



The Roadrunner

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PRESIDENT'S COLUMN

Advocacy and Power: Yes, You Are An Advocate!

By Sally Bachofer, MD

"Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has." – Margaret Mead

It seems that we have suffered from an amazing information overload during the past few months. No matter what your particular political persuasion, I think it is fair to say that there has been a lot of "noise" coming at us. And I suspect we are not at an end. With the myriad troubles facing our communities and fellow human beings, we will continue to be presented with many opinions, ideas and suggestions for change.

What I am most worried about is that we succumb to "information overload fatigue". Within the context of our very busy and sometimes overwhelming daily lives as Family Physicians, it would be understandable....even, perhaps, excusable, for us to "check out" from all but our core duties. But it would probably not be wise.

I'd like to take a moment to encourage you, the busy Family Physician, to consider seriously the spectrum of your role as an advocate. I suspect that every day you advocate for individual patients....prior authorizations, negotiating the labyrinth of referrals, talking with family members. It is what family doctors do and do well.

But what of advocacy on a larger scale? My sense is that the minute we step beyond the golden circle of the patient-physician relationship, we get a bit nervous and slightly uneasy. We

begin to enter a world where power becomes a more conscious component of effective advocacy....and power is not as comfortable a concept in Family Medicine.



I'd like to share with you a "taxonomy" of the powers of Family Medicine which I have borrowed from a brilliant and impassioned medical educator, F. Marian Bishop.* Among the many "powers" within our specialty she highlights four:

We enjoy the Power of Numbers as the doctors providing the overwhelming majority of primary care. We have the multi-dimensional breadth to meet the majority of health needs of the majority of people. We are a significant force collectively.

Despite being a "young" specialty we have demonstrated the Power of Persistence through maintaining a constant sense of purpose while evolving what it means to be a Family Physician. It is to a large extent our model of care that drives the Patient-Centered Medical Home.

The Power of Altruism provides the

fuel for all our actions, large or small. Students enter medical school with high levels of altruism; the current curriculum and pressures erode this core value. During my tenure as Program Director for the UNM FM Residency, applicants credited Family Physicians with re-vitalizing their altruistic goals.

Bringing this all together is the Power of Voice. Whether speaking alone or joining with colleagues, I have found that we have a most astonishing ability to influence... we just need to discover a venue and an issue that fits our individual inclination. For every issue there is an opportunity, for every passion there is a place for your voice to make a difference.

So, in the spirit of harnessing our powers to advocate for the health of our patients and communities, I have a few suggestions of opportunities to exercise your power of voice.

First, you can advocate for your specialty among enthusiastic and eager medical students who seek role models for what's right and needed in medical practice. Become a preceptor for 8 weeks in the summer or for the 3rd year FM clerkship or the 4th year "Medicine in New Mexico" rotation. The people to contact are: Amy Clithero (aclithero@salud.unm.edu) and Dan Gonzales (dggonzales@salud.unm.edu).

– continued on page 2

In this issue...

- NMCAAFP on Facebook
- Reform Bringing New Care Models to NM
- AAFP Congress of Delegates Report
- Rick Madden, MD elected to AAFP BOD
- Profile: Linda Stogner
- And much more!

NMCAAFP on Facebook

By Melissa Martinez, MD

The New Mexico Chapter of the AAFP has a new means of communicating with members: a group page on Facebook. Family Medicine Residents in New Mexico have been using Facebook as a means to communicate and network for several months now. This is a chance for family doctors in practice to learn from the residents.

Facebook groups are like a virtual party. At this party, guests (members of the Facebook group) can interact with old friends or meet new ones. Instead of talking to people, you visit their Facebook page, and they visit your page (if you give them permission). You can “chat” with those guests who log on to the group page at the same time you do. You can also send messages to group members. Sometimes guests or the hosts make announcements to the party as a whole. These announcements may generate a discussion that all the people of

the party can join in on.

