



# The Roadrunner



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## PRESIDENT'S COLUMN

### Technology...fix or frustration?

By Sally Bachofer, MD

In the last 24 hours, how many times has technology or one of its thousand “apps” touched your life? Computers, pagers, smart phones, remote controls, iPads, EHR, “meaningful use”, email, IM, Facebook, Twitter, the “web”, ePrescribing...there seems to be no end in sight!

I grew up with computers. I’m talking about before the box and screen on every desk. My father was a systems analyst for Ford Motor Company in Detroit developing early uses for computers in business. That computer occupied a huge room and the floor was an elevated platform so that hundreds of inch thick cables could connect one machine to another. The heat generated was incredible so a bank of air conditioners worked 24/7. Everything was stored on tape and data entry was done with thousands of punch cards. And my current smart phone is faster and has a larger storage capacity!!

Does anyone else remember when voicemail seemed like an invasion and the coolest new idea?

Fast forward to May 2011...I find myself in Kansas City at the AAFP Annual Leadership Forum. Woven through a wide array of topics and presentations there is an undercover challenge. Whether addressing workforce issues, new member recruitment, advocacy or accountable care organizations, every speaker had something to say about technology.

We’ve gotten the message that electronic information management within the clinical setting is a basic expectation. There are definitely many

challenges and barriers for many practices and the array of uses will certainly increase. At the same time there is a great “opportunity” in the area of chapter membership and communication. Although it seems there is a new way to connect every time you turn around, these are important tools for building and supporting the essential infrastructure of Family Medicine. As the front line workforce we are critical to the essential infrastructure of Family Medicine and the social networking skill set is not something we can afford to pass up.



We’re not all at the same point on this learning curve. Let’s help and support one another. If you are an advanced user....take someone under your wing and be persuasive but gentle. If you find yourself a little intimidated and occasionally grumpy.....find a “mentor” (who will probably have been born after 1980) and be bold. I feel very fortunate that I found someone to push me and support me as I plunged into this new arena...none other than your incoming President, Stephanie Benson. Stephanie is a whiz at this technology and will be a dynamic leader for our future adventures in social networking!

Thanks to Melissa Martinez, we’re actually up and running! Check out New Mexico AAFP on Facebook. There’s a link on the left hand side of our website (<http://familydoctormn.org>). Yes that means if you aren’t a Facebook user, you’ll have to sign up, but it doesn’t really hurt. If you will

have a PIE or BA/MD student working with you this summer, tap into their expertise and practice by staying in touch after they return to school. When you are in Ruidoso with us in July, let’s talk about ways to use this technology to build and support our chapter.

So whether you are a practicing family doc, a resident or a student, this is a great opportunity to “network”!

Tweet, anyone? ■

### Silent Auction at the Ruidoso Conference to Support Residents & Med Students

Medical Students and Residents are the future of Family Medicine and the NMAFP. For years the NMAFP has offered free attendance for medical students and residents who attend the two major conferences---the Annual Seminar and the Winter Refresher. This gives future Family Physicians exposure to education and a chance to interact with practicing Family Physicians. Hopefully this exposure will encourage them to stay in New Mexico.

Unfortunately, grants are becoming scarce in these hard economic times, and alternative means of sponsoring Residents and Med Students at NMAFP conferences are necessary. The NMAFP has come up with a fun way to support the students and residents. During the 54th Annual Family Medicine Seminar in July, a silent auction will be held. NMAFP is requesting donations for this silent auction, and any help is greatly appreciated. If you have an item to donate, please contact Sara Bittner at 505-292-3113 or email her at [familydoctor@newmexico.com](mailto:familydoctor@newmexico.com).

If you haven’t registered for the July 14th-17th Conference, go to [www.familydoctormn.org](http://www.familydoctormn.org) and register online or download the brochure and mail it in. You can also call Sara, (505) 292-3113, and she will register you by phone.

### In this issue...

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- Emeritus Committee
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- UNM/SOM Receives Top Ten Award
- Much More!

# News from the National AAFP

By Rick Madden, MD, AAFP Board Member

After six Board meetings and the first seven months of my three year tenure, I am proud to bring you this message: the AAFP does a phenomenal amount for our members. It helps us work for our patients both directly and indirectly. The AAFP promotes our specialty to the public, and to decision makers.

The AAFP and the three other primary care organizations have composed joint principles for the Patient-Centered Medical Home, primary care education in medical schools for every student, and design of Accountable Care Organizations built upon a strong primary care base.

