

The Roadrunner

Published quarterly by the New Mexico Chapter of the American Academy of Family Physicians, Inc.



Vol. 26, No. 1

Spring 2008

2008 Legislative Wrap-Up

By John Anderson, NMAFP Lobbyist

The 2008 Legislature ended on Valentine's Day, February 14, at noon, with Governor Bill Richardson threatening to call the legislature back into special session to address his universal health care proposals. The governor's goal has been to have 400,000 New Mexicans covered by health insurance by 2010. The Legislature balked over concerns about the plan's cost, oversight and complexity. So, it may be back to the drawing board (this summer)!



Bills monitored included:

■ The governor's proposal, HB 62, provided for universal health care for all New Mexicans by purchasing private health insurance or by enrolling in a public health coverage program. The bill placed a tax on employers who did not offer their employees health insurance. The bill also established a health care authority appointed by the governor and an authority executive director appointed by the governor. One member of the authority would be a physician. Health insurance companies would be required to issue insurance to all New Mexicans, regardless of medical history, and expend at least 85% of premiums on health care. The bill was heavily amended by the House and died on adjournment in the Senate.

■ HB 147 and SB 225 were companion bills which would set up a health care authority with half of the membership appointed by the governor and half by the legislature. The authority's executive director would be appointed by the legislature. One member of the authority would be a physician. Both bills mandated a primary medical home. Bills died on adjournment.

■ HB 214 and SB 3 were companion bills providing for a single payer health care insurance system and thus, eliminating most private insurance in New Mexico. Both bills died on adjournment.

■ HB 37 required a plan by November, 2008 for implementing physician electronic billing and by November, 2009 for physician electronic records. Died on adjournment.

■ SB 430 established a 14 member legislative Health Committee to conduct a continuing study of all health care issues in New Mexico. Died on adjournment.

■ HB 167 creates the Birthing Workforce Retention Fund for certified nurse midwives and physicians who provide birthing services to low income mothers to assist with medical malpractice premium costs. Funds will be disbursed to applicants based on the percentage of Medicaid patients or indigent patients seen in their practices. Passed by legislature. Signed by the governor.

■ SB 127 provides for a physician licensure fee waiver program under the Medical Board for the purpose of recruiting and retaining physicians in New Mexico. Bill passed by legislature. Signed by the governor.

■ SB 478 would require the Human Services Department to provide for an annual cost of living adjustment for Medicaid reimbursement for physicians beginning July 1, 2009. Died on adjournment.

■ SB 342 would create a gross receipts tax deduction for a physician's receipts from co-pays or deductibles paid by an insured or enrollee in a health plan. Died on adjournment.

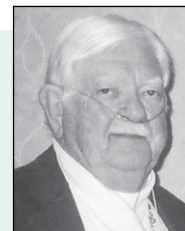
Some very bad news: Secretary of the Human Services Department, Pam Hyde, reported that the state budget

signed by the governor undercuts Medicaid by \$20 million. It is not clear if there will be program or enrollment cuts.

I want to thank all of the physicians who participated in the "Doctor of the Day" program. It was a great success.

Finally, congratulations to Dr. Alfredo Vigil upon being confirmed by the Senate as Secretary of the Department of Health. He is a wonderful choice.

Best quote of the 2008 session: *"Politics is the art of looking for trouble, finding it whether it exists or not, diagnosing it incorrectly, and applying the wrong remedy."* (Anonymous) ■



IN MEMORIAM

NMAFP was saddened to hear of Dr. John Smoker's passing over the holidays. Dr. Smoker arrived in Raton in 1959 and practiced Family Medicine in Colfax County for the next 39 years. John was one of the key players in establishing the UNM Medical School, and he was quite instrumental in forming the NMAFP into what it has become today. John served as President of the Chapter in 1982-1983 and received the award of Family Doctor of the Year in 1998. He will be sorely missed by all that knew him. Condolences go out to the family of Dr. John Smoker.