This is not exactly like a real party. For one thing you can pick who interacts with you. Also you can leave the group at any time without making an excuse. Finally, at this party, time is irrelevant (you can come and go whenever you want).

To join this party, you must be a Family Physician. The hosts (Sara Bittner and Melissa Martinez) will only allow Family Physicians into the party. For the time being, this is an “open group” so others can view the activities at this site, but this may change with time. The hosts choose an open group to give Family Physicians a chance to view the group before they join. As more members join, the plan is to make it a “closed group” that only members can view.

There are down sides to being in this group. You may get more informa-



tion than you want from others. Also the information you provide could, potentially, be misused. Caution with personal information is important for this group and any other part of Facebook.

If you are interested in joining the group, go to Facebook. If you are not a member of Facebook, you can sign up for free. Remember to be careful with your information. Once you are a member, search for New Mexico AAFP on the “group” part of the site. View the page and send a request to join. You can contact the group via email at NMCAAFP@groups.facebook.com. Hopefully this group will be useful; but, if you decide to leave the group, there is an option to “Leave Group”.

Anyone with expertise on Facebook or creative ideas for the site is encouraged to help the hosts. Oh yea, there is one more difference between this and a traditional party — no food or drink and no mess to clean up. ■

ADVERTISEMENT

Are you looking for a new change or a few extra shifts a month? Well look no further, I have the perfect opportunity for you! Hospital Physician Partners has a need in the Fast Track at Lovelace Women's Hospital in Albuquerque, NM and is actively recruiting physicians who are Board Certified in Family Practice.

Lovelace Women's is a 98 bed hospital with a 12 bed ED and 6 Fast Track beds. The estimated annual patient volume is approximately 22,500.

We offer Competitive Compensation, Paid Malpractice with Tail, and Flexible scheduling.

Please contact me directly for more specific details about Lovelace Women's and many of our other lucrative opportunities. Several Director/Leadership positions available as well.

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President's Column

(continued from page 1)

Second, advocate for well-informed policy and legislation at the state level through participation in the “Doc of the Day” program during the Legislative Session in Santa Fe (January 18 to March 19, 2011). The NM Chapter will be providing an orientation session on January 15 at the NMAFP office. Contact Sara Bittner at familydoctor@new-mexico.com or 505 292-3113 for more information.

Third, seriously consider participation in our NM Chapter and learn more about opportunities at the regional and national levels. Within our Chapter there is a wealth of experience to be shared; we have a great time working toward realizing the goals of Family Medicine. We are especially pleased and excited about the election of Rick Madden to the AAFP Board of Directors and are looking forward to having a front row seat as health care in this country changes (see article on page 5). To break the ice and demystify the system, we will be having a “What's Going On and How Can I Get Involved?” session during the Ruidoso meeting in July, 2011. Let's talk!

Thanks for your persistence and here's a final word of encouragement:

“If you think you're too small to have an impact, try going to sleep with a mosquito.” (Anita Roddick) ■

* Eighth Annual Nicholas J. Pisacano, MD, Memorial Lecture: Family Medicine Equals Power, Bishop FM, J Am Board Fam Pract. 2002 May-Jun;15(3):234-8. I encourage you to read Dr Bishop's article (available at: <http://www.jabfm.org/cgi/reprint/15/3/234>).

Health Care Reform Bringing New Care Models to New Mexico

By Mario Pacheco, M.D.

From *The New Mexican*, posted September 25, 2010

How will our state care for nearly 400,000 uninsured New Mexicans who will qualify for coverage in coming years under health care reform, when it's estimated that we're already short some 400 primary-care providers?

That question is particularly perplexing for the northern part of our state, where one University of New Mexico study suggests almost half of that physician shortage currently exists.

Fortunately, solutions to that coverage quandary are already outlined in overlooked sections of the health care bill President Barack Obama signed into law in April.

Provisions in that federal legislation will help states build a professional workforce of doctors, dentists and nurses to prepare for expanded insurance requirements that take effect in 2014.

