cases will not pay for safer alternatives in pain management.
- In many communities resources for treating addictions are limited
- Patients have come to expect that their pain will be managed with medi-

cation.

- The boundaries between treating pain and addiction have blurred; busy physicians with limited resources may find it difficult to define those boundaries.
- Some patients have come to realize that re-selling prescribed medications is very profitable, and some physicians have intentionally or unintentionally over-prescribed drugs.

There is a chasm separating behavioral health and primary care. This chasm has led to thousands of deaths and non-fatal incidents from accidental overdoses on controlled drugs—predominately opiates, but also tranquilizers in combination with alcohol.

The time for addressing the problem has come. The Institute of Medicine has called for a new paradigm in how we treat pain (2). The NM Legislature debated several bills related to physician prescribing practices. At this writing, SB 215, which calls for an Advisory Council, is on the Governor's desk. No doubt more legislation in this area will be proposed in future sessions. As Family Physicians we should not wait for guidance from above on this issue! The politicians and lobbyists do not always have our patients' best interests in mind.

First Steps:

1. Use the Prescription Monitoring Program. This electronic data base is a great tool for finding “doctor-shoppers”; and, when its use is more prevalent, it will serve as a deterrent to those patients. It makes enforcement of medication contracts possible and is invaluable for case management. It will strengthen the link between pharmacists and practitioners and the role that Primary Care clinicians play in directing care. It is an easy way to look at your own prescribing behaviors. Even though SB 158 (improving the program) will not become law, the discussion of it will most likely lead to funding that will allow the New Mexico Board of Pharmacy to make a good program better. To register, call Maria Gonzalez at 505-222-9830 or Larry Loring at 505-222-9839.

2. Improve your own skills in identifying and treating addiction and abuse by using the Physicians Clinical Sup-

port System, which enables physicians to directly email or phone mentors for information and support. Visit [www.PCSSmentor.org](http://www.PCSSmentor.org) or email [PCSSproject@asam.org](mailto:PCSSproject@asam.org).

3. Take time to educate your patients about the potential risks of having opiates in their home. According to the CDC, most of those who abuse prescription painkillers get the drugs for free from relatives or friends; fewer than 5% purchase prescription drugs from dealers or strangers. Instruct patients to secure their medication, not to share them, and not to mix them with alcohol or tranquilizers. There are excellent written handouts available at your pharmacy, and if not, make your own or contact Taos Alive at [dfctaos@gmail.com](mailto:dfctaos@gmail.com) or the New Mexico Medical Review Association (HealthInsight) at 1-800-663-6351 (ask for the Prescription Improvement Coalition) for model brochures.

4. Participate in Project ECHO. New Mexico is blessed with one of the nation's leading educational extension services. They offer weekly Pain and Integrative Psychiatry and Addiction Clinics. No matter where in New Mexico you practice, you can have expert advice in your office. Call 505-750-4897 or contact [echo@salud.unm.edu](mailto:echo@salud.unm.edu) to hook your clinic or office up and find out how to access the tele-clinics by audio or video link.

5. Learn how to prescribe buprenorphine for the treatment of opiate addiction in your office. Even if you never write a prescription, the training itself is worth the effort. Contact ECHO or [info@buprenorphine.samhsa.gov](mailto:info@buprenorphine.samhsa.gov).

6. Continue to recommend and align yourself with non-pharmacologic approaches in the treatment of pain and work with professionals (i.e. physical therapists, acupuncturists, yoga and massage providers) that will make for a more holistic treatment plan.

7. Think “Universal Precautions” every time you prescribe opiates or psychotropic medication. These medications can be equally helpful and dangerous.

8. Encourage patients to participate in the April 28 “Prescription Take Back” Program offered by local pharmacies and the DEA. A clean medicine cabinet

is a safer one. [http://www.deadiversion.usdoj.gov/drug\\_disposal/takeback/](http://www.deadiversion.usdoj.gov/drug_disposal/takeback/)

9. Prescribe intranasal naltrexone (available in a kit like Epi-pen) and make sure someone in the patient's home knows how to use it in the event of an overdose. It has been proven by research in New Mexico that if a patient is on 100 mg or more per day of morphine or equivalent, the risk of accidental death increases dramatically(3).

New Mexico's Family Medicine Physicians can begin to lead the way to a safer, more affordable and more effective health care system by first reducing the abuse of prescription drugs. The time is now!