The AAFP continues to push for programs to get more students into Family Medicine, recognizing the immense value Family Physicians bring to health care systems and patients.

Our organization provides us a multitude of initiatives and programs. A visit to our Website, [www.aafp.org](http://www.aafp.org) reveals a wide expanse of services for our members:

- State and federal legislative advocacy, including a concerted effort to increase payment for primary care, and fixing the flawed Sustainable Growth Rate formula;
- Practice survival and enhancement, including advocacy for fair payment from private payers, information technology adoption and reasonable meaningful use requirements, development of an interoperable and secure Clinical Data Repository, TransforMED to develop medical homes for members;
- Dedicated efforts to find responsible grants (245 grants, totaling \$6.4M in the last calendar year) and other outside sources of non-dues revenue;
- The AAFP Foundation, now in its 53rd year, supporting AAFP's ALSO course, Physicians with Heart, the Children's Project, Chapter grants (Fam Med Philanthropic Consortium), Tar Wars, Americans in Motion (our obesity action program), Family Medicine research, student externships in FM, and the History of Family Medicine Center.
- CME, including the American Family Physician and Family Practice Management publications, the Annual Scientific Assembly, the National Conference of FM Residents and Students, topic-focused courses throughout the country, the new Life Long Learning Platform, practice improvement + CME = the AAFP METRIC program, and CME accreditation (one of the only three accreditors);
- Public health initiatives, evidence-based clinical practice guidelines, immunization policy development (with ACIP and CDC), AAFP National Research Network, Annals of Family Medicine, efforts to recruit and retain members, new AAFP Connection online community, ALF/NCSC to develop new leaders, chapter resources and strengthening, the annual Congress of Delegates, 8 websites (including [www.AAFP.org](http://www.AAFP.org), [www.FamilyDoctor.org](http://www.FamilyDoctor.org) for patients, [www.CenterforHealthIT.org](http://www.CenterforHealthIT.org), [www.RobertGrahamCenter.org](http://www.RobertGrahamCenter.org), [www.FMIGnet.org](http://www.FMIGnet.org), and [www.TarWars.org](http://www.TarWars.org)), Facebook and Twitter content, professional journalism (AAFP News Now), proactive outreach public relations campaigns to members and the public, as well as leader messages to outside groups and decision makers;
- Representation in the AMA and WONCA (the world association of Family Doctors).

To help us move further along our path to excellence, the AAFP



is completing work with an expert contractor on organization-wide re-design. The goals are to improve member benefit, organizational structure, communication, and use of information technology. We will continue to be the bold champions for our specialty and our patients that we have become!

As the US Congress debates various aspects of the health reform law, the AAFP is prepared to defend the many programs and policies that will help our patients and Family Medicine. The list is long but the focus is on key initiatives that benefit our members, including physician workforce, access to Family Physicians, and fair payment for primary care.

It is an honor to serve our state and our Academy's members on the Board of Directors. (The AAFP has recently grown to over 100,000.) Thank you for your confidence in me. You may contact me at [rmadden@aafp.org](mailto:rmadden@aafp.org) or at work 505-864-5454. ■

## Leadership Opportunities at the Ruidoso Conference - New Date

Have you ever wondered how the AAFP works or how to get involved with the New Mexico State Chapter? Would you like to have input into what's happening with Family Medicine in New Mexico? You can learn more about the AAFP, the New Mexico Chapter of the AAFP and opportunities in these organizations by attending The Leadership Opportunities in NMAFP & Beyond lunch. It was originally scheduled on Thursday, July 14th, at the Ruidoso Convention Center, but has been moved to **Friday, July 15th**. NMAFP members interested in learning more about the BOD (both state and national) are invited to take their lunch to Room One and eat and learn from the NMAFP Board Members & Dr. Rick Madden, AAFP BOD. Even if you do not have time right now to commit to a role in the organization, you may enjoy learning about how things work and meeting the folks involved.

## Emeritus Committee

By Greg Darrow, MD

Two highly experienced physicians answered my plea for help and have joined me on the newly created Emeritus Committee. Dr. Marvin Call, whose illustrious career encompasses over 50 years, woven like a fine tapestry throughout much of IHS country has agreed to serve. Recently retired Dr. David Lanier joins us via Washington, D.C. Dr. Lanier has a widely diverse background including private practice, directing a prestigious residency program, and participating in and directing primary care research networks.