What's especially exciting about those national workforce initiatives is that they were written and sponsored by New Mexicans, based in part upon innovative training models pioneered in our state.

Sen. Jeff Bingaman inserted the workforce provisions into the Obama bill, utilizing the research and drafting assistance of UNM Family Physician Daniel Derksen, who served as a Robert Wood Johnson Health Policy Fellow in Sen. Bingaman's Washington

office in 2008.

The most significant of those workforce solutions is the nationwide allocation of \$355 million in new grants and graduate medical-education funding for "teaching health centers," a partnership concept developed at UNM to help establish physicians in under-served areas.

An excellent example of that concept is the current collaboration between Christus St. Vincent Regional Medical Center, La Familia Medical Center and UNM to train selected Family Medicine residents in a Santa Fe community setting.

Those UNM residents spend the final two years of their training performing patient care at La Familia, and the idea behind the program is that physicians often stay and practice in the communities where they trained.

The results of our Santa Fe partnership support that theory. Since our first class graduated in 1998, 36 Family Medicine residents have trained in Santa Fe, and 80 percent of those doctors have remained in New Mexico, primarily in the Santa Fe area. That compares to a roughly 25 percent retention rate for all UNM medical graduates.

UNM has similar Family Medicine partnerships in Roswell, Hidalgo County, and Albuquerque's South

Valley, and fresh funding from health care reform could help start primary-care residencies at community health centers and rural hospitals in places like Silver City and Farmington.

The new law also expands loans, scholarships and grants to encourage New Mexicans who are training to become nurses, dentists, and physician and dental assistants to practice in areas where health-professional shortages exist.

Other provisions of the Obama Bill reward medical models that foster coordination of care, like the Patient-Centered Medical Home that the New Mexico Legislature enacted in 2009 to spur a more multi-disciplinary approach to patient care.

Another key element in the new law is that payments for primary-care services under Medicare, Medicaid and the Children's Health Insurance Program will increase by ten percent, offering an additional incentive for choosing a career in primary care.

A final feature of the legislation is the formation of a National Health Care Workforce Commission that will evaluate the existing matrix of federal funding for training doctors, dentists and nurses to determine where enhancements can be achieved.

That package of federal provisions — written by New Mexicans and based in part upon our unique experience — can help our state meet its present and future primary-care needs, if we act quickly to take advantage of the workforce programs contained in the new health care reform legislation. ■



Volunteers Needed for Doc of the Day in Santa Fe

Members, make a difference in New Mexico for 2011. Volunteer to be a Doc of the Day at the Roundhouse during the Legislative Session, beginning on January 18 and ending on March 19. This program provides urgent medical care to legislators and their staff. The DOD Volunteers also have the opportunity to be an advocate for Family Medicine by actively engaging in the legislative process at committee hearings and other venues. There will be a legislative training session/lunch for all volunteers at the NMAFP Office in Albuquerque on Saturday, January 15th. If you are interested in getting involved, contact Sara: familydoctor@newmexico.com or 505 292-3113.



AAFP Congress of Delegates Report: Policy and Debate

By Rick Madden, MD

The annual AAFP Congress of Delegates met in Denver at the end of September to debate and set policy, and review strategic directions for the Academy. The complete transactions and officers' speeches may be easily accessed at www.aafp.org, search for 2010CODTransactions.

Organization and Finance

Four different resolutions from several states argued for varying degrees of distance from our Consumer Alliance partner Coca Cola. The Congress adopted only Res. 209 calling for a better process in making selections in the future in general and continuous re-evaluation of alliances' congruent with the Academy's mission and values. Also, President Lori Heim, MD in her annual address recommended, and the COD supported, the Consumer Alliance in principle in the future.

A plan to provide member e-mail addresses to a secure intermediary for targeted and limited uses was put on hold until it is changed to a member opt-in, versus the proposed opt-out arrangement.