#### References

- 1) MMWR Nov 4 2011 60(43);1487-1492
- 2) <http://www.iom.edu/Reports/2011/Relieving-Pain-in-America-A-Blueprint-for-Transforming-Prevention-Care-Education-Research.aspx>
- 3) Paulozzi, Kilbourne, Shah, Landon "A History of being prescribed controlled substances and risk of drug overdose deaths" Pain Medicine January 2012; 13: 87-95



## Swoboda Biography

Jaye Swoboda completed his residency in Family Practice at UNM in 1982. He obtained board certification in Addiction Medicine in 1988 and has maintained dual certification since. Since 1994 he has served as trainer, lecturer, writer and film-maker on the topic of prescription drug abuse and the role that physicians share in this problem. He is just completing a six-month "psychological retirement" leave which focused on being a new grandfather in Portland. He will start work at the new Veterans Administration Clinic in Taos in March.

## Call for "2012 Physician of the Year" Nominations

The New Mexico Academy of Family Physicians seeks your nominations for New Mexico Family Physician of the Year. All NMAFP members are urged to give this matter serious consideration and submit nominations to Sara Bittner, [familydoctor@newmexico.com](mailto:familydoctor@newmexico.com) no later than April 15, 2012. This is an excellent opportunity for members to recognize an esteemed peer. All nominees must be an active member of the NMAFP. Nominations must include an explanation of why the nominee deserves this prestigious award.

The winner will be acknowledged and given a Nambe plaque and certificate at the Awards Dinner and Dance on Friday, August 3, 2012 during the 55th Annual NMAFP Family Medicine Seminar in Taos.

## Bath Salts Update

By Stephanie Benson, MD

On October 21, 2011, the DEA finalized its order to its emergency scheduling authority to temporarily control the three synthetic stimulants primarily found in "bath salts." This was done due to "the imminent hazard posed by these dangerous chemicals." This will be in effect for 12 months with a possible six month extension, while the DEA does further investigation for a possible permanent controlling order. This order makes these stimulants "schedule I substances, the most restrictive category, which is reserved for unsafe, highly abused substances with no currently accepted medical use in the United States."



DEA Photo of Bath Salts



## IN MEMORIAM

### Dr. Cecilia Garcia, MD

By Ricardo Ortega MD

Dr. Cecilia Garcia passed away on February 16, 2012 as a result of a motor vehicle accident. She was a Board-Certified Family Medicine Physician working at First Choice Community Health. She is survived by three sons, Joaquin Diego, Miguel Ricardo & Javier Thomas Ortega.

She was a volunteer mentor with the Thresholds Project, which assists female ex-convicts to re-integrate into the community. She also supported Dismas House, which has programs that prevent recidivism in ex-convicts, and provide many other related services, including domestic violence interventions.

She was an avid runner and in 2002 she finished 4th in her age class in the La Luz Trail Run despite no special training other than her usual daily 6-mile run. Her broad interest and appreciation of many types of music was especially notable to her sons, two of whom are professional musicians. She was a trained classical pianist and could play a number of pieces with flare and precision.

I shared a primary care practice with her from 1989 - 2004, both of us working half-time to fill one position in several different clinic systems. So, I can say with certainty that she was a diligent & highly-skilled physician whose patients greatly appreciated her attention to detail and her responsiveness to their concerns, whether in clinic visits or in phone calls.

To Cecilia Garcia, MD, there was no more sacred trust than that placed in her as the physician to those who needed her.

Her desire, endorsed by our sons, would be that instead of flowers please consider a contribution in her name to either of the worthy causes below:

#### First Choice Community Health Foundation

505-873-7402

2001 N. Centro Familiar Blvd. SW

Albuquerque, NM 87105

#### Dismas House

502-636-2033

2500 Seventh Street Road

Louisville, KY 40208

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## NMAFP BOD Minutes, November 5, 2011, NMAFP Office, Albuquerque, NM

**Present:** Lisa Antonio; Rebecca Basurto; Sally Bachofer, MD; Stephanie Benson, MD; Sara Bittner, Fernando Bolanos, MD; Arlene Brown, MD; Alisa Cannon; Dan Derksen, MD; Dion Gallant, MD; Melissa Garcia, MD; Dolores Gomez, MD; Steve Lucero; Melissa Martinez, MD; Omar Naji, MD; Joshua Nguyen; Mario Pacheco, MD; Lilia Pedrego, MD; Tanya Reyes; Elizabeth Rodriguez; Karen Vaillant, MD; and James Wilterding, MD. Dr. Bachofer was chair.

**Introductions:** New 2012 FMIG Officers: Rebecca Basurto, President and Student Rep; Tanya Reyes, VP; Elizabeth Rodriguez, Secretary; Joshua Nguyen, Clinical Skills Coordinator; Lisa Antonio, Community Service Coordinator; Resident Rep from Las Cruces, Lilia Pedrego, MD.