Together, we outlined some of our thoughts at the February NMAFP board meeting. All of us are highly motivated to meet with medical students and to share the joys and rewards of a lifetime of devotion to family medicine. We concur that we may be able to form a strong partnership with our FMIG representative

and students and look forward to that participation.

We also recognize that private practice, especially in smaller and more isolated communities, can be daunting. Dr. Call and I have both known first-hand the struggles and frustrations of frontier medicine. Perhaps through our willingness to be a sounding board for these young physicians we can ease the burden and provide some perspective.

Dr. Lanier would like to help medical students and residents gain a greater understanding of the merits of the patient centered medical home and to begin thinking of themselves as part of a much larger network of clinicians. David would also be an excellent source of inspiration for any rural family physician wishing to become integrated into a research network.

We also received excellent input



from several board members including partnering with TRANSFORMED and suggesting that we explore opportunities to interact with the rural residency programs. Dr. Derksen also observed that another appropriate activity might be to update our Academy-sponsored publication about the first 50 years of family medicine in New Mexico.

I'll admit that I was very nervous after the Emeritus Committee had been created. Would anyone be interested? Within days, Marv contacted Sara. Immediately upon relocating to Santa Fe, David volunteered. I know there are many more of us out there. This is a time when young family physicians, residents, and medical students desperately need you to step up. All of us have a memory of a physician whom we'll never forget: the one who lit our fire and kept it burning bright. Now's your chance to pay a little back and pay it forward at the same time. What do you say? ■

## Tar Wars NM – Reaching New Heights in 2011!

By Anthony Fleg, MD

Teaching students about the harms of commercial tobacco, while also educating about the traditional/ceremonial uses of tobacco...this gives you a sense of what Tar Wars NM is all about. Tar Wars is AAFP's program for 5th grade students to prevent smoking, and this year has been one of great growth here in NM. Under the leadership of two 4th year UNM medical students, Jessica Bryant and Mateo Alaniz (both headed into family medicine residencies) and pre-med student Andrew Goumas, the program reached close to 1,000 youth this school year. For their work, the three students have been nominated to receive one of Tar Wars national "Star Awards." Meanwhile, the prizes for the 5 winning posters from across the state include a trip to Washington D.C. for a chance to represent our

state, a chance to throw out the first pitch at an Isotopes game, and a trip to the NMAFP annual conference in Ruidoso.

The Native Health Initiative, a community-led partnership has coordinated the Tar Wars NM program over the past two years, inviting clinicians from around the state to get involved with this program, helping to get Tar Wars sessions into their local schools. You can get more information from Anthony Fleg (afleg@salud.unm.edu) and at the 2011 NMAFP Annual Conference, where Tar Wars will have a poster. ■



One of the 5 winning Tar Wars posters from the 2010-11 Tar Wars NM Poster Contest. Tychelle Herron, a 5th grader at Ramah Elementary will travel to Washington D.C. to represent NM at the annual Tar Wars conference

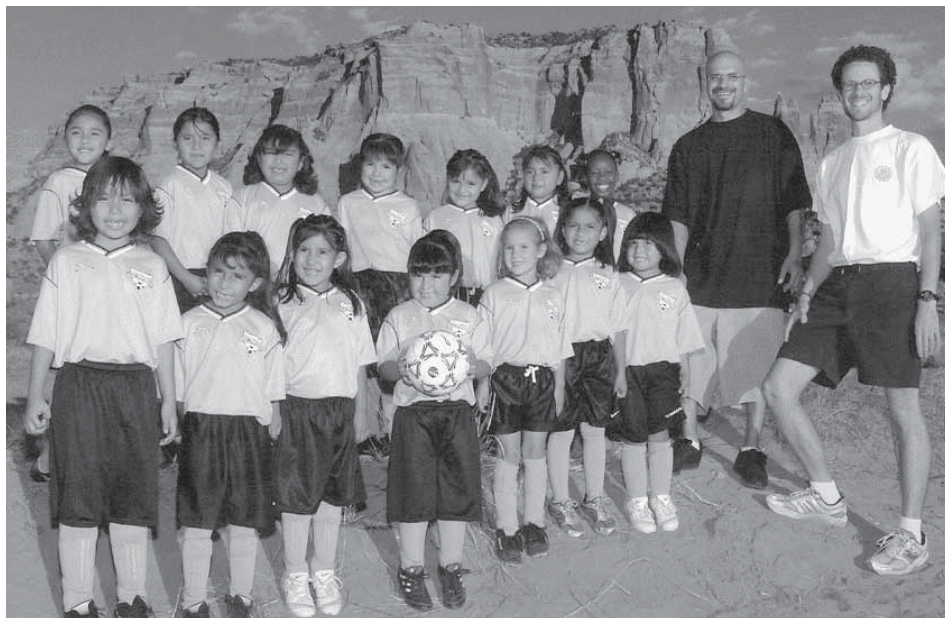
# What Are You Doing This Summer?