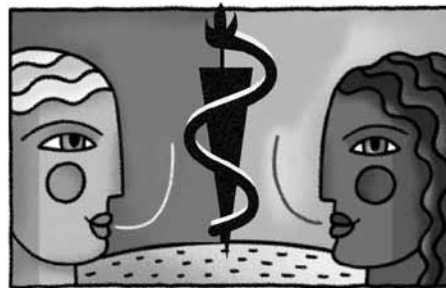
Web streaming of the Congress of Delegates and the National Conference of Special Constituencies and possibly other venues and use of other social media will be considered, as will reinstatement of the second AAFP Commission cluster in June.

Practice Enhancement

Insurance company practices of denying urgently needed services that had been previously provided by physicians and hospitals without prior authorization will be reviewed for further action. The AAFP Website will soon include a link to report fraudulent telemarketing of durable medical equipment such as power wheelchairs. The AAFP will expand and actively promote informational resources about Medicare Recovery Audits to members.

A "50-state strategy" to align AAFP efforts to improve payment

uniformly across the country, with the intent of reducing the "brain drain" from "distressed" states such as New Jersey, was referred to the Board for further study.



With the advent of ACOs (Accountable Care Organizations) almost upon us, the AAFP will educate members about their formation and encourage and facilitate Family Physicians' involvement. The Academy was directed by the Congress to consult with NCQA to streamline the cumbersome PCMH (Patient Centered Medical Home) recognition process that is currently seen as beyond the reach of many small practices.

Advocacy

The Special Constituencies delegation presented several resolutions that generated extended debate. Repeal of the "Don't Ask, Don't Tell" law governing gays in the military, addition of a Special Constituency permanent seat on the AAFP Board of Directors, and AAFP support of fully equal gay marriage all failed. The discussion was respectful and appreciative of the diversity of opinion.

The AAFP will oppose legislation which mandates physician participation in health plans as a condition of licensure. The concern is that mandated participation would force physicians to accept Medicaid and other insurances, depriving them of the right to choose and negotiate, an issue that arose in Massachusetts. Another resolution directs the AAFP to develop a policy statement that supports the

rights of physicians to collectively negotiate and study the means to urge legislatures to enact enabling measures. The Academy will petition appropriate government bodies to eliminate the hospital stay requirement for rehab and long-term care benefits.

The COD supported the newly created Independent Payment Advisory Board to Medicare and Medicaid, encouraging Family Physician involvement. The Academy will advocate for stronger funding of both scholarships and loan repayment programs for FPs in the National Health Service Corps. The AAFP will study the feasibility of advocating for a federal program for funding Family Physicians with low-cost, long-term loans, modeled on a USDA program for young farmers.

Health of the Public and Science

The AAFP will develop a policy statement in support of the legalization of expedited partner therapy (EPT) for sexually transmitted diseases according to current CDC recommendations. The AAFP Board will study a recommendation that expert panels that develop guidelines should include Family Physicians when the guidelines apply to FPs' scope of practice.

New Mexico co-sponsored with Maine a successful resolution advocating for improved nutrition in the workplace through programs and food choice availability. Approaches to tobacco tax structure will be reviewed for their effectiveness in thwarting circumvention of public health initiatives.

Education

Because of the shortage of preceptors currently needed for teaching medical students in Family Physician offices, the AAFP will work with the American Board of Family Medicine to identify additional activities related to precepting that could fulfill requirements for ABFM Maintenance of Certification.

The COD directed the AAFP to evaluate the quality of existing data that compares the practices of nurse practitioners to primary care physicians, including health outcomes research and cost effectiveness and to promote further studies on the question. ■

Rick Madden, MD - AAFP Board of Directors

By Dan Derksen, MD, Delegate, NMAFP

In September, Rick Madden, MD from Belen was elected to the American Academy of Family Physicians Board of Directors at the AAFP Congress of Delegates meeting in Denver. Rick made us all very proud by running an outstanding campaign in an exceptionally strong field of candidates. As always, he received great support from his wife Molly, and his family – Jennifer, Melissa and Ellen (who did the beautiful watercolor on Rick's cards and notes).