In this issue...

- President's Column
- Doc of the Day
- NM Rural Healthcare Tax Credit
- Residents Unite!
- Letter from Eleven States Meeting
- Winter Refresher Thanks



President's Column

By Lana Wagner, MD

Some of the advantages of being a physician in New Mexico: the mountains, the sunsets, the wide-open spaces, the chile. Some of the challenges of being a physician in New Mexico: okay, you know I don't have enough space for that. This is supposed to be a short column, after all. We all struggle with how best to provide care in a rural state with limited resources and a large, uninsured population. There aren't enough of us primary care folks to go around and, for our patients with complex chronic diseases, access to specialty care is limited. Wouldn't it be great if we had the capacity to treat, safely and effectively, chronic, common, and complex diseases in rural and underserved areas and to monitor the outcomes of this treatment? Hey, guess what... we do!



Project Extension for Community Healthcare Outcomes (Project ECHO), which is based out of the University of New Mexico (UNM) in Albuquerque, is an innovative program that allows physicians throughout New Mexico to receive special training in certain diseases and to co-manage their patients with specialists at UNM. The Robert Wood Johnson Foundation and Changemakers.net recently chose Project ECHO as one of three winners from 307 entrants from 27 countries as having the potential to change the way medicine is practiced.

The program was initially designed to improve access to hepatitis C treatment throughout the state

but the model proved so successful that they have expanded to include other chronic diseases. Their programs currently include:

- Hepatitis C
- Substance Use Disorders
- Behavioral/Mental Health
- HIV/AIDS
- Rheumatology
- Cardiac Risk Reduction
- Diabetes
- Weight Reduction
- Smoking Cessation
- High risk Pregnancy

Healthcare providers who participate receive initial training through Project ECHO. They then participate in regularly scheduled telemedicine conferences with specialists at UNM in order to discuss patient cases and modify treatment regimens. Patients benefit because they receive state-of-the-art care without having to travel to urban areas. Local providers benefit because they expand their knowledge base. New Mexico benefits because we have better specialty-care access for our underserved and rural patients. Currently, there are Project ECHO sites in many clinics around the state, at the Indian Health Service, and in the New Mexico prison system.

For those of you who missed the recent NMAFP Winter Refresher (and the many great speakers) the Project ECHO Director, Dr. Sanjeev Arora, gave an inspiring update on the program. If you attend the NMAFP Summer Refresher in Taos in August, you'll hear more about some of the Project ECHO programs, namely Substance Use Disorders and Rheumatology. Hopefully, you'll see a need in your practice and become one of the growing numbers of providers who are accessing Project ECHO as a way

to improve care throughout our beautiful state. Interested?

For additional information on Project ECHO, you can visit their website at <http://echo.unm.edu>.

If you are interested in participating in any of Project ECHO's clinics you can contact the Project ECHO Administrator, Laura Marsh, at 505-272-6542 or email her at lmars@salud.unm.edu. ■

Upcoming CME/Board Meeting in Las Cruces

Please join us in Las Cruces on May 17 for the next NMAFP Board meeting at Memorial Medical Center. It will be preceded



by an accredited four-hour CME program presented by the Family Medicine Residencies in Roswell and Las Cruces. There will be a lunch from 12 to 1 provided by MMC followed by the CME program. Dinner, also provided by MMC, will go from 5 to 6, followed by the quarterly Board meeting.

The Chapter Board would like to actively engage local and regional Family Physicians in discussion about the Chapter's activities and members' needs. We value member participation and input. Members in the southern half of our state may find it easier to contribute at this regional meeting. The CME alone will make it worth members' time. But don't stop there: join us to talk about the recent legislative session, our medical student high school outreach project, and many other ideas that come up at Board meetings (some of which may be yours!).

More information will be forthcoming. You will receive a detailed program agenda with RSVP information in your mailbox in a few weeks. Please direct questions to our Executive Director, Sara Bittner (505) 292-3113 or familydoctor@newmexico.com.