By Val Wangler, MD

Three years ago, when Dr. Tom Faber would ask this question of his pediatric patients on the Zuni Reservation, the answer was always the same: “nothing.” This lack of engaging summer activity for local youth led to the creation of the Zuni Youth Enrichment Project (ZYEP), a community-based 501(c) 3 organization dedicated to the health and wellness of Zuni youth.

Here on the Reservation, more than three quarters of Zuni adults are obese or overweight, and this contributes to a rate of type 2 diabetes that is among the highest in the world—more than 3 times the national average. More than half of Zuni kids are obese or overweight. As a recent family medicine graduate, I am excited to see such a great family medicine model in action and to have the opportunity to work with an organization that promotes health and works to reverse the trends of chronic disease at the community level.

In its first summer, ZYEP created a summer camp where 30 Zuni youth participated in daily physical activity, nutrition education, and cultural activities. This summer, ZYEP’s 3rd, 65 young campers (age 6-11) and 17 adolescent counselors will meet four hours per day throughout the summer to participate in physical activities including swimming, biking, hikes to sites of cultural significance to the Zuni people, archery, soccer and many more, teaching that regular physical activity is not only critical to good health, it is also a lot of fun! Nutritional activities include the planting, tending and harvesting of a traditional Zuni “waffle” garden and teaching campers to create their own health snacks. Cultural connection remains an important emphasis of the camp and activities like native dance, native oven building, Zuni pottery, visits to the local museum and more will help to strengthen the connections between this generation and the amazing cultural traditions of the Zuni people.



Though the sport is not well known on the Reservation, Zuni’s first soccer season was a great success!

It’s working! ZYEP believes that a strong evaluation phase is critical to program success. Camper evaluations have demonstrated statistically significant improvements in scores on a timed run and soda/Kool-Aid consumption. Additionally, strong trends were demonstrated toward improved strength, reduced body mass index, and greater fruit and vegetable consumption.

Keeping kids healthy over the summer, though, is just the beginning. ZYEP has recently been able to bring soccer to the Zuni pueblo. Though players had many challenges to deal with including a sport not well known on the Reservation, a long trip to play in the closest league (Gallup) about 45 minutes away, and prickly plants that made it hard to keep balls inflated, Zuni’s first soccer season was a great success. This spring we added a basketball league for kindergarten through second graders. Games were a blast and a true community event!

As you well know, wellness means more than physical health, and ZYEP works to build confidence and leadership among youth through the adolescent counselor program and a youth radio program “Teen Native Time”

where teens are able to speak with the community about the issues most important to them.

A core of family medicine is promoting the health of our communities and here in Zuni we are working to build a healthier community by engaging youth in positive and fun activities promoting cultural connection and healthy lifestyles. Please visit the ZYEP website at [www.zyep.org](http://www.zyep.org) to find out more! ■

## Need Docs?

Practices with open positions are invited to recruit by posting information on “Recruiting” bulletin board at the NMAFP summer meeting in Ruidoso. Many Family Medicine Residents are looking for positions. The New Mexico Chapter of the AAFP would like to encourage practices to keep these Residents and other family doctors in New Mexico. A special bulletin board will be set aside for practices in New Mexico to post information about open positions. Please plan to attend and post in Ruidoso, July 14-17. You can email your postings to Sara, [familydoctor@newmexico.com](mailto:familydoctor@newmexico.com). For more information, call 505-292-3113.

## 6th Annual Medical Student Reception

The Resident and Student Committee of the NMAFP invites Family Physicians to attend the annual UNM Medical Student Dinner this year on Friday September 23, 2011. The reception and dinner provides a venue for medical students at all stages of education to have access to the Family Physicians of New Mexico. There will be a brief keynote address about a current and interesting aspect of Family Medicine, with informal small group discussion over dinner to follow. The critical component of the evening lies in having plenty of Family Docs present to sit at tables of 8-10 and informally discuss their work and lives as Family Physicians. Experience with recruiting has consistently shown there is nothing more powerful for a student doctor contemplating his or her future in medicine, than to hear from and connect with an experienced physician.