Rick joins three other great New Mexico Family Physicians who have served on the AAFP Board of Directors – Warren Heffron, Phil Briggs and Arlene Brown. The entire NM Chapter should take credit for this latest accomplishment - but we should recognize the hard work put in by our chapter executive - Sara Bittner. On behalf of all Family Physicians in the state, but especially for the patients we serve – Congratulations Rick! Thank you for your 30 years of practice in New Mexico, and your willingness to serve Family Physicians and our patients at the national level.

The following is an abridged version of Rick's inspiring speech.

"I have always been on fire for what we do for our patients. More than ever, I am excited to be working for Family Medicine. This is a time of opportunity, at the convergence of health care reform and economic recession. 'Family Medicine is the Future'...and the future is NOW! We

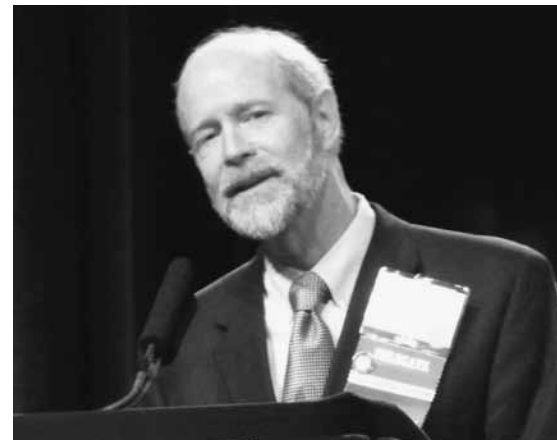
must all actively participate in designing a better future. Here are 5 things I have been doing to design a better health care future:

- 1) Developing a medical home within my medical group;
- 2) Pushing legislation to start Medicaid medical homes within our state;
- 3) Serving on the AAFP's critically important Commission on Quality and Practice;
- 4) Advising our freshman Congressman on health care policy and the need to assist Family Physicians;
- 5) And not the least, teaching medical students in my office about the power of Family Medicine (and watching their eyes light up).

Many patients and acquaintances want my advice about health care reform. They want to know how this huge undertaking can possibly help them. My vision of what we must do to design a functional health care system:

First: Educate more Family Doctors. For there to be enough of us to provide the comprehensive, continuous, personalized care our patients expect and need, we must expand our Family Physician workforce.

Second: Support Family Physicians in their practices. In this time of accelerating change, we must ensure that all of our practices, including small and independent practices, have more tools, information and resources to



Rick Madden, MD delivering his acceptance speech at the AAFP Congress of Delegates meeting in Denver.

allow them to excel.

Third: Improve the value of the health care dollar. I outline for my patients some of the many ways Family Physicians have helped health care systems worldwide achieve higher quality at a lower cost.

My dear fellow Family Physicians, I am, and will be as a Board member, unshakably committed to making health care work better for all of our patients and our members. I believe deeply in the common strength and wisdom of our Academy, and I will represent you well."

– Rick Madden, MD, Belen, NM



↑ Rick, his wife, Molly, & Sara waiting for the Hospitality Night activities to begin during his campaign for AAFP BOD in Denver.



← Troy Watson, MD & Melissa Martinez, MD helping pass out NM goodies to the folks attending the Hospitality Night activities.

← Rick with NMAFP supporters, family and friends in Denver.

BOARD NOTES

November 6, 2010

■ **Taos Wrap-Up:** Dr. Pacheco's Conference, July 22-25, 2010, was very well received with excellent evaluations.

■ **SAM session:** The SAM session during the Taos Conference got many favorable comments. NMAFP will move forward by gathering more information on training their own SAM facilitator.