— Bert Garrett, M.D.

Doc of the Day

By Arlene Brown, M.D.

The Doctor of the Day program completed its second year of reincarnation. We were able to cover the 30-day legislative session, see a smattering of staff and legislators as patients and provide a great deal of good will for Family Medicine and Family Physicians. Physicians who participated agreed that the experience was very worthwhile, and the New Mexico legislators certainly agreed. Some testimony was given around health issues; and, although we did not achieve universal health coverage this session, our points were heard. Please see the accompanying synopsis of the session (page 1) by our lobbyist, John Anderson.

As has been said before, any plan

for universal healthcare access must be centered around primary care (a medical home), must be prevention oriented, must reimburse physicians adequately to keep their doors open, and must not be so burdensome (in paperwork and regulations) that it chases patients or physicians away.

We intend to continue hammering these points at the next round (if a special session is called) or when next year's session approaches.

Many thanks go to all of the doctors, residents and students who donated their valuable time and expertise. We look forward to having an even bigger crew at the 60-day session next January. ■



John Anderson, NMAFP Lobbyist, sharing some tips on testifying at the Round House to Doc of the Day Volunteers.



Doc of the Day Volunteers during Legislative Training Session at the Flying Star on January 5, 2008.

"Food Groups to Encourage" for the Right Start in Life: What You Can Do to Help

By Jan Newquist, RD/LD Program Coordinator Dairy MAX and NMAFHK Liaison

It's well-known that too many American children are overweight. But just as troubling is the fact that many are also undernourished. Because kids do not eat enough of the right

foods, they aren't getting enough of five key nutrients: **calcium, magnesium, potassium, vitamin E, and fiber**, according to the 2005 Dietary Guidelines for Americans (DGA).

The guidelines identified four "Food Groups to Encourage" from the USDA's MyPyramid: **fruits, vegetables, whole grain foods, and low-fat and fat-free milk or milk products**. Encouraging kids to eat adequate quantities of these nutrient-dense foods can help ensure that they are getting balanced nutrition from their diets.

When a child learns good eating habits, it can pave the way for better lifelong health. Parents, schools, and the community – and especially healthcare providers – all have roles to play in teaching kids to make the right dietary choices.

Not Just Fruits, Vegetables and Grains....

Most people are aware that kids and adults need to eat more fruits, vegetables and whole grains. But many don't realize that dairy foods, also rich in nutrients, are lacking

in diets. The dairy group, one of the four highlighted food groups, is often underestimated as a source of key nutrients. Dairy foods like milk, cheese, and yogurt are well-known as a source of calcium, but together, they also deliver potassium and magnesium – three of the five "nutrients of concern for children."

A number of studies have shown that getting calcium is a key to building peak bone mass and preventing osteoporosis and fractures later in life. The American Academy of Pediatrics calls dairy foods

"preferred" sources of calcium compared to supplements and other foods.

According to the National Dairy Council, half of children ages 2 through 8 and three quarters of children ages 9 through 19 don't get the recommended daily amount of milk or milk products. The 2003-2004 National Health and Nutrition Examination Survey found that African-American children have lower intakes of calcium, magnesium, and potassium than children of other races and ethnicities. This is consistent with a recent finding that adolescent African-Americans eat and drink less dairy than non-African-Americans.

All children 2 to 8 years should get at

least two cups a day of low-fat or fat-free milk or milk products and three cups a day once they turn 9. The American Academy of Pediatrics recommends four dairy servings a day for adolescents. The first step to putting these guidelines into practice is to be aware of them – but 60 percent of parents don't know how much calcium their kids are supposed to be getting.

A Doctor's Influence – In and Out of the Office and Partnering with Action For Healthy Kids

For a physician, promoting healthy eating starts in the office. Asking patients about their eating habits, educating them about the importance of balanced nutrition, and recommending a healthy diet pattern that follows the 2005 DGA are all constructive steps a family healthcare provider can take. A doctor can also help by referring a patient to a registered dietitian when appropriate.