Dr. James Wilterding will moderate this event. Dr. Dion Gallant has agreed



to continue in an advisory capacity to the Committee. The committee is grateful for Dr. Gallant's skillful leadership in developing the reception into the success that it has been for recruiting students into Family Medicine in general, and New Mexico in particular.

You all have a wealth of amazing and powerful experiences to share, so please join us for a fun and interesting evening of developing our future Family Physicians for New Mexico. All you need to do is show up with your stories in tow! ■

**When:** Friday September 23, 2011 from 6:30pm to 9:00pm

**Where:** Albuquerque Embassy Suites Hotel, 1000 Woodward Place NE

**RSVP:** Please contact Sara Bittner by email: familydoctor@newmexico.com or by phone: (505) 292-3113.

► **Seating is limited, so please reply at your earliest convenience.**

## NMAFP Slate of Officers 2011-2012

Members will vote for their new Slate of Officers during the 54th Annual Family Medicine Seminar. Nominations are as follows:

### President

Sally Bachofer, MD will automatically move to the position of Board Chair

### President-Elect

Stephanie Benson, MD will become President by automatic ascension

### President-Elect:

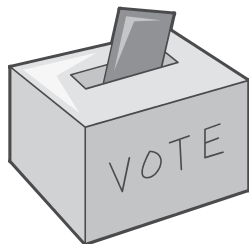
Dolores Gomez, MD

### Secretary-Treasurer:

Karen Phillips, MD

### Vice President:

Melissa Garcia, MD  
Denise Leonardi, MD  
Erik Vinge, MD  
Lourdes Vizcarra, MD



There will be a call for nominations from the floor. The results will be announced at the Awards Dinner and Dance that will take place at the Ruidoso Convention Center on Friday, July 15th from 6:00 - 10:00 pm.

## What's Up On Facebook

So far there are 28 participants in our New Mexico AAFP Facebook page.

If you are not on the page here is what you missed:

Members commented on the extra time that the Electronic Medical Record adds to their day.

Members have a problem with patients who are seen and billed under the state's SCI program then the state determines that they are not eligible and makes the practice refund the payment. Here is a quote by Randy Brown: "It seems to me that if the State qualifies the patient for coverage and the information they

gave was not accurate, the responsibility should stay with the state. As it is, the state found out a year after the fact then took the money back from our practice. If they could find out a year later, why didn't they do their job in the first place? And how can they possibly think that after they issued the card they can take back the payment for the care we provided? I can't believe we are the only practice that is taking this kind of hit. It is just more frustration".

We sent out requests for Doctor of the year and Vice President of the Chapter candidates.

We announced that the AAFP has joined the First Lady in support of the Let's Move!

Dan Derksen encouraged docs to contact their legislators in support of the Health Care Work Force Data Collection Act. This bill passed!

This continues to be an open group; but, once we reach a critical mass, I am going to restrict access to those in the group. So join now and stay in contact with your fellow Family Physicians. If you have questions about how to get on please contact me via the NMAFP. ■



## BOARD NOTES

April 16, 2011

■ **Winter Refresher Overview:** The 29th Annual NMAFP Winter Refresher had approximately 140 attendees. Final Evaluations gave the speakers and the overall conference high marks.

■ **Multi-State Forum:** Rick Madden, MD, Karen Phillips, MD and Sara Bittner attended. Drs. Madden & Phillips presented material on Legislative Affairs and Best Practices.

■ **July Ruidoso Conference:** Brochures have been mailed/online registration is running. Dr. Sally Bachofer indicated there would be a Leadership Opportunities in NMAFP and Beyond Luncheon on the first day. A blast email to the membership and article in the Summer Newsletter will help spread the word. A Job Forum will be held during the conference. Members can post listings of job opportunities in NM to be shared in particular with the graduating FM residents in attendance. Dr. Karen Vaillant will host a dinner at her house on Saturday evening, July 16th, for the residents, board members, faculty, and speakers. Dr. Jeff Cain, AAFP BOD, will also be invited.

■ **Residency Consortium Update:** Dr. James Wilterding indicated there was recent meeting of the Residency Consortium held in Santa Fe. This will cover the four current residencies as well as the two future residencies in NM. The Consortium is in the planning stage at this point but will definitely address issues that all residencies share in common. They are looking at other chapter residency consortiums to perhaps draw from their experience.

■ **Patient Appreciation Letter:** A letter of gratitude, from a patient of Dr. Roland Sanchez, was included in each packet. It was determined that a letter of congratulations be sent to Dr. Sanchez from the NMAFP Board.