■ **Med Student Reception:** Over 70 individuals attended the 5th Annual Med Student Reception this past September. Next year, the venue will have to change to accommodate the increased numbers.

■ **Congress of Delegates, 2010:** Dr. Rick Madden won a position on the AAFP Board of Directors. He is the fourth Physician from NM to hold this position in the last 63 years. Dr. Madden thanked the Board and presented a donation to the Chapter. Dr. Derksen pointed out that Dr. Madden's close association with Representative Martin Heinrich had a very positive effect on Representative Heinrich's approach to health care policy.

Other issues discussed during the Congress include: a new seat on the Board for Special Constituents which did not pass, and the Coke/AAFP affiliation which was not terminated. A resolution for guidelines that would be more transparent and that allows the AAFP to include more people in future decisions did pass.

■ **2010-2011 Budgets:** The Budget Committee met on September 18th and wrote the two budgets for the upcoming year. Dr. Dion Gallant, Chair, presented the 2010-2011 Budgets to the Board. The Board approved the budgets.

■ **Doc of the Day for 2011 Legislative Session:** It was determined that the DOD Volunteers will be invited to attend the opening ceremonies on January 18, 2011 for the 60-day legislative session. There will also be a training session for the DOD Volunteers on Saturday, January 15th at the NMAFP Office that will be led by Steve Lucero, our Legislative Liaison

■ **Legislative Liaison Report:** NMCAAFP Lobbist, Steve Lucero indicated that one of his main roles would be to facilitate opportunities for physicians to speak to the legislators. He will also give weekly updates on legislative happenings. Dr. Madden suggested that the Board deepen Steve's understanding of the Patient-Centered Medical Home.

Mr. Lucero and Dr. Derksen presented talking points to consider in the up-coming session.

■ **Membership Drive:** Dr. Gallant shared with the Board the current Membership Drive underway.

■ **Newsletter Editor Replacement:** Due to the fact that our Editor of 16 years, Dr. Madden, has been elected to the AAFP BOD, it is necessary for Rick to step down. Dr. Melissa Martinez has volunteered to take his place as the Chair of Communications.

■ **AAFP Delegates:** The Board has decided to hold a Leadership Development luncheon that will take place during the 2011 State Conference for individuals interested in learning what opportunities are available on the NMAFP BOD and nationally as Alternates and Delegates. Candidates for Alternate Delegate will be sought after for the 2012 Congress of Delegates when one of the current Alternates takes Dr. Stogner's place as Delegate.

■ **Resident Report:** A Facebook page was established to have better communication and contact with residents from all programs in NM. The Southern NM Residency Program was recently accredited for three years.

■ **Student Report:** Elections will take place in December for the new officers of FMIG at UNM. The Care Bag Program has been turned over to the Bernalillo Middle School honor students and the FMIG is mentoring these students about medicine, school, and education in general.

Dr. Derksen proposed that we have a student policy awards speaker at our Ruidoso Conference in 2011. A motion was made, and it passed unanimously.

■ **Resident & Student Affairs Committee:** Dr. James Wilterding will become the Chair of this Committee with Dr. Lourdes Vizcarra, Dr. Kelly Humpherys and Dr. Linda Stogner serving as members. The committee will work on a resident forum/job fair or bulletin board at the Ruidoso Conference next summer.

■ **Winter Refresher Update:** Drs. Dolores Gomez and Stephanie Benson, Co-Chairs of the Feb. 5, 2011 29th Annual Winter Refresher in Albuquerque have prepared an excellent program. Brochures have been sent out.

■ **Ruidoso Conference:** Dr. Sally Bachofer, Chair of the 54th Annual Family Medicine Seminar, that will take place next summer in Ruidoso, July 14-17, has a program in development.

■ **Next Board Meeting:** Friday, February 4, 2011, 5:30 p.m., NMAFP Office, Dinner Served

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Profile: Linda Stogner

By Rory McClannahan, Mountain View Telegraph

It isn't easy to pin down Dr. Linda Stogner to talk about all the things that she does in the Estancia Valley and beyond.