Outside the office, one way a physician can promote better nutrition is by partnering with non-profit organizations, industry-supported organizations, or government agencies that promote nutrition education. A nationally prominent group working along these lines is Action for Healthy Kids (www.actionforhealthykids.org).

– continued on page 7



New Mexico Rural Health Care Practitioner Tax Credit Program

From the New Mexico Department of Health



Under a new Rural Health Care Practitioner Tax Credit Program, eligible health care practitioners who have provided health care services in a designated rural health care underserved area can apply for an income tax credit. This credit is effective January 1, 2007.

Eligible Practitioners: *Which practitioners are eligible for a tax credit?*

Licensed physicians, osteopathic physicians, dentists, clinical psychologists, podiatrists, and optometrists are eligible for a tax credit of \$5,000 per year. Licensed dental hygienists, physician assistants, certified nurse-midwives, certified registered nurse anesthetists, certified nurse practitioners and clinical nurse specialists are eligible for a tax credit of \$3000 per year.

Approved Practice Locations: *Which rural areas/facilities are designated as approved practice locations under the Program?*

The New Mexico Department of Health (NMDOH) has compiled lists of approved rural practice locations. There are separate lists for different categories of health care practitioners. Lists of approved practice locations will be revised annually, reflecting any changes in the need for health practitioners throughout the state.

Application Process: *How do you*

apply for and receive a tax credit?

There are four steps in the Rural Health Care Practitioner Tax Credit application process:

- An applicant for a Rural Health Care Practitioner Tax Credit must submit an application to the NM Department of Health (NMDOH) documenting completion of a year-long health care practice at an approved location.
- The NMDOH will review the application and issue a certificate to qualifying health care practitioners.
- The applicant will then complete a Tax Credit Claim form, available from the NM Taxation and Revenue Department.
- The applicant will attach the completed claim form, and tax credit qualification certificate to and attach the form and the NMDOH qualification certificate to the taxpayer's New Mexico income tax return. The qualification certificate must be for the same taxable year as the income tax return.

Program Start Date: *When can applications be submitted?*

Applications for the tax credit will be accepted by the NM Department of Health beginning January 1, 2008. Applicants will provide infor-

mation demonstrating health care practitioner practice at an approved location for taxable years beginning January 1, 2007.

Tax Credit for Part-time Practice: *Is the tax credit available for part-time work at an eligible location?*

Under the authorizing statute, eligible health care practitioners who provide health care for at least 2080 hours during a taxable year at an approved location will be eligible for a tax credit for that year. Eligible health care practitioners who provide health care for at least 1040 hours, but less than 2080 hours will be eligible for one-half of the tax credit amount.

Contact Information:

For further information about the Rural Health Care Practitioner Tax Credit Program, please contact:

New Mexico Rural Health Practitioner Tax Credit Program
New Mexico Department of Health
300 San Mateo NE – Suite 900
Albuquerque, NM 87108
(505) 841-5817

This information can also be found on the NMAFP Website: www.familydoctormn.org and click on the link: Rural Health Practitioner Tax Credit Program. To see if you are eligible, click on the link: Medical Provider Eligibility Matrix. To download the application, click on the link: Rural Practitioner Tax Credit Combined Application. ■

Board Notes

Flying Star Restaurant, Silver SW, Albuquerque, February 8, 2008

■ The Doctor of the Day program went smoothly, thanks to the many Family Physician volunteers. See accompanying articles on the program (by Arlene Brown, MD) and the state legislature's work (by John Anderson.)

■ The Board voted to endorse a resolution named No New Mexico Child Left Inside, which encourages outdoor education and recreation for our children's well-being. This may go to a national effort later.