**Legislative Training Session, Jan. 14, 2012 & DOD Revision:** The training session was a success. Information was shared and the volunteers' enthusiasm was contagious. The transition at the Roundhouse was quite smooth. Name tags, patient forms, strategy in place before session began, etc. were very helpful. Thanks to Dr. Brown for her guidance in this transition.

**Legislative Report:** Steve Lucero, Legislative Liaison, reported an active 30 day Legislative session. Mr. Lucero's final report on the session has been posted on the NMAFP website.

**Taos 2012 Conference:** An agenda for the August 2-5, 2012 Family Medicine Conference was presented. Registrants and exhibitors have already signed up. Pat Woodall, Taos artist, is making a painting for this conference.

**Strategic Planning Session/BOD Meeting, April 21, 2012:** The SPC will take place at Los Poblanos Inn, 4803 Rio Grande Blvd. NW in Albuquerque. Nancy Laughlin, AAFP Staff, will be the facilitator.

**Speaker Database:** Dr. Bachofer announced a valuable new speaker database. Thanks, Dr. Bachofer, for creating and helping to implement this tool for future Scientific Program Chairs to use when planning conferences.

**Funding for 2012 Conferences:** Dr. Dion Gallant reported on funding for the Winter Refresher and potential funding for the Taos Conference. NMAFP investigates new venues for financial support. Ideas: Presbyterian Foundation, Service League, UNM Medical Group (possible supporter for the Med Student Reception) and STFM. NMAFP

water bottles and polo shirts will be on sale in Taos. A painting by Pat Woodall will be sold in the silent auction. Prints will be available for purchase. We hope all Board Members will consider donating an item for the silent auction. The profit from the painting and prints will help sponsor FM Residents and Medical Students who attend NMAFP conferences at no cost.

**Resident Representative Guidelines:** Dr. Bachofer outlined a selection of and roles for Resident Representatives on the NMAFP BOD. A final will be presented at the April 21st BOD Meeting.

**NMAFP Residency Visits:** In an effort to keep the current and graduating Residents involved with the Chapter, Sara will visit each Residency Program early this year. A presentation will be given on membership benefits at the national and state level by each Resident Representative. Dr. Brown's slides about the ABFM will be included.

**Update on Ruidoso, 2013:** Dr. Dolores Gomez will be the Scientific Program Chair for the July 18-21, 2013 Conference in Ruidoso. She has already engaged three speakers for 2013. Dr. Karen Vaillant offered to have a Resident/Board/Faculty get-together at her home in Ruidoso.

**Office of Healthcare Reform Update:** Dr. Dan Derksen, Director of Healthcare Reform for NM, updated the Board on the current state of affairs. New systems must be in place to accommodate 250,000 more Medicaid qualified individuals in 2014. He indicated NMAFP may have an opportunity to help advance the PCMH model in New Mexico. The Board appreciates Dr. Derksen for his help throughout the years on various levels. The board voted to empower the President and Chair to move forward to explore the feasibility of pursuing this project.

**Resident Report:** Dr. Lilia Pedrego is the new Resident Representative from Las Cruces, taking Dr. Omar Naji's place. The Board thanks Dr. Naji for his time as Resident Representative. Dr. Fernando Bolanos, Resident Representative from Roswell, reported on a screening questionnaire at their clinic addressing obesity.

**Student Report:** Rebecca Basurto, new FMIG President, reported FMIG is being slightly restructured this year. PA students, the main campus, under-grad, and pre-med programs will be reaching out to high school students about college and looking into the medical field. They are still doing Care Bags for the Homeless.

**Family Medicine Revolution:** Dr. Stephanie Benson explained the project was created mainly to keep younger folks involved and excited about being a FM Physician. Continuing to support FMIG and expanding our Med Student Reception (MSR) are ways to keep the momentum going. Dr. Wilterding did a fantastic job as moderator for the 2011 MSR. Dr. Benson suggested NMAFP invite the BA MD students to the 2012 MSR. Other ideas are a contest among the Residency Programs and the FMIG to create a T-shirt design promoting Family Medicine to sell at future FM conferences and activities and/or to produce a 3-minute video supporting Family Medicine to be featured on our website. A med student essay contest is in place.

**Doctors & Malpractice Litigation:** Lisa Curtis, President of the New Mexico Trial Lawyers Association wrote an unfavorable article about doctors.