If her job as Medical Director at Esperanza Family Medical Center in Estancia didn't keep her busy enough, she also is an active member of many organizations, such as the Rotary Club, the New Mexico Chapter of the American Academy of Family Physicians, the University of New Mexico Medical Reserve Corps and the UNM Khatali Alumni Association. She gives her time and effort to DA BEARS athletic booster club, sponsors youth athletic teams throughout the valley and regularly buys animals at the Torrance County Fair, which are then donated to the Girls and Boys Ranches. She serves on numerous boards in the valley and, oh yeah, each year serves as a ship's doctor for the National Geographic Explorer-Linblad Expeditions cruises.

As a matter of fact, it was such a cruise that made it difficult for her to comment about this story.

Such is the life for a true community asset.

Fortunately, there are plenty of people who are more than willing to fill the blanks, and giving those who don't know Stogner and her husband, Michael, of the kind of people they are.

"She could live in an extravagant house in Albuquerque, enjoying all the conveniences of the city life," said Janice Barela. "Instead, she chooses to work

and reside in Estancia and to invest her time, resources and talents — basically her life — in our community."

Barela said she made some calls around the community to gather comments about Stogner and what she means to Estancia. What Barela got in return was a stack of letters.

Warren Metzger, the Torrance County 4-H Extension Agent, writes about Stogner's support of the 4-H and FFA kids and how she can always be counted on for that support.

Nick Sedillo, president of the DA BEARS, adds that Stogner is an important member of his group, writing that "even though she has a busy schedule at the clinic, she is always willing to help out with club activities."

Venessa Chavez Gutierrez writes about the evacuations of the mountain communities several years ago during the Trigo Fire.

"We were all evacuated to the Estancia Community Center. When we walked in, there she was, offering medical care and prescription refills to those who needed them," Chavez Gutierrez wrote. "She did not need ... to volunteer her time but she did. She always does and that is why we are so blessed to have her call Torrance County home."

The comments go on and on; from the schools, Rotary Club members,

emergency services managers and more.

Because Stogner was unavailable to give biography of herself, it's best to take one that she provided for an address she gave at UNM for a program on women physicians:

"Dr. Stogner was born and raised in rural New Mexico, the middle child and an heiress to a Spanish Land Grant. Her undergraduate degree is from the New Mexico Institute of Mining and Technology and she received her M.D. from UNM School of Medicine in 1983. Leaving the state of New Mexico for the first time, Dr. Stogner did

her residency at Texas Tech in Amarillo, Texas. For the past 21 years, Dr. Stogner has served as the Medical Director for the Esperanza Family Health Center in Estancia. The clinic provides medical, dental, and behavioral health care in addition to Head Start and Senior Citizen Centers to this rural community that could not support services of these types alone.

"Since 2001, Dr. Stogner has also served as Ship's Physician for Lindblad Expeditions, serving primarily onboard the National Geographic Endeavour and National Geographic Explorer in the Antarctic and Arctic polar waters."

Although not available for an interview, it is clear that Stogner does not live her life according to the whims of a newspaper — she lives it for others. And for this, the Telegraph is honored to call her a Community Asset. ■



FMIG Update

By Raquel Tello

My term as FMIG president is about to come to an end. I will be passing off the torch to the new president next week. It does bring a bit of sadness to me to think that it's over, and it's amazing to me how quickly this year has flown by. While we didn't complete all the ambitious projects we had initially set out to do as FMIG, we certainly did a lot. Our Med Stars program was the most successful to date. We had over 30 medical students delivering the program in rural communities this summer encouraging young children to pursue a career in medicine (especially Family Medicine) and what they need to do to get there. We had a variety of lunch lectures about Family Medicine and the diversity that's involved with the field. It's not all just runny noses and diabetes.