■ Chris Renshaw, MD, resident from Roswell, reported on work for a new resident section for our Website for residents from around the state. It would provide a forum for job opportunities,

projects, and general use. Job fairs are in the offing later this year. Residents presented and the Board approved a selection process to choosing new resident representatives to the Board. (See accompanying article on page 5.)

■ The student Family Medicine Interest Group, represented by Leslie Dabovich, received \$100 from the national AAFP for increasing membership by at least 20% this year. Four new first year liaisons have been selected, and the Care Bag Project is going well. Erin Corriveau updated the Board on the Medical Stars program that connects medical students from UNM with high school students around the state to interest them in health careers. With 600 student contacts behind them, the first year UNM medical students are enthusiastic about perpetuating this effort. The Board voted to contribute additional funds to both the Care Bag and Medical Stars projects.

■ The Family Medicine residencies in New Mexico reported high numbers of applicants for entering residency slots.

■ The Board will write a letter of support for renewal of the NM Medical Review Association's contract as the Medicare Quality Improvement Organization for NM.

■ The Board is considering an Arizona initiative to help casinos achieve a smoke-free environment. Dialogue with that group will continue.

■ Plans for the next Board meeting in Las Cruces were discussed. See the accompanying article by Bert Garrett, MD. The Board hopes to engage local Family Physicians in discussion about the Chapter's activities and members' needs. The meeting will take place on May 17, 2008 at the Memorial Medical Center in Las Cruces at 6:00 PM, preceded by CME and dinner.

Residents Unite! (Online....)

By Chris Renshaw, MD

Third-Year Resident, Eastern NM Family Medicine Residency Program

As we write, our friendly neighborhood webmasters are working on creating a new resident-oriented Web site linked to the main NMAFP homepage.

This new site will facilitate resident communication across the state, allowing job search assistance, networking, collaborative research and social interaction. The Web site is the brainchild of Resident Board

of Directors Representative Felisha Rohan-Minjares, and has recently been approved for development by the full board.

The Web site will have a forum format, and residents across the state will be able to log on securely and add posts on a wide variety of topics. We'll have threads dedicated to sharing information on jobs available in the state, others available for sharing

tips and tricks we've picked up on the interview trail, feedback on places we've site-visited, and discussion of various career and practice styles. Members will be able to post available jobs or locum tenens opportunities



One feature of the Web site I'm particularly excited about is the ability to collaborate on statewide, resident-directed, patient-centered clinical research. This is something that's been discussed at previous meetings of the NMAFP Residents' Council, but there's never been a feasible means of instantaneous communication to facilitate such research. This will be one of the major thrusts of the Web site, and will allow residents to make a difference in our communities and across the state.

Other areas of the Web site are

still in the planning stages, and input from the most recent Resident Council meeting at the Winter Refresher will be incorporated as we move forward. I'll be working with our webmasters over the next weeks and when the Web site is ready, we'll announce the launch on the main NMAFP homepage, as well as contacting all residents individually. ■

Call For "Physician of the Year" Nominations

The New Mexico Academy of Family Physicians seeks your nominations for New Mexico Family Physician of the Year. All NMAFP members are urged to give this matter serious consideration and submit nominations to Sara Bittner, familydoctor@newmexico.com, no later than **May 1, 2008**. You can also reach Sara by phone: (505) 292-3113. This is an excellent opportunity for members to recognize an esteemed peer. All nominees must be an active member of the NMAFP. This award will be presented at the Awards Dinner on Friday, August 8th during the Annual Meeting in Taos New Mexico. NMAFP will pay the winner's 2009 AAFP/NMAFP dues.



Letter from Eleven States Meeting

By Rick Madden, MD

Representatives from eleven Midwestern and Western states exchanged ideas for 24 hours in Dallas on February 9th and 10th. Focus panels included primary care coalitions, rural health, and state legislative progress. All were designed to ferment discussion and discover common goals.