■ **2012 State Conference Date:** Dr. Stephanie Benson, Scientific Program Chair for 2012, asked the Board to set a date for the Taos Conference. The Board decision was August 2-5, 2012. Dr. Benson suggested employing Pat Woodall, artist in Taos, to create a painting for the cover of the 2012 brochure. The painting would be of the Welcome Reception held on the Sagebrush Patio. Prints would be sold at the conference, and there would be a silent auction for the painting.

■ **Nominations for Vice President:** Dr. Pacheco asked the Board to visit with their peers to see if anyone is interested in running for Vice President. A blast email will be sent out to the membership.

■ **Med Student Reception, 09-23-11:** Dr. Dion Gallant came up with this idea during his year as President of NMAFP, and it has grown in popularity and size over the last five years, making a new venue mandatory. An ad hoc committee will communicate by email as to how the reception will be organized, and a report will be given to the Board in July. Dr. Wilterding will chair, and Drs. Gallant, Benson, Lanier, and Vaillant and Jesus Tafoya will be on the committee. The 6th Annual Med Student Reception will be held at the Embassy Suites Hotel.

■ **Need for Board Members to Solicit Support from their Institutions:** Dr. Dion Gallant shared information with the board regarding past and, hopefully, future support for our upcoming conferences. Dr. Gallant will research the possibility of a Presbyterian Foundation Grant in support of our summer conference and challenged the other Board Members to do the same. Dr. Gallant shared a document with the Board showing that NMAFP supports the med school and the residencies in the amount of approximately \$26,500 annually.

■ **Budget Meeting:** The 2011-2012 Budget Meeting will be held on Saturday, September 24, 2011, 9:00 am, NMAFP Office, Albuquerque.

■ **Physician of the Year Nominations Update:** Dr. Pacheco shared the names of four individuals that have been nominated for this award. Deadline for nominations is May 1. All nominations will be sent to Board Members on May 2, and the winner will be announced at the Awards Dinner/ Dance, July 15th, in Ruidoso. The POY will receive a Nambe plaque and NMAFP will pay his/her 2012 AAFP/NMAFP dues.

■ **AAFP Update:** Dr. Rick Madden, MD, AAFP BOD, gave a brief overview of the current activities of AAFP. Having Dr. Madden on the AAFP BOD provides an excellent opportunity for Board Members to hear first-hand what is happening at the national level.

■ **Student Report:** Jesus Tafoya, President, gave a report to the Board about the FMIG. Two lunch lectures have been organized primarily for the first- and second-year students. Dr. Wilterding and Dr. North will present to the med students, and NMAFP will pay for the lunches. A suturing workshop and an IV workshop are in the planning stages.

■ **CME Committee Re-Resurrection:** A discussion ensued as to how the CME Committee can give support to the current Scientific Program Chair. The past three or four Scientific Program Chairs should make up this committee. It would be a rolling committee, and a speaker bank should be set up. Dr. Melissa Martinez suggested using Google Docs for a speaker bank. The current CME Committee will be made up of Drs. Pacheco, Bachofer, Benson and Gomez.

### ■ Committee Reports:

**Legislative Affairs:** Drs. Dan Derksen & Rick Madden gave a wrap up of the 2011 60-day Legislative Session that ended in mid-March. Senate Bill 14, Healthcare Workforce Data Collections Act, that NMAFP was passionate about, was signed into law at the last minute on April 8th.

**Emeritus Committee:** Dr. David Lanier asked the Board what the particular focus should be for the Committee and how active would the Board like the Emeritus Committee to be. The Board definitely would like the Committee to focus on their particular passions in FM and to be assertive in their initiatives.

■ **Invitation to Pre-Med Students:** Dr. Lourdes Vizcarra suggested that the Pre-Med Students should be invited to attend all FM Conferences, at no cost, as are the Med Students and FM Residents. The Board liked the idea, and Dr. Vizcarra will make contact and share the Ruidoso Brochure with the group.

■ **Chapter History Booklet Update:** Dr. Dan Derksen addressed the Board about updating the Chapter History Booklet periodically. It would be an ongoing process, and NMAFP would need to contract Michael Dupont for this project. Dr. Derksen will look into the cost and will report to the Board in July.