We also had the CareBags program. We worked with students at Bernalillo Middle School. These students put the bags together, and we mentored the students including talking to them about a career in Family Medicine. Together we made over 150 bags to hand out to those in need over the holiday session. The bags include basics such as a toothbrush and toothpaste and are given to pan-handlers instead of money.

Then there is the Clinic. Over the summer I worked on the development of the Endorphin Power Company Clinic, which will be a free/low-cost clinic that will provide services to Albuquerque's South East Heights area. As the clinic coordinator, I am working to have a student-run clinic, organized and run by FMIG.

While my term as president is over, I will be staying on as an advisor. I just wasn't ready to say good-bye to FMIG. I want to be there to help the new group with all their projects. I feel very positive about FMIG, and I am looking forward to the many great things that will happen in the coming year. ■

New Online Continuing Ed Opportunity FREE

Pathways Awareness, in conjunction with the American Academy of Pediatrics (AAP), are proud to announce the availability of a new online continuing medical education (CME) course: Recognizing Early Motor Delays at the 2-month Pediatric Well Visit. The program, available at <http://www.pedialink.org/cme/htemd> is being offered FREE for all by entering the code PATHWAYS at check out. Upon completion of the 20 minute course, eligible participants may earn a maximum of 0.50 AMA PRA Category 1 Credits TM, AAP, or NAPNAP credits. The curriculum uses side-by-side video comparisons of infant observation to help health care professionals, students, parents, and caregivers recognize the signs of an early motor delay in children as early as 2 months of age and determine the most appropriate intervention if an early motor delay is observed. Early detection and early intervention are key to ensuring the best for all children's physical development. For more information on early motor delays and the help available, visit www.pathwaysawareness.org or call our toll free parent answered hotline at 1-800-955-CHILD (2445).

New Mexico Chapter
American Academy of Family Physicians
2400 Louisiana Blvd. NE, Bldg. 2, Suite 101
Albuquerque, NM 87110

Happy New Year from NMAFP!

NMAFP 29th Annual Winter Refresher in Albuquerque

February 5, 2011
Embassy Suites Hotel

Dolores Gomez, M.D. & Stephanie Benson, M.D.
Scientific Program Co-Chairs

Schedule of Events and Lectures

7:00 a.m. – 8:00 a.m.
Past President's Breakfast
Agave Room

7:00 a.m. – 8:00 a.m.
Registration/Exhibits Open
Breakfast - Exhibit Hall

7:55 a.m. – 8:00 a.m.
Introduction & Welcome
Dolores Gomez, M.D. &
Stephanie Benson, M.D.
Scientific Program Co-Chairs

8:00 a.m. – 9:00 a.m.
Fibromyalgia: Diagnostic &
Treatment Options for the
Family Physician
Kathleen Hales, M.D.



9:00 a.m. – 10:00 a.m.
Physicians & the Affordable Care
Act: Avid Advocate, Rescind &
Repeal, Revise & Reform, All or
None of the Above?
Dan Derksen, M.D.

10:00 a.m. – 10:30 a.m.
Break – Exhibit Hall

10:30 a.m. – 11:30 a.m.
Psychological, Behavioral &
Pharmacological Treatment of
Substance Use Disorders
Marlin Hoover, PhD

11:30 a.m. – 12:30 p.m.
Travel Medicine
Francine Olmstead, M.D.

12:30 p.m. – 1:30 p.m.
Lunch – Exhibit Hall
Sponsored by:
 Memorial Medical Center
Care for your health.

1:30 p.m. – 2:30 p.m.
Preconceptual Counseling
John Andazola, M.D.

2:30 p.m. – 3:30 p.m.
VTE Prophylaxis
Patrick Leung, PharmD

3:30 p.m. – 4:30 p.m.
Tumor Lysis Syndrome
William Adler, M.D.

4:30 pm
Drawing for Door Prizes
A raffle ticket will be included in your
packet. You must be present to win.

The Roadrunner

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