Linda Stogner and I represented New Mexico. Linda reported on the new national AAFP Rural Health Workgroup that just convened in Kansas City in January as answer to the AAFP Congress's directive. She also presented the BA-MD pipeline to primary care at UNM that she helps with, and the New Mexico rural prac-

titioner tax credit that just started (see accompanying article on page 4.)



As part of a panel, I surveyed the state of rural health in New Mexico, starting with the story of how our Belen hospital, an affiliate of Presbyterian Healthcare Services in Albuquerque, closed in 1990. That struck a chord with many in the audience, as rural practitioners everywhere struggle to survive. A success story came from Missouri, and others from Kansas and Iowa. I also mentioned our 1+2 Family Medicine Residency Programs' success in placing FPs in small towns in the state.

Most of the discussion of primary care coalitions related to govern-

mental advocacy in the states. On that panel, I outlined our new efforts with our state legislature, including the Doctor of the Day Program. Our Clinical Prevention Initiative that FP Dick Kozoll of Cuba (and others from various disciplines and state departments) also got the spotlight. They are working on nine projects, with the intent to enhance front-line practitioners' contact with patients, blending in a public health message. That was well received, as was the news that our state's new smoking ban actually improved the restaurant and bar business.

This is a great meeting for networking with leaders (many of them young) and learning about what works and what doesn't. We all left with new ideas and interest in keeping the home fires for our patients and Family Medicine burning bright. ■

Winter Refresher Thanks

By Sara Bittner

The 26th Annual Winter Refresher in Albuquerque, held on February 9th at the Embassy Suites Hotel & Conference Center, was well attended again this year with over 130 present. Dr. Alfredo Vigil, Scientific Program Chair, did an outstanding job of putting together a conference that educated as well as entertained the masses.

Many organizations donated articles for the free raffle that took place at the end of the day. Donations were made by: Mitchell's Silver & Turquoise, Ruidoso – 2 Gift Certificates; UNM Medical Legal Bookstore – Littman Cardiology III Stethoscope; Sandia Peak Tram Company – 4 passes; Indian Cultural Center – 4 passes; and Albuquerque Embassy Suites donated a 1-night stay at their hotel.

NMAFP would like to thank the speakers who presented valuable information at the Conference: Alfredo Vigil, M.D., Sanjeev Arora, M.D., Candice Johnson, M.D., Arlene Brown, M.D., Royal Anspach, M.D., Bert Umland, M.D., and Junedale Nishiyama, M.D.

Thanks for exhibiting at the Winter Refresher: AccuStat Medical Transcription, American Physicians Assurance Corporation, AstraZeneca (1), AstraZeneca (2), Dairy MAX, Merck Pharmaceuticals, Mitchell's Silver & Turquoise, NeuroMetrix, New Mexico Health Resources, New Mexico Medical Society, Passport Health New Mexico, Pfizer, Inc., Procter & Gamble, Quest Diagnostics, Reckitt Benckiser Pharmaceuticals, Sanofi-Aventis, St. Joseph's Hospital & Medical Center, TriCore Reference Laboratories,

U.S. Army Medical Recruiting, UNM Locum Tenens, UNM Medical Legal Bookstore, UNM Preceptorship Office, UNM Project ECHO, and Wyeth Vaccines.

Thanks to the Co-Sponsors of the Winter Refresher: Eli Lilly & Company, Merck & Co., Montanas Del Norte Area Health Education Center in Las Vegas, and Southern Area Health Education Center in Las Cruces.

The 51st NMAFP Family Medicine Seminar will take place August 7-10th at the Sagebrush Inn & Con-

ference Center in Taos, New Mexico. A Tentative Agenda is included on page 7. ■



Honorary guest at the Past-President's Breakfast, Ann Kane, Chapter Exec for NM from 1985-2001, and Sara.



Dr. Alfredo Vigil, President-Elect, presenting the Past-President's plaque to Dr. Bert Garrett, Board Chair.