■ **Next Board Meeting:** July 16, 2011, Ruidoso Convention Center, 12:30 p.m. (lunch served)

## Registration Form - 54th Annual NMAFP Family Medicine Seminar

### Please Print Clearly

Name \_\_\_\_\_

AAFP ID# \_\_\_\_\_

Address \_\_\_\_\_

C/S/Z \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### Payment

\_\_\_\_\_ AAFP Member Practicing Physician \$385

\_\_\_\_\_ Non-Member Practicing Physician \$500

\_\_\_\_\_ NP/PA/RN (please indicate title) \$300

\_\_\_\_\_ Retired Physician \$100

\_\_\_\_\_ Family Medicine Resident (no charge)

\_\_\_\_\_ Medical Student (no charge)

\_\_\_\_\_ Yes, I want to sponsor a student attendee \$40

\_\_\_\_\_ Extra tickets for Welcome Reception at the Lodge:

\_\_\_\_\_ children (6-12) x \$10 = \_\_\_\_\_

\_\_\_\_\_ adults x \$20 = \_\_\_\_\_

\_\_\_\_\_ Extra tickets for Dinner & Dance at the Convention Center

\_\_\_\_\_ children (6-12) x \$15 = \_\_\_\_\_

\_\_\_\_\_ adults x \$30 = \_\_\_\_\_

(Children 5 and under are free)

\_\_\_\_\_ Total Enclosed

### Meals & Entertainment are FREE to all Attendees

Please mail form & check to:

NMAFP, Educational Fund  
2400 Louisiana Blvd. NE  
Building 2, Suite 101  
Albuquerque, NM 87110

(505) 292-3113

(505) 292-3259 Fax

familydoctor@newmexico.com

www.familydoctormn.org

**You can also register online  
www.familydoctormn.org**


# 54th Annual NMAFP Family Medicine Seminar

July 14-17, 2011 • Sally Bachofer, MD – Scientific Program Chair • Lodge at Sierra Blanca

## Thursday, July 14


- 8:00 am . . . . .Registration, Exhibits Open  
Coffee & Breakfast Breads Available in Exhibit Hall. Hot breakfast served at Lodge from 6:30-9:30 for attendees staying at the Lodge
- 8:30 am . . . . .Introduction & Welcome  
Sally Bachofer, M.D., NMAFP President  
Scientific Program Chair
- 8:45 am . . . . .“Immunizing Adults: How to Save Ten Billion Dollars Without Breaking a Sweat”  
Melissa Martinez, M.D.
- 9:45 am . . . . .“Metabolic Syndrome Update” -  
Kelly Humpherys, M.D.
- 10:45 am . . . . .“What Makes Us Sick?”  
Sally Bachofer, M.D.
- 11:45 pm . . . . .Lunch - Exhibit Hall
- 12:45 pm . . . . .“Pediatric Obesity”  
Jane McGrath, M.D. & Kathleen Colleran, M.D.
- 2:15 pm . . . . .“ABFM 2011 - What's New ...and Helpful” - Joe Tollison, M.D.
- 3:30 pm . . . . .Break – Exhibit Hall
- 4:00 pm . . . . .“Outpatient Care of the Post-Partum Woman”  
Sarah Gopman, M.D.
- 5:00 pm . . . . .At Leisure
- 6-8 pm . . . . .Welcome Reception  
Introduction of 2011-2012 Candidates for NMAFP Office

## Friday, July 15

- 6:15 am . . . . .Coffee and Breakfast Breads Available in Exhibit Hall
- 6:30-7:30 am . . . . .“Provider Wellness - Yoga & Heart Health: Learn Skills to Take Home” - Satkirin Khalsa, M.D.  

- 7:00 am . . . . .Registration, Exhibits Open  
Coffee & Breakfast Breads Available in Exhibit Hall. Hot breakfast served at Lodge from 6:30-9:30 for attendees staying at the Lodge
- 8:00 am . . . . .“Major Depression in New Mexico Adults” - Tierney Murphy, M.D., MPH

- 8:30 am . . . . .“Improving Major Depressive Disorder (MDD) Treatment Outcomes: Tailoring Strategies for Remission” - J. Sloan Manning, M.D.
- 10:00 am . . . . .Break – Exhibit Hall
- 10:30 am . . . . .“Health Information Technology Initiative - Achieving Meaningful Use” - William Mitchell, M.D.
- 11:30 am . . . . .“Update on Cervical Cancer Screening: End of the Annual Pap?” - Larry Leeman, M.D.
- 12:30 pm . . . . .Lunch – Exhibit Hall  
Leadership Opportunities in NMAFP & Beyond - NMAFP Officers & Dr. Rick Madden, AAFP BOD (Room 1)  
Resident Meeting (Room 3)
- 1:30 pm . . . . .“Traumatic Injuries to the Teeth”  
Melissa Ivers, DMD
- 2:30 pm . . . . .“Practice Pearls & Teaching Medical Students/Residents in Your Office” - Dan Stulberg, M.D.
- 3:30 pm . . . . .Break – Exhibit Hall
- 4:00 pm . . . . .“Sleep Disorders in Primary Care”  
Frank Ralls, M.D.
- 5:00 pm . . . . .At Leisure
- 6:00-10:00 . . . . .Awards Dinner & Dance  
Ruidoso Convention Center  
Honored Guest – Dr. Jeff Cain, AAFP BOD  
Entertainment - The Jimmy Stadler Band