**NMMS Annual Scientific Meeting:** Dr. Karen Vaillant, NMMS President, shared the May 11th Program with the Board.

**Resident & Student Affairs:** Dr. Wilterding reported the FMIG revitalization and shared that Dr. Liz Grant, UNM faculty, will be the faculty contact for FMIG. Hidalgo Services in Silver City applied for a grant to develop the FM Residency Consortium in NM. We should know the results soon. Silver City will submit an application for a 1 plus 2 Residency Program.

**Next Board Meeting:** April 21, 2012, Los Poblanos Inn immediately following the Strategic Planning Session, 9:00-1:00 and lunch 1:00-2:00.

### NMAFP

Albuquerque, NM

Rio Grande Family Medicine

is seeking an associate to join our growing 4 provider primary care practice, whose focus is quality patient care. Full or part-time position available. Out-patient only. Attractive Mon-Fri hours. Competitive salary & benefits include health coverage, malpractice, profit sharing plan, generous vacation and CME time and funding allowance. Light call schedule.

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## Winter Refresher 2012

By Dolores Gomez, MD

"The networking, learning and general sense of the value & excitement of Family Medicine was priceless!" That is just one of the comments made about the 30th Annual Winter Refresher, 2012 held on February 11th. The early morning Past President's Breakfast allowed past chapter presidents to reconnect and discuss issues in a relaxed setting. A special thanks to Dr. Philip Briggs for hosting the breakfast!

The morning sessions included lectures on elder investment fraud and financial exploitation, cardiac testing and prevention of falls. The session on helping elders avoid investment fraud was covered by local news media. The lectures were excellent by all the speakers and generated great discussions. The afternoon sessions included mental health screening in the primary care office, child physical abuse, gout management and border health 101. Like the morning, the afternoon was just as informative and exciting to hear about

topics that we as Family Medicine Physicians may not think about as much.

Once again, Sara Bittner did an excellent job in helping with the organization and set up of our Winter Refresher. It was exciting to hear many comments from attendees that this was one of the best conferences ever. The scientific committee will carefully review evaluations and suggestions because the Chapter is committed to continue to provide excellent conferences in the future.



*NMAFP Past Presidents: back row, l to r, Drs. Warren Heffron, Bert Umland, Philip Briggs, Alfredo Vigil, Melissa Martinez, Dion Gallant, and David Holten. front row, l to r, Drs. Karen Vaillant, Sally Bachofer, Arlene Brown and Stephanie Benson; Sara Bittner and Drs. Lana Wagner & Dolores Gomez.*



*Dr. Stephanie Benson, President, presenting Dr. Sally Bachofer, Board Chair, with the Past President's Plaque during the 30th Annual Winter Refresher in Albuquerque, Feb. 11, 2012.*

# 55th Annual Family Medicine Seminar • August 2-5, 2012



NEW MEXICO ACADEMY OF  
FAMILY PHYSICIANS  
STRONG MEDICINE FOR NEW MEXICO

### THURSDAY, AUGUST 2ND

- 8:00 a.m. Registration, Exhibits Open  
Breakfast (Exhibit Hall)
- 8:50 a.m. Introduction & Welcome  
Stephanie Benson, MD, President  
Scientific Program Chair
- 9:00 a.m. "Dyslipidemia: Myths,  
Facts, Controversies"  
Kathleen Collieran, MD
- 10:00 a.m. "Thrombocytopenia"  
William Adler, MD
- 11:00 a.m. "New Advances on Cancer  
Screening and Genetics"  
Annette Fontaine, MD
- 12:00 p.m. Lunch - Exhibit Hall
- 1:00 p.m. "Update/Overview on Addiction"  
Julie Bohan, MD
- 2:00 p.m. "The Affordable Care Act  
& Medicare: What You  
Need to Know Now"  
Melissa Scarborough, MPH, CHES
- 3:00 p.m. Break - Exhibit Hall
- 3:30 p.m. "Adolescents, Sex & the Media"  
Victor Strasburger, MD
- 4:30 p.m. "Office Treatment of  
Osteoarthritis of the Knee  
& Shoulder Including Joint  
Injection"  
Chris McGrew, MD
- 5:30 p.m. Leisure

- 6:00-8:00 p.m. Welcome Reception  
Barbeque Dinner on the  
Sagebrush Patio  
Introduction of Candidates  
for Office - 2012-2013  
Special Guest: Dr. Roland  
Goertz, AAFP Board Chair