Dr. John Sears, a Family Medicine Physician from Winslow, AZ, donated this beautiful vase for the free raffle at the end of the day. Artist: Daniel Bean, Dyzan Studio in Winslow. Dr. Sears has also donated another piece of artwork by Daniel Bean for a silent auction at our 51st Annual Family Medicine Seminar that will take place August 7-10, 2008 in Taos. (See Tentative Schedule in this issue)

Rick Madden's 2008 Campaign for Vice Speaker

By Arlene Brown, MD

We are heading into full speed ahead on Rick Madden's campaign for Vice Speaker of the AAFP Congress of Delegates. The first announcement letter has been sent. A second letter is in the works, and at least two other board members have agreed to write letters on behalf of Rick.

At this point, the state chapter needs to gather behind Rick! The more of us who attend the Congress meeting, and especially the hospitality

rooms, Monday night, September 15th, the better. We need people there to "press the flesh" and talk up Rick's skills and interest in the position. We need people to greet delegates and pass out stickers (a tradition) as well as to help decorate and clean up at the end of the evening.

If you are considering attending the Scientific Assembly, why not come to San Diego a few days early?



Attend the Congress and observe the process by which the AAFP makes decisions. Testify before reference committees on issues of importance to Family Doctors

and our patients, or observe the proceedings and find out how the Congress of Delegates functions. Most importantly, attend and help at the hospitality room. Come help us support Rick in his bid for Vice Speaker! ■

Tentative Agenda – 51st Annual NMAFP Family Medicine Seminar

Lana K. Wagner, M.D., Scientific Program Chair

Sagebrush Inn, Taos, New Mexico, August 7-10, 2008

THURSDAY, August 7

- 8:00 a.m. Registration/Exhibits Open /Continental Breakfast (Exhibit Hall)
- 9:30 a.m. Intro & Welcome – Lana K. Wagner, M.D.
President, NMAFP & Scientific Program Chair
- 9:45 a.m. "A Brief Update on Developments in Diabetes Care"
(ACCORD trial, Steno-2 trial) Dion Gallant, M.D.
- 10:00 a.m. "New Diabetes Medications and How to Use Them"
Paula Broderick, PharmD
- 11:00 a.m. "Rheumatology for the Family Physician"
Leigh Vall-Spinosa, M.D. & Angela Romero, M.D.
- 12:00 p.m. "The Family Physician as a Public Health Worker"
Arthur Kaufman, M.D. & William Wiese, M.D. Lunch + Keynote
(Presentation Begins at 12:30 p.m. in the Lecture Hall)
- 2:00 p.m. Break (Exhibit Hall)
- 2:20 p.m. "Updated Pap Guidelines" Meggan Zsemlye, M.D.
- 3:20 p.m. "ADD/ADHD" Scott Carroll, M.D.
- 4:20 p.m. Leisure
- 6:30 - 8:30 p.m. . . . Welcome Reception - Patio

FRIDAY, August 8

- 7:00 a.m. Registration/Exhibits Open/Continental Breakfast (Exhibit Hall)
- 8:00 a.m. "An Integrative Approach to Low Back Pain"
Brian Shelley, M.D.
- 9:00 a.m. "Diagnosis and Management of Overactive Bladder in
Family Medicine, A Case-Based Recommendation from an
Expert Panel" EB CME Damara Kaplan, M.D.
- 10:00 a.m. Break (Exhibit Hall)
- 10:20 a.m. "Venous Disease: Pathophysiology, Diagnosis, and
Treatment" Robert Cutchen, M.D.
- 11:20 a.m. "Healthcare Policy – Why Does It Matter?"
Daniel Derksen, M.D.
- 12:20 p.m. Lunch (Exhibit Hall)
- 1:10 p.m. "Allergic Reactions & Anaphylaxis Allergy" EB CME
Mark Graber, M.D. (Supported by an educational grant to
the AAFP from Dey, L.P.)

- 2:10 p.m. "Acute and Overuse Shoulder Injuries"
Christopher McGrew, M.D.
- 3:10 p.m. Break (Exhibit Hall)
- 3:30 p.m. "Emerging Infections" Diane Goade, M.D.
- 4:30 p.m. "Female Urinary Continence" Rebecca Rogers, M.D.
- 7:00 pm – 10:30 pm Awards Dinner & Dance (Lecture Hall)

SATURDAY, August 9

- 7:00 a.m. Registration/Exhibits Open/Continental Breakfast (Exhibit Hall)
- 8:00 a.m. "Miscarriage Management in Your Office"
Larry Leeman, M.D.
- 9:00 a.m. "A Case-based Approach to Addressing Language Access"
Amsa Jafri, M.D.
- 10:00 a.m. Break (Exhibit Hall)
- 10:20 a.m. "Pediatric Developmental Screening & the NM
Developmental Screening Initiative"
Sherri Alderman, M.D.
- 11:20 a.m. "Bites & Stings" Darryl Macias, M.D.
- 12:20 p.m. Attendees: Remainder of Afternoon at Leisure
Board Members: NMAFP Board Meeting

SUNDAY, August 10

- 7:00 a.m. Exhibits Open/Continental Breakfast (Exhibit Hall)
- 8:00 a.m. "A Crash Course in Ophthalmology" Mark Schluter, M.D.
- 9:00 a.m. "Buprenorphine for Opioid Addiction and Pain
Management" Miriam Komaromy, M.D.
- 10:00 a.m. Break (Exhibit Hall) – Drawing for Door Prize for Vendors
- 10:20 a.m. "Office Spirometry and Improving Your Asthma
Management" Michelle Harkins, M.D.
- 11:20 am. "Managing Patients with Bipolar Disorder"
Steve Jenkusky, M.D.
- 12:20 p.m. Drawing for Door Prizes (You Must Be Present To Win)

Right Start in Life: What You Can Do to Help

(continued from page 3)

healthykids.org), a public-private partnership of national organizations and government agencies that encourages healthy eating and physical activity in children and youth in schools. Action for Healthy Kids teams at the state and local level welcome doctors as expert volunteers.

"Sometimes, advice can be more effective when it comes from more than one source," according to Barbara Kastner, who is with the NM National Dance Institute, and is NM Action For Healthy Kids co-chair. "What

you tell people in your office may influence people more if they hear the message confirmed out in the community."

Doctors can also make a difference by engaging with local schools. One option is to encourage the local district to form a partnership with Action for Healthy Kids or a similar organization. A physician's voice may also carry influence when a community's schools feature unhealthy choices in snack bars or a la carte options, or are weighing a beverage contract with a vendor whose products are high in sugar and low in nutrients.

Poor nutrition in American children isn't only a behavior gap; it's a knowledge gap. Because of their expertise and the respect they command in their communities, Fam-

ily Physicians have an important role to play in closing that gap and steering kids onto a healthier path through education, guidance and active involvement. ■



New Mexico Chapter
American Academy of Family Physicians
4425 Juan Tabo NE, Suite 203
Albuquerque, NM 87111

MARK YOUR CALENDAR
51st Annual NMAFP Family Medicine Seminar
August 7-10, 2008
Sagebrush Inn & Conference Center • Taos, New Mexico

The Roadrunner

is published quarterly by the New Mexico Chapter for the purpose of informing members and those interested in Chapter activities.

Editor: Rick Madden, MD
609 S. Christopher Rd.,
Belen, NM 87002
(505) 864-5454

Deadlines for submission of articles for publication are May 22, August 22.

Office address:
4425 Juan Tabo NE, Suite 203
Albuquerque, NM 87111
505-292-3113 • FAX 292-3259.

The American Academy of Family Physicians web site address: www.aafp.org

New Mexico Chapter web site address: www.familydoctornm.org

Design/layout: Paul Akmajian

Printer: Susan Valdes, Print Express, LLC