## Saturday, July 16

- 6:15 am . . . . .Coffee and Breakfast Breads Available in Exhibit Hall
- 6:30-7:30 am . . . . .“Provider Wellness - Rhythm & Cardiac Synchronicity: Learn Skills to Take Home”  
Satkirin Khalsa, M.D.  

- 7:00 am . . . . .Registration, Exhibits Open  
Coffee & Breakfast Breads Available in Exhibit Hall. Hot breakfast served at Lodge from 7:00-10:00 for attendees staying at the Lodge
- 8:00 am . . . . .“Physician as Patient”  
Jeff Cain, M.D., FFAFP (AAFP BOD)

- 9:00 am . . . . .“Cardiovascular Health Through Yoga” - Satkirin Khalsa, M.D.  

- 10:00 am . . . . .Break – Exhibit Hall
- 10:30 am . . . . .“The Shifting Sands of Health Reform” - Dan Derksen, M.D.
- 11:30 am . . . . .“Transitioning Your Patients to End-of-Life Care” - Nancy Guinn, M.D. & Marge Vining, M.D.
- 12:30 pm . . . . .Remainder of Afternoon at Leisure for Attendees not taking the Depression SAM Session at 1:00 p.m.
- 12:30 pm . . . . .NMAFP Board Meeting  
Ruidoso Convention Center - Lunch Served
- 1:00-5:00 . . . . .Depression SAM Session  
Lecture Hall - Kern Low, M.D., FFAFP; Lunch served - Limited to 15 attendees with laptop.  
Additional Fee - \$125 for AAFP Members & \$250 for non-members. Prior to registering for this course with NMAFP, at 505-292-3113, you must obtain your ID and Password from the ABFM at 877-223-7437.

## Sunday, July 17

- 7:00 am . . . . .Exhibits Open  
Coffee & Breakfast Breads Available in Exhibit Hall. Hot breakfast served at Lodge from 7:00-10:00 for attendees staying at the Lodge
- 8:00 am . . . . .“Living in the PCMH - The Colorado Multi-Payer Experience”  
Jeff Cain, M.D., FFAFP (AAFP BOD)
- 9:00 am . . . . .“HIV: We Can Treat It, but Only if We Diagnose It”  
Elaine Thomas, M.D.
- 10:00 am . . . . .Break – Exhibit Hall
- 10:30 am . . . . .“Diagnosis & Treatment of PTSD & When to Make a Referral to the VA”  
Rachel E. Darrow, Ph.D.
- 11:30 am . . . . .“Update in Asthma Management & Treatment in Family Medicine”  
Tim Vega, M.D.  

- 12:30 pm . . . . .Drawing for Door Prizes  
(Must be present to win)

New Mexico Chapter  
American Academy of Family Physicians  
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Albuquerque, NM 87110

## UNM/SOM Receives Top Ten Award

By Larry Leeman, MD, MPH

Our UNM School of Medicine received a Top Ten Award for being one of the ten allopathic medical schools that have contributed the most to the pipeline of Family Physicians. The award was presented by AAFP President Roland Goertz, M.D. during the Society of Teachers of Family Medicine Annual Spring Conference in New Orleans. The awards recognize schools that, during a three-year period, graduate the greatest percentage of students who choose first-year Family Medicine Residency positions. Larry Leeman, MD accepted the award for Arthur Kaufman, MD and Martha McGrew, MD, Family Medicine Department Chairs during the three-year period.



From left to right: Luis Regales, MD, Northern New Mexico Family Medicine Residency; Mario Pacheco, MD, Residency Director Northern New Mexico Family Medicine Residency; Roland Goertz, MD, AAFP President; Larry Leeman MD, MPH, UNM Albuquerque Residency Faculty; Daniel Stulberg, MD, UNM Albuquerque Residency Faculty.

## The Roadrunner

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