### FRIDAY, AUGUST 3RD

- 7:00 a.m. Registration, Exhibits Open  
Breakfast - Exhibit Hall
- 8:00 a.m. "AAFP Chapter Lecture  
Series: Pain Under-treatment"  
Glenn Davis, MD  
*This activity is supported by an educational grant  
to the AAFP from Endo Pharmaceuticals, Janssen  
Pharmaceuticals, Inc., administered by Janssen Scientific  
Affairs, LLC and Purdue Pharma L.P.*
- 9:00 a.m. "ADHD: Focus on the Solution"  
Mike White, MD
- 10:00 a.m. Break - Exhibit Hall
- 10:30 a.m. "Sleepless in Taos, Pill and  
Pillows" (understanding  
the mysteries of insomnia)  
Frank Ralls, MD
- 11:30 a.m. "The Supremes v. Obamacare:  
What It Means for New Mexico  
Health Care Reform and  
Clinical Practice"  
Dan Derksen, MD
- 12:30 p.m. Lunch - Exhibit Hall
- 1:30 p.m. "Pediatric & Adolescent  
Sports Medicine"  
Gloria Cohen, MD
- 2:30 p.m. "Patients at Risk: Improving  
Pneumococcal Immunization  
Rates in the Patient Centered  
Medical Home"  
Dion Gallant, MD

- 3:30 p.m. Break - Exhibit Hall
- 4:00 p.m. "Patient Centered Medical  
Home: The Model and  
the Evidence"  
Roland Goertz, MD
- 5:00 p.m. Leisure
- 6:30-10:30 Awards Dinner & Dance  
(Lecture Hall)  
Special Guest: Dr. Roland  
Goertz, AAFP Board Chair  
Entertainment: The Jimmy  
Stadler Band
- SATURDAY, AUGUST 4TH**
- 7:00 a.m. Registration, Exhibits Open  
Breakfast - Exhibit Hall
- 8:00 a.m. "The Health Impacts of  
Global Climate Change &  
What You Can Do About It"  
David Reyes, MD, MPH
- 9:00 a.m. "ABFM Update"  
Arlene Brown, MD
- 10:00 a.m. Break - Exhibit Hall
- 10:30 a.m. "Helping HIV (and other)  
Patients Who May  
Return to Mexico or  
Central America"  
Tom Donohoe, MBA
- 11:30 a.m. "Implementing & Optimizing  
Electronic Medical Records:  
Common Threads Across  
All Practice Sizes"  
Jason Mitchell, MD
- 12:30 p.m. "A Sustainable Approach to  
the Pediatric Patient: How to  
Turn our Well Child Visits into  
Something Meaningful"

Loretta Ortiz y Pino, MD

- 1:30 p.m. Afternoon at Leisure for all not  
attending the Care of the Elderly  
SAM Session in the Lecture Hall  
NMAFP Board Meeting  
Sagebrush Conference  
Center, Zuni Meeting Room  
(Lunch Served)
- 1:30-5:30 p.m. "Care of the Elderly Self  
Assessment Module"  
Kern Low, M.D.  
(Lunch Served)  
*Group Learning worth 12 Prescribed credits upon  
completion - Limited to 15 attendees Additional Fee - \$150  
for AAFP members and \$250 for non-members. (Prior to  
registering for this course with NMAFP, you must register  
with the ABFM 1-888-995-5700)*

### SUNDAY, AUGUST 5TH

- 7:00 a.m. Exhibits Open  
Breakfast - Exhibit Hall
- 8:00 a.m. "Hepatitis C Update:  
Testing and Treatment"  
Karla Thornton, MD
- 9:00 a.m. "Symptom Management  
at End-of-Life: Tips & Tools"  
Devon Neale, MD
- 10:00 a.m. Break - Exhibit Hall
- 10:30 a.m. "Gestational DM Update"  
Dolores Gomez, MD
- 11:30 a.m. "Approaches to the  
Poisoned Patient"  
Steven Seifert, MD
- 12:30 p.m. Drawing for Door Prizes  
(Must be present to win)

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## Donations Sought for Silent Auction at the Taos Conference in August

Members, NMAFP is looking for donations for the 2nd Annual Family Medicine Silent Auction to be held during the 55th Annual Family Medicine Seminar, August 2-5, 2012 at the Sagebrush Inn in Taos. The proceeds will go toward the support of Family Medicine Residents and Medical Students attending the Conference.

Look around and see what you can find. It was fun last year in Ruidoso!

It's going to be more fun this year in Taos! Contact Sara for more details: 505-292-3113 or [familydoctor@new-mexico.com](mailto:familydoctor@new-mexico.com). Watch for a Save the Date Card in your mail box this month. The Agenda is also included in this newsletter on page 7. Online registration is not up yet, but you can always call Sara to register by phone.



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## *The Roadrunner